

### **WYOMING**

August 2020

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**August Birthdays** 

Shelly Gray Jeanette Lee **Christen Stakes** Cara Siebigteroth Sandra Zarate Richard Young

Jemma Merriel Jacqueline Prickett Angelia Stone



Save the Dates

Fall Regional - Toledo, OH

September 10-11, 2020

We're in this together!





#### **AUGUST MEMBERSHIP MILESTONES**

No members celebrating a milestone membership this month.

Congratulations to our members that hit milestone membership anniversaries. We will begin recognizing: 1, 5, 10, 15 years, etc each newsletter.





#### **CHAPTER PRESIDENT UPDATE:**

To dive right into the bad news... We will be cancelling our Fall Conference. I am personally very sorry for the inconvenience to our members as well as the speakers. We put a lot of work into what was going to be the best conference Wyoming ANFP has ever seen. As soon as it is safe and possible we will put on an excellent conference to celebrate our accomplishments as a chapter. I apologize for not being able to provide the CEU's that so many of you depend on every year. Keep an eye on National's emails because they often have free CEU's available for you monthly.

Over the past month the leaders of our organization have been going through a webinar, hosted by FutureSync International, as part of our Leadership Development Institute. The topics have been Critical Thinking & Resiliency which are pretty fitting for the times. One of my defining qualities is that I am a worker, above all else. I will show up, every day. I will do whatever needs done, every day. Everything else comes second. Work problems need to be dealt with at work, so work can continue. Home problems need to stay at home. Times seem to be different right now. I can feel it all around me, at home and at work. There is so much tension and anxiety building up everywhere I look. I have seen people break. From the webinar I wrote a list of things to practice:

- 1. Communicate with your co-workers
- 2. Remember that every human is in the same space as you right now
- 3. Identify what you can control, and what you can't
- 4. Do what you can to engage in mindfulness activities

I would love to hear about what you are doing and what has worked.

Thanks, Toni Skaggs WYANFP President

# Chapter Leaders' Updates





#### **CHAPTER PRESIDENT-ELECT UPDATE:**

First of all, I would like to recognize our Chapter President, Toni Skaggs on being honored as "Volunteer of the Month" for July with ANFP. She is dedicated, determined, and very deserving of the recognition! I know there are more great things to come for her in the future. CONGRATULATIONS TON!!!

Also, I am grateful to each and every one of you out there. You remain on the front lines to continue serving those residents, clients, patients, etc., that need our care in an ever-changing situation. Without each of you, our communities and situations would be much more at risk. So "THANK YOU" for everything you do – you are making a difference in peoples' lives on a daily basis!

As we progress to our new "normal" remember to take care of yourself & your team:

- Take time for yourself
- Recognize the "little" things
- Stay current with updated information as it comes available
- and remember . . . "We are all in this together!"

Every action and thought makes a difference and brings about change!

The checking account balance is: \$1,559.38

The saving account balance is: \$594.38

Thanks, Robin Hilbird-Bardgett WYANFP President-Elect

# Chapter Leaders' Updates

LOVE AND KINDNESS ARE NEVER WASTED. THEY ALWAYS MAKE A DIFFERENCE.

HELEN JAMES

RANDOM ACTS OF KINDNESS



#### **CHAPTER STATE SPOKESPERSON UPDATE:**

Greetings Wyoming ANFP Family,

Well, so far 2020 have been an interesting year to say the least. No one can claim it has been dull, that is for sure. Regulations seem to change daily, it seems like our daily operations have to change daily to keep up with not only the regulations from the state and nationally but also our individual organizations. With that being said, I cannot express enough just how proud I am to be a CDM CFPP and to have the knowledge, confidence and experience needed to help my staff and patients navigate through this muddled up mess. ANFP has done a fabulous job providing us with tools, workshops, and even a virtual ACE to ensure we have the information that we need, while still providing us CE opportunities. I do however, miss the networking and seeing my ANFP family.

We do not currently have anything in the works at the state level with legislation, but I believe that when the COVID crisis is over, we will have more data and information to present to our state leaders on the value of the CDM CFPP credential and how it helps to protect our elderly and immune comprised citizens. I look forward to when we can present that information to our state legislature.

I regret that we won't be seeing each other this fall, but pray for all of your health and safety until we can meet again in the Spring. Thank you for all you do for your communities and most of make sure you take care of YOU!!!

Thanks, Felicia Smith WYANFP State Spokesperson



### Membership

11 Pre-professionals

1 Allied Professional

63 Certified Professionals

1 Retired Professional

Welcome new Pre-professional Member: Hail Oxford Russell COVID-19 Resources:

**ANFP COVID-19 Resources** 

**Wyoming Department of Health Resources** 

**CDC Approved Disinfectants** 

