



Wyoming Association of Nutrition and Foodservice Professionals

Douglas, Wyoming

Join us for Wyoming ANFP's 50th Anniversary Conference and Expo. Guest speakers, vendors, chef demos, networking and exciting celebrations to highlight our members and their accomplishments, plus the gaining valuable education and over 20 CEUs over 4 exciting days.

Special Dinner Event planned for Administrators to attend with their ANFP member or students. Dinner will be accompanied by presentations from Memorial Hospital of Converse County's CEO, COO, and Chairman of the Board.

Save the Date: April 22nd - 25th, 2020
Invitation and more details coming soon.

Follow us on Facebook | Wyoming ANFP

President

Toni Skaggs, CDM, CFPP

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Day at the Capitol went well! We visited a few facilities and got to sit in on some sessions. This was my first time at the Capitol building and it is beautiful. I updated our Facebook with some photos. We didn't do a breakfast this year, we did snack bags with our information in them. We thought this would be a better way to reach everyone.

Invitations with more conference information will be going in the mail later this week! We are super excited to host an out-of-this-world extra special spring conference for our members in Douglas. We have some really great speakers and events planned. We have gathered every grant, friendship, favor, and more to put together something really spectacular. All through March we will be releasing information on our Facebook in the "Spring Conference" event.

Remember it is **free to members if you pre-register** by April 10th. If you register after that you will be charged full price. We really need a head count in advance to plan appropriately. We don't have a registration form, you don't need to waste a stamp, just let Felicia Smith, Robin Hilbird-Bardgett, or myself know you are planning to attend and what days you are able to make it. We know 4 days is a little long for most people but hopefully you can make it to a couple and maybe even invite your administrator to our special dinner event on Thursday afternoon.

Get your rooms booked early! Douglas is filling up with the energy boom and there are more people in town every month (especially the hotels).



ANFP™ | WYOMING

Association of Nutrition & Foodservice Professionals

Wyoming ANFP is on-line and on Facebook. Be sure to visit the Wyoming ANFP website at: www.ANFPonline.org for the National ANFP website.

President-Elect

Robin Hilbird-Bardgett, CDM, CFPP

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Our 50th Anniversary and 2020 Wyoming ANFP's Spring Conference is in Douglas from April 22nd-25th. We will be holding most of the conference at the Eastern Wyoming College (Douglas Campus) and this year is going to be a phenomenal one to attend. We have booked some fantastic speakers for all of our members and facilities benefit. Most of the speakers have had long and healthy relationships with Memorial Hospital of Converse County and the Arbor Café within the hospital.

Toni, Felicia and I attended the Day at the Capitol and that building is beautiful. Toni took some awesome pictures. We were also able to visit some of the facilities in Cheyenne and thank you, Diane Davis for the tour of your fantastic facility.

Even if you are unable to attend the full conference, there are many credits available and you can earn the credits for the sessions you attend. We are continuing to fine tune the conference; however, you may want to get your room sooner than later. The dates, session times, and CEU's remain the same. We have the following rates and all you need to do is ask for the ANFP Block rate:

Hampton Inn
1730 Muirfield Court
Douglas, WY 82633
307-358-0707

\$89+ tax BEFORE April 1st
8th

Holiday Inn Express
900 W. Yellowstone HWY
Douglas, WY 82633
307-358-4500

\$96+ tax BEFORE March 22nd

Sleep Inn Suites
508 Cortez Drive
Douglas, WY 82633
307-358-2777

\$124+ tax BEFORE April

Thank you to each and every one of you!! You make a difference in peoples' lives every day and that matters a lot! We are all facing many of the same challenges and we work through them – because it IS what we do. If it were not for all of you, our residents and patients would not have the care they so deserve.

Remember . . . we all make a difference and bring about change!

MARCH



**Wyoming ANFP
State Spokesperson**

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Greeting Wyoming ANFP Family,

We held our annual Day at the Capital on February 13th and 14th, in Cheyenne. It is a budget year so we didn't have the opportunity to interact with our legislators quite so much. We did have the chance to say hi to Representative Barlow and Senator Boner and delivered goodie bags with treats and a brochure about ANFP to all members of the legislature. We observed the house in session and attended the Senate Health, Labor and Social Services Committee Meeting. Then on Friday we visited 6 facilities in Cheyenne and met with our members and a prospective student and left information for them regarding the 50th Celebration.

