

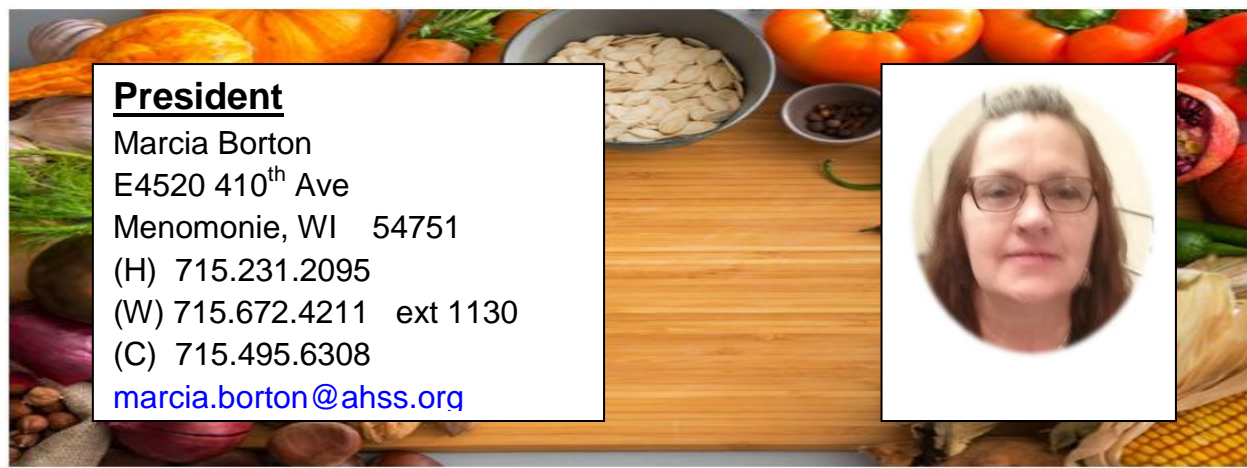
The Chopping Block



A Publication of the *Wisconsin Association of Nutrition & Foodservice Professionals*
Issue No: 9 January 2020

The Main Menu

The Main Menu.....	Page 1
President's Message	Page 2
President-Elect	Page 3
Food Pantry List	Page 5
Angel Attic Food Drive	Page 6
State Spokesperson.....	Page 7
Save the Date	Page 8
Newsletter Editor.....	Page 8
Membership Matters.....	Page 9
Membership Birthdays	Page 10
February Special Food Occasions	Page 11 & 12
Word Search Puzzle	Page 13
CDM'S Cultivating Roots ..	Page 14
WI ANFP Grant Applications.....	Page 15-20
Spring Conference Registration Form	Page 22



President

Marcia Borton
E4520 410th Ave
Menomonie, WI 54751
(H) 715.231.2095
(W) 715.672.4211 ext 1130
(C) 715.495.6308
marcia.borton@ahss.org

Happy New Year, wishing much health and happiness for 2020. Hope your Christmas was everything you wanted it to be celebrating with family and friends.

Just a reminder that in the next month or 2, ANFP will be sending out info on the upcoming ACE in Las Vegas. Talk to your Administrator now and get an approval so when they offer the registration at the low price of \$195 that is a savings of \$200 that you can get on and signed up. That price is only for the first 200 members to sign up. Dates for ACE are June 15-18th, 2020. Rooms will be at a discount rate also and if you room together with other members even better.

Pride in Foodservice Week is February 3-7, 2020. If you are doing anything special let us know and we will put it in the next newsletter.

Hoping to see you all in April at our Spring Conference in Wausau at the Plaza Hotel April 23rd and 24th.





President-Elect

Rick Eggert

(H) (414) 380-9640

(W) (262) 782-0230, ext. 358

reggertknu@yahoo.com

New Years Blessing from A.N.F.P.

As we continue to care for our seniors in the new decade, we remember our vow to ensure the happiness and quality care we provide daily. The start of 2020 is not for counting the blessings that you have lost, but for counting the blessings you still have and continue to develop personal and professional goals to embrace. Keep a warm heart and spread the joy around you.
Happy New Year!!

