

The Chopping Block



A Publication of the Wisconsin Association of Nutrition & Foodservice Professionals
November 2021

Issue No: 7

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President

Rick Eggert

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Roots, Stems and Branches

Hello Fellow Members,

ANFP Wisconsin is growing our footprint in all areas to create awareness of our state organization, through the new Brand Ambassador program, led by Linda Halverson, and our team of 12 volunteer members.

Our **roots** of our state organization run deep for over 60 years. Founding members of our early organization created the successful beginning of our new growth.



The **trunk** of our tree provides our strength and highway of nourishing minerals and food and water back to the leaves, you our members that provides our ongoing growth while we provide supportive education and networking.

Stems branch out to spread out and provide shade shelter and strength for all those that enjoy: our current projects to support our communities and those in need including our Afghan refugees at Camp McCoy and our financially challenged Lac Du Flambeau tribe youth with backpacks of school supplies or providing holiday food drive for those seeking food for their table in our communities: partnering with allied associations such as Senior Dining Association (SDA), the Wisconsin Academy of Nutrition and Dietetics (WAND), WAHSA (Wisconsin Association of Homes and Services for the Aging) to create new membership growth, share innovative speakers and topics, and partner with collaborative CEU opportunities with these organizations for our ANFP state members.

What happens when strangers or community contacts are seeking to learn about ANFP Wisconsin, our organization, how many members are represented?

They click on Google, Canoe or other search engines with keywords of Dietary Managers, Nutritional I Managers. Currently ANFP Wisconsin does not appear within any of these keyword searches. We need each of our members to share photos,

experiences, and share online how their professional experience has developed as a result of our organization. Enter the keywords #ANFPWisconsin or #WIDietaryManager on Instagram or Facebook, Twitter or other social media accounts each month to automatically create exposure through social media. This will automatically create “touches” for strangers to learn about our organization.

Even as our leaves fall off each year as part of the growing process, new incoming members , volunteers and new leaders provide innovative ideas on how to meet the changing needs of our organization, its members and bringing creative new CEU opportunities in the format, timing and convenient locations that meets our membership needs. Scott and our board are addressing our members changing needs for CEU opportunities, strategizing based on the recent Survey Monkey results reviewed within the newsletter. New board members such as Newsletter Editor, Treasurer and Secretary will create training mentorship opportunities for new members to learn these valuable roles while helping grow our organization. We are here to develop new leadership and welcome new faces. Please contact Rick, Scott, Marcia, Kayse or Sheila or Linda on how you can help grow our organization.

Afghan refugee Winter Clothing Drive

If you have collected winter clothing items, mittens, hats, jackets, for our Afghan refugees, please email Rick (reggertknu@yahoo.com) or Linda Halverson, ANFP Wisconsin Brand Ambassador chairperson at lphaverson@gmail.com to coordinate a pickup location, date and time, and time to collect and drop off these to a central processing location. We are coming around the weekend of November 6, 2021 to all parts of the state, to collect and drop off these to a central processing location for the 35,000 afghan refugees in need at Fort McCoy. If you have not started yet, please begin now to collect gently used or new coats, mittens, sweaters and email us that you will need a later pickup.



November ANFP Wisconsin Food Drive

We are collecting non perishables for our ANFP Wisconsin Hunger Drive email throughout November for your area communities throughout Wisconsin. Please contact your local food bank in your community to learn what items are in need and collect canned or boxed food for community members that need weekly food supplies or a holiday dinner for their family. Take a photo of yourself and your collection and email it to Rick or Linda with a note when and where you are collecting food and how many pounds or items were raised to share as our ongoing Brand Ambassador goal to help our communities and make sure ANFP Wisconsin as the hosting organization.



Thank You, thank You, thank you!

Thank you to member ANFP Wisconsin member **Katie Sedbrook, CDM/CFPP** for her initiative and creativity in designing and creating a new banner for ANFP Wisconsin. We will show off the new design in December 2021.
Thanks Katie!!

Thank you to **Bruce Link, CDM/CFPP** for your years of dedicated service to ANFP Wisconsin and for creating creative newsletters each month for ANFP Wisconsin for the past two years. As a token of our membership appreciation, we encourage all members to please drop Bruce an email (fssolutions13@gmail.com) or thank you note for his extra attention in providing inspiring and creative newsletters for our members, each month. We will announce our new Newsletter Editor to start in December 2021 and wish Bruce future success as he pursues other interests.

Check out our thank you postcard received from the Lac Du Flambeau representative in the newsletter. Special thanks goes out to all our members for providing school supplies or money, helping fill backpacks and providing a great start to these elementary youth for the 2021-2022 school year. As Brand Ambassadors throughout the state, you, our members, all are amazing in your generosity and support, helping those in need in our community.

Blessings for a Happy Thanksgiving,



[Facebook page is Wisconsin Academy of Nutrition and Dietetics](#)

Wisconsin Academy of Nutrition and Dietetics
563 Carter Court, Suite B, Kimberly, WI 54136
Phone: 920-560-5619 Email: eatrightwisc@gmail.com

11/11/2021

[WEBINAR: Successful Diabetes Management: Nature vs. Nurture](#)

11/11/2021

When: Thursday, November 11, 2021
12:00-1:00 pm

Where: Zoom
United States

Contact: WAND Office
eatrightwisc@gmail.com
920-560-5619

Online registration is available until: 11/11/2021

How can we, as nutrition professionals, craft environments, programs, and conversations to equip and empower our patients and clients with diabetes for successful diabetes management? Tune in to learn more the clinical implications of nature and nurture upon diabetes risk, the tenets of patient-centered diabetes care and the posture of asset-based care in nutrition education and counseling.

Learning Objectives:

- Examine the clinical implications of nature vs. nurture on diabetes management.
- Explore the interrelationship between diabetes and the following:
 - Autonomy and Adherence
 - Biology and Bias
 - Cultural Responsivity
 - Diabetes Distress
 - Education, Engagement, and Efficacy
 - Food (Access, Insecurity, Preference)
- Practice the posture of Asset-based healthcare in diabetes education and self-management training

Cost:

Members: Complimentary for current WAND members (option to make a small donation).

Non-members: \$15 for Professionals / \$10 for Students

This webinar is worth 1 CPEU.

12/2/2021

[WEBINAR: Malnutrition and the Hospitalized Adult Patient](#)

On 10/22/21 7:43 AM, Rick Eggert wrote:

Thank you for the information. MJ, do you have a contact person name or number for this organization, I can reach out to partner with?

Thanks.

Rick

414 380-9640

reggertknu@yahoo.com

[Sent from Yahoo Mail for iPhone](#)

On Tuesday, October 12, 2021, 3:54 PM, Mary Jane Merkley-Zimmerman <mjmz@pctcnet.net> wrote:



February 7-11, 2022 - Pride in Food Service Week

April 21-22, 2022 – ANFP Spring Regional Meeting, Nashville, TN

June 27-30, 2022 – ANFP Annual Conference & Expo, Scottsdale, AZ

Mission: Position the Certified Dietary Manager as the expert in foodservice management and food safety.

Vision: The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.



Brand Ambassador



ANFP | WISCONSIN
Association of Nutrition & Foodservice Professionals

Afghan refugee project is in full swing collecting hats, mittens/gloves & scarves. Thank You for participating in this worthwhile project. This will increase awareness of ANFP as we share information of our association to all who donate.

Please contact Rick Eggert for information on where drop off locations will be.

We are still in process of settings up committee's for increasing awareness of ANFP. Please contact me at lphalverson@ [gmail.com](mailto:lphalverson@gmail.com) if you would like to join in this vision.



Member Spotlight



Lindsay Longmeyer, CDM, CFPP

I started gaining an interest in health care my freshman year of high school, and I continued to pursue that path into college. I graduated from University of Wisconsin-Green Bay in December of 2019 with a Bachelor's degree in nutrition and dietetics. I have been working as a CDM at Greentree Health and Rehabilitation since April of 2021 and I am loving it.

• What do you enjoy most about the health care industry? What do you look forward to or enjoy most about being an ANFP member? How can we help this organization grow and further your knowledge base?

I enjoy working with the elderly population more than I ever thought I would—I think that is my favorite part of the health care industry. I like building relationships with my residents while also ensuring them quality of life through their diets. Call me a nerd, but I have always enjoyed learning so I look forward to continuing to learn and spread my knowledge into the health care field.



- Funniest experience or story through ANFP? Most challenging time period professionally or personally? How did COVID pandemic impact you and your team over the past two years? How did this experience help you grow through challenges and adversity?

I have not been with ANFP long enough to have a funny story, but I did enjoy my first conference in September. I look forward to more. Again, since I a new member, I started in the middle of the COVID pandemic so I was not present in my facility to witness the sudden changes, but there are still things we practice. For example, food shortages have been my biggest struggle so I have learned that when items are in stock to order an extra box or two so we have them on hand for when they become scarce again. We can make due with some shortages, but residents need to eat!

- Background on family, favorite hobbies or interests? Where are you from? Born? Favorite food?

I currently live in Green Bay, WI. I have lived in the Green Bay area since I started college in the fall of 2016. I like that it is a big city, bit there are enough outside activities that it does not give off the big city feel. That being said, I enjoy almost all activities outside. I spend my free time biking, hiking, training/playing with my dog, and wedding planning. I am recently engaged.

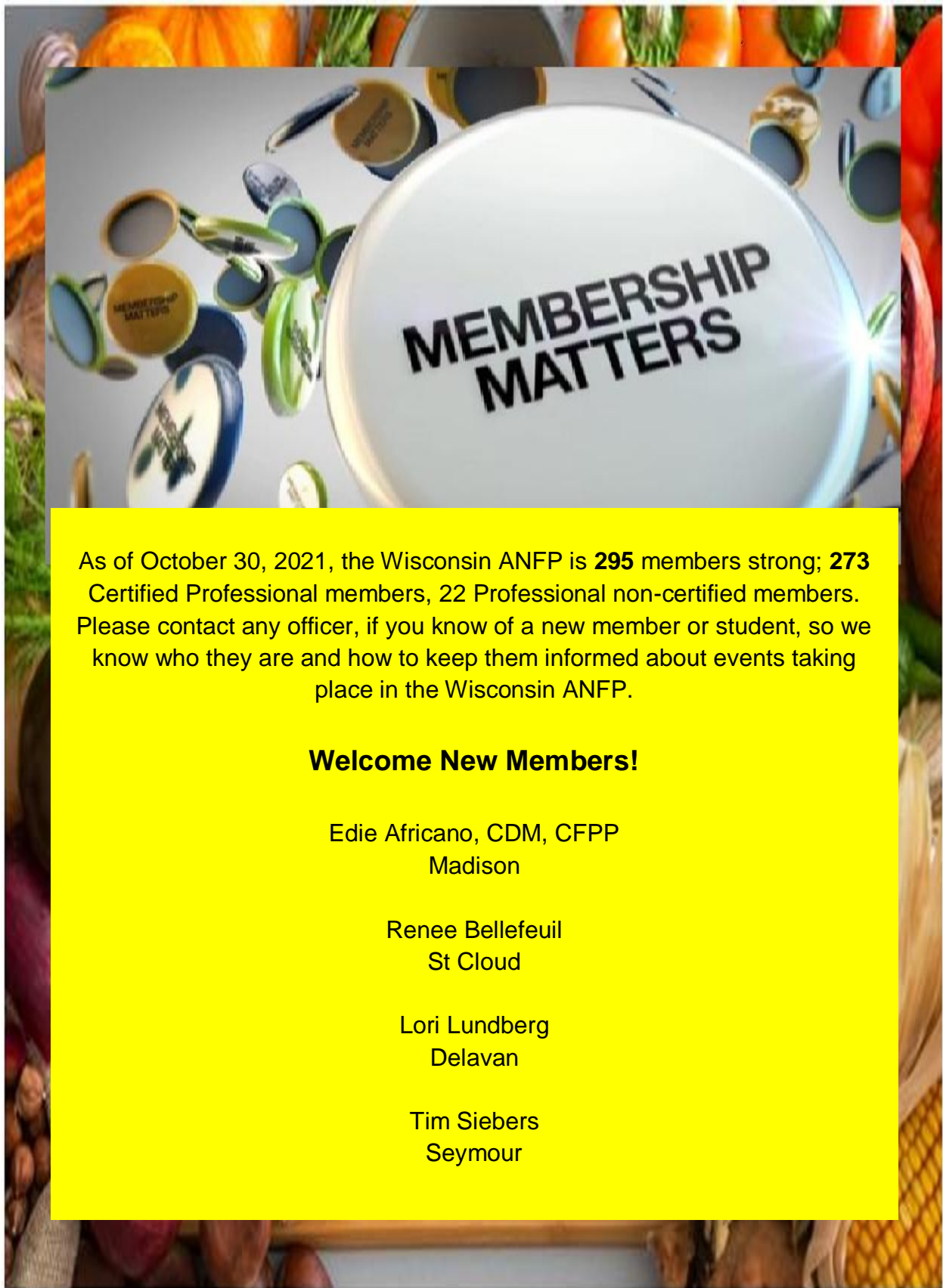
- Volunteering history with other interest areas and leadership roles in industry and at ANFP? (if applicable) Why did you enjoy these roles and how did they help to develop your leadership skills?

I do not have any volunteering history with ANFP, but I hope to in the future.

- Future goals/interests and what tools do you feel a CDM/CFPP needs to be successful as they just enter the workforce?

I would love to eventually become a Registered Dietitian, but for now I plan to continue my career as a CDM. My biggest goal is to just continue to learn. I am a strong believer that information is always changing, especially in the health care field, so by continuing to learn and educate myself I can then in turn teach my residents and provide them the best care possible.





As of October 30, 2021, the Wisconsin ANFP is **295** members strong; **273** Certified Professional members, 22 Professional non-certified members. Please contact any officer, if you know of a new member or student, so we know who they are and how to keep them informed about events taking place in the Wisconsin ANFP.

Welcome New Members!

Edie Africano, CDM, CFPP
Madison

Renee Bellefeuil
St Cloud

Lori Lundberg
Delavan

Tim Siebers
Seymour



- 1st – Jennifer Ess
- 2nd – Theresa Pries
- 3rd – Janice Kearney, Tracy Rusch,
Kathleen Stic
- 5th – Barbara Jerue
- 7th – Tina Kvistad, Glen LeBeau
- 8th – Mike Schindler
- 9th – Mary Cordova, Frankie Soto
- 10th – Gretchen Rasch
- 12th – Tami Kohls
- 13th – Johanna Ermis
- 14th – Lori Clark
- 18th – Ana Rodriguez, Sara Seiltz
- 21st – Nicole Kroeger, Paula Reiss
- 22nd – Jennifer Matz, Laurel Ott
- 28th – Deb Cherney, Barbara Konkell,
Sara Wenger
- 29th – Cynthia Morrissey, Jonathon Stats
- 30th – Christine Paczkowski,
Therese Sorensen



Thanksgiving II

E	V	O	L	T	V	N	K	U	I	N	U	Y	I
O	O	G	I	V	I	N	G	O	A	L	I	R	T
E	I	T	M	A	H	G	A	R	E	K	Y	I	G
D	N	K	M	U	H	I	S	T	O	R	Y	N	Y
P	E	F	T	M	M	L	U	F	K	N	A	H	T
S	V	Y	I	I	E	L	M	G	R	U	I	S	U
T	R	N	O	V	E	M	B	E	R	F	G	M	H
A	L	Y	P	E	V	Y	E	A	F	V	O	I	A
E	A	R	K	I	E	Y	N	M	V	H	N	R	M
D	M	A	A	K	R	F	L	N	Y	I	V	G	N
O	Y	Y	R	O	I	A	L	I	K	U	F	L	L
O	N	U	O	D	F	L	Y	M	M	O	M	I	N
G	T	L	O	I	G	L	U	K	O	A	A	P	I
S	M	A	Y	N	I	P	R	D	U	L	F	F	M

NOVEMBER
GIVING
THANKFUL
TURKEY
FAMILY
LOVE
PUMKIN
FALL
GOODEATS
HISTORY
HAM
PILGRIMS
YAMS
FOOD

Play this puzzle online at : <http://thewordsearch.com/puzzle/887/>

