

## President

### **Toni Skaggs, CDM, CFPP**

230 Orin Way Lot 2

Douglas, WY 82633

307.359.1202

[tskaggs@mhccwyo.org](mailto:tskaggs@mhccwyo.org)



We have created a Member Survey for all of our members about what they think of our Wyoming ANFP group. It is a short 10-question survey to gather information about what we do well and what we could do better to meet the needs and expectations of our members. It would be great to get some feedback from everyone and it is anonymous, unless you choose to add your name to be contacted about something. We really want to strive to be the most we can be for our members and welcome all suggestions.

<https://www.surveymonkey.com/r/JQ8VK>

### **Save the dates:**

**Spring Conference**, Evanston, April 24 – BOL meeting, 25<sup>th</sup> – Conference, 26<sup>th</sup> – Conference

**Fall Conference**, Casper, Sept 11<sup>th</sup> – BOL meeting, 12<sup>th</sup> – Conference, 13<sup>th</sup> – Conference

**Spring Conference**, **50<sup>th</sup> Anniversary of Wyoming ANFP**, Douglas, April 22<sup>nd</sup>-24<sup>th</sup>



## Spring Conference ***“Be the Change”***

April 24 – 26, 2019

Days Inn

(307) 789-0783

Evanston, Wyoming

## **President-Elect**

**Robin Hilbird-Bardgett, CDM, CFPP**

[rhilbird@mhccwyo.org](mailto:rhilbird@mhccwyo.org)

Hi everyone!! I am your current President-Elect and am learning from not only our President, Toni Skaggs, but also Felicia Smith who has served so many roles on our board of leaders.

Our Day at the Capitol was very interesting and educational. We actually were able to listen to our Wyoming House of Representatives' prospective bills being read for the 1<sup>st</sup> to the 3<sup>rd</sup> time. We also communicated with several of those stopping in for a quick bite on their way to the next meeting. It was explained to us that the previous night ran rather late and they did not get out of there until around 10:30 pm. They were back at it around 7:00 am on Tuesday, February 5<sup>th</sup>.

I am looking forward to the FSA Deadwood 2019 - Aces & Eats Customer Expo at the Deadwood Mountain Grand in South Dakota. There is always so much new stuff on the market for the benefit of our facilities and customers! Our Wyoming ANFP Spring Conference is just around the corner ☺ April 24<sup>th</sup>-26<sup>th</sup>, 2019 in Evanston, Wyoming. We are teaming up with Utah ANFP and will feature the Spring Dual-State Conference with them.

Should you have any ideas, topics, concerns, questions or comments, please do not hesitate to contact us! You may contact us through our emails; telephone numbers; or through the Wyoming ANFP Facebook page!

Remember . . . we all make a difference and bring about change!

**MARCH 10, 2019**



# MEMBERSHIP



# W E L C O M E

*to the new*



## ANFP™ | WYOMING

Association of Nutrition & Foodservice Professionals

As of February 26, 2018, the Wyoming ANFP is **70** members strong; **60** Certified Professional members, 10 Professional non-certified members. Please contact any officer, if you know of a new member or student, so we know who they are and how to keep them informed about events taking place in the Wyoming ANFP.



April 24, 2019 .....Spring  
Conference, Evanston, WY

June 20-23, 2019 .....ACE, Union  
Station Hotel, St. Louis, MO

Sept 11-13, 2019 .....Fall  
Conference, Ramkota Hotel, Casper, Wyoming

April 22-24, 2020 ..... Spring  
Conference, **50<sup>th</sup> Anniversary**, Douglas, WY



**National  
Director-at-Large**  
Felicia Smith, CDM, CFPP  
10 1<sup>st</sup> Street  
Orin, Wyoming, 82633  
(C) 307.351.4474  
(W) 307.358.1412  
[fsmith@mhccwyo.org](mailto:fsmith@mhccwyo.org)



Greetings Wyoming ANFP Family,

We held our Annual Day at the Capital the first part of February in Cheyenne. We held our board meeting and unfortunately due to weather and constrictions we only had 3 in attendance at the board meeting. We discussed the plans for the DATC and upcoming conferences. The next morning we hosted a continental breakfast for the legislators. We provided them with information on Wyoming ANFP as well as information on the Scope of Practice for CDMs. Our hope is to raise awareness of our organization and our value in the healthcare arena.

