



## WYOMING

July 2021

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### July Birthdays

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Jennifer Ebert      Monet Hixson

Robin Hilbird-Bardgett

Ashton McReynolds

### Save the Dates

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WY ANFP Fall Conf. Sept 29-Oct 2<sup>nd</sup>,  
2021

ANFP Fall Regional Meeting

September 23-24, 2021, Toledo, OH

We're in this  
together!



### MAY MEMBERSHIP MILESTONES

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[Congratulations Krista Bundy on 20 years as a CDM.](#)

Congratulations to our members that hit milestone membership anniversaries. We will begin recognizing: 1, 5, 10, 15 years, etc each newsletter.

# Chapter Leaders' Updates



## CHAPTER PRESIDENT UPDATE:

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Greetings Wyoming ANFP Family,

ACE was awesome this year. The educational selection provided a great variety of topics. Topics ranged from leadership, Survey readiness, IDDSI, mental health, Diversity, Equity and Inclusion and also an excellent vendor show. It was also great to reconnect with other members. It felt a lot like going home for a family reunion. Our chapter also came home with several awards. We received the membership award, communications award, government affairs award, Platinum State Achievement award, Diamond Nominee and Diamond Finalist. It is humbling to work with such a great group of CDMs. Congratulations to the Louisiana ANFP Chapter for winning the Diamond Award. I can't wait until next year.

We are preparing for our state fall chapter meeting, save the date and other details will be arriving later this month. We are also inviting our neighbors from Colorado and Utah to join us. All members and students can also expect a call from me over the next couple of months. I want to reach out to you and learn more about you and your needs and expectations from Wyoming ANFP. Thank you to all of you for the difference you make each day. Have a great summer!

Thanks, Felicia Smith WYANFP President

# Chapter Leaders' Updates



## CHAPTER TREASURER UPDATE:

Happy July to all of you . . .

ANFP ACE 2021 was FANTASTIC!! Toni and I went to the ANFP Board Meeting on Sunday afternoon. It was great seeing all of our fellow CDM, CFPP's and vendors. We watched Omar Humes and Felicia Smith being sworn in as Chair and Chair Elect, respectively. Wyoming ANFP also made it to the finals for the Diamond Award, in addition to the other awards we did receive.

This was the best ANFP ACE conference I have attended! Many of the session speakers were our very own CDM, CFPP'S. We have such a wealth of knowledge, information, experience and expertise in so many different categories; all amongst our fellow CDM, CFPP's.

We have a newly formed **ANFP Diversity, Equity & Inclusion Task Force**. They presented a very powerful session first thing in the morning. I certainly did not plan on starting that day by crying; however, some of the stories that our DE&I task force members told are hard to hear due to the inhumane treatment and obstacles many of them have endured and overcome. We are all human and it would be great if we could all stop with the "labels."

Christopher Ridenhour was a great presenter. He is very engaging and energizing! If you have the opportunity to get on Facebook – DO IT, Toni posted some fantastic clips of his sessions. Smile, acknowledge everyone, thank everyone, **be a kind human!**

There was so much more and I could go on; however, the space is limited. I feel so much more energized after attending this conference and will continue to greet everyone I can, you just never know who needs to hear positive and kind greeting.

"THANK YOU" to each and every one of you for everything you do – you are making a difference in peoples' lives on a daily basis! Every action and thought makes a difference and brings about change!

The checking account balance is: \$1859.38

The saving account balance is: \$869.45

Thanks, Robin Hilbird-Bardgett WYANFP Treasurer

# Chapter Leaders' Updates



## CHAPTER COMMUNICATIONS LEADER UPDATE:

I was unsure what part of the conference to write about for our Wyoming members so I choose everything. There wasn't 'one' piece I wanted to focus on. It was ALL needed. This last year has been hard. It has been lonely. It has been too busy at times & it hasn't been enough at other times. It's taken something from everyone. Maybe a loved one, time, opportunities, the idea of normal. Some of what has been taken won't ever be given back. We just have to take stock of where we are and build on that.

Coming together was needed. Sitting in a room together and laughing was needed. Sitting in a room together and crying was needed. I didn't realize how much it was needed until it was over. It felt so good seeing everyone and catching up with chapters. The pandemic has been different for Wyoming and it was needed to sit in a room and hear the stories from other chapters, companies, and individuals about how it effected our members across the nation. Some of the stories were heartbreaking. But many of the stories were triumphant. Stories of overcoming challenge after challenge over the last 15 months. CDMs are a special kind of people and the servant leadership roles we have all chosen can be tough on a normal day.

I just can't express how much more this conference was than just CE's. We posted a lot of videos and photos on the Wyoming ANFP page. If you haven't checked them out please do. Our next annual conference is in our neck of the woods and I would encourage everyone to consider attending. Start thinking about it now. Reach out to the Wyoming board, reach out to each other. We will share rides, share rooms, we will do whatever we can to help you get to a conference. I promise you don't know how much you NEED it until you are there to experience it.

Thanks, Toni Skaggs CDM CFPP WYANFP Communication Leader



# Membership

6 Pre-professionals  
1 Allied Professional  
62 Certified Professionals  
2 Professionals  
1 Retired Professional



## MEMBERSHIP RESOURCES

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COVID-19 Resources:

[ANFP COVID-19 Resources](#)

[Wyoming Department of Health Resources](#)

[CDC Approved Disinfectants](#)

[FAQs About Registered Dietitian Nutritionists](#)

A scenic landscape photograph of a calm lake surrounded by dense evergreen forests and mountains in the background under a dramatic, cloudy sky. The image is used as a background for a quote.

Be the change you wish  
to see in the world.

Mahatma Gandhi

quote fancy

# Everyday Hero

Name: Jeanette Lee

Where do you work? Just retired from WMC after 38+ years

Why did you become a CDM? I was working in the Nutrition Department as a supervisor & it was becoming a requirement.

How long have you been a CDM? Since 1992/1993

What has been your biggest reward as a CDM? Meeting the best people on the planet

What has been your biggest struggle as a CDM? Having the Admins understand what a CDM really is & does.

If you could give anyone advice on becoming a CDM what would it be? If nutrition is your passion, go for it. If you are unsure, go for it. You may find a passion you never knew you had.

If you were to set a long-term goal for your career what would it be? My goal has been met. I am now retired.

What is one interesting fact about you? My nickname as a youth was “string bean”

Jeanette has also served in many volunteer roles both at the state and national level.

