



WYOMING

May 2021

Inside this Issue:

Chapter Leaders' Updates

Spring Conference Info

May Birthdays

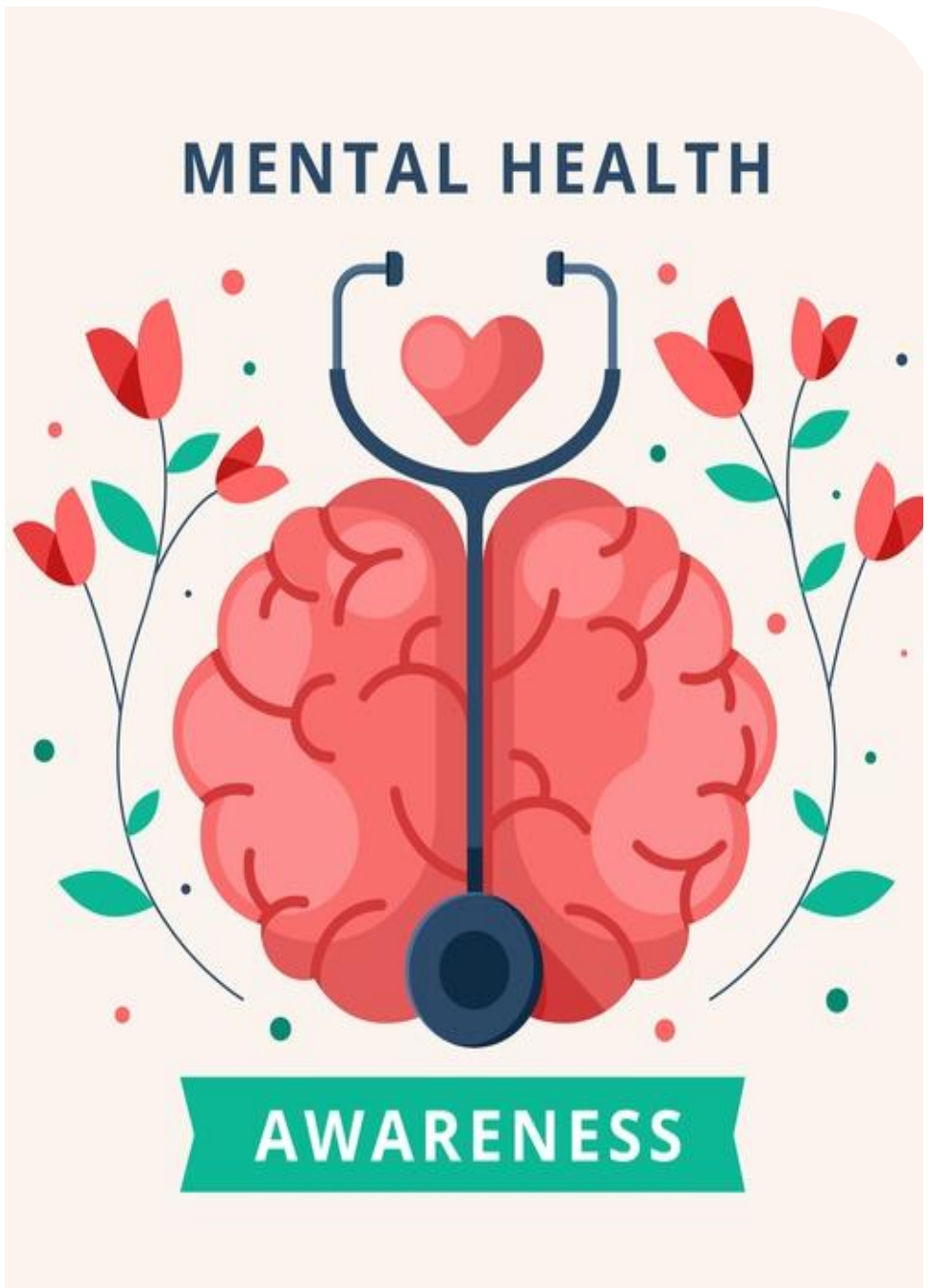
Kimberly Cooper	Billie Dodd
Bobbie Haagensen	Carrie Totten
Jon Troutt	

Save the Dates

WY ANFP Fall Conf. Sept 29-Oct 2nd, 2021

ACE- Annual Conference and Expo
June 28- July 1, 2021, Orlando, FL

ANFP Fall Regional Meeting
September 23-24, 2021, Toledo, OH



We're in this together!

