

# ANFP WEST VIRGINIA

Association of Nutrition & Foodservice Professionals

## WINTER NEWSLETTER-2019

**Mission:** Position the Certified Dietary Manager as the expert in foodservice management and food safety.

**Vision**: The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

#### IN THIS ISSUE:

New members/ Membership counts /Humor. pg.2
Administrator of year applicationpg. 3
WV ANFP Scholarship application pg. 4
Fall meeting minutespgs. 5
Dementia/ Alzheimer's poem/letterpg. 6-7.
Administrator of the Year resultspg.7
Spring 2020 meeting informationpg.7
Expense report from Treasurerpg. 8
Pride in Foodservice weekpgs.9, 10
ANFP Volunteer of the month (Nov.)pg. 11

#### **CURRENT BOARD MEMBERS**

PRESIDENT - Eric McClung CDM, CFPP

304-663-4271

Emcclung@amfmwv.com

TREASURER Darlene Schoonover CDM, CFPP

304-457-1759 (H)

Darlene.schoonover@yahoo.com

PAST PRESIDENT\_Todd Leasure\_CDM, CFPP

304-387-0101

tleasure@foxcreast.com

SECRETARY- Bruce Myers CDM, CFPP

304-364-1049

bruce.myers@ wvumedicine.org

MEMBERSHIP/NEWSLETTER / FOOD

SERVICE REWARDS COORDINATOR Robert Luke CDM, CFPP

304-599-0497 ext. 316 (W)

304-296-4471 (H)

Greetings Members,

I want to start off by thanking Todd Leasure for his time as president of our chapter. He did a wonderful job. I would also like to thank Bob, Todd, and anyone else who contributed to the last meeting. I would like to put out a call for volunteers. Volunteering is what drives chapters and how we keep going, without volunteers we have no chapter. I know we all have busy schedules but if anyone has any interest in running a meeting or wanting a position on the board please do not hesitate to ask for information. We do not have to wait until a meeting to give information about these things and anyone of us on the board would be more than happy to assist. Remember just because you ask for information doesn't mean you are committing to anything. ACE is coming up in June in Las Vegas if anyone is interested in going to represent our chapter please reach out as we can help with cost. I would also like to thank Jessica Hite for hosting our next chapter meeting in April and I hope to see everyone there. I would like to end wishing everyone a very Merry Christmas and a Healthy and Happy New Year.

Eric McClung CDM, CFPP



#### From the editor:

I've included some more Alzheimer/Dementia reading material in this newsletter, hoping you can use the information in one way or another. The fall seminar held in Morgantown was a success. Thank you to Todd for helping me pull a meeting together.

We are always looking for members to step up and host meetings. We would like to continue to offer seminars to keep our members educated and to fulfill the continuing education requirements. If you are truly interested in becoming a host for an upcoming meeting, please contact myself, Robert Luke or our new President Eric McClung. All the current board members contact information appears on the front page of every newsletter.

Remember to share the newsletter with your administrator to keep them informed of what is going on with our organization.



# New members since 8/14/2019

Matthew Calkins - Franklin, WV

Edwin Price - Masontown, WV

Tammy Shillingburg - Petersburg, WV

Marsha Taylor – Cowen, WV

Member Counts as of November 19, 2019

#### West Virginia ANFP Chapter

Member Type	Not Certified	Certified	Total
Allied Professional	2	0	2
Pre-Professional	10	0	10
Professional	4	141	145
Retired Professional_	2	2	4
	18	143	161





"Thank you for appreciating that I served in the military ... I appreciate your being in these trenches for me!"

# Administrator of the Year Application

If you feel your administrator supports you with your continuing education and Dietary Managers Association membership, you may nominate him or her for the Dietary Managers Association Administrator of the Year.

Administrator Name:	
Facility Name and Address:	
Facility Phone Number:	
Nominator Name:	
	Home Number:
Nominator e-mail address:	
	istrator should be named the "Administrator of
·	
	* .

Applications need to be returned to WVANFP Secretary, Bruce Myers by July 31, for review. After completed you can email application to: bruce.myers@wvumedicine.org.

Administrator of the  $\gamma$ ear Award is presented at the Fall meeting each year.

# WV ANFP SCHOLARSHIP APPLICATION

Applicant:	Address:	
/hone: Work	· ·	
Facility Name and Address:		
	DMA#	
	Home:	
Sponsor's Facility's Name and Addres	s (if different from above):	
Please provide Sponsor and facility ac management field and the desire for a	lministrator comments about the applicant's advancement. Use additional sheets if necessity	ssary.
Administrator's Comments.		
Administrator s comments.		
Applicant's Comments:		
* .		

To be considered please complete form and mail to

WVANFP PRESIDENT:

Minutes from fall 2019 meeting/conference in Morgantown WV Holiday Inn

9/25-9/27/19, co-hosted by Robert Luke, and Todd Leasure

Membership meeting held Friday 9/27/19 @ 11:30 AM

Board members present: Todd Leasure, Robert Luke, Darlene Schoonover, Eric McClung-

47 member in attendance which includes 4-5 members from neighboring states

Todd brought the meeting to order by introducing current board members to membership. Previous meetings minutes were read by Secretary Robert Luke with no disagreements mentioned. Treasurer report was given by Darlene which was in the amount of 23,923.59, noting very little activity since last meeting. This amount does not include any payments/deposits from this meeting.

