



# WYOMING

November 2021

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Conference Info

## November Birthdays

Elaine Brunson      Sara Chapin

Renee Knight      Jonni Lahn

Angie Martinez      Dena Dunn

## Save the Dates

∞ WY ANFP Spring Conference

Date & Location TBD

∞ ANFP Spring Regional Meeting

April 21-23, 2022, Nashville, TN

∞ ANFP ACE 2022

June 27-30, Scottsdale, AZ



We're in this together!

## NOVEMBER MEMBERSHIP MILESTONES

Congratulations to our members that hit milestone membership anniversaries. We will begin recognizing: 1, 5, 10, 15 years, etc each newsletter.

Congratulations Rebecca Bowen for 1 year as a CDM CFPP!

# Chapter Leaders' Updates

**Psychological and emotional wellness is an ongoing process for everyone.**

C. Kennedy, Ómorphi



## CHAPTER PRESIDENT UPDATE:

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Greetings Wyoming ANFP Family,

I hope everyone is having a great fall. I can't believe it is November already! Wyoming ANFP is currently working on plans for our 2022 Spring Conference. We are hoping to partner with some of our neighboring states again as that seems to work well and we are building great relationships with ANFP members across the USA. I personally would like to thank each and every one of you for the work you do. The care you provide balanced with expertise and compassion is invaluable to your customers, patients, residents and communities. I know sometimes we feel that the rest of the world forgets about us, but I know for a fact that they wouldn't be able to operate without the valuable work that you do. Keep your heads high, take pride in who you are, because you might work in the background, but you are the very foundation of the care provided. I am grateful for all you do!

November is Men's Health Awareness month or Movember. The purpose of Movember is to raise awareness around prostate cancer, testicular cancer and men's suicide. Here is a great opportunity to get involved in your communities and help raise awareness. A good part of this is providing information on proper nutrition, encouraging someone to get screened, and just let someone know that you care. Our members are some of the most compassionate and care people around. Being kind is priceless.

Have a great Thanksgiving. Don't forget to partake in self-care.

Thanks, Felicia Smith WYANFP President

# Chapter Leaders' Updates



## CHAPTER TREASURER UPDATE:

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Happy November to all of you . . .

Hope this finds each and every one of you well! Where does all the time go?? Here we are upon Thanksgiving already! I am thankful every day for family, friends, work family, and LIFE!! I try not to take each day for granted, because the next day is never guaranteed. I am thankful for the experiences that shape me each day.

Our facility, Memorial Hospital of Converse County, is recognizing our Veterans once again this year! We had to cancel last year due to restrictions and we missed having them. We provide a free prime rib lunch to all Veterans. I am thankful we are able to show our appreciation again, this year. In the years past, they have always expressed a gratitude and humbleness like no other! Thank you to all of our Veterans!

Remember . . . if you need anything, do not hesitate to reach out to us. We may not have the answer; however, we can certainly help the solution. Be safe in all that you do and I certainly hope you all have the opportunity to enjoy your families throughout the holiday season! Have a Happy Thanksgiving!!

“THANK YOU” to each and every one of you for everything you do – you are making a difference in peoples’ lives on a daily basis! Every action and thought makes a difference and brings about change!

The checking account balance is: \$2,884.72

The saving account balance is: \$969.49

Thanks, Robin Hilbird-Bardgett WYANFP Treasurer

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# Chapter Leaders' Updates

Eat Better  
Eat Together



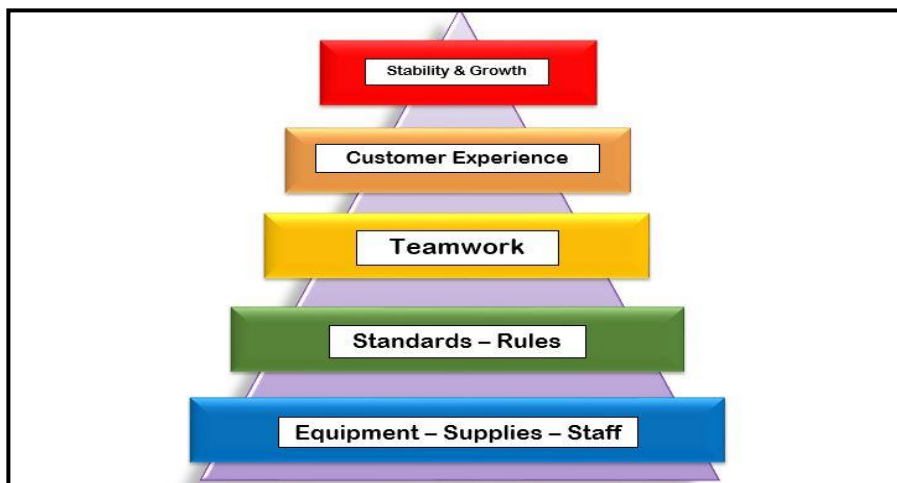
## Family Meal Pledge

### CHAPTER COMMUNICATIONS LEADER UPDATE:

I am excited to be hosting our first Wyoming ANFP Free Monthly CEU opportunity on November 4<sup>th</sup>. We are going to try to pull together a speaker each month to present a preapproved topic for our members to hopefully gather education in small chunks throughout the year. Like any great idea there will probably be some flaws along the way. As we get started I would encourage anyone with an idea, suggestion, constructive criticism, or desire to present for our members to please reach out to one of us. We work hard for our fellow CDM's and we are always trying to do a little better for you guys.

I will be presenting on the broad topic of helping you help your team navigate through the basic needs of any work group. Being a fan of psychology I built an idea off Maslow's hierarchy of human needs with the intention that it can be applied to your work group, as well as your personal life. Work group needs might look a little different than individual needs but they function the same way in the fact that it is just as hard to look for meaningful relationships when you don't have healthy food, clean water, and a roof over your head as it is to be a good teammate when there are no standards, accountability, or proper working equipment.

I would love for you to join me on Thursday afternoon (11/4) at 3pm Mountain Time. If you are interested please email me directly [tskaggs@mhccwyo.org](mailto:tskaggs@mhccwyo.org) so I can get the webinar link to you.



Thanks, Toni Skaggs CDM CFPP WYANFP Communication Leader

# Membership

7 Pre-professionals

1 Allied Professional

62 Certified Professionals

1 Professionals

1 Retired Professional



## MEMBERSHIP RESOURCES

COVID-19 Resources:

[ANFP COVID-19 Resources](#)

[Wyoming Department of Health Resources](#)

[CDC Approved Disinfectants](#)

[FAQs About Registered Dietitian Nutritionists](#)

