



# WYOMING

January 2023

## Inside this Issue:

Chapter Leaders' Updates

## January Birthdays

Krista Bundy

Jessica Holcomb     Janine Martinelli

Kathryn Poprycz     Krista Poole

Toni Skaggs

## Save the Dates

### Spring Regional Meeting

April 20-21, 2023 Milwaukee, WI

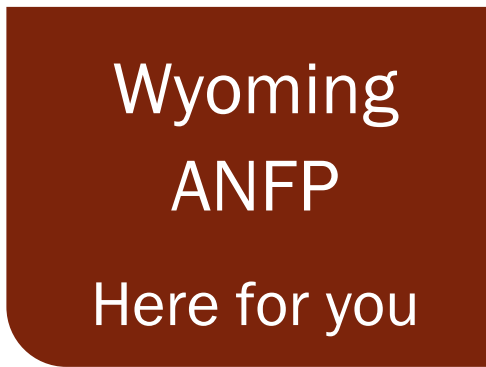
### WY ANFP Spring Conference

March 25<sup>th</sup>, 2023, Casper, WY

### ACE- Annual Conference and Expo

June 25-28<sup>th</sup>, 2023 New Orleans, LA

Check our Facebook for information about Free CE Opportunities Monthly



## JANUARY MEMBERSHIP MILESTONES

Congratulations to our members that hit milestone membership anniversaries. We will begin recognizing: 1, 5, 10, 15 years, etc each newsletter.

# Chapter Leaders' Updates

Management is doing things right; leadership is doing the right things.

Peter F. Drucker



## CHAPTER PRESIDENT UPDATE:

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Greetings WY ANFP Family,

I apologize for the long pause in sending out the newsletters. Life kind of got away from me for a while. I hope everyone has had a safe and wonderful fall, and winter, has arrived with a vengeance. I want to wish everyone of you a Merry Christmas and Safe New Year. I know these last few years have been a struggle for some and my guess a challenge for all of us. Staffing has been the hardest I have ever experienced in the 20+ years I have worked in management. But...I truly believe there is hope and things will get better.

My prayer for each and every one of you is that you hang in there and continue fighting the good fight and continue to care for our patients and residents. You are appreciated and valued. You are the future for so many in the quality service, safe food, and compassion that you bring to the job every day. There are so many that rely on you and your expertise that you are needed now more than ever.

2023 is going to be the year of the CDM!! I had a sign once that hung in my home that said "Life is a Journey, Only You Hold the Map". I believe that the CDM credential and everything we stand for will continue to be a beacon for our patients and residents. When other areas might decline in their customer service and even compassion, the CDM does not. I look forward to what the future holds and in following you on that journey.

Merry Christmas and a Very Happy New Year! Celebrate You! You deserve it!

Thanks, Felicia Smith WYANFP President

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# Chapter Leaders' Updates



## CHAPTER COMMUNICATIONS LEADER UPDATE:

It's New Year's Resolution time!

I would ask each of you to consider a position on the Wyoming board. We have always had such a strong and active chapter and it is going to take some people from our chapter to step up and work at keeping it that way. Sometimes you don't know what you've got until it's gone and we have had some shifts in personal lives of the Wyoming board and it's much more difficult to keep up with what we have in the past. More hands make less work and if we all work at keeping Wyoming a great chapter we can accomplish a lot more.

For all of you I hope the new year brings new challenges that give you the opportunity to grow, happiness, health, and a chance to have a break from the last few years that have been so tough on Healthcare employees.

Here is a [website](#) with tips for making a New Year's Resolution.

If you want to check out a great book about building good habits and/or breaking bad ones check out [Atomic Habits](#) by James Clear. There is even a [workbook](#) if you don't have the time to read and would prefer something quicker. You can also download [the first chapter](#) from his website if you just want to check it out before you buy it.



Many hand make light work

Thanks, Toni Skaggs WYANFP Communications Leader



[Wyoming ANFP Facebook](#)

Wyoming ANFP Spring Conference, March 25, 2023 in Casper.  
Details to follow soon.

# Membership

7 Pre-professionals

1 Allied Professional

58 Certified Professionals

1 Retired Professional

A dark blue rectangular graphic with rounded corners containing a quote in white, all-caps, sans-serif font. The quote is centered and reads: "EVERYTHING YOU WANT IS ON THE OTHER SIDE OF FEAR". Below the quote, the name "JACK CANFIELD" is written in a smaller, all-caps, sans-serif font.

EVERYTHING  
YOU WANT IS  
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JACK CANFIELD