MAY MEMBERSHIP MILESTONES

Congratulations Kristin Balkenbush for 5 years as a CDM CFPP

Congratulations Dawn Cooper for 5 years as a CDM CFPP

Congratulations Christina Dierking for 10 years as a CDM CFPP

Congratulations to our members that hit milestone membership anniversaries. We will begin recognizing: 1, 5, 10, 15 years, etc each newsletter.

Chapter Leaders' Updates



CHAPTER PRESIDENT UPDATE:

Greetings Wyoming ANFP Family,

Thank you so much to everyone that took the time to attend our Spring Conference. It was a little different than past ones, but it was great to connect with you again. I am grateful that we had the opportunity to provide both in person and a virtual option. Congratulations to our newly elected leaders. Diane Davis, CDM CFPP is our new Secretary, Robin Hilbird-Bardgett CDM CFPP is our new Treasurer, and Toni Skaggs CDM CFPP will remain our Communications Leader and Current Past President. Thank you for the trust you have in me to keep our chapter moving forward. I look forward to working with all of you over the next couple of years. I would also like to recommend that if you are interested in a volunteer role, we still have the President-elect position still open, I am happy to mentor and guide anyone interested in learning that role.

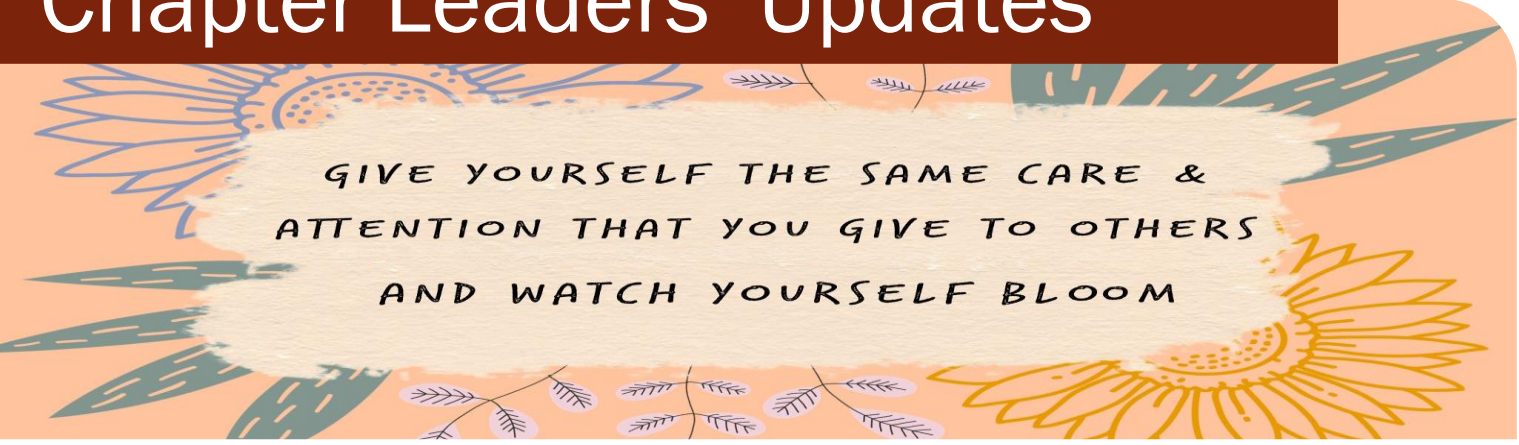
I mentioned during our spring conference that I would also like to start highlighting members in our chapter. Kind of a getting to know you and putting a face to the names that we see. I will be sending a request out with the newsletter asking for members to share a little about themselves and send me a picture so that we can start to highlight the amazing people that keep our chapter going.

