



Wyoming Association of Nutrition and Foodservice Professionals

Douglas, Wyoming

Join us for Wyoming ANFP's 50th Anniversary Conference and Expo. Guest speakers, vendors, chef demos, networking and exciting celebrations to highlight our members and their accomplishments, plus the gaining valuable education and over 20 CEUs over 4 exciting days.

Special Dinner Event planned for Administrators to attend with their ANFP member or students. Dinner will be accompanied by presentations from Memorial Hospital of Converse County's CEO, COO, and Chairman of the Board.

Save the Date: April 22nd - 25th, 2020
Invitation and more details coming soon.

Follow us on Facebook | Wyoming ANFP

President

Toni Skaggs, CDM, CFPP

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Day at the Capitol is coming up quick! If you would like to join Felicia, Robin, and myself in Cheyenne this year, reach out to one of us. We are doing this year a little different and we would love your help if you have the time! February 13th & 14th.

Our credit hours were confirmed for our Spring Conference in April, if you can make all four days it would get you 22 CEUs! You should have received your Save the Date flyer, keep an eye out for your invitations next. Also, encourage your administrators to attend our special night just for them. Memorial Hospital of Converse County's CEO Matt Dammeyer, COO Karl Hertz, and Board Chair Robert Kaiser will all be speaking on the afternoon of Thursday April 23rd. They will be discussing the benefits of investing in your staff, foodservice, and the community. All of this will be over dinner catered by the Arbor Café.

We really put together a great conference this time to celebrate our 50th and we would love for you to join us. Bring a potential student or a staff member you are mentoring, so they can learn about what you do and why it's important for you to attend your state meetings. Bring your boss, director, administrator, CEO, bring anyone that will come and share this experience with you and your chapter. We encourage our out of state ANFP members to come too! This is a great opportunity for anyone that can make it.

Get your rooms booked early! Douglas is filling up with the energy boom and there are more people in town every month (especially the hotels).





Wyoming ANFP is on-line and on Facebook. Be sure to visit the Wyoming ANFP website at: www.ANFPonline.org for the National ANFP website.

President-Elect

Robin Hilbird-Bardgett, CDM, CFPP

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Our 50th Anniversary and 2020 Wyoming ANFP's Spring Conference is in Douglas from April 22nd-25th. We will be holding most of the conference at the Eastern Wyoming College (Douglas Campus) and this year is going to be a phenomenal one to attend. We have booked some fantastic speakers for all of our members and facilities benefit. Most of the speakers have had long and healthy relationships with Memorial Hospital of Converse County and the Arbor Café within the hospital. Our conference is only about 4 months away. Make your reservations early and save with our great rate.

We are offering many credits with this conference with the 4-day attendance! Toni has submitted the agenda, bios, and other necessary information for approval from ANFP. With approval, 22 credits will be offered throughout April 22nd-25th.

Please encourage your administrators to attend the Thursday sessions from 3 pm-7:30 pm. This will include a fantastic dinner as well as presentations from Memorial Hospital of Converse County's new CEO, Matt Dammeyer; COO, Karl Hertz; and Board Chair: MHCC Board of Trustees, Robert Kayser. We have received continual support and they believe in investing in our Foodservice Department. It would be fantastic if your administrators could attend and hear them present.

Thank you to each and every one of you!! You make a difference in peoples' lives every day and that matters a lot! We are all facing many of the same challenges and we work through them – because it IS what we do. If it were not for all of you, our residents and patients would not have the care they so deserve.

Remember . . . we all make a difference and bring about change!



**Wyoming ANFP
State Spokesperson**

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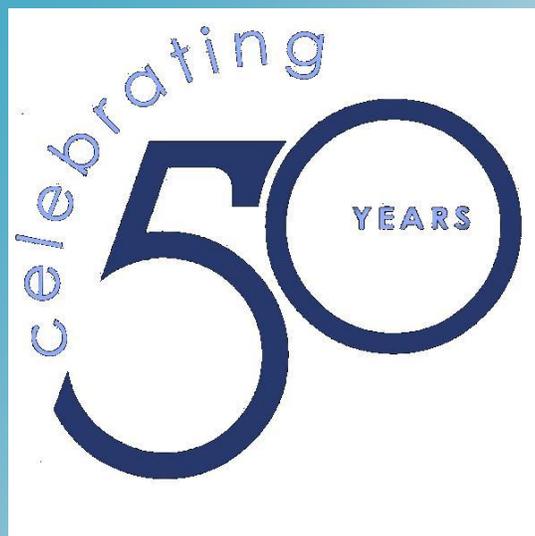
Greeting Wyoming ANFP Family,

Our Spring Conference is sneaking up on us quickly!! 50 Years!! Wow, what an accomplishment. I am grateful and proud to be part of such an amazing organization.

