



# WYOMING

September 2020

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## September Birthdays

Rosalie Fassett	Linda Osmond
Barbara Pollard	Suzanne Struebing
Bruce Link	William Burch

## Save the Dates

Spring Regional – Memphis, TN

April 15-16, 2021

ACE – Orlando, FL

June 28- July 1, 2021



## SEPTEMBER MEMBERSHIP MILESTONES

No members celebrating a milestone membership this month.

Congratulations to our members that hit milestone membership anniversaries. We will begin recognizing: 1, 5, 10, 15 years, etc each newsletter.

We're in this together!



# Chapter Leaders' Updates

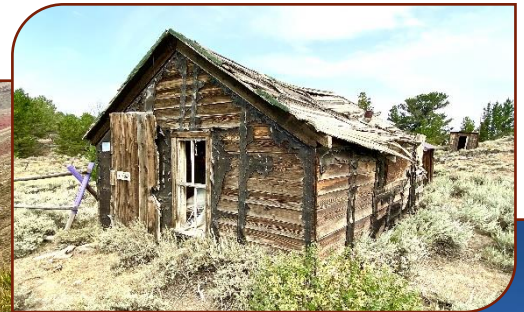
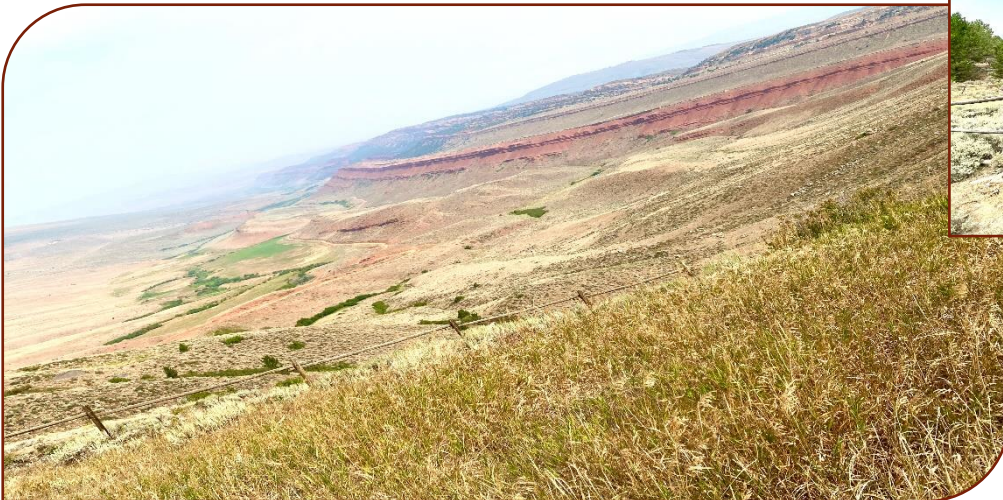


## CHAPTER PRESIDENT UPDATE:

With Self-Care month upon us I thought I would use my space to touch on that. My summers are usually filled with a lot of traveling, some for work like our state conferences, ACE, National Restaurant Show, Local Food Shows, and maybe even a regional conference or a committee meeting. Some of my traveling is personal. I usually go to a handful of concerts, spend time in Denver with my brother, Evanston with my dad, and probably a couple trips to Deadwood too. Summer is coming to close and I didn't get any of that this year. I am realizing how much I need stuff like that to break up my normal everyday life. That is my "self-care". Over the last month I spent a couple weekends with a friend traveling around the state. The main objective of the trips is to find Ghost Towns. Our first venture was to Rawlins and we toured the state prison and stopped by the Carbon County Museum. Over our second weekend we went to Thermopolis and swam at the Star Plunge, stopped by the Dinosaur Museum, and headed to Lander to stay the night. We woke up and headed to see Atlantic City and South Pass City. Both really cool places right here in Wyoming.

I am not sure what you do for self-care but it doesn't cost much to grab a friend, fill the tank, head to a corner of the state and make some memories. I hope everyone is doing as well as they can be.

Thanks, Toni Skaggs WYANFP President



# Chapter Leaders' Updates

Improvement begins  
with I.  
– Arnold H. Glasgow



## CHAPTER PRESIDENT-ELECT UPDATE:

First of all, I would like to recognize each and every one of you out there. As we remain on the frontline, we get so busy taking care of everyone else that we forget to take care of ourselves. It is easy to put ourselves on the back-burner and take care of everyone else. In many of our lives, there are changes and updates we cannot control. We CAN control our response and reaction to those changes if we are not physically, mentally, or emotionally drained.

Make sure to take time for yourself. Whether it is time doing something that you enjoy, spending time with family or whatever helps you refuel your energy and positivity! Your residents/clients/patients and your team count on you for guidance, direction and your responsiveness to crisis.

As we stumble through each day remember to take care of yourself & your team:

- Ask yourself where you are physically/mentally/emotionally – “How can I improve?”
- Ask team members where they are physically/mentally/emotionally – “How can I help them improve?”
- Focus on the positive
- Reach out to someone if you need to talk ☺
- and remember . . . “We are all in this together!”

So, “THANK YOU” for everything you do – you are making a difference in peoples’ lives on a daily basis! *Every action and thought* makes a difference and brings about change!

The checking account balance is: \$1,484.38

The saving account balance is: \$594.39

Thanks, Robin Hilbird-Bardgett WYANFP President-Elect

# Chapter Leaders' Updates

***Gratitude is the most  
exquisite form of courtesy.***

Jacques Maritain



## CHAPTER STATE SPOKESPERSON UPDATE:

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Greetings Wyoming ANFP Family,

Well fall is upon us and the season seems to be changing quickly. School is back in session and hopefully some normal routines are returning. We will begin planning our annual Day at the Capital soon and will make sure to post that information in the newsletter and our website. We look forward to the what the future might hold for CDM's in Wyoming due to the updates and changes brought on by COVID- 19. This could be our opportunity to push forward for the CDM credential's recognition at the state level as a requirement not just because Medicare requires it. Trying to find our silver lining out of the struggles and changes these past months. We will start reaching out again to our local legislators to help us navigate these uncharted waters for the Wyoming ANFP chapter and work on finding support for these updates. Now more than ever our profession is in dire need and we will continue to work to raise awareness and provide education on the importance of having a properly trained and certified CDM in healthcare foodservice operations. I am definitely open to any recommendations, support, and help. In the meantime, please stay safe, remember to find time for you, because you are very important. Happy Fall!!!

Thanks, Felicia Smith WYANFP State Spokesperson



# Membership

11 Pre-professionals

2 Allied Professional

66 Certified Professionals

1 Retired Professional

Welcome NEW Allied Professional  
Member:

Janine Martinelli

Welcome NEW Certified Professional  
Member:

Troy David Strand CDM CFPP



## MEMBERSHIP RESOURCES

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COVID-19 Resources:

[ANFP COVID-19 Resources](#)

[Wyoming Department of Health Resources](#)

[CDC Approved Disinfectants](#)

Don't forget to check out Virtual ACE at  
[www.anfponline.org](http://www.anfponline.org)

