

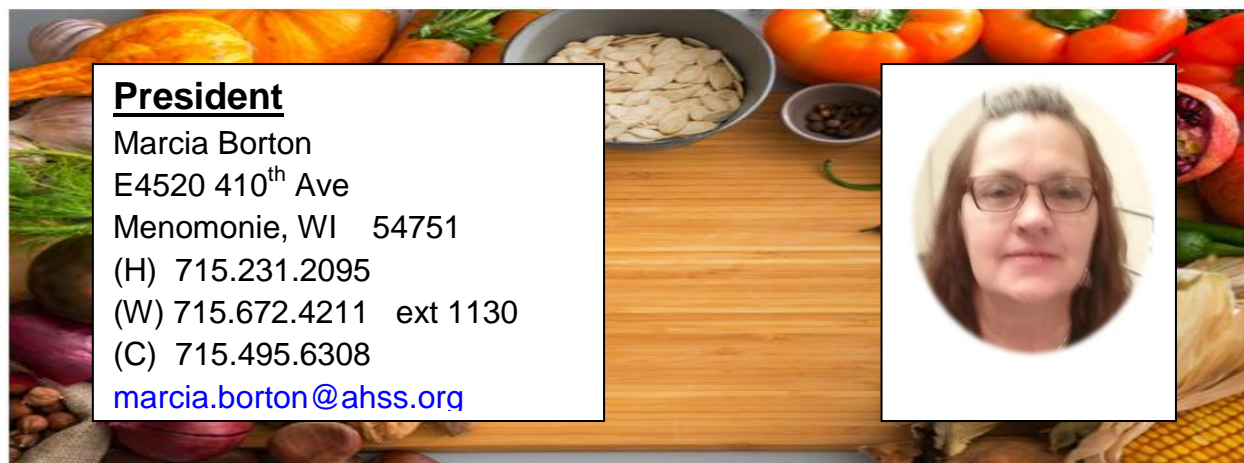
# The Chopping Block



A Publication of the *Wisconsin Association of Nutrition & Foodservice Professionals*  
Issue No: 11 March 2020

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## **President**

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It has been a very busy year so far, as most of you, I am working 3 short and picking up 3 shifts a week and still trying to get my work done. I think this is the worst it has been as far as hiring and getting good applicants. It just wears you out physically and emotionally. But I do know that we always seem to get through the tough times as a team. It can be a difficult career to have but for the most part I think we can all say we love what we do.

March 9th thru the 11th there will be an Expo in Milwaukee and if you are interested in going there is a code you can use to get in free (WI-ANFP). This is a huge show with lots to offer.

April 23rd and 24th is our Spring Conference in Wausau at the Plaza, hope to see many of you there. Rick has done an amazing job with the speakers.

Spring where are you, I can't wait for warmer weather.

Warm Regards



It's important that all Wisconsin ANFP meeting participants provide the complimentary Expo Pass Code and link to register prior to the Expo. March 9-11, 2020

**The code is WI-ANFP.**

To register  
<https://www.wirerestaurant.org/expo/attend>.  
You have until March 8<sup>th</sup> at 9 pm to register for the complementary badge. As a reminder, the badge is good for all three day of the expo!

Let me know if you have any questions.

Kayse



**President-Elect**

Rick Eggert

(H) (414) 380-9640

(W) (262) 782-0230, ext. 358

[reggertknu@yahoo.com](mailto:reggertknu@yahoo.com)

As we continue to care for our seniors in the new decade, we remember our vow to ensure the happiness and quality care we provide daily. The start of 2020 is not for counting the blessings that you have lost, but for counting the blessings you still have and continue to develop personal and professional goals to embrace. Keep a warm heart and spread the joy around you.