To all of our mothers, Happy Mother's Day!! To all of the graduates in your families, CONGRATULATIONS!!!

Have a wonderful May!

Thanks, Felicia Smith WYANFP President

Chapter Leaders' Updates



GIVE YOURSELF THE SAME CARE &
ATTENTION THAT YOU GIVE TO OTHERS
AND WATCH YOURSELF BLOOM

CHAPTER TREASURER UPDATE:

Happy Mother's Day to all of the "Moms" out there . . .

I remember making little packages in the muffin papers and putting them on neighbors' doorsteps. Then I would knock on the door and run. This was one of the traditions passed on to me by my Grandma and my Mom. They called it "May Day." It was fun and I like to believe it brought the neighbors a little joy as well. Where have all the traditions gone?

We get to celebrate Cinco De Mayo, Mother's Day, and so much more this month. Check out 31 Reasons to Celebrate in May at "The Spruce" at <https://www.thespruce.com/reasons-to-celebrate-in-may-4160362>. The following is a new one for me and I would like to share it with all of you. It has so many positives about it and we all have places in our communities or close by that we can visit a museum of some kind. "The objective of International Museum Day is to spread the word that museums are an important means of cultural exchange, enrichment of cultures, and the development of mutual understanding, cooperation, and peace among peoples. This special day is on May 18 each year." (Also from "The Spruce".) Our residents have so much history to share!

I certainly hope we all enjoyed the Wyoming ANFP Spring 2021 Conference! How was the experience of "virtual?" It was fantastic to be able to communicate "virtually" with all of you. And for those of you that were able to attend in person, it was great seeing all of you again! By the time you get this newsletter, I will be on my first vacation flying out of the country. I will let you know how it turns out when I get back.

"THANK YOU" to each and every one of you for everything you do – you are making a difference in peoples' lives on a daily basis! Every action and thought makes a difference and brings about change!

The checking account balance is: \$1934.38

The saving account balance is: \$794.43

Thanks, Robin Hilbird-Bardgett WYANFP Treasurer

Chapter Leaders' Updates



CHAPTER COMMUNICATIONS LEADER UPDATE:

I have enjoyed the opportunity to be your Chapter President. I jumped into the role in September 2018 with the expectations to learn and gain experience. I vowed to say “yes” to more things that were way out of my comfort zone to grow in my leadership skills as well as my personal life. I wanted to share a few things I learned over the last couple of years. It is only scary until you do it. I was not alone; I had help from other leaders in the chapter as well as at Nationals. Everyone is willing to pitch in when it comes down to it; I just had to ask for help. I gained confidence. I formed new relationships. I have a network of people I can reach out to for help.

We are still looking for a few people to join our Wyoming board and I would challenge each of you to say “yes”. At least “maybe”. Reach out to one of us with questions. Just because you consider it does not mean you are committed to it. We would love to settle your fears by answering some questions.

More than anything, we would love to grow our Wyoming group by developing leaders within our communities. We are one of the smallest and most active chapters because of all of you great people and we love it!

Thanks, Toni Skaggs CDM CFPP WYANFP Communication Leader

Membership

6 Pre-professionals

1 Allied Professional

64 Certified Professionals

1 Retired Professional



MEMBERSHIP RESOURCES

COVID-19 Resources:

[ANFP COVID-19 Resources](#)

[Wyoming Department of Health Resources](#)

[CDC Approved Disinfectants](#)

[FAQs About Registered Dietitian Nutritionists](#)

Registration for ANFP ACE is open. We would love to have a great representation at Orlando. There are limited spaces available so register early. You can find the registration information at www.anfponline.org, events.

