



*Plan on attending now to celebrate Wyoming
ANFP's 50 years of service*

April 22-24, 2020 Spring Conference, **50th Anniversary**, Douglas, WY

Watch for more information in upcoming issues of the newsletter

President

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Gearing up for the Spring Conference. It's going to be incredible! We are working hard to make this a memorable one. I accepted a position on the Young Advisory Council that was formed after a taskforce recommendation to gather ideas and aim to capture and retain the interest of younger members. That group had their first meeting at the end of September in Chicago. It was a pretty incredible experience. We discussed a lot of potential ideas to gain interest in the CDM credentials for younger people as well as ways to get more involvement in ANFP at chapter and national levels. I was able to share my experience and the importance of mentorship in helping people in the right direction.

I will also be speaking in Salt Lake City for their Fall Conference October 25th. I will be presenting the same 'Leadership Tool Box' session that Felicia and I gave at our Fall Conference. I would love to hear stories or concerns from individuals taking initiative to mentor someone under them.

What does the future of the CDM look like? It is up to you to be the change you wish to see in the world (or at least Wyoming) and that starts with the individual you take under your mentorship wing. Choose wisely and train well!



President-Elect

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Our 50th Anniversary and 2020 Wyoming ANFP's Spring Conference is in Douglas from April 22nd-25th. We will be holding most of the conference at the Eastern Wyoming College (Douglas Campus) and this year is going to be a phenomenal one to attend. We are booking some fantastic speakers for all of our members and facilities benefit. Most of the speakers have had long and healthy relationships with Memorial Hospital of Converse County and the Arbor Café within the hospital.

I will take a moment here to discuss Don Miller & Associates. Our hospital chose to employ that company and we signed up for a "Good to Best - Destination 10" module. We had fantastic coaches that helped us move to the room service model with excellent customer service goals and it is many of those coaches that will be joining us to present during our conference. They led our Arbor Café team to be the best, increased our customer satisfaction, as well as improve the team dynamics.

We will have professionals from many fields of study including Kathy Stephens, Shawn Bucher, Ron Sabatini and Greg Gorgone as presenters. Each of them have been/are our coaches and we continue to keep our relationships with each of them as they continue on their journeys as well. Some have gone on to have their own company and maintain a coaching relationship as well as become our friends. They are all leaders and want to see each of us and our facilities succeed and flourish!

We have received one check from the Costa Vida for \$300 from our previous fundraiser in Evanston for our 2019 Wyoming ANFP Spring Conference and I am still working on the one from more than a year ago from the Pizza Hut. As soon as we have any further information, we will let all of you know.

Thank you to each and every one of you!! You make a difference in peoples' lives every day and that matters a lot! We are all facing many of the same challenges and we work through them – because it IS what we do. If it were not for all of you, our residents and patients would not have the care they so deserve.

Remember . . . we all make a difference and bring about change!



**Wyoming ANFP
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Greetings ANFP Family,

I am getting super excited about our 50th Celebration. Toni has done an excellent job on her speaker line up. This will exceed anything we have done in the past and will definitely provide the caliber of speakers we are exposed to at ACE. I hope you are all planning on attending as we will highlight our CDM of the Year and we have a Legacy Award that we will be presenting also. More to come on the agenda and lodging in the next few weeks, Toni is busy finalizing our speakers and CEU's. I wish you all a Happy Thanksgiving and wonderful fall.



Items needed in food pantries
Healthy cereals and oatmeal

Kids' snack items (juice boxes, individual applesauce's, etc.)

Toilet paper

Diapers and wipes

Jars and pouches of baby food

Personal hygiene products, like sanitary pads

Toiletries like toothbrushes, toothpaste, shampoo, deodorant, lip balm

Dry pasta



Jars of pasta sauce

Canned fish and meat (salmon, tuna, ham, turkey pop-top cans are best)

Canned vegetables and fruit

Milk, (canned, or powdered)

Peanut butter

Canned beans

Canned and dry soups

Baking mixes that require only water

Spices



Feed My People
FOOD BANK



April 22-24, 2020 Spring Conference,
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I guess **WINTER** is officially here. It **SNOWED** last night. Yes, that beautiful, fluffy, white stuff that we all refer affectionately to as **SNOW!**?!? **AND IT'S ONLY THE END OF OCTOBER!!!!!!** But, mother nature will bless us as she sees fit, regardless as to whether we like it, or not. I suppose it could be worse, so I should be thankful! LOL

I hope everyone has their holiday plans in place already and moving forward with your planning forward into the new year. Remember we have the Super Bowl, Sunday, February 2, 2020, Pride in Food Service Week, February 3-7, 2020, Valentine's Day, St. Patrick's Day, etc, etc, etc. Remember...share your functions with your fellow Dietary Managers. Send me a short story about what you did and if you would like, also include photos. Remember..... inquiring minds want to know!

Until next month....Live Long, and remember.....**Failing to Plan is Planning to Fail!**



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Wyoming ANFP is on-line and on Facebook. Be sure to visit the Wyoming ANFP website at: www.ANFPonline.org for the National ANFP website.



1st – Renee Knight

5th – Elaine Brunson

5th – Angie Martinez

21st – Jonni Lahn

In the month of December we celebrate these special occasions:

National Fruit Cake Month

National Egg Nog Month

1st Week of December – Cookie Cutter Week

4th Week of December – National Egg Nog Week

1st – National Pie Day

2nd – National Fritters Day

3rd – National Apple Pie Day

4th – National Cookie Day

5th – National Sacher Torte Day

6th – National Gazpacho Day

7th – National Cotton Candy Day

8th – National Chocolate Brownie Day

9th – National Pastry Day

10th – National Lager Day

11th – National Noodle Ring Day

12th – National Cocoa Day

13th – Ice Cream and Violins Day

14th – National Bouillabaisse Day

15th – National Cupcake Day



16th – National Chocolate Covered Anything Day

17th – National Maple Syrup Day

18th – National Roast Suckling Pig Day

19th – National Hard Candy Day

20th – National Fried Shrimp Day; National Sangria Day

21st – National Hamburger Day; Kiwi Fruit Day (California)

22nd – National Date Nut Bread Day

23rd – National Pfeffernuesse Day

24th – National Egg Nog Day

25th – National Pumpkin Pie Day

26th – National Candy Cane Day

27th – National Fruit Cake Day

28th – National Chocolate Candy Day

29th – Pepper Pot Day

30th – National Bicarbonate of Soda Day

31st – National Champagne Day



Thanksgiving II

E	V	O	L	T	V	N	K	U	I	N	U	Y	I
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S	V	Y	I	I	E	L	M	G	R	U	I	S	U
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NOVEMBER
GIVING
THANKFUL
TURKEY
FAMILY
LOVE
PUMKIN
FALL
GOODEATS
HISTORY
HAM
PILGRIMS
YAMS
FOOD

Play this puzzle online at : <http://thewordsearch.com/puzzle/887/>





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CDM of the Year Nomination Form

The purpose of this award is to recognize a Certified Dietary Manager in the State of Wyoming that has gone over and above expectations in their role. This individual portrays a passion for the CDM credential, has worked hard to provide high quality, safe meals for their customers and is a role model for others in the field, in their workplace and community.

Please nominate a Certified Dietary Manager so that they may be recognized by Wyoming ANFP and possible recognition from the National ANFP membership.

Name of nominee:

Reason for nomination (250-500 words)

Your Name: _____

Contact Information:
