

President

Toni Skaggs, CDM, CFPP

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Wow! I got to attend my first Regional Meeting in San Diego. We had 2 days of incredible speakers including our Wyoming ANFP friend Omar Humes who spoke about leadership, team building, and food safety. We also got to see Reynold Landry speak for a couple sessions and I am really excited to have him speaking for us at our Spring Conference; He is a fantastic speaker and we are in for a couple great sessions. Possibly my favorite session was the very last one. Omar mediated a discussion between the audience and the California ANFP president and a Kentucky ANFP member from the DM&A consulting company. I really enjoy the sessions where people get to ask the questions and everyone in the room learns from real issues that are usually faced by more than just the person asking the question. Being able to learn from each other is possibly the biggest advantage to our ANFP membership brings us. I can't move on without mentioning that the weather was amazing, especially compared to the storm of the century the Midwest was facing.

I have accepted a position on the newly formed Young Advisory Committee. I have no idea what I am getting myself into. 'Yes' just seemed like a great answer to be able to learn more, bring more experience back to our Wyoming Chapter, and give Wyoming another voice at the national level.

We look forward to seeing all of you in Evanston in April. Much thanks to Dawn and Cathy for putting together a great Spring Conference!



Spring Conference
"Be the Change"

April 24 – 26, 2019

Days Inn

(307) 789-0783

Evanston, Wyoming

President-Elect

Robin Hilbird-Bardgett, CDM, CFPP

rhilbird@mhccwyo.org

Hi everyone!! Toni and I are attending the FSA Deadwood 2019 - Aces & Eats Customer Expo at the Deadwood Mountain Grand in South Dakota on March 26th. We look forward to networking with the vendors and other customers to learn new ideas. There is always so much new stuff on the market for the benefit of our facilities and customers!

Our Wyoming ANFP Spring Conference is just around the corner ☺ April 24th-26th, 2019 in Evanston, Wyoming. We are teaming up with Utah ANFP and will feature the Spring Dual-State Conference with them.

Should you have any ideas, topics, concerns, questions or comments, please do not hesitate to contact us! You may contact us through our emails; telephone numbers; or through the Wyoming ANFP Facebook page!

Remember . . . we all make a difference and bring about change!



MEMBERSHIP



W E L C O M E

to the new



ANFP™ | WYOMING

Association of Nutrition & Foodservice Professionals

As of March 26, 2018, the Wyoming ANFP is **71** members strong; **61** Certified Professional members, 10 Professional non-certified members. Please contact any officer, if you know of a new member or student, so we know who they are and how to keep them informed about events taking place in the Wyoming ANFP.



April 24, 2019Spring
Conference, Evanston, WY

June 20-23, 2019ACE, Union
Station Hotel, St. Louis, MO

Sept 11-13, 2019Fall
Conference, Ramkota Hotel, Casper, Wyoming

April 22-24, 2020 Spring
Conference, **50th Anniversary**, Douglas, WY



**National
Director-at-Large**
Felicia Smith, CDM, CFPP
10 1st Street
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fsmith@mhccwyo.org



Greeting Wyoming ANFP Family,

I hope Spring is treating you well. Toni and I attended ANFP Regionals in San Diego in March. It was a great conference and we had the fortune of meeting up with a couple of Wyoming members, Linda and Shane. The sessions were very information, interactive and a lot of fun. The weather of course was amazing. We are currently working on the Spring Conference and have received approval for 12.5 CEUs. The conference is being held in Evanston on April 25th and 26th. We hope to see you there and join us in greeting our Utah ANFP neighbors who have been invited and helped us plan this meeting. It looks to be a great event. I would also like to encourage all of our members to attend ACE in St. Louis in June. It is a great way to get CEUs, meet your peers and make lifelong friends.

See you in Evanston.