We had the great opportunity to visit with a few of the State House of Representatives and observe the house in session as they reviewed 2<sup>nd</sup> and 3<sup>rd</sup> reading of bills. That afternoon we visited a few facilities in Cheyenne and had the opportunity to meet with a couple of members and leave information for those we missed. Unfortunately, the February weather didn't cooperate on the final day so we decided it was safer to head home instead of risk poor traveling and missed out on the Health and Labor committee meetings and lunch with Carolyn. All in all it was a great trip and we had great interactions with those we did have the opportunity to meet with. I hope next year we can have more members join us and that the weather cooperates.

Have a great spring and I hope to see you at our Spring Conference in April in Evanston and hopefully a few of you in San Diego in March for Regionals.

Thank you for all you do for your staff, clients and the members of ANFP.

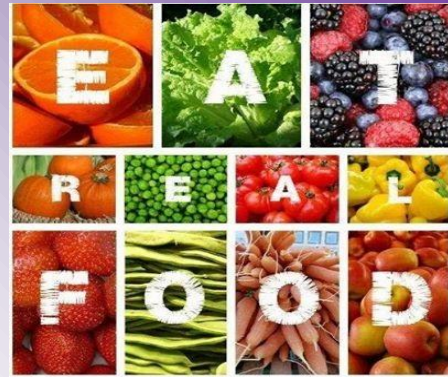




Our **FoodService Rewards** points total stands at 26,113 points. e-mail codes and expiration date may be sent to **Robin Hilbird** at: [rhilbird@mhccwyo.org](mailto:rhilbird@mhccwyo.org)



**Newsletter Editor**  
**Bruce Link, CDM, CFPP**  
 (C) 307.620.2562  
[fssolutions13@live.com](mailto:fssolutions13@live.com)



Super Bowl, Pride In Food Service Week, and Valentine's Day have all come and gone. I have to guess that nobody did anything special for these events in your communities (facilities) as I received nothing from anybody about these events.

What do you do in your community? Please share with us. We are doing special things nearly every month and I know from my own experience that you are doing things for and with your residents. Tell us about it and let me highlight it in the newsletter. Give yourself, your staff and your community recognition for what you do. Brag yourself up. You deserve it!

In March we have Fat Tuesday (Mardi Gras) on March 5<sup>th</sup> and St. Patrick's Day on Sunday, March 17<sup>th</sup>. Have fun with these events and please share with us.

Until next month.....Live Long, and remember.....**Failing to Plan is Planning to Fail!**





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*Wyoming ANFP is on-line and on Facebook. Be sure to visit the Wyoming ANFP website at: [www.ANFPonline.org](http://www.ANFPonline.org) for the National ANFP website.*



