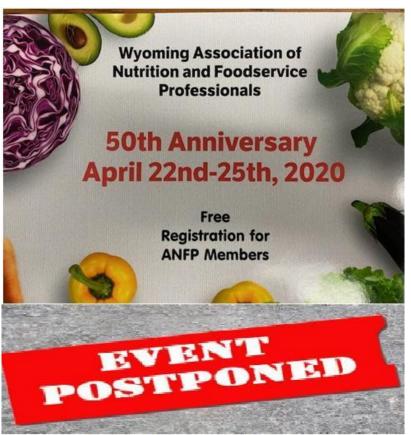




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The 50th Anniversary celebration has been rescheduled for Sept 30-Oct 3, 2020 in Douglas

# Wyoming Association of Nutrition and Foodservice Professionals Douglas, Wyoming Join us for Wyoming ANFP's 50th Anniversary Conference and Expo. Guest speakers, vendors, chef demos, networking and exciting celebrations to highlight our members and their accomplishments, plus the gaining valuable education and over 20 CEUs over 4 exciting days. Special Dinner Event planned for Administrators to attend with their ANFP member or students. Dinner will be accompanied by presentations from Memorial Hospital of Converse County's CEO, COO, and Chairman of the Board. Save the Date: April 22nd - 25th, 2020 Invitation and more details coming soon. Follow us on Facebook | Wyoming ANFP

### **President**

### Toni Skaggs, CDM, CFPP

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What a wild month we have all had. I hope you are all doing what you can to take care of yourselves, as well as others.

After holding out as long as we are comfortable with we have decided to postpone our Spring Conference at the end of the month and move it to the end of September. We feel that is the safest option for our members and our speakers. We really want to bring you an amazing conference to celebrate 50 years as an active chapter and all you do each and every day to care for the health and wellbeing of others. We are reaching out to our speakers and trying to move them all to the new dates. You will see new invitations later in the year and details will be posted on our Facebook as well.

Stay safe and reach out if you need anything from us!



Wyoming ANFP is on-line and on Facebook. Be sure to visit the Wyoming ANFP website at: <a href="www.ANFPonline.org">www.ANFPonline.org</a> for the National ANFP website.

### **President-Elect**

Robin Hilbird-Bardgett, CDM, CFPP rhilbird@mhccwyo.org



These are definitely changing times on often several times in a day. We need to continue to follow all the safety guidelines set forth. We are not sure how long this process is and we continue to look forward to our 2020 Spring Conference in Douglas for our 50th Anniversary! Should there be any changes we will let everyone know as soon as we know.

- · Continue to look for the positives in each day.
- · Continue to practice kindness each day.
- · Continue to find things to be grateful for each day.
- · Continue to be supportive each day.

Thank you to each and every one of you!! You make a difference in peoples' lives every day and that matters a lot! We are all facing many of the same challenges and we work through them – because it IS what we do. If it were not for all of you, our residents and patients would not have the care they so deserve.

Remember . . . we all make a difference and bring about change!





Wyoming ANFP State Spokesperson

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After a lot of consideration we have decided to postpone our Wyoming ANFP 50<sup>th</sup> Anniversary Spring Conference to the fall for everyone's safety. We apologize for the inconvenience but want to make sure that our members get the best conference possible for this amazing celebration. We are rescheduling for September 30 – Oct 3, 2020. We will send invitations in August with the updated information. The great news is that we have heard back from the majority of our speakers already and they have assured us they will be here in the fall. Please stay safe, let us know if we can help in any way and please do not hesitate to contact myself, Toni, or Robin if you have any questions.

Thank you for what you do for you patients, resident, students, and all of our communities. Stay safe, and we will see you in the fall.



Items needed in food pantries
Healthy cereals and oatmeal

Kids' snack items (juice boxes, individual applesauce's, etc.)

Toilet paper

Diapers and wipes

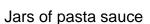
Jars and pouches of baby food

Personal hygiene products, like sanitary pads

Toiletries like toothbrushes, toothpaste, shampoo, deodorant, lip balm

### Dry pasta





Canned fish and meat (salmon, tuna, ham, turkey pop-top cans are best)

Canned vegetables and fruit

Milk, (canned, or powdered)

Peanut butter

Canned beans

Canned and dry soups

Baking mixes that require only water

**Spices** 







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# Pandemic – Corona Virus Pan means all and Demic means population of people

Well, this Pandemic has certainly affected ALL of the people I know! Not just being sick with this flu, but being scared, shut up at home, avoiding other people, as well as our loved ones.

Call a friend write a letter, help another person, be nice and supportive. Take a deep breath, slow down and relax. Even when this virus thing has passed, these are all activities that we can and should continue to practice from day to day.

We have let the fast pace of our society and world control our lives. This pandemic has forced us to slow down, spend more time together as families and get to know and understand each other better. If we can do this now, we can certainly continue to live at a slower pace afterwards. Take Care, My Friends! Until next month......Stay Healthy and Safe!!!



10<sup>th</sup> – Lois Jevne 18<sup>th</sup> – Mackayleigh Shultz





### In the month of May we celebrate these special occasions:



National Asparasus Month

National Chocolate Custard Month

National Hamburger Month

National Salsa Month

1<sup>st</sup> Week of May – National Raisin Week

2<sup>nd</sup> Week of May – National Hamburger Week

3<sup>rd</sup> Week of May – International Pickle Week

4<sup>th</sup> Week of May – National Frozen Yogurt Week

Memorial Day Monday – National Barbeque Day

Memorial Day Monday – National Hamburger/Cheeseburger Day

1<sup>st</sup> - National Chocolate Parfait Day

2<sup>nd</sup> - National Truffles Day

3<sup>rd</sup> - National Raspberry Tart Day

4<sup>th</sup> – National Orange Juice Day; National Candied Orange Peel Day

5<sup>th</sup> – National Chocolate Custard Day; National Hoagie Day; Cinco de Mayo Recipes; Oyster Day

6<sup>th</sup> - National Crepes Suzette Day

7<sup>th</sup> – National Roast Leg of Lamb Day

8<sup>th</sup> – National Empanada Day

9<sup>th</sup> – National Butterscotch Brownie Day

National Barbeque Month

National Egg Month

National Salad Month

National Strawberry Month

- 10<sup>th</sup> National Shrimp Day
- 11<sup>th</sup> Eat What You Want Day
- 12<sup>th</sup> National Nutty Fudge Day
- 13<sup>th</sup> National Fruit Cocktail Day
- 14<sup>th</sup> National Buttermilk Biscuit Day
- 15<sup>th</sup> National Chocolate Chip Day
- 16<sup>th</sup> National Coquilles St. Jacques Day
- 17<sup>th</sup> National Cherry Cobbler Day
- 18<sup>th</sup> National Cheese Souffle Day
- 19<sup>th</sup> National Devil's Food Cake Day
- 20<sup>th</sup> National Quiche Lorraine Day; Pick Strawberries Day
- 21<sup>st</sup> National Strawberries and Cream Day
- 22<sup>nd</sup> National Vanilla Pudding Day
- 23<sup>rd</sup> National Taffy Day
- 24<sup>th</sup> National Escargot Day
- 25<sup>th</sup> National Wine Day
- 26<sup>th</sup> National Blueberry Cheesecake Day; National Cherry Dessert Day
- 27<sup>th</sup> National Grape Popsicle Day
- 28<sup>th</sup> National Brisket Day
- 29<sup>th</sup> National Coq Au Vin Day
- 30<sup>th</sup> National Mint Julep Day
- 31st National Macaroon Day



## Flavour

Ε	М	Α	N	G	0	٧	Α	N	I	L	L	Α	В
Ε	Н	Ε	V	E	T	Α	L	0	С	0	Н	C	L
F	N	Α	C	I	N	N	Α	М	0	N	L	Α	U
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0	F	L	I	L	F	S	В	L	Н	Α	Ε	Ε	В
Т	R	Υ	R	R	Ε	В	K	C	Α	L	В	М	Ε
U	0	N	Α	E	Ε	N	L	T	N	0	Α	I	R
C	L	N	0	E	Т	Ε	U	Α	L	Ε	N	N	R
0	N	E	L	R	Υ	G	В	Т	Υ	S	Α	Т	Υ
N	F	Α	М	Н	R	N	Υ	Α	Α	0	N	E	N
C	Ε	В	0	0	0	Α	R	L	Н	R	Α	N	I
Α	N	E	L	N	N	R	Υ	В	Ε	F	В	G	N
0	Ε	С	Ε	R	U	0	N	C	0	F	F	Ε	E
L	I	Q	U	0	R	Ι	С	E	С	В	Α	L	R

ROSE LEMON **HAZLENUT** VANILLA ORANGE MINT ANISEED **BLUEBERRY** LIQUORICE MANGO CHOCOLATE **TOFFEE BLACKBERRY** COFFEE BANANA CINNAMON

Play this puzzle online at : http://thewordsearch.com/puzzle/5449/