Membership was once again asked for interested members for the Secretary or Treasurers positions. Bruce Myers expressed interest in the Secretary's position and vote was approved at meeting of members present. No one expressed interest at the meeting for Treasurer's position, so Darlene remains in her position

Todd swore in Bruce as new secretary, and Eric McClung as our new president.

Future meeting hosts were discussed and Jessica Hite from Elkins area agreed to host a spring 2020 meeting in Elkins area, she would have the help of other members from the Nella's facility, including Clifford Weese and others.

Membership expressed that they liked the 2 ½ day seminar format used at this meeting. We will continue to try and have spring and fall meetings and had open discussion that if we only have 1 meeting per year, members will be invited to Diane Keegan RD meetings to help them maintain the CE requirements.

Todd mention that WV had received the "Gold State award" again this year as we had in the past. Eric McClung stated a few words on his presidency and having his one goal to have more "Community Involvement" with membership in coming years.

Ilene Marsh motioned to adjourn the meeting with no more items to discuss, and was seconded by Jessica Hite.

After the meeting was adjourned, 2 more members (Monica Burton, and Cindy Laws) express the possibility to host an upcoming meeting and requested meeting packets be sent to them to review before they make a decision. Meeting packets will be forwarded to them in near future by Robert Luke, meeting Liaison

# When I Get Old and Forgetful

(Written by Vaughn Michael, Methodist Minister and Alzheimer's Caregiver)

# When I get old and forgetful, please do the following:

Talk to me like an adult with no childlike talk with limited whispering behind my back

When I forget the immediate and long-term past, do not attempt to squeeze out of me facts and information I no longer remember

If I forget that which is familiar you will help me most when you provide the information you were seeking

Stop scolding me when I misplace objects, forget names and remember little about what happened yesterday, a year ago or 30 years ago. I may honestly not know what you are talking

#### about

Laugh with me, not at me when I forget your name, where we are or what day of the week it might be

If you would like, tell me about the past, but refrain from beginning your information with "Do you remember"?

When you begin to talk about my difficulties do so with patience and understanding and we both will be more peaceful

If I seem silly, foolish or even childish, smile with me and help me enjoy the simplicity of my new life in the present

When you are around, be peaceful as possible and maybe we both will enjoy the peace of God

Provide me opportunities to be around children for I may participate in their playfulness more than the serious world of adults

Realize that for most part I live in this moment and I have limited interest in the past or future.

I may well be a here and now person for the rest of my life

Above all Love me as I am, for I can presently be no other than whom I am

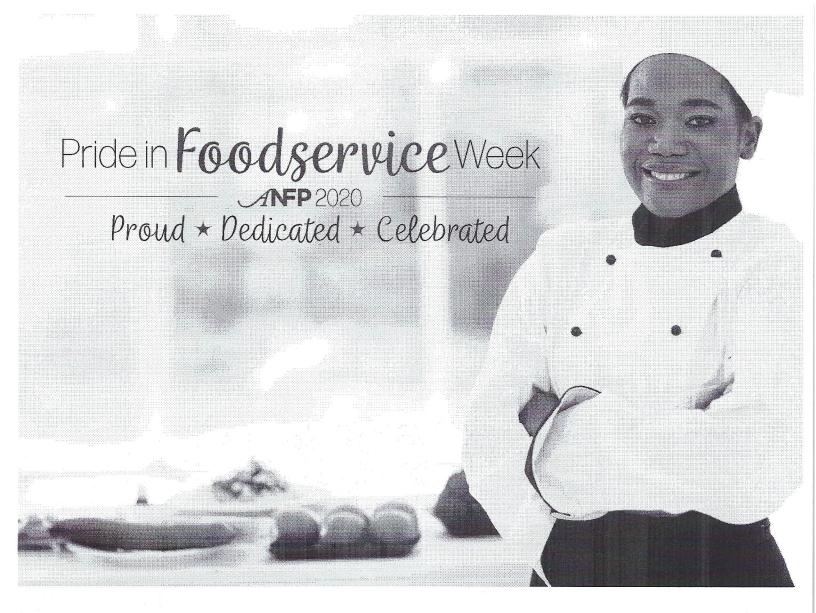


# Administrator of the Year:

At the fall meeting Dion Wagoner from Good Samaritan of Barbour County was presented with a plaque, engraved letter opener and pen set from our organization. Sorry, the picture that was taken was poor quality and was not used. Has your Administrator done something great and you would like them recognized? Submit them for the award. We recognize one administrator a year at the fall meetings.

**SAVE THE DATE:** Jessica Hite CDM, CFPP from Nella's Inc. has agreed to host the upcoming spring 2020 meeting in Elkins area. Keep April 16-17, 2020 open on your calendar so you can make plans on attending. It is going to be held at Isaac Jackson Hotel in Elkins, WV. More information to follow in upcoming newsletters and emails.