Toni has done an outstanding job on planning the 50th Celebration. We have Dr. Joyce Gilbert from ANFP, Chris Thrash, Kathy Stephens, Chef Shawn Bucher and our dear friend Omar Humes just to name a few of the outstanding presenters that will be there. You don't want to miss this one. We have approval for 22 CEU's, an awards banquet with a presentation from our very own Bruce Link on the history and accomplishments of Wyoming ANFP. There will be a chef demo, tour, vendor expo, spaghetti dinner fundraiser and much, much more.
ALL FREE to our members!!

Keep an eye out for the save the date cards.
Invitations will be sent out soon.

I would love to have all of our members join us in Douglas for this special occasion.
See you all in APRIL!!!





April 22-25, 2020 Spring Conference,
50th Anniversary, Douglas, WY



Newsletter Editor
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I am both honored and humbled by the nomination for CDM on the Month in January as posted in the January Volunteer Leader. While I do not know who nominated me for this honor, I would like to say "Thank You!" While I have not really been very active since I suffered the stroke 6 years ago, I do still keep busy by serving as Newsletter Editor for Wisconsin and Wyoming ANFP. I also keep active by volunteering with my church, the local school district, chamber of commerce and I work part-time, covering local high school sports for the local radio station and have a high school sports segment , live, on air, every Thursday morning.

Please consider volunteering. Surround yourself with successful people and you will be a success yourself!

Until next month....**Have a Safe and Happy Valentine's Day!**



Volunteer of the Month for January

by Abigail Solazzo | Jan 10, 2020 (taken from the Volunteer Leader)

This month we are featuring Bruce Link, CDM, CFPP, of the WI ANFP chapter. Bruce first joined ANFP in 1994. He began his volunteer career with the WY ANFP chapter after he was asked to host a state conference. Bruce was in Wyoming for 25 years before returning to Wisconsin about two and half years ago. However, before relocating to Wisconsin, Wyoming asked him to continue as their newsletter editor. When returning to Wisconsin and becoming active with the chapter, he was asked to serve as their newsletter editor as well. He is still serving in both roles as of today. The newsletter editor position was the first of many volunteer positions Bruce has held. He has also served as the chapter president (WY, two terms), treasurer, spokesperson, and webmaster. In addition to his volunteer roles with the chapters, Bruce served on the National Board of Directors as a Director at Large (2005-2007), government affairs committee, and was also a participant in the Leadership Institute.

During his volunteer career, Bruce spearheaded many projects, including the introduction of the President's Welcome Reception at chapter meetings, led the chapter to two state achievement awards (2002 and 2003), designed chapter apparel, and helped to implement parliamentary procedure within the chapter. This was in addition to his unyielding encouragement, enthusiasm, and support of the chapter, its members, and students.



Additionally, Bruce was able to visit five state chapters (twice) during his time as Director at Large, which the members appreciated. He also led an ambitious initiative with then state president, Felicia Smith, during 2017 Pride in Food Service Week (PIFSW). Bruce and Felicia took a state tour where they had the opportunity to meet prospective members, current members, and administrators to get the word out about ANFP and the credential. During their tour they also made TV and radio appearances to promote ANFP and PIFSW.

Bruce also made major improvements to the state newsletters, both for WY and WI. During his tenure as newsletter editor, he made the communication a monthly reoccurrence, rather than a quarterly publication. This gave members better, more up to date notice of events and conferences. He also distributed the newsletter to administrators and vendors to keep them informed of news and events with the chapters.

As for now, Bruce would like to see chapter membership expand as well as continue to build relationships with vendors and other industry stakeholders, by means of an Industry Advisory Council.

Bruce believes volunteering provides one of the greatest rewards a person can receive. Volunteering generally has no financial gain, however, the friendships, contacts, and benefits gained through volunteering are priceless.

Thank you, Bruce, for your steadfast support, continuous hard work and dedication to both the WY and WI chapters as well as ANFP! It is volunteers like you that make ANFP the success it is!