19<sup>th</sup> – Cecilia Herrera

20<sup>th</sup> – Karen Kwedor

31<sup>st</sup> – Lisa Miller

**In the month of April we celebrate these special occasions:**

National Food Month

National Soft Pretzel Month

National Soy Foods Month

1<sup>st</sup> Week of April – National Bake Week

2<sup>nd</sup> Week of April – National Egg Salad Week

1<sup>st</sup> Sunday of April – National Baked Ham with Pineapple Day

1<sup>st</sup> – National Sourdough Bread Day

2<sup>nd</sup> – National Peanut Butter and Jelly Day

3<sup>rd</sup> – National Chocolate Mousse Day

4<sup>th</sup> – National Cordon Bleu Day

5<sup>th</sup> – National Caramel Day; National Raisin and Spice Bar Day

6<sup>th</sup> – National Caramel Popcorn Day

7<sup>th</sup> – Coffee Cake Day

8<sup>th</sup> – National Empanada Day

9<sup>th</sup> – National Chinese Almond Cookie Day

10<sup>th</sup> – National Cinnamon Crescent Day

11<sup>th</sup> – National Cheese Fondue Day  
12<sup>th</sup> – Grilled Cheese Sandwich Day; National Licorice Day  
13<sup>th</sup> – National Peach Cobbler Day  
14<sup>th</sup> – National Pecan Day  
15<sup>th</sup> – National Glazed-Spiral Ham Day  
16<sup>th</sup> – National Eggs Benedict Day; Day of the Mushroom  
17<sup>th</sup> – National Cheeseball Day  
18<sup>th</sup> – Animal Crackers Birthday  
19<sup>th</sup> – National Amaretto Day, Garlic Day  
20<sup>th</sup> – National Pineapple Upside Down Cake Day  
21<sup>st</sup> – Chocolate-covered Cashew Truffle Day  
22<sup>nd</sup> – National Jelly Bean Day  
23<sup>rd</sup> – National Cherry Cheesecake Day, National Picnic Day  
24<sup>th</sup> – National Pigs-in-a-Blanket Day  
25<sup>th</sup> – National Zucchini Bread Day  
26<sup>th</sup> – National Pretzel Day  
27<sup>th</sup> – National Prime Rib Day  
28<sup>th</sup> – National Blueberry Pie Day  
29<sup>th</sup> – National Shrimp Scampi Day  
30<sup>th</sup> – National Raisin Day



# St. Paddy's Day

E	B	O	U	E	K	C	D	E	D	A	R	A	P
A	O	R	E	R	B	A	L	U	N	A	A	E	T
D	D	O	A	A	R	S	E	O	B	L	C	E	E
O	H	F	G	D	G	T	N	E	L	L	R	M	G
H	R	E	A	E	Y	L	O	G	S	O	I	E	A
R	A	E	G	G	A	E	A	N	O	U	L	N	L
P	N	B	R	L	G	U	I	N	N	E	S	S	W
U	B	D	H	I	R	I	E	E	G	P	C	D	A
Y	R	E	A	E	C	L	A	D	D	A	G	H	Y
O	R	N	R	A	L	A	R	L	K	F	L	K	G
R	C	R	P	G	E	R	D	C	Y	R	A	R	D
C	N	O	E	O	R	A	W	E	D	A	T	D	L
A	E	C	N	K	G	K	R	O	C	L	U	B	O
G	O	S	H	A	M	R	O	C	K	O	R	D	G

GAELIGE  
CASTLE  
GUINNESS  
BODHRAN  
KERRY  
HARP  
GOLD  
CLADDAGH  
GALWAY  
PARADE  
CORNED BEEF  
SHAMROCK  
DUBLIN  
CORK

Play this puzzle online at : <http://thewordsearch.com/puzzle/1685/>

<https://www.wygim.com/>

Kyle Cameron – Flex/SHIP Program Manager, Office of Rural Health, Wyoming  
Department of Health [kyle.cameron@wyo.gov](mailto:kyle.cameron@wyo.gov) 1.307.286.9906

This is the contact information for the lady that manages the Flex Scholarship.  
Felicia and the rest of us at Memorial Hospital of Converse County, get reimbursed  
for the full amount of our trips for meetings and conferences. This is a great (and  
largely unused) resource for helping us improve the quality in our organizations  
across Wyoming. Super easy to fill out the grant application.



# CDMs Cultivating Roots

Rallying Organizations & Officials in Training Standards



## CULTIVATE

culti-vate

1. grow or maintain
2. apply oneself to improvement or development

☐ Yes, I would like to support CDMs Cultivating Roots.\*

\*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.

