# WISCONSIN ANFP WINTER EDITION



Mel Kern, Newsletter Editor mlndn@hotmail.com

701-640-5688

# DECEMBER 2021 WINTER EDITION

Happy Winter, I want to introduce myself to those of you who don't know who I am. My name is Mel Kern and I have been a Volunteer with ANFP WI since 2014 when I moved here from Kansas with my husband and 4 kids. I enjoy being involved with the Chapter and always looking for ways to give back to our great Organization. I was elected as the incoming Newsletter Editor and will be replacing Bruce Link who has done a great job for us over the past years and will be missed. I look forward to the new challenge.



Attend and help plan one regional informal networking dinner, picnic at the park or karaoke night on the town with other

CDM's in your area inviting any board member to connect and network with discussing your successes and challenges within your facilities. Have fun and create new ANFP colleagues to socialize with.

Attend a regional or your first national conference in Scottsdale, Arizona in June to soak up the warm rays and meet other state members.





**FYI** 

Starting with this Edition we will be going to Quarterly Newsletters with Monthly Blasts!

f you would like to have me include something in Newsletter or Monthly Blast please email me by 20th Monthly



President Rick Eggert
(H) (414) 380-9640
(W) (262) 782-0230, ext 358
reggertknu@yahoo.com



Hello Friends and Valued Members,

Wishing you peace, love and most especially **HOPE** as we move into the New Year. Practicing resiliency in healthcare, correctional and schools amidst staffing challenges and recruiting challenges and the ongoing long term COVID challenges encourages us to focus daily on four ways to continue to build hope into the new year. As we celebrate the joy of the Christmas miracle and plan our New Year resolutions, it is important to look back on the progress forward throughout the past year....

Reuniting in two back to back, in person state conferences in Elkhart Lake (April 2021) and Minocqua (September 2021) for networking and CEU'S,

Lac Du Flambeau youth receiving 50 donated Backpacks, loaded w/school supplies

donating 750 pieces of winter clothing for our Afghan refugees,

14 new ANFP Wisconsin member volunteers that offer new ideas, suggestions and level of energy to help us reach our goals are collective wins for our organization and membership!

Thanks for all you do for ANFP Wisconsin.
Merry Christmas!



Scott Schuld CDM, CFPP Director of Food and Beverage SSchuld@miravidaliving.com Main - 920-235-3454 Direct - 920-232-5268 225 North Eagle Street Oshkosh, WI 54902

I wanted to thank those of you who took time to complete our WI ANFP Conference Survey. Eighty-six members completed the survey and these are the results:

60% responded that they would prefer to have one conference per year and 8-10 individual webinars shared throughout the rest of the year.

86% felt that no matter what there should be a virtual option.

57% felt attending a virtual meeting should cost less than in person

67% felt \$100 was what they expected to pay for a 2-day conference 32% said \$200

66% would prefer to pay between \$75 and \$100 a night on hotel

37% would like a conference to be in the Dells, 30% in Northwest Wisconsin and 18% in Northeast Wisconsin

Not being able to get away due to staffing, distance to travel, and not being reimbursed were all top reasons for what prevented people from attending

Deborah Bolster was chosen as the recipient of the free 2022 conference registration! Thank you, Deborah!

This information is helpful to us on the board as we will look to host a conference in the Dells, Tomah, or Black River Falls area. With the cost of everything going up, it may be hard to hold a conference in the Dells and still only charge \$100 per person and have a room fee that is no more than \$100. We will do our best to meet these needs.

When it comes to hosting a conference with a virtual option, there are added costs to the conference. Things like WIFI hotspots, or dedicated internet, microphone and camera fees, and the Zoom fees that are needed. I bring this up because I feel it is important for you to know that because of these costs, we are not able to offer a lower price to attend the conference if you choose to do it virtually.

Again, thank you for your feedback to how we should proceed in the near future with our conferences. Look for more information to come as to where the Fall 2022 conference will be and keep your email current so that you get the email blasts with the Webinars that will be shared. Many of which will be free to attend for CEU's!

Merry Christmas Everyon Hello Friends and Valued Members,

Wishing you peace, love and most especially <u>HOPE</u> as we move into the New Year. Practicing resiliency in healthcare, correctional and schools amidst staffing challenges and recruiting challenges and the ongoing long term COVID challenges encourages us to focus daily on four ways to continue to build hope into the new year. As we celebrate the joy of the Christmas miracle and plan our New Year resolutions, it is important to look back on the progress forward throughout the past year....



WI ANFP Spokesperson Shelia Luhman, CDM, CFPP Shelia.Luhman@atticangel .org

Government Affairs – ANFP Spokesperson – Sheila Luhman, CDM CFPP

The Government Affairs Committee Team ANFP Members for 2020/2021 is: Renee Taylor, Marcia Kittleson, Laura Knutson, Patricia Dover, Trish De Leo, Katie Sedbrook and Millie Zarate. Is there anyone else that would like to be on the Brand Ambassador Team that focuses on Legislation?

The Government Affairs Committee is responsible for developing and implementing comprehensive and effective government affairs strategies for ANFP at both the federal and state levels.

ANFP's Government Affairs committee and Chapter's spokesperson volunteers continue to advocate for CDM, CFPPs with local and state legislators providing a toolkit and data statistics that include the current number of states that recognize the credential, a map outlining the number of long-term care facilities and ANFP – approved programs in each state. Connecting with legislators provides an opportunity to share impactful stories and to make a difference on the issues that CDM.CFPPs care about!

Thank you all for your efforts in being great Leaders to all your staff. You represent ANFP so professionally. Continue to share your knowledge with residents, families and business associates. Share with others what motivates you. By your examples, others see how strong our Organization is.

As we begin rebuilding from the COVID-19 Pandemic, it is imperative to pass the Build Back Better Act to address nutrition security and health equity in communities across the country. Take action today – tell your member of Congress to support the Build Back Better Act!!

REMEMBER TO GET TO KNOW YOUR LEGISLATORS.
ATTEND YOUR LOCAL – VIRTUAL – TOWN HALL
MEETINGS, DO PUBLIC SERVICE ACTIVITIES IN YOUR
COMMUNITY. PROMOTE CDMS TO ADMINISTRATORS. THERE ARE USUALLY GUEST SPEAKERS – US
REPRESENTATIVES AT MANY EVENTS. THEY GIVE
YOU OPPORTUNITIES TO ENGAGE WITH LEGISLATORS TO ADVOCATE FOR ISSUES THAT MATTER
MOST TO YOUR BUSINESS. INVITE THEM TO YOUR
FACILITY.

## WI ANFP Newsletter Article Dec. 2021

We have 388 members and out of those members 125 are below the age of 50. That is 36% and 64% over 50. We must take the new members under our wing and encourage them to attend conference and get involved in committees. They are WI ANFP future and need our help mentoring them so they can grow and become the best they can.

If you have anyone in your facility that is interested in furthering their career, help them get signed up for school and encourage them. There are many of us that are thinking about retiring in the next few years and it would be great to choose someone you work with and help them succeed and take over for us.

If any member needs help financially WI ANFP does offer grants for school and testing as well as Nationals. Please email me for further info regarding this. Marcia.borton@adventhealth.com

Past-President

Marcia Borton CDM, CFPP



## Great volunteer opportunity

Have you ever thought about being our state secretary now's the time. Some of the duties include taking notes at all board meetings (we generally meet once a month), correspondence with all members, update policies/ procedures and bylaws as needed and finance committee member. We won't make you jump in the deep end right away; you will receive plenty of mentoring. Secretary is very rewarding, and you get to work with great group of people and grow professionally. Please contact Rick Eggert or Kayse Grimm if you are interested.

#### WI ANFP STATE SECRETARY

Kayse Grimm

Email kayse.grimm@atticangel.org





# **BRAND AMASSADOR REPORT**

ANFP members and your staff, I would like to celebrate (spotlight) all if you for the tremendous jobs you have been doing (still are) during this Covid 19 Pandemic. It hasn't been easy, being faced with working short nearly daily, unexpected or late food delivery shortages, replanning menus, advertising for new employees and no one applies. What a disaster!!! I commend each and every one of you for staying positively focused while pleasing everyone you serve plus doing your day to day responsibilities. An average person doesn't realize what goes on behind dietary doors—all the Love you put into what you do.

Afghan Project. We successfully completed this very worthwhile project on October 31 with nearly 850 items being donated!!! Amanda Theis and the parents from Woods Hollow Children's Center did a remarkable job donating over 600 items, many Hugs and Thanks to go out to them!!! Would also like to Thank Renee Taylor & Skaalen Retirement facility for donations. Rick Eggert for donations and delivery of donations.

WE Thank You from the bottoms of our hearts!!! Sending positive thoughts and vibes during this hectic but amazing Holiday Season.

ANFP Love, Linda Halverson, Wisconsin Brand Ambassador



Brand Ambassador Resolutions for 2022: How Can I Help?!

Create an individual ANFP Social Media campaign and post weekly (one post a week) on Facebook, Twitter or Instagram on how you are making a difference as a CDM/CFPP and the impact of ANFP on your success. (directions below)

**Set Your Goals:** Do you want to challenge yourself to increase social media "followers" or more "tweets" or "shares" to my account or the ANFP Wisconsin Facebook Page?

**Select the Right Social Network:** Not everyone loves or uses Twitter, so you may be better off using Facebook or Pinterest for this particular campaign. Be sure the platform you use reflects your target audience or the platform you use most frequently?

**Show off and Brag:** Go ahead, you have earned this! Photos and images can easily resonate, are the easiest to make an impact and share. Snap a photo of your newest employee, a new dish your cook created and codeword

#anfpwisconsinmakesusstronger, #CDMforlife or #Dietarymanagerwisconsin. ANFP Wisconsin helps you daily witwh skills, best practices and making a difference! Your sharing your successes helps others learn about your role as a CDM and the role of ANFP, to help you be successful.







Start Now!! Our goal is to have 150 new "touches" to ANFP Wisconsin or Wisconsin CDM's through multiple online social media platforms by the end of the year.... Go ahead and market yourself in the process for overdue recognition earned... You deserve it!

Other Ways to Volunteer:

Volunteer to speak at an area high school, technical college Culinary Arts class on health care career opportunities and ANFP (powerpoint and free giveaways provided), offer to speak with a partner or collaborative team at an upcoming conference on a topic that you feel our members would benefit or volunteer on a board or committee or run for a leadership position such as Treasurer or Secretary. Start small with your volunteering commitment and grow it with increased confidence and support from your Administrator and your peers within ANFP Wisconsin.



#### STATE TREASURER

John Holfeltz

Email: molly1@gmail.com



Income

Registration \$2950.00

Pay Pal registration 977.01

Fundraising Items sold 53.00

Vendor fair registration 3371.40

Total income \$7351.41

**Expenses** 

Speaker Fees 475.00

Speaker hotel room 227.90 +227.90 2 others

on visa

Mileage for speakers 300.00

Board member hotel room 557.11

Office supplies 123.74

Candy 42.52

Postage 220.00

Printing 17.61

Meeting Room set up 400.00

Board meal 146.72

Lunch 868.84

Table decorations 56.69

Vendor award 42.59

Audio Visual Rental 57.82

Back packs amzn & supplies

538.88

Total expenses \$4,303.32

INCOME \$7,351.41

EXPENSES \$4,303.32

Mark Your Calendar! Upcoming Annual ANFP Events

**April 20, 2022 ANFP Spring Regional Meeting,** 

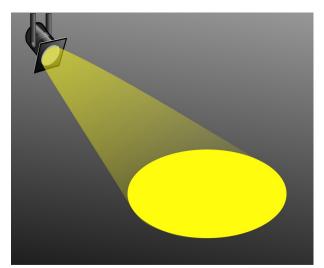
<u>Nashville, TN.</u> Time to Boot, Scott and Boogie for a mini vacation! (See National Website to plan your

CEU refresher and create your honky tonk memor y!

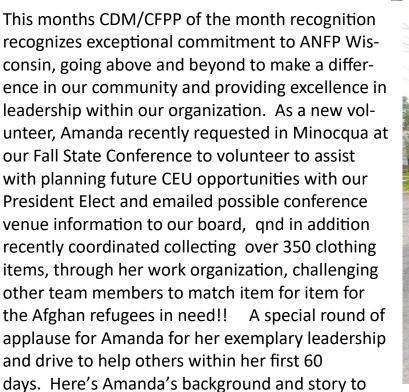
June 27- June 30, 2022 ANFP Annual Conference and Expo (ACE), Scottsdale AZ. Beach, sun and networking with members from all 50 states. Is there not better reasons to attend?

September 15, 16, 2022 Fall ANFP Wisconsin
Fall State Conference (Wisconsin Dells or Black
River Falls (Location: TBD)











I grew up just outside of Madison WI. When I graduated high school, I went to college at Mankato State University. While college I was part of the Sigma Sigma Sorortiy and played rugby. I received my degree in Family and Consumer Scie es with Nutrition in 2010 from Mankato State University. When I moved back to Wisconsin, I met my husband Phil and whave been married for 7 years and have 2 daughters. We live out in the country with our 3 dogs and 10 chickens. I coach ball and basketball and I love to swim and run. I completed my first 20K in May. I started at Woods Hollow Children's Cen in 2011 as the Nutrition Assistant and took over as the Nutrition Specialist in 2015. This year I celebrated my 10<sup>th</sup> Annivers at WHCC. I wanted to further my education, so I took on the course work and became a CDM in 2019.

Unlike many in this field I work in childcare. I love working in the childcare industry because I get to help mold great eatin habits for our youth. The most challenging time professionally has been the COVID pandemic. When it hit, I lost my assist who decided to stay home with her child. This left me to do all the planning, prepping, ordering, and clean up along with perwork for our center. I was doing all of this for 130 kids and 40 staff. In a small kitchen. Like many others I couldn't get off and was super run down. It makes you really appreciate when people lend a hand when it isn't their job. Lots of teach would help with smaller things and constantly thank me for all that I was doing. I also received so many cards and drawin from the kids at the center. Helps you remember no matter how small you make a difference.



LISA CALHOUN DEC 2ND

JAMIE SPERBER DEC 2nd

LAURA PYFFEROEN DEC 2nd

**KATHLEEN LINDQUIST DEC 4TH** 

MILLIE BAILIEY-ZARATE DEC 4TH

DARRYL ANDERSON DEC 7th

PAULA LARRABEE DEC 8th

AMY BAUMLER DEC 8th

DAWN PAWLOWSKI DEC 8th

YINLIU KRUEGER DEC 10th

LEAH PLUFF DEC 11th

KATHY PRODOEHL DEC 12th

JOANN BAUTISTA DEC 15th

CATHY RANSOM DEC 15TH

TOMARA WHITEAKER DEC 17TH

MICHAEL MUELLER DEC 20TH

**DEREK SANDERSON DEC 21ST** 

NICOLE LONG DEC 23RD

TIM SIEBERS DEC 23RD

RACHEL PETERSON DEC 29TH

TABATHA RICHARDSON DEC 29TH

TANYA ISAACSON DEC 29T

JUDITH HAZLETT DEC 30TH

SHERRY KOEP DEC 31ST