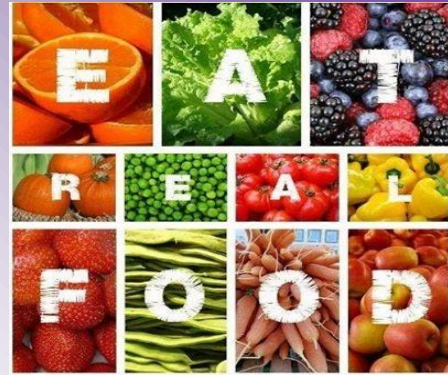


Our **FoodService Rewards** points total stands at 26,433 points. e-mail codes and expiration date may be sent to **Robin Hilbird** at: rhilbird@mhccwyo.org





Newsletter Editor
Bruce Link, CDM, CFPP
(C) 307.620.2562
fssolutions13@live.com



The song birds are singing, the robins are here, and it is beginning to feel like spring. We've all been getting spring fever and are ready to get outside and begin enjoying the fresh air and sunshine. But, lets also be cautiously optimistic as we also know how quickly the weather can change and old man winter rear his ugly head, thus causing colds and other illness. So, let's use common sense when planning those outdoor outings and wear jackets to keep ourselves healthy.

Also, don't forget dues renewals will be coming up soon. Be sure to keep checking on-line at anfponline.com to check your information, so you do not miss the dues deadline and are required to pay late fees.

Until next month.....Live Long, and remember.....**Failing to Plan is Planning to Fail!**

MEMBERSHIP RENEWAL *Annual Dues*



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Association of Nutrition & Foodservice Professionals

Wyoming ANFP is on-line and on Facebook. Be sure to visit the Wyoming ANFP website at: www.ANFPonline.org for the National ANFP website.

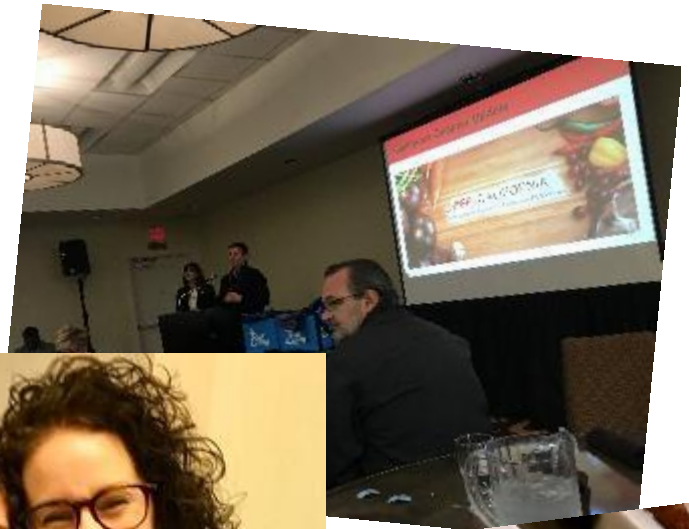
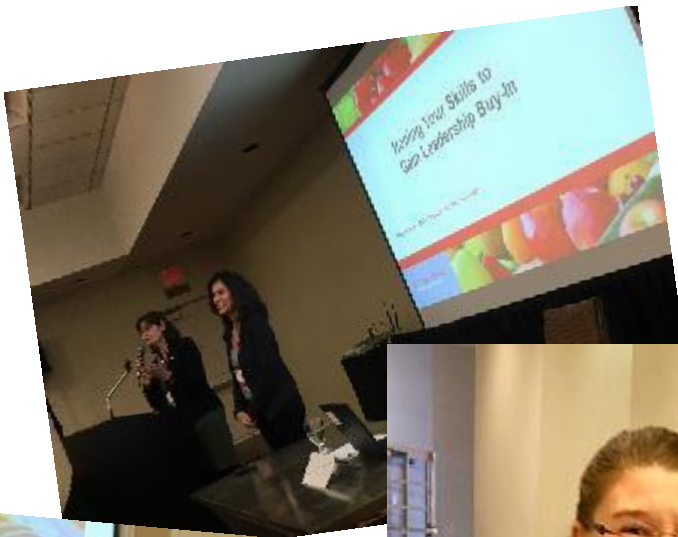


5th – Renee Smith
10th – Lois Jevne
18th – Mackayleigh Shultz

***Happy Birthday
to All!***



**From ANFP Spring Regional
San Diego, CA
March 14 – 15, 2019**



In the month of May we celebrate these special occasions:

National Asparagus Month

National Barbeque Month

National Chocolate Custard Month

National Egg Month

National Hamburger Month

National Salad Month

National Salsa Month

National Strawberry Month

1st Week of May – National Raisin Week

2nd Week of May – National Hamburger Week

3rd Week of May – International Pickle Week

4th Week of May – National Frozen Yogurt Week

Memorial Day Monday – National Barbeque Day

Memorial Day Monday – National Hamburger/Cheeseburger Day

1st – National Chocolate Parfait Day

2nd – National Truffles Day

3rd – National Raspberry Tart Day

4th – National Orange Juice Day; National Candied Orange Peel Day

5th – National Chocolate Custard Day; National Hoagie Day; Cinco de Mayo Recipes; Oyster Day

6th – National Crepes Suzette Day

7th – National Roast Leg of Lamb Day

8th – National Empanada Day

9th – National Butterscotch Brownie Day

10th – National Shrimp Day

11th – Eat What You Want Day

12th – National Nutty Fudge Day

13th – National Fruit Cocktail Day

14th – National Buttermilk Biscuit Day

15th – National Chocolate Chip Day

16th – National Coquilles St. Jacques Day
17th – National Cherry Cobbler Day
18th – National Cheese Souffle Day
19th – National Devil's Food Cake Day
20th – National Quiche Lorraine Day; Pick Strawberries Day
21st – National Strawberries and Cream Day
22nd – National Vanilla Pudding Day
23rd – National Taffy Day
24th – National Escargot Day
25th – National Wine Day
26th – National Blueberry Cheesecake Day; National Cherry Dessert Day
27th – National Grape Popsicle Day
28th – National Brisket Day
29th – National Coq Au Vin Day
30th – National Mint Julep Day
31st – National Macaroon Day



Easter

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| H | O | Y | N | L | P | O | N | D | H | C | N | R | A |
| C | E | D | T | U | D | Y | N | N | L | C | I | A | S |
| R | Y | N | E | A | H | I | U | U | E | H | F | Y | T |
| A | H | A | B | I | O | Y | B | S | N | O | G | E | E |
| M | S | C | S | C | S | G | C | T | A | C | Y | C | R |
| U | D | M | B | A | E | N | N | C | C | O | N | E | M |
| A | I | I | C | U | H | I | E | I | G | L | H | A | S |
| R | A | B | B | I | T | R | O | O | Y | A | O | R | C |
| F | S | T | T | E | T | P | R | I | B | T | A | H | E |
| N | A | U | H | O | A | S | S | G | G | E | A | O | D |
| H | O | L | I | D | A | Y | C | T | S | T | E | P | I |
| R | L | N | D | M | B | A | S | K | E | T | P | E | Y |

RABBIT
 MARCH
 SPRING
 CANDY
 SUNDAY
 CHOCOLATE
 EGGS
 FIND
 HUNT
 HOLIDAY
 BUNNY
 BASKET
 HOP
 EASTER

Play this puzzle online at : <http://thewordsearch.com/puzzle/261/>

<https://www.wygim.com/>

Kyle Cameron – Flex/SHIP Program Manager, Office of Rural Health, Wyoming Department of Health kyle.cameron@wyo.gov 1.307.286.9906

This is the contact information for the lady that manages the Flex Scholarship. Felicia and the rest of us at Memorial Hospital of Converse County, get reimbursed for the full amount of our trips for meetings and conferences. This is a great (and largely unused) resource for helping us improve the quality in our organizations across Wyoming. Super easy to fill out the grant application.

CDMs Cultivating Roots

Rallying Organizations & Officials in Training Standards



CULTIVATE

culti-vate

1. grow or maintain
2. apply oneself to improvement or development

☐ Yes, I would like to support CDMs Cultivating Roots.*

*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.

Cultivate, Grow, REAP!

CONTACT INFORMATION

| | | | |
|-----------------|------------|---------|------|
| Membership ID#: | Full Name: | | |
| Address: | City: | State: | Zip: |
| Phone: | Fax: | E-mail: | |
| Occupation: | Employer: | | |

PAYMENT INFORMATION

| | | |
|---|--------|--------------------|
| <input type="checkbox"/> \$1 <input type="checkbox"/> \$5 <input type="checkbox"/> \$10 <input type="checkbox"/> \$25 <input type="checkbox"/> Other | | |
| <input type="checkbox"/> Enclosed is my money order or check, payable to ANFP-PAC | | |
| Please check one: <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> Mastercard <input type="checkbox"/> American Express | | |
| Name on card: | | |
| Credit Card #: | CVV#: | Exp. Date: / / |
| Billing Address: | | |
| City: | State: | Zip: |
| Signature: | Date: | |

QUESTIONS? Contact Mindy Theesfeld at 800.323.1908 x128.

Paid for by Association of Nutrition & Foodservice Professionals Political Action Committee (ANFP-PAC). Contributions or gifts to ANFP-PAC are not deductible for Federal income tax purposes.

Learn about...



Association of Nutrition & Foodservice Professionals
406 Surrey Woods Dr. | St. Charles, IL, 60174
Phone 800.232.1908 | Fax: 630.587.6308 | www.ANFPonline.org

Mission: Position the Certified Dietary Manager as the expert in foodservice management and food safety.

Vision: The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

BE THE CHANGE

Wyoming ANFP Spring Conference 2019

April 24th-26th, 2019

Days Inn, Evanston, WY

(307) 789-0783

Hosted by: Dawn Cooper, WY & Cathy Oberbeck, UT

Registration Form - - Please complete one form for each registrant

Circle one: ANFP Members

Non-Members

\$ 50.00

Before April 5, 2019

\$ 65.00

At the Door

\$ 60.00

\$ 75.00

Students: \$0 Registration

Name:(Please Print Clearly) _____

Facility Name: _____

Title: _____ ANFP Number: _____

e-mail Address: _____

Make Checks Payable to:

Wyoming ANFP

Wyoming ANFP Spring Conference

Evanston, Wyoming

April 24-26th, 2019

Mail Registrations to:

Robin Hilbird, CDM,CFPP

Memorial Hospital of Converse County

111 South 5th Street

Douglas, WY 82633

Registration: \$.

Total \$.

Registrants Signature: _____

Be the Change

2019 Wyoming ANFP Spring Conference

April 24-26, 2019 / Days Inn / Evanston, Wyoming

| | | |
|----------------|---------------------|---|
| April 24, 2019 | 3:00 pm – 4:00 pm | Board Of Leaders Meeting |
| | 6:30 pm – 7:30 pm | Dinner |
| April 25, 2019 | 7:45am – 8:00 am | Welcome and Announcements |
| | 8:00 am – 9:00 am | Exceptional Cranberry Amanda Melendez |
| | 9:00 am – 10:00 am | Ethics Jeff Smith |
| | 10:00 am – 11:00 am | Food Safety and the Elderly Population Shawn Moore |
| | 11:00 am – 12:00 pm | Human Resource Basics for Food Service Leaders Brandy Mazoyer |
| | 12:00 pm – 1:00 pm | Lunch/ Membership Meeting |
| | 1:00 pm – 2:00 pm | Coaching and Corrective Action Brandy Mazoyer |
| | 2:00 pm – 3:00 pm | Employee Engagement Edward Bangerter |
| | 3:00 pm- 4:00 pm | Sanitation Debbie Rayhab |
| April 26, 2019 | 5:00 pm – 9:00 pm | Evening Activity |
| | 8:00 am – 9:00 am | Ignite Session - Volunteering Cathy Oberbeck, Samantha Smith, Toni Skaggs, Felicia Smith |
| | 9:00 am – 10:30 am | Zero to Hero (Principles to a Zero Deficient Survey) Reynold Landry |
| | 10:30 am – 11:30 am | Leadership Reynold Landry |
| | 11:30 am – 1:00 pm | Lunch |
| | 1:00 pm – 2:00 pm | IDDSI Webinar Webinar |
| | 2:00 pm – 3:00 pm | Food Allergens Felicia Smith CDM CFPP |

Be the change you want to see in the world.