2nd – Grace Wright, Ronda Krouch
13th – Sue Eversull
20th – Suzanna Hernandez
21st – Dori Bunnell

In the month of March we celebrate these special occasions:

National Celery Month

National Flour Month

National Frozen Food Month

National Nutrition Month

National Noodle Month

National Peanut Month

National Sauce Month

National Caffeine Awareness Month

2nd Week of March – Chocolate Chip Cookie Week

2nd Week of March – National School Breakfast Week

3rd Week of March – American Chocolate Week

3rd Saturday of March – Maple Syrup Saturday

1st – National Peanut Butter Lover’s Day,
National Fruit Compote Day

2nd – National Banana Crème Pie Day

3rd – National Cold Cuts Day

4th – National Pound Cake Day

5th – National Cheese Doodle Day

6th – National Frozen Food Day, National White Chocolate Cheesecake Day



7th – National Crown Roast of Pork Day

8th – National Peanut Cluster Day

9th – National Crabmeat Day

10th – National Blueberry Popover Day

11th – Oatmeal-Nut Waffles Day

12th – National Baked Scallops Day

13th – Coconut Torte Day

14th – National Potato Chip Day

15th – National Pears Helene Day

16th – National Artichoke Hearts Day

17th – Corned Beef and Cabbage Day

18th – Oatmeal Cookie Day

19th – National Chocolate Caramel Day, Poultry Day

20th – National Ravioli Day

21st – California Strawberry Day

22nd – Coq Au Vin Day

23rd – National Chip and Dip Day, National Melba Toast Day

24th – National Chocolate-Covered Raisins Day

25th – Pecan Day, Waffle Day, National Lobster Newburg Day

26th – Spinach Day

27th – National Spanish Paella Day

28th – Something on a Stick Day, National Black Forest Cake Day

29th – National Lemon Chiffon Cake Day

30th – Turkey Neck Soup Day

31st – National Clams on the Halfshell Day, Tater Day, Oranges and Lemons Day



Cooking Terms

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 BOIL
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 FRY
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 TOSS
 BAKE
 CHOP
 CREAM
 GRILL
 CUT IN
 MELT
 MIX
 GRATE
 WHIP
 FREEZE

Play this puzzle online at : <http://thewordsearch.com/puzzle/5100/>



April 22-25, 2020 ...Spring Conference, 50th Anniversary, Douglas, WY

Blocked rooms for the Wyoming ANFP's 50th Anniversary Spring 2020 Conference

Make sure to ask for the Wyoming ANFP Block

Hampton Inn

1730 Muirfield Court
Douglas, WY 82633
307-358-0707
\$89 + tax Book BEFORE April 1st

Holiday Inn Express

900 W. Yellowstone Highway
Douglas, WY 82633
307-358-4500
\$96 + tax Book BEFORE March 22nd

Sleep Inn Suites

508 Cortez Drive
Douglas, WY 82633
307-358-2777
\$124 + tax Book BEFORE April 8th



Food Drive Chairman's Planning Guide

PIFSW Food Drive

February 2020

Primary Purpose: To collect donations of non-perishable foods and monetary donations from the public in order to help the local food pantry keep its shelves stocked and to make ANFP more visible to the public.

Steps to Accomplish Goal:

- ❖ Get Chairman's Planning Guide from State Chairperson.
- ❖ Contact local food pantry to get their support of project and help provide volunteers to help collect food, take food to food pantry and unload food the day of your event.
- ❖ Contact local grocery store for permission to hold the food drive at their business and set dates during PIFSW. Friday from 3 pm – 7 pm and Saturday is the best time to hold your event. If you have numerous grocery stores in your community, you could have a food drive at a different store each day or if you have enough ANFP members in your community split up and have someone at each store on just one day.
- ❖ Contact your local radio station(s) about co-sponsoring your event with local ANFP members. Ask the local radio station to have their DJ's provide manpower the day of the event. Ask if they would be willing to do live remotes from your event location every hour.
- ❖ After you have your dates set, make up a schedule of your volunteers to work the food drive. Two hour shifts work best.
- ❖ Begin promotion of the food drive 2 weeks before the event. Use the local radio station(s), local newspaper, post flyers around town. (See attached PSA's, news releases, etc.)
- ❖ Line-up people with pick-up trucks and/or trailer to transport food to the food pantry and unload at the conclusion of your event.
- ❖ Contact the local newspaper to remind them of the event and ask them to come and do a story on the event and take pictures.
- ❖ On the day of the event, arrive at the grocery store one hour early to get set-up. Park the pick-up truck and/or trailer as close to the entrance/exit as possible so people see you as they go into the store and have a handy place to drop their donation as they exit the store.

- ❖ When the event concludes, take food to the food pantry. Give monetary contributions and checks to the local food pantry treasurer. **Have checks made payable to your local food pantry.**
- ❖ Make an estimate of the dollar amount of food donated.
- ❖ Complete the PIFSW event form and mail it with any pictures, newspaper articles, etc., to your State ANFP Chairperson.
- ❖ Send thank-you notes to the people that helped make your PIFSW event possible and a success!