## Save the Date!!!

A.N.F.P. Wisconsin Spring Conference: "Growing Strategies for Success"

Thursday April 23 & 24, 2020 at:

The Plaza Hotel  
201 North 17th Avenue  
Wausau, Wisconsin 54401  
Rate: \$65 (plus tax)

**Featured Speakers include:**

"Developing an Effective Cleaning Program", Mike Draeger Indianhead Foods

"Intentional Happiness", Dan Slowey

"Resident Centered Dining Choice Strategies and Implementation/Training", Rick Eggert

"Meat Fabrication for Beginners", A.C.F. Wisconsin Butcher of the Year, Joe Parajecki

"Avoiding Burnout and Career Progression: Building Strong Career Growth"

“Why Managers Fail: Effective Recruitment and Retention Strategies”. Joseph Ninneman, Aurora Health

**\*\*Plus our Annual Vendor Fair, White Elephant/Silent Auction**

**Watch for your Spring Program and Conference details in January!**

**A.N.F.P. Wisconsin Fall Conference: “Riding the Current of Knowledge”**

Thursday September 17 & 18, 2020 at:

Stoney Creek Hotel and Conference Center  
3060 South Kinney Coulee Road  
Onalaska, Wisconsin 54650  
(Conveniently located near Hwy 90 and Hwy 16, five minutes from downtown La Crosse, Wisconsin)  
Rate: \$99.00 plus taxes Conference Registration: \$100

**Featured Speakers include:**

Keynote Speaker: Author & Governor Martin Schreiber, “My Two Elaines”, Alzheimers Ignorance and Caregiving Experiences (Autographed Books available for sale, on site)

**Plus:**

“Correctional Facility Food Services: Behind the Bars and Into the Open”, Ken Hanson

“Ethics and ANFP: A Partnership to Sound Leadership & Decision Making”

“Practical Solutions and Troubleshooting Staffing Problems: Case Study Analysis”

“Podcast: Balancing Nutrition and Hydration Needs with Patient Centered Wishes at End of Life”, Becky Dorner and Associates

“Sanitation and Food Safety Nightmares: Avoiding the Pitfalls”

“Discovering your Strengths: Strengthfinder 2.0”

“If I were a State Surveyor.... A Different Training Perspective for Success”

**Plus Choice of Entertainment: La Crosse Queen Riverboat Sunset Cruise or Distillery Tour and Sampling (Additional \$10.00). Please mark your calendar!**

## Items needed in food pantries

Healthy cereals and oatmeal

Kids' snack items (juice boxes, individual applesauce's, etc.)

Toilet paper

Diapers and wipes

Jars and pouches of baby food

Personal hygiene products, like sanitary pads

Toiletries like toothbrushes, toothpaste, shampoo, deodorant, lip balm

Dry pasta



Jars of pasta sauce

Canned fish and meat (salmon, tuna, ham, turkey pop-top cans are best)

Canned vegetables and fruit

Milk, (canned, or powdered)

Peanut butter

Canned beans

Canned and dry soups

Baking mixes that require only water

Spices

***Mission: Position the Certified Dietary Manager as the expert in foodservice management and food safety.***

***Vision: The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.***





**State Spokesperson**  
 Sheila Luhman  
 2318 Center Street  
 Cross Plains, WI 53528  
 (W) 608.662.8827  
 (C) 214.500.7656  
[sheila.luhman@atticangel.org](mailto:sheila.luhman@atticangel.org)

The Government Affairs Committee Impact Team ANFP Members for 2018/2019 is: Renee Taylor, Marcia Kittleson, Laura Knutson, Marlene Adelmeyer, Penny Matuszewski and Millie Zarate. Is there anyone else that would like to be on the Impact Team?

Remember that we need to support PAC – Political Action Committee – this will help Cultivate, grow or maintain our organization.

Renee Taylor and I discussed the importance of Wisconsin ANFP, to have a meeting with the Tracey Elmes, MS RD – Wisconsin Academy of Nutrition And Dietetics (WAND), to set up our Legislation and Capital Focus. The Goals they set may assist us. They would have us; possibly visit the Representative Gary Hebl and Senator Mark Miller at the Capital. If anyone else has a relationship with someone else, please contact us. WAND will again partner with the School Nutrition Association of WI. Renee Taylor and I will the 2020 Advocacy day at the Capital on March 18. WAND/SNA-WI and we will have an opportunity to meet with their state legislators to discuss key nutrition policies, promote the benefits of the nutrition profession, and legislative priorities. Prior to the afternoon meetings with legislators, participating members will hear from high-level speakers, take part in issue briefings, and legislative advocacy training.



April 23, 24, 2020 .....Spring Conference, Plaza  
Hotel, Wausau, WI

Sept 17-18, 2020..... Fall Conference,  
LaCrosse/Onalaska, WI



**Newsletter Editor**

**Bruce Link, CDM, CFPP**

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[fssolutions13@live.com](mailto:fssolutions13@live.com)



Just a reminder that the newsletter is always looking for contributors. If you have something you would like to share in your newsletter, please send it to me. Deadline for the newsletter is the 21<sup>st</sup> of each month. Please send your information to me in a word document. This is the easiest format to work with as far a copying and pasting.

Jokes, stories, puzzles, recipes etc. are always welcome. Share with your fellow Food Service Professionals.

Until next month....**Have a Safe and Happy St. Patrick's Day!**





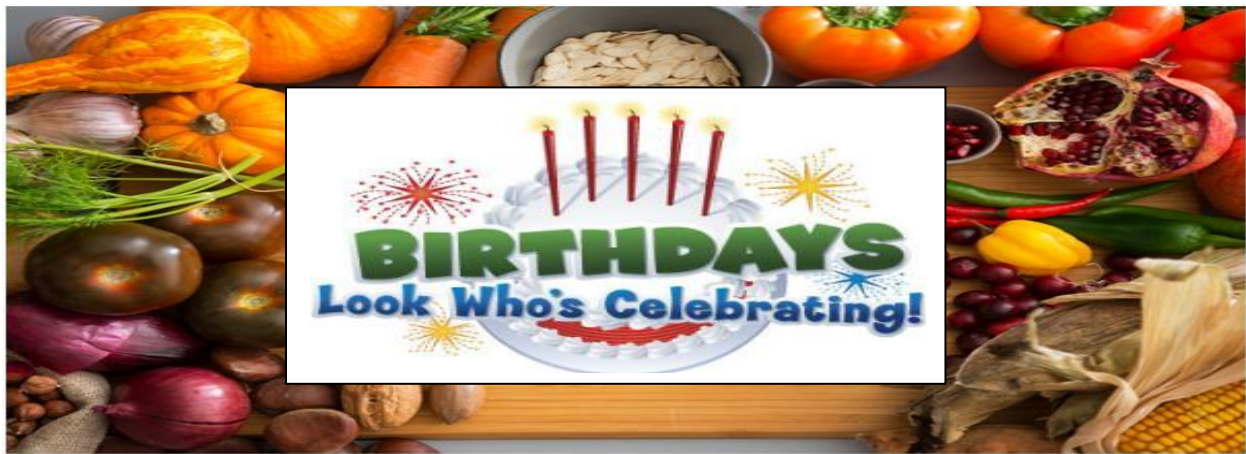
As of Feb. 29, 2020, the Wisconsin ANFP is **361** members strong; **318** Certified Professional members, 43 Professional non-certified members. Please contact any officer, if you know of a new member or student, so we know who they are and how to keep them informed about events taking place in the Wisconsin ANFP.

## ***Welcome New Members!!***

Miranda Hardrath  
Abbotsford

Michelle McCue  
Bruce





15<sup>th</sup> – Nicole Campbell  
 16<sup>th</sup> – Marcia Below; Keith Janssen  
 17<sup>th</sup> - Diane Davis  
 23<sup>rd</sup> – Scott Schuld  
 25<sup>th</sup> – Melanie Melgaard  
 27<sup>th</sup> - Susan Clapp; Christopher Erby  
 27<sup>th</sup> – Fawn Pollin  
 28<sup>th</sup> – Laura Doll; Wanda Schroeder  
 29<sup>th</sup> - Vickie Heim; Teresa Mead; Lori Werner