I am excited to have everyone visit Douglas in April. Toni has worked hard on the conference and we hope to have a great attendance from members, students and administrators. We will be sending the official invitation by the 1st week of March at the latest. We have been approved for 22 CEUs for the 4 day conference.

On a sadder note we lost one of our members in February. Renee will be deeply missed by us all. Please see page 5 for Renee's obituary.



In Memory



Renee Ann Smith (Bates) died peacefully in her sleep on February 12, 2020 at Weston County Health Services in Newcastle, WY after a battle with ALS (Lou Gehrig's disease). Renee was born in Casper, Wyoming to Georgenna Lynn Hardon and Hayden Ferret Bates on April 5th, 1980. She spent all of her young life in Casper and Jackson Hole. Renee was very passionate about the things she loved most. She wasn't a big sports fan, but she was a huge New Orleans Saints fan. She loved children and she loved to cook. Later in life she decided to go to culinary school and was accepted to Le Cordon Bleu in Scottsdale, AZ. She graduated with an associate's degree in May of 2012. After her graduation she went to work for Salt River Fields as the

Executive Chef, serving the Colorado Rockies and Arizona Diamondbacks at their spring training facilities.

Renee had always wanted to have a large family but had been unable to have any of her own. Then she met Richard Smith and was blessed with a miracle baby boy, Nicholas. She was also blessed to get to love 5 more children: Tiffany, Kristin, Cameron, Richard and Haley. With the birth of Nicholas, they decided to move the family back to Wyoming and Renee got a job as the dietary manager at Weston County Health Services. Renee was diagnosed with ALS in July 2017. She fought a very debilitating disease with grace, dignity and her usual sass.

She is preceded in death by her father Hayden Bates, her maternal grandfather Jeep Hardon and grandmother Kay Hardon. She is survived by her husband Richard and children of Newcastle; mother Georgenna (Mel) Materi of Upton; Aunt Sunnie (Tim II) Sanderson of Idaho; brother Eric (Kathy) of Arizona; brother Daniel (Lexus) of Ohio and loving stepmother Jackie Bates of Jackson Hole, fraternal grandparents Ann and Jan Bates of Utah, along with too many other loving family members to list.

Services were held Tuesday, Feb. 18, at the Church of Jesus Christ of Latter-day Saints in Newcastle.

Items needed in food pantries
Healthy cereals and oatmeal

Kids' snack items (juice boxes, individual applesauce's, etc.)

Toilet paper

Diapers and wipes

Jars and pouches of baby food

Personal hygiene products, like sanitary pads

Toiletries like toothbrushes, toothpaste, shampoo, deodorant, lip balm

Dry pasta



Jars of pasta sauce

Canned fish and meat (salmon, tuna, ham, turkey pop-top cans are best)

Canned vegetables and fruit

Milk, (canned, or powdered)

Peanut butter

Canned beans

Canned and dry soups

Baking mixes that require only water

Spices



Feed My People
FOOD BANK



April 22-25, 2020 Spring Conference,
50th Anniversary, Douglas, WY



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I saddens me to learn of the passing of Renee Smith. Although I did not get to know Renee very well, I do know that she was a wonderful lady that would do just about anything for you. She always had a smile and a kind word. She will be missed by her ANFP family as well as her personal family. ALS is a very disabling and deadly disease. I would encourage you to make a contribution to the ALS Association in Renee's name and **Join the Movement to End ALS!**

Please consider volunteering. Surround yourself with successful people and you will be a success yourself!

Until next month....**Have a Safe and Happy St. Patrick's Day!**





19th – Cecilia Herrera

20th – Karen Kwedor

31st – Lisa Miller

Happy Birthday to All!