Save the Date!!!

A.N.F.P. Wisconsin Spring Conference: "Growing Strategies for Success"

Thursday April 23 & 24, 2020 at:

The Plaza Hotel
201 North 17th Avenue
Wausau, Wisconsin 54401
Rate: \$65 (plus tax)

Featured Speakers include:

"Developing an Effective Cleaning Program", Mike Draeger Indianhead Foods

"Intentional Happiness", Dan Slowey

"Resident Centered Dining Choice Strategies and Implementation/Training", Rick Eggert

"Meat Fabrication for Beginners", A.C.F. Wisconsin Butcher of the Year, Joe Parajecki

"Avoiding Burnout and Career Progression: Building Strong Career Growth"

"Why Managers Fail: Effective Recruitment and Retention Strategies". Joseph Ninneman, Aurora Health

****Plus our Annual Vendor Fair, White Elephant/Silent Auction**

Watch for your Spring Program and Conference details in January!

A.N.F.P. Wisconsin Fall Conference: "Riding the Current of Knowledge"

Thursday September 17 & 18, 2020 at:

Stoney Creek Hotel and Conference Center
3060 South Kinney Coulee Road
Onalaska, Wisconsin 54650
(Conveniently located near Hwy 90 and Hwy 16, five minutes from downtown La Crosse, Wisconsin)
Rate: \$99.00 plus taxes Conference Registration: \$100

Featured Speakers include:

Keynote Speaker: Author & Governor Martin Schreiber, "My Two Elaines", Alzheimers Ignorance and Caregiving Experiences (Autographed Books available for sale, on site)

Plus:

"Correctional Facility Food Services: Behind the Bars and Into the Open", Ken Hanson

"Ethics and ANFP: A Partnership to Sound Leadership & Decision Making"

"Practical Solutions and Troubleshooting Staffing Problems: Case Study Analysis"

"Podcast: Balancing Nutrition and Hydration Needs with Patient Centered Wishes at End of Life", Becky Dorner and Associates

"Sanitation and Food Safety Nightmares: Avoiding the Pitfalls"

"Discovering your Strengths: Strengthfinder 2.0"

"If I were a State Surveyor.... A Different Training Perspective for Success"

Plus Choice of Entertainment: La Crosse Queen Riverboat Sunset Cruise or Distillery Tour and Sampling (Additional \$10.00). Please mark your calendar!

Healthy cereals and oatmeal

Toilet paper

Jars and pouches of baby food

Personal hygiene products, like sanitary pads

Toiletries like toothbrushes, toothpaste, shampoo, deodorant, lip balm

Dry pasta



Jars of pasta sauce

Canned fish and meat (salmon, tuna, ham, turkey pop-top cans are best)

Canned vegetables and fruit

Milk, (canned, or powdered)

Peanut butter

Canned beans

Canned and dry soups

Baking mixes that require only water

Spices

Vision: The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

In November, we hosted a Food Drive in recognition of Diabetes Awareness Month and proudly collected a total of 93 pounds of food! We specifically wanted to focus on collecting foods that Diabetics are in need of such as whole grains, fruits and vegetables, meats, nuts and beans. These efforts were in conjunction with the Association of Nutrition & Foodservice Professionals (ANFP), which our Nutritional Care Coordinator – Kayse Grimm, CDM, CFPP, Director of Food Service – Sheila Luhman, CDM, CFPP, Food Service Manager – Joanne Streich, CDM,CFPP, are all proud members of. Just like day 5 of our Christmas Kindness project state, it's a great time of year to remember those who may be less fortunate! We donated to MOM's Food Pantry in Middleton, WI. They were very grateful because they are sensitive to the needs of shoppers with diabetes. The commented that because of us they will have access to healthy foods that will support their efforts to manage their diabetes. They were also happy to learn and grow about what ANFP and their members do.





State Spokesperson

Sheila Luhman
2318 Center Street
Cross Plains, WI 53528
(W) 608.662.8827
(C) 214.500.7656
sheila.luhman@atticangel.org



The Government Affairs Committee Impