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May is National Asparagus Month

Throughout May it's National Asparagus Month – the perfect time to try out this delicious vegetable!

Asparagus isn't everyone's favorite vegetable to have at lunch or dinner time, but there are lots of exciting ways to try it – and there are lots of healthy benefits that come from eating it too!

Native to Europe, asparagus is a great source of fiber and is rich in vitamins A, B and C as well as folic acid – perfect for getting you fit and ready for summer if you're working towards that bikini body for the holidays!

The British asparagus season runs from May to June and it is considered to be the best in the world. Asparagus comes in green, purple and white. The white variety, which is grown in the dark to stop the color developing is popular in Europe, although it is quite readily available in the UK too. The majority of British asparagus is green.

When buying asparagus choose firm but tender stalks with good color and closed tips. Asparagus soon loses its flavor and tenderness, so it is best eaten on the day of purchase.

Before cooking wash in cold water and remove the ends of the stalks. Boil or steam until just tender (4-7 minutes depending on thickness). Or, why not try it in a stir-fry, blend it in some delicious soup or simply boil it on its own and season with a little salt and pepper for melt in the mouth munchies!

One of my favorite ways of eating asparagus is with soft boiled eggs. Cook the asparagus spears, as above and then dip them in the gooey egg yolk – yum!

For more information, and all you need to know about asparagus, including great recipes go to the National Asparagus Month website.

Government Affairs – ANFP Spokesperson

Sheila Luhman, CDM CFPP



In January, National contacted me, assigning Sue Rinkenberger – one of the members of the ANFP Government Affairs Committee, to work with us to help recognize our members in Wisconsin. Mel and I did participate in the January 23rd Chapter Chat where Barbara Thomsen discussed the Spokesperson Responsibilities & Best Practices. The future of Nutritional Care and CDM is impacted by the State Law-Makers and other elected officials. PAC (Political Action Committee) is a giving program that provides members a convenient way to make Political Contributions to help alert State Candidates who support effective Nutrition Policies and understand the important Role that CDM's play in the Health Care System. The 2018 Rally Cry: CDM's Cultivating ROOTS! Rallying Organizations @ Officials in Training Standards. This is replacing the "We Want Your Two Cents" campaign. I have copies of the donation form in the back of the room, on the registration table, for you to make a contribution to the ANFP-PAC (Political Action Committee). We are also having a 50/50 raffle, this conference, 50% of the total amount collected will go to PAC. The Government Affairs Committee is looking into updating the Spokesperson "Toolbox" and will email it out when it is finished. We have not received this yet. Federal Government is working on education and the Workforce to increase training in career and technical education for the 21st Century Act. Federal Government recognized CDM in the work place as of Nov. 28th, 2017. It is beneficial to keep in touch with our Senators and Representatives so they know who we are. If any of you have personal contacts with any representatives, please let me know. This will help us communicate with them personally.

One of our Goals is to have a Day at the Capital in Madison and provide box luncheons. I discussed with an Intern with Jon Erpenbach. He recommended that we set appointments between 9am and 12:00. Nothing in the afternoon, they are always not available then. The months you don't want to go is during the Budget time which starts in Nov. – March.

The members of our WI. Government Affairs – Impact Team are (Please stand when I say your name:) Marlene Adelmeyer, Marcia Kittleson, Laura Knutson, Millia Zarate, Renee Taylor and Penny Matuszewski, Please talk to any of those members if you have any input to help us. We would like to plan a date for the Capital Visit. Team suggests we set the date at this Spring Conference and plan the Capital Visit for May, 2018.

I will be attending the WI. State Leading Age Conference in the Fall and sharing information with Administrators regarding CDM, CFPP Scope of Practice. We would like to build a closer

relationship with Leading Age and WALLA.



CDMs Cultivating Roots

Rallying Organizations & Officials in Training Standards

CULTIVATE

cul-ti-vate

1. grow or maintain
2. apply oneself to improvement or development

☐ Yes, I would like to support CDMs Cultivating Roots.*

*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.



Cultivate, Grow, REAP!

CONTACT INFORMATION

Membership ID#:	Full Name:		
Address:	City:	State:	Zip:
Phone:	Fax:	E-mail:	
Occupation:	Employer:		

PAYMENT INFORMATION

<input type="checkbox"/> \$1 <input type="checkbox"/> \$5 <input type="checkbox"/> \$10 <input type="checkbox"/> \$25 <input type="checkbox"/> Other		
<input type="checkbox"/> Enclosed is my money order or check, payable to ANFP-PAC		
Please check one: <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> Mastercard <input type="checkbox"/> American Express		
Name on card:		
Credit Card #:	CVV#:	Exp. Date: / /
Billing Address:		
City:	State:	Zip:
Signature:	Date:	

QUESTIONS? Contact Mindy Theesfeld at 800.323.1908 x128.

Paid for by Association of Nutrition & Foodservice Professionals Political Action Committee (ANFP-PAC). Contributions or gifts to ANFP-PAC are not deductible for Federal income tax purposes.

Learn about...



Association of Nutrition & Foodservice Professionals
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Phone 800.232.1908 | Fax: 630.587.6308 | www.ANFPonline.org

Mission: Position the Certified Dietary Manager as the expert in foodservice management and food safety.

Vision: The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

MEMBERSHIP



As of April 29, 2018, the Wisconsin ANFP is **385** members strong; **347** Certified Professional members, 38 Professional non-certified members. Please contact any officer, if you know of a new member or student, so we know who they are and how to keep them informed about events taking place in the Wisconsin ANFP.

Welcome New Members!!

Jennifer Lynn Nelson
Spooner

Carlos Matos
Franklin

Olivia McIlquham
Waukesha



ANFP | WISCONSIN
Association of Nutrition & Foodservice Professionals

State Website: Go to www.anfponline.org/events-community/chapter-pages/wisconsin/hp



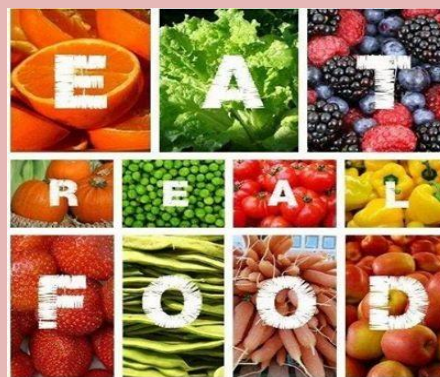


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I think we may have turned the corner from winter to spring. Spring flowers are pushing through. It may still be a little chilly outside, but start planning to use your grill and have outdoor meals. The flavor change is always much appreciated by the residents and the fresh air is also welcome after being inside all winter.

It was great to see everyone at the Spring Conference in Oshkosh! Thank you for the appreciation of the newsletter as well as your recommendations for future issues of the newsletter.

May is National Nursing Home Month. Be sure to send me your photos from your events to include in the newsletter. Please include a short description. Deadline for the June newsletter is May 20th.

Until next month...

“Live Long...and Prosper!”



June 1-4, 2018 ANFP Annual Conference
& Expo, Orlando, Florida

Fall 2018 Wisconsin ANFP Fall Conference,
Wisconsin Dells

Spring 2019 Wisconsin ANFP Spring
Conference, Door County



Mary Lou Milton of Tennessee served as the organization's first president (now called Chair of the Board). The early years required all of the activities of a start-up organization - drafting bylaws, forming the leadership structure, and getting the word out to foodservice supervisors that there was a new association, developed specifically to meet their needs. Affiliate chapters also made these growth transitions in order to remain connected with both headquarters and local

members. Almost every state has its own chapter, and members are automatically a part of these with their annual dues payment.



- 1st – Kim Karlin-Kamin
- 6th – Tammy Brown
- 8th - Marcia Kittleson
- 12th - Holly Hall
- 13th - Ann Larsen
- 15th – Jayne Rominske
- 26th – Cari Venzke
- 27th – June Biebel
- 28th – Sally Behling
- 29th - Lynn Klessig; Denise Rondeau; Jodie Straube
- 31st – Richard Daehn

Happy Birthday to All!

ANFP WI Scholarship Committee Report

Scholarship Committee: Marlene Adelmeyer- Chair, Cherie Bundrant and Penny Matuszewski.

ANFP WI will be offering two scholarships, one each, to off-set financial expenses associated with an ANFP approved course and CDM Exam registration fees. Our scholarship information and application is included in this Newsletter. The Executive Board and Scholarship Committee hopes to have several applicants for the two Scholarships we are offering. The scholarships will financially assist one applicant each with up to \$400. We don't want any member to feel that either of these processes needs to be a total



hardship for you while reaching for your career goals. **Please see the scholarship information in this Newsletter.**

Believe me, it IS worth filling out if you need it. I won a scholarship a while back for the national conference and expo from the National ANFP committee, NFEF-Nutrition and Foodservice Education Foundation. The scholarship helped me as I was in-between positions (ok, I was “let go”!) and wasn’t able to justify the extra cash to attend. I was on the ANFP WI executive board at the time so part of that trip was expensed by our WI chapter. This was just one of the advantages I’d experienced by volunteering for an office! ☺

We hope to hear from you if you need us! If you have any questions, please call or email Marlene Adelmeyer, marlene.adelmeyer@gmail.com or 920-229-2717 (can also text to this number).

Respectfully submitted,
Marlene Adelmeyer, Scholarship Committee Chairperson

In the month of June we celebrate these special occasions:

National Candy Month

National Dairy Month

National Fresh Fruit and Vegetable Month

National Iced Tea Month

National Papaya Month

National Turkey Lover’s Month



1st Friday of June – National Doughnut Day

1st – National Hazelnut Cake Day

2nd – National Rocky Road Ice Cream Day

3rd – National Egg Day

4th – National Cheese Day; National Frozen Yogurt Day;
Applesauce Cake

5th – National Gingerbread Day

7th – National Chocolate Ice Cream Day

8th – Jelly Filled Doughnut Day

9th – National Strawberry-Rhubarb Pie Day

10th – National Tea Day; National Black Cow Day; Herbs & Spice Day

11th – National German Chocolate Cake Day

12th – National Peanut Butter Cookie Day

13th – Kitchen Klutzes of America Day

14th – National Strawberry Shortcake Day

15th – National Lobster Day

16th – National Fudge Day



17th – National Apple Streudel Day; Fresh Vegetable Day

18th – National Cherry Tart Day; International Picnic Day; International Sushi Day

19th – National Dry Martini Day

20th – National Vanilla Milkshake Day

21st – National Peaches and Cream Day

22nd – National Onion Rings Day

23rd – National Pecan Sandy Day

24th – National Pralines Day

25th – National Strawberry Parfait Day; National Catfish Day

26th – National Chocolate Pudding Day

27th – National Indian Pudding Day; National Orange Blossom Day

28th – National Tapioca Day

29th – National Almond Butter Crunch Day

30th – National Ice Cream Soda Day



2018 ANFP WISCONSIN SCHOLARSHIP APPLICATION

January 1- June 30, 2018

ANFP Wisconsin is offering scholarships for foodservice managers desiring to further their education and career potential by becoming a CDM, CFPP. We are offering a scholarship to help defray the cost of a live or online Dietary Manager training program for member of ANFP-WI group. We are also offering a scholarship for members who have enrolled in the required training course and would like to complete and pass the certification exam to become a CDM, CFPP.

ELIGIBILITY REQUIREMENTS

- Applicant must be working at least 50% time in a healthcare or approved foodservice environment.
- Applicant must demonstrate need for financial support.
- Scholarship winner of the Dietary Manager program must be enrolled in the required Dietary Manager training course to be completed by June 30, 2018.
- Scholarship winner of the Certification exam must complete the exam by June 30, 2018.

APPLICATION REQUIREMENTS:

Please only include information that has been requested. Any applications that do not meet the following criteria or are illegible will be disqualified.

- Answer every space on the Scholarship Application. Mark N/A if a section does not apply to you. A blank space will automatically be considered an incomplete application.
- Please include an essay on why you would benefit from either scholarship and why you desire to become a Certified Dietary Manager.
- Application, essay and referrals must be submitted by the published deadlines.

SELECTION PROCESS

The Scholarship Committee will review all applications and select the 2018 Scholarship Recipients. All applicants will be notified by June 30, 2018.

HOW WILL THE SCHOLARSHIP BE AWARDED?

ANFP-WI will provide the scholarship recipient with course tuition up to \$400 (tuition only, books and fees not included). Scholarship monies will be awarded upon completion of the course. The Certification exam scholarship will provide up to \$399 for the exam only. Scholarship monies will be awarded upon completion and certification proof of the exam.

DEADLINES

- Application for the scholarships must be completed, typed and submitted either by mail or email by June 30, 2018 to:

ANFP-WI Scholarship Committee
W7716 Highbridge Rd
Oakfield WI 53065
Email: marlene.adelmeyer@gmail.com

Questions? Please contact Marlene Adelmeyer at 920-229-2717



2018 SCHOLARSHIP APPLICATION

SECTION 1-TYPE OF SCHOLARSHIP

Please check off the type of scholarship for which you are applying:

- ☐ Up to \$400 Dietary Manager training program
☐ Up to \$399 Certification Exam

SECTION 2-PERSONAL INFORMATION

Last Name:	First Name:	MI
Address:		
City:	State:	Zip:
Email address:		
Home Phone:	Cell Phone:	

SECTION 3-EMPLOYMENT INFORMATION

Are you currently employed in a non-commercial foodservice operation? ☐ Yes ☐ No

If no, how long have you been unemployed or working in a different setting? Please explain your efforts in actively pursuing employment. (Attach a separate sheet)

If you are currently employed, complete the following section.

Current employer:		
Address:		
City:	State:	Zip:
Email address:		
Name of immediate supervisor:		

Supervisor title:	Phone:
Length of time with this employer:	

SECTION 4-INDUSTRY WORK EXPERIENCE-*please list starting with your most recent position.*

<i>Company Name, City, Phone</i>	<i>Type of business & position</i>	<i>Duties you perform</i>

SECTION 5-PERSONAL QUESTIONS (*attach extra sheets if necessary*)

1. Are you a member of any other professional organization other than ANFP? If yes, please list. If not why not?
2. What has been your involvement in your ANFP state chapter? (i.e. offices held, conference/meeting attendance, committee work or other volunteer work.)
3. Does your employer financially support your or other employees' continuing education? If yes, please give examples.
4. This scholarship will only fund part of expenses incurred for either scholarship. How do you plan to pay for the remaining expenses? (i.e. books, mileage, time absent from work.)
5. Give an example of a past meeting you have attended, ANFP or other, and how that experience has benefitted your workplace and/or ANFP-WI?
6. Have you ever been awarded a scholarship or grant from ANFP, NFEF, ANFP-WI, or other sponsor for educational purposes? ____ Yes ____ No If yes please give date, details and amount.

SECTION 6-ESSAY

Please type an essay of approximately 200 words that summarizes the following: Describe your financial need and why you desire to become a Certified Dietary Manager. (Please attach essay on separate sheet.)

SECTION 7-REFERRALS

Please use the attached referral form for each of your two references. Recommended references include Registered Dietitians, Certified Dietary Managers, Administrators, college faculty, or corporate unit managers. Please limit the reference letter to the space allowed on the front of the page.

SECTION 8-SIGNATURES

Please read before signing. To the best of my knowledge, I have provided ANFP-WI accurate information concerning all questions on this application. I understand that failure to provide valid and complete information could result in the withdrawal of all financial assistance and a recall of all awards previously made by NFEF, or ANFP.

Signature of Applicant: _____

Date: _____

Signature of Supervisor: _____

Date: _____

Before you submit this application, please include:

___ Every section of the application is completed; application signed and dated.

___ Section 6 essay attached.

___ Section 7 referrals attached.

___ Section 8 signature information completed.



ANFP SCHOLARSHIP REFERRAL FORM

(NOTE: two referrals are needed-see scholarship information page)

Referral Name: _____

Referral Employer: _____

Name of Scholarship Applicant: _____

Relationship to Applicant: _____

REFERRAL COMMENTS:



Wisconsin ANFP 2018 Administrator of the Year



Wednesday, 6, April 11th, the Wisconsin state chapter of Association of Nutrition & Foodservice Professionals (ANFP), presented Lynn Binnie with the Administrator of the Year award for his support in change and growth in foodservice. Award submitted by Millie Zarate, CDM, CFPP, Fairhaven's Dining Service Manager, she has been an active member of the association since 1996 holding many state and national positions. Presently, she sits on the National Board of Directors and continues to support the state

chapter as fundraiser and legislative advocate. Also present were Marlene Adelmeyer, CDM, CFPP, past State President, Gail Cartwright, past State President, Mitzi DeForest, past Historian and Josh Eggeman, CDM, CFPP, member/speaker. Congratulations Lynn!

Wisconsin ANFP 2018 Vendor of the Year

Doug Kreger, Farmer Brothers Business Development Representative, was presented with the 2018 Vendor of the Year award by Wisconsin ANFP President, Melissa Kern, CDM, CFPP during the business meeting of the Wisconsin Association of Nutrition & Foodservice Professionals (ANFP) at the Annual Spring Conference in Oshkosh.

Doug has provided continued support to the Wisconsin ANFP for many years and Wisconsin ANFP is very appreciative of Doug's continued support!