In the month of April we celebrate these special occasions:

National Food Month

National Soft Pretzel Month

National Soy Foods Month

1st Week of April – National Bake Week

2nd Week of April – National Egg Salad Week

1st Sunday of April – National Baked Ham with Pineapple Day

1st – National Sourdough Bread Day

2nd – National Peanut Butter and Jelly Day

3rd – National Chocolate Mousse Day

4th – National Cordon Bleu Day

5th – National Caramel Day; National Raisin and Spice Bar Day

6th – National Caramel Popcorn Day

7th – Coffee Cake Day

8th – National Empanada Day

9th – National Chinese Almond Cookie Day

10th – National Cinnamon Crescent Day

11th – National Cheese Fondue Day

12th – Grilled Cheese Sandwich Day; National Licorice Day

13th – National Peach Cobbler Day

14th – National Pecan Day
15th – National Glazed-Spiral Ham Day
16th – National Eggs Benedict Day; Day of the Mushroom
17th – National Cheeseball Day
18th – Animal Crackers Birthday
19th – National Amaretto Day, Garlic Day
20th – National Pineapple Upside Down Cake Day
21st – Chocolate-covered Cashew Truffle Day
22nd – National Jelly Bean Day
23rd – National Cherry Cheesecake Day, National Picnic Day
24th – National Pigs-in-a-Blanket Day
25th – National Zucchini Bread Day
26th – National Pretzel Day
27th – National Prime Rib Day
28th – National Blueberry Pie Day
29th – National Shrimp Scampi Day
30th – National Raisin Day



Saint Patrick's Day

M	O	T	R	D	L	A	R	E	M	E	M	L	H
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P	K	C	O	R	M	A	H	S	A	A	P	N	Y
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SHAMROCK
 IRELAND
 SNAKES
 LEPRECHAUN
 POT OF GOLD
 LUCK
 EMERALD
 TRADITION
 FAIRY
 PATRICK
 SAINT
 MARCH
 PARADE
 LEGEND
 HOLIDAY
 CELTIC
 GREEN

Play this puzzle online at : <http://thewordsearch.com/puzzle/5451/>

Don't Forget to...

**Spring
 Ahead**



Sunday, March 8 at 2am

April 22-25, 2020 ...Spring Conference, 50th Anniversary, Douglas, WY

Blocked rooms for the Wyoming ANFP's 50th Anniversary Spring 2020 Conference

Make sure to ask for the Wyoming ANFP Block

Hampton Inn

1730 Muirfield Court
Douglas, WY 82633
307-358-0707
\$89 + tax Book BEFORE April 1st

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\$124 + tax Book BEFORE April 8th



Food Drive Chairman's Planning Guide

PIFSW Food Drive

February 2020

Primary Purpose: To collect donations of non-perishable foods and monetary donations from the public in order to help the local food pantry keep its shelves stocked and to make ANFP more visible to the public.

Steps to Accomplish Goal:

- ❖ Get Chairman's Planning Guide from State Chairperson.
- ❖ Contact local food pantry to get their support of project and help provide volunteers to help collect food, take food to food pantry and unload food the day of your event.
- ❖ Contact local grocery store for permission to hold the food drive at their business and set dates during PIFSW. Friday from 3 pm – 7 pm and Saturday is the best time to hold your event. If you have numerous grocery stores in your community, you could have a food drive at a different store each day or if you have enough ANFP members in your community split up and have someone at each store on just one day.
- ❖ Contact your local radio station(s) about co-sponsoring your event with local ANFP members. Ask the local radio station to have their DJ's provide manpower the day of the event. Ask if they would be willing to do live remotes from your event location every hour.
- ❖ After you have your dates set, make up a schedule of your volunteers to work the food drive. Two hour shifts work best.
- ❖ Begin promotion of the food drive 2 weeks before the event. Use the local radio station(s), local newspaper, post flyers around town. (See attached PSA's, news releases, etc.)
- ❖ Line-up people with pick-up trucks and/or trailer to transport food to the food pantry and unload at the conclusion of your event.
- ❖ Contact the local newspaper to remind them of the event and ask them to come and do a story on the event and take pictures.
- ❖ On the day of the event, arrive at the grocery store one hour early to get set-up. Park the pick-up truck and/or trailer as close to the entrance/exit as possible so people see you as they go into the store and have a handy place to drop their donation as they exit the store.

- ❖ When the event concludes, take food to the food pantry. Give monetary contributions and checks to the local food pantry treasurer. **Have checks made payable to your local food pantry.**
- ❖ Make an estimate of the dollar amount of food donated.
- ❖ Complete the PIFSW event form and mail it with any pictures, newspaper articles, etc., to your State ANFP Chairperson.
- ❖ Send thank-you notes to the people that helped make your PIFSW event possible and a success!