					1011	1010	1009	1008	1007	1006		1005		1004			1003	1002		1001			CHECK #
	2		11/30		9/27	9/27	9/27	9/27	9/27	9/27		9/26	9/30	5/17	4/15		3/13	3/12	3/8	3/7	2/1	1/1	DATE
		ū	DEPOSIT		ERIC McCLONG	TODD LEASURE	BOB LUKE	BASKETS BY DESIGN	OMAR	BOB LUKE	MEMORIAL HOSPIAL	BRAXTON COUNTY		BOB LUKE	WES BANBO	SCHOONOVER	DARLENE	JESSICA FERGUSON		LAMAN DAID			PAYEE
\$8,172.72				-\$5,032.40	-\$200.00	-\$50.00	-\$50.00	-\$489.72	-\$909.30	-\$214.48	-\$10.00			-\$589.00	-\$27.82		-\$200.00	-\$200.00		-\$200.00		s	
			INTAKE FROM FALL MEETING	EXPENCES FOR FALL MEETING	MILEAGE	HOST GIFT	HOST GIFT	SPEAKER GIFTS	KEY SPEAKER FOR FALL MTG	FALL MEETING	REFUND FOR OVER PAYMENT		ANFP PAYMENT	REGIONAL MEETING	SAFE DEPOSIT BOX	SCHOLARSHIP	REIMBURSMENT FOR	SCHOLARSHIP	ANFP PAYMENT	SCHOLARSHIP			DESCRIPTION
\$32,143.59			\$6,955.00										\$865.00						\$1,000.00			\$23,323.59	DEPOSIT
\$23,970.87															2								TOTAL



# PRIDE IN FOODSERVICE WEEK FEBRUARY 3-7, 2020 PROUD OF WHAT WE DO

Pride in Foodservice Week celebrates the nutrition and foodservice professionals and other members of the nutrition services team for their hard work and dedication on the job.

Visit www.ANFPonline.org/PIFSW to learn how you and your team can participate!

#PIFSW20

# Pride in Foodservice Week

Proud \* Dedicated \* Celebrated



## About Pride in Foodservice Week

February 3-7, 2020 is designated Pride in Foodservice Week by the Association of Nutrition & Foodservice Professionals (ANFP). This week applauds nutrition and foodservice professionals and other members of the nutrition services team like YOU for your hard work and dedication on the job. Now in its 29th year, Pride in Foodservice Week will be celebrated in facilities across the country in various ways. Spread awareness of this special week by posting this flyer in a prominent spot in your department, cafeteria, or dining room! Then, brainstorm celebration ideas!

# Celebration Ideas

Here are a few idea starters from past years:

- Treat foodservice staff to dinner at a local restaurant
- Present mugs, polo shirts, or other items to foodservice staff
- Collect food and other donation items for those in need
- Publish a newsletter that highlights staff's favorite recipes or healthful eating tips

## Enter for a Chance to Win

Once Pride in Foodservice Week is over, tell us how you celebrated with your team, your clients, and/or your community. ANFP will review all submissions and the top five celebrations will receive:

1st Place

\$100 Marketplace Credit

2<sup>nd</sup> Place

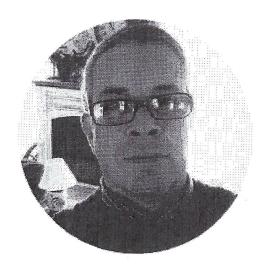
3rd, 4th, & 5th Place

\$75 Marketplace Credit \$25 Marketplace Credit (Each)

Submissions will be accepted until Friday, February 28, 2020. For a contest application and further information, visit www.ANFPonline.org/PIFSW.

# Volunteer of the Month

by Abigail Solazzo | Nov 01, 2019



This month we are featuring Chef Todd Leasure, CDM, CFPP, of the WV ANFP chapter. Todd became a Certified Dietary Manager in March 2012. Prior to becoming a CDM, CFPP, Todd spent nearly 30 years in the fine dining world and is certified by the Le Cordon Bleu School in Paris, France. Currently, he is the Executive Chef at The Orchards (located in OH and WV) and oversees all aspects of culinary dinning services at several facilities on three different campuses.

Todd became active with the WV chapter in 2015 when he served as the program chair. Since then he has served as the president-elect and is the president as of 2016.

Todd states that his involvement with WV, OH, and National meetings has helped him gain knowledge and improve his skills, specifically related to facilities that offer restaurant-style dining. By becoming involved, stepping outside his "comfort zone," and networking with other CDMs, Todd has been able to improve his leadership skills as well as increase resident and employee satisfaction scores.

As for the WV Chapter, it is a strong chapter with very dedicated CDM's that are very passionate about the industry, including Todd himself. He would to see it continue with its success by building stronger community ties, and reaching out to new CDMs to share their knowledge and talents in order to bring about change.

Todd encourages all ANFP members to take the opportunity to get involved as a volunteer and step out of your own comfort zone. He states, "ANFP is only as strong as its members, and it's everyone's responsibility to take a role in sharing their talents and knowledge."

Thank you for your many years of service and dedication to ANFP, Todd! Congratulations on the many successes throughout your career and more to come!