2<sup>nd</sup> – Linda Brewster  
 4<sup>th</sup> – Marissa Philippi  
 5<sup>th</sup> - Vicki Sukow  
 7<sup>th</sup> - Wendy Philippi  
 8<sup>th</sup> - Patrick Jansen  
 10<sup>th</sup> – Lori Paulson  
 11<sup>th</sup> – Christine Walter; Brenda Gallant  
 14<sup>th</sup> – Theresa Kleinertz

**Happy**  
**Birthday**  
**to All!**





National Food Month

National Soft Pretzel Month

National Soy Foods Month

1<sup>st</sup> Week of April – National Bake Week

2<sup>nd</sup> Week of April – National Egg Salad Week

1<sup>st</sup> Sunday of April – National Baked Ham with Pineapple Day

1<sup>st</sup> – National Sourdough Bread Day

2<sup>nd</sup> – National Peanut Butter and Jelly Day

3<sup>rd</sup> – National Chocolate Mousse Day

4<sup>th</sup> – National Cordon Bleu Day

5<sup>th</sup> – National Caramel Day; National Raisin and Spice Bar Day

6<sup>th</sup> – National Caramel Popcorn Day

7<sup>th</sup> – Coffee Cake Day

8<sup>th</sup> – National Empanada Day

9<sup>th</sup> – National Chinese Almond Cookie Day

10<sup>th</sup> – National Cinnamon Crescent Day

11<sup>th</sup> – National Cheese Fondue Day

12<sup>th</sup> – Grilled Cheese Sandwich Day; National Licorice Day

13<sup>th</sup> – National Peach Cobbler Day  
14<sup>th</sup> – National Pecan Day  
15<sup>th</sup> – National Glazed-Spiral Ham Day  
16<sup>th</sup> – National Eggs Benedict Day; Day of the Mushroom  
17<sup>th</sup> – National Cheeseball Day  
18<sup>th</sup> – Animal Crackers Birthday  
19<sup>th</sup> – National Amaretto Day, Garlic Day  
20<sup>th</sup> – National Pineapple Upside Down Cake Day  
21<sup>st</sup> – Chocolate-covered Cashew Truffle Day  
22<sup>nd</sup> – National Jelly Bean Day  
23<sup>rd</sup> – National Cherry Cheesecake Day, National Picnic Day  
24<sup>th</sup> – National Pigs-in-a-Blanket Day  
25<sup>th</sup> – National Zucchini Bread Day  
26<sup>th</sup> – National Pretzel Day  
27<sup>th</sup> – National Prime Rib Day  
28<sup>th</sup> – National Blueberry Pie Day  
29<sup>th</sup> – National Shrimp Scampi Day  
30<sup>th</sup> – National Raisin Day





# Saint Patrick's Day

M	O	T	R	D	L	A	R	E	M	E	M	L	H
A	T	R	A	D	I	T	I	O	N	C	U	F	O
L	K	E	R	L	I	R	M	A	R	C	H	L	L
H	I	A	D	L	O	G	F	O	T	O	P	E	I
L	I	R	E	L	A	N	D	N	A	O	F	G	D
E	A	K	H	K	C	I	R	T	A	P	P	E	A
P	K	C	O	R	M	A	H	S	A	A	P	N	Y
R	E	L	E	R	F	Y	S	K	S	N	A	D	T
E	L	U	C	K	A	T	R	N	T	C	R	U	N
C	H	T	C	I	I	E	A	I	P	R	A	T	I
H	I	O	M	A	I	K	H	A	A	T	D	C	A
A	A	I	A	Y	E	O	H	I	C	F	E	E	S
U	E	S	D	S	D	G	R	E	E	N	U	C	I
N	T	C	I	T	L	E	C	D	I	P	R	R	D

SHAMROCK  
IRELAND  
SNAKES  
LEPRECHAUN  
POT OF GOLD  
LUCK  
EMERALD  
TRADITION  
FAIRY  
PATRICK  
SAINT  
MARCH  
PARADE  
LEGEND  
HOLIDAY  
CELTIC  
GREEN

Play this puzzle online at : <http://thewordsearch.com/puzzle/5451/>





# CDMs Cultivating Roots

## Rallying Organizations & Officials in Training Standards

### CULTIVATE

cul-ti-vate

1. grow or maintain
2. apply oneself to improvement or development

☐ Yes, I would like to support CDMs Cultivating Roots.\*

\*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.



## Cultivate, Grow, REAP!

### CONTACT INFORMATION

Membership ID#:	Full Name:		
Address:	City:	State:	Zip:
Phone:	Fax:	E-mail:	
Occupation:	Employer:		

### PAYMENT INFORMATION

<input type="checkbox"/> \$1 <input type="checkbox"/> \$5 <input type="checkbox"/> \$10 <input type="checkbox"/> \$25 <input type="checkbox"/> Other		
<input type="checkbox"/> Enclosed is my money order or check, payable to ANFP-PAC		
Please check one: <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> Mastercard <input type="checkbox"/> American Express		
Name on card:		
Credit Card #:	CVV#:	Exp. Date:   /   /
Billing Address:		
City:	State:	Zip:
Signature:	Date:	

### QUESTIONS? Contact Mindy Theesfeld at 800.323.1908 x128.

Paid for by Association of Nutrition & Foodservice Professionals Political Action Committee (ANFP-PAC). Contributions or gifts to ANFP-PAC are not deductible for Federal income tax purposes.

Learn about...



Association of Nutrition & Foodservice Professionals  
406 Surrey Woods Dr. | St. Charles, IL, 60174  
Phone 800.232.1908 | Fax: 630.587.6308 | [www.ANFPonline.org](http://www.ANFPonline.org)



The ANFP Wisconsin Grants committee consists of: Marlene Adelmeyer- Chair, and Penny Matuszewski.

Christmas and the New Year holidays may have had a diversion on your long term dreams and plans! Now let's put all those distractions behind, start fresh and focus on those dreams! If you are considering or are in the midst of completing the Dietary Manager's course or taking the certification exam to become a CDM, think about filling out a grant application to help with expenses.

ANFP-WI will be offering a grant for foodservice managers desiring to further their education and career potential by becoming a CDM, CFPP. We will also be offering a separate grant to help cover the expense of the certification exam fee. Penny and I, along with the executive board, are excited to award these grants to two of our members. Grant information for 2020 is included in this newsletter. You can also find it on our ANFP-WI website. Or, if you want to make it really easy for yourself, just email me and ask me to send you the application/information. [Marlene.adelmeyer@gmail.com](mailto:Marlene.adelmeyer@gmail.com).

Good luck to everyone! We can't wait to review applications now that 2020 is here! God Bless you and yours throughout this New Year!

Respectfully submitted,



## 2020 ANFP WISCONSIN GRANT (formerly Scholarship) APPLICATION

January 1- June 1, 2020

ANFP Wisconsin is offering grants for foodservice managers desiring to further their education and career potential by becoming a CDM, CFPP. We are offering a grant to help defray the cost of a live or online Dietary Manager training program for member of ANFP-WI group. We are also offering a grant for members who have enrolled in the required training course and would like to complete and pass the certification exam to become a CDM, CFPP.

### ELIGIBILITY REQUIREMENTS

- Applicant must be working at least 50% time in a healthcare or approved foodservice environment.
- Applicant must demonstrate need for financial support.
- Applicant's employer or any other entity's financial support for aforementioned program or exam may deem ineligibility.
- Grant recipient of the Dietary Manager program must be enrolled in the required Dietary Manager training course to be completed by June 1, 2020.
- Grant recipient of the Certification exam must complete the exam between January 1 and June 1, 2020.

### APPLICATION REQUIREMENTS:

Please only include information that has been requested. Any applications that do not meet the following criteria or are illegible will be disqualified.