## Cultivate, Grow, REAP!

### CONTACT INFORMATION

Membership ID#:	Full Name:		
Address:	City:	State:	Zip:
Phone:	Fax:	E-mail:	
Occupation:	Employer:		

### PAYMENT INFORMATION

<input type="checkbox"/> \$1 <input type="checkbox"/> \$5 <input type="checkbox"/> \$10 <input type="checkbox"/> \$25 <input type="checkbox"/> Other		
<input type="checkbox"/> Enclosed is my money order or check, payable to ANFP-PAC		
Please check one: <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> Mastercard <input type="checkbox"/> American Express		
Name on card:		
Credit Card #:	CVV#:	Exp. Date: / /
Billing Address:		
City:	State:	Zip:
Signature:	Date:	

**QUESTIONS? Contact Mindy Theesfeld at 800.323.1908 x128.**

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Learn about...



Association of Nutrition & Foodservice Professionals  
406 Surrey Woods Dr. | St. Charles, IL, 60174  
Phone 800.232.1908 | Fax: 630.587.6308 | [www.ANFPonline.org](http://www.ANFPonline.org)

**Mission: Position the Certified Dietary Manager as the expert in foodservice management and food safety.**

**Vision: The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.**



***February 5 & 6, 2019***

***Cheyenne, Wyoming***

# BE THE CHANGE

Wyoming ANFP Spring Conference 2019

April 24<sup>th</sup>-26<sup>th</sup>, 2019

Days Inn, Evanston, WY

(307) 789-0783

Hosted by: Dawn Cooper, WY & Cathy Oberbeck, UT

Registration Form - - Please complete one form for each registrant

Circle one: ANFP Members

Non-Members

\$ 50.00

Before April 5, 2019

\$ 65.00

At the Door

\$ 60.00

\$ 75.00

Students: \$0 Registration

Name:(Please Print Clearly) \_\_\_\_\_

Facility Name: \_\_\_\_\_

Title: \_\_\_\_\_ ANFP Number: \_\_\_\_\_

e-mail Address: \_\_\_\_\_

Make Checks Payable to:  
*Wyoming ANFP*

Wyoming ANFP Spring Conference  
*Evanston, Wyoming*  
*April 24-26<sup>th</sup>, 2019*

Mail Registrations to:  
Robin Hilbird, CDM,CFPP  
Memorial Hospital of Converse County  
111 South 5<sup>th</sup> Street  
Douglas, WY 82633

Registration:	\$	.
<hr/>		
Total	\$	.

Registrants Signature: \_\_\_\_\_

# Be the Change

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## 2019 Wyoming ANFP Spring Conference

April 24-26, 2019 / Days Inn / Evanston, Wyoming

April 24, 2019	3:00 pm – 4:00 pm	Board Of Leaders Meeting
	6:30 pm – 7:30 pm	Dinner
April 25, 2019	7:45am – 8:00 am	Welcome and Announcements
	8:00 am – 9:00 am	Exceptional Cranberry Amanda Melendez
	9:00 am – 10:00 am	Ethics Jeff Smith
	10:00 am – 11:00 am	Food Safety and the Elderly Population Shawn Moore
	11:00 am – 12:00 pm	Human Resource Basics for Food Service Leaders Brandy Mazoyer
	12:00 pm – 1:00 pm	Lunch/ Membership Meeting
	1:00 pm – 2:00 pm	Coaching and Corrective Action Brandy Mazoyer
	2:00 pm – 3:00 pm	Employee Engagement Edward Bangerter
	3:00 pm- 4:00 pm	Sanitation Debbie Rayhab
April 26, 2019	5:00 pm – 9:00 pm	Evening Activity
	8:00 am – 9:00 am	Ignite Session - Volunteering Cathy Oberbeck, Samantha Smith, Toni Skaggs, Felicia Smith
	9:00 am – 10:30 am	Zero to Hero (Principles to a Zero Deficient Survey) Reynold Landry
	10:30 am – 11:30 am	Leadership Reynold Landry
	11:30 am – 1:00 pm	Lunch
	1:00 pm – 2:00 pm	IDDSI Webinar Webinar
	2:00 pm – 3:00 pm	Food Allergens Felicia Smith CDM CFPP

Be the change you want to see in the world.