- Answer every space on the Grant Application. Mark N/A if a section does not apply to you. A blank space will automatically be considered an incomplete application.
- **Please include a short essay on why you would benefit from either scholarship and why you desire to become a Certified Dietary Manager.**
- Application, essay and referrals must be submitted by the published deadlines.

### SELECTION PROCESS

The Grants Committee will review all applications and select the 2020 Recipients. All applicants/recipients will be notified by June 15, 2020.

#### HOW WILL THE GRANTS BE AWARDED?

ANFP-WI will provide grant monies to recipient with course tuition up to **\$400** (tuition only, books and fees not included). Grant monies will be awarded upon completion of the course to **include receipts for tuition paid**. The Certification exam grant will provide up to **\$399** for the exam only. Grant monies will be awarded **upon receipt of exam purchase and proof of certification credentials**.

#### DEADLINES

- Application for the grants must be completed, typed and submitted either by mail or email by June 1, 2020 to:  
ANFP-WI Grant Committee  
W7716 Highbridge Rd  
Oakfield, WI 53065  
Email: [marlene.adelmeyer@gmail.com](mailto:marlene.adelmeyer@gmail.com)

Questions? Please contact Marlene at 920-229-2717



#### 2020 GRANT APPLICATION

##### SECTION 1-TYPE OF GRANT

Please check off the type of grant for which you are applying:

- ☐ Up to \$400 Dietary Manager training program  
☐ Up to \$399 Certification Exam

##### SECTION 2-PERSONAL INFORMATION

Last Name:		First Name:		MI
Address:				
City:		State:	Zip:	
Email address:				
Home Phone:		Cell Phone:		

##### SECTION 3-EMPLOYMENT INFORMATION



Are you currently employed in a non-commercial foodservice operation? \_\_\_\_Yes \_\_\_\_No

If no, how long have you been unemployed or working in a different setting? Please explain your efforts in actively pursuing employment. (Attach a separate sheet)

If you are currently employed, complete the following section.

Current employer:		
Address:		
City:	State:	Zip:
Email address:		
Name of immediate supervisor:		
Supervisor title:	Phone:	
Length of time with this employer:		

SECTION 4-INDUSTRY WORK EXPERIENCE-*please list starting with your most recent position.*

<i>Company Name, City, Phone</i>	<i>Type of business &amp; position</i>	<i>Duties you perform</i>

SECTION 5-PERSONAL QUESTIONS (attach extra sheets if necessary to include **complete** answers)

1. Are you a member of any other professional organization other than ANFP? If yes, please list. If not why not?
2. Explain your involvement in your ANFP state chapter. (I.e. offices held, conference/meeting attendance, committee work or other volunteer work.)
3. Will your employer or any other entity financially support the aforementioned course or the exam?
4. Does your employer financially support your or other employees' continuing education? If yes, please give examples. If no, do you have any other financial support for education?
5. Give an example of a past meeting you have attended, ANFP or other, and how that experience has benefitted your workplace and/or ANFP-WI?

6. Have you ever been awarded a scholarship or grant from ANFP, NFEF, ANFP-WI, or other sponsor for educational purposes? \_\_\_\_ Yes \_\_\_\_ No If yes please give date, details and amount.

#### SECTION 6-ESSAY

Please type an essay of not more than 200 words that summarizes the following: **Describe your financial need and why you desire to become a Certified Dietary Manager.** (Please attach essay on separate sheet.)

#### SECTION 7-REFERRALS

Please use the attached referral form for each of your two references. Recommended references include Registered Dietitians, Certified Dietary Managers, Administrators, college faculty, or corporate unit managers. Referrals should be complete.

#### SECTION 8-SIGNATURES

***Please read before signing.*** To the best of my knowledge, I have provided ANFP-WI accurate information concerning all questions on this application. I understand that failure to provide valid and complete information could result in the withdrawal of all financial assistance and a recall of all awards previously made by NFEF, or ANFP.

Signature of Applicant: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Supervisor: \_\_\_\_\_

Date: \_\_\_\_\_

Before you submit this application, please include:

\_\_\_\_ Every section of the application is completed; application signed and dated.

\_\_\_\_ Section 6 essay attached.

\_\_\_\_ Section 7 referrals attached.

\_\_\_\_ Section 8 signature information completed.

**ANFP GRANT REFERRAL FORM**

**NOTE: two referrals are needed-see grant information page. Please ask your referral to tell us, for example, about you, your work ethics, position, participation, extra efforts, or any other helpful information that may be beneficial to your application.**

**Referral Name:**

---

**Referral Employer:**

---

**Name of Grant Applicant:**

---

**Relationship to Applicant:**

---

**REFERRAL COMMENTS: (May be typed on a separate sheet)**

## ***Food Drive Chairman's Planning Guide***

***PIFSW Food Drive***

***February 2020***

**Primary Purpose:** To collect donations of non-perishable foods and monetary donations from the public in order to help the local food pantry keep its shelves stocked and to make ANFP more visible to the public.

### **Steps to Accomplish Goal:**

- ❖ Get Chairman's Planning Guide from State Chairperson.
- ❖ Contact local food pantry to get their support of project and help provide volunteers to help collect food, take food to food pantry and unload food the day of your event.
- ❖ Contact local grocery store for permission to hold the food drive at their business and set dates during PIFSW. Friday from 3 pm – 7 pm and Saturday is the best time to hold your event. If you have numerous grocery stores in your community, you could have a food drive at a different store each day or if you have enough ANFP members in your community split up and have someone at each store on just one day.
- ❖ Contact your local radio station(s) about co-sponsoring your event with local ANFP members. Ask the local radio station to have their DJ's provide manpower the day of the event. Ask if they would be willing to do live remotes from your event location every hour.
- ❖ After you have your dates set, make up a schedule of your volunteers to work the food drive. Two hour shifts work best.
- ❖ Begin promotion of the food drive 2 weeks before the event. Use the local radio station(s), local newspaper, post flyers around town. (See attached PSA's, news releases, etc.)
- ❖ Line-up people with pick-up trucks and/or trailer to transport food to the food pantry and unload at the conclusion of your event.
- ❖ Contact the local newspaper to remind them of the event and ask them to come and do a story on the event and take pictures.
- ❖ On the day of the event, arrive at the grocery store one hour early to get set-up. Park the pick-up truck and/or trailer as close to the entrance/exit as possible so people see you as they go into the store and have a handy place to drop their donation as they exit the store.
  
- ❖ When the event concludes, take food to the food pantry. Give monetary contributions and checks to the local food pantry treasurer. **Have checks made payable to your local food pantry.**
- ❖ Make an estimate of the dollar amount of food donated.
- ❖ Complete the PIFSW event form and mail it with any pictures, newspaper articles, etc., to your State ANFP Chairperson.
- ❖ Send thank-you notes to the people that helped make your PIFSW event possible and a success!



# “Growing Strategies for Success”



A.N.F.P. State Spring Conference  
Thursday April 23 and 24th, 2020  
The Plaza Hotel, 201 North 17th Ave. Wausau, WI 54401  
Telephone: (715) 845-4341;  
A.N.F.P. Room Rate: \$65.00 & tax  
Please make your reservations **by March 22, 2020** for discounted room rate;

## **Conference Registration Fees:**

Early Bird: \$75.00 before April 5, 2020; After April 5, 2020: \$100.00

Students: 50% off your first year of membership (write “student” on registration form). Retired members: \$50.00; Guest rate same as member. Registration fee the day of conference: \$115.00

Name: \_\_\_\_\_ Member #: \_\_\_\_\_

Name and Facility as you would like it to appear on your name badge:

Name: \_\_\_\_\_ Facility: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Do you have any Dietary Restrictions/Allergies for Meals?: Yes or No

Send registration and check made payable to:  
ANFP Wisconsin by April 5, 2020 to: Jon Holfeltz, 527 South 17th  
Avenue, West Bend, WI 53095.

Questions to Rick at (414) 380-9640 or reggertknu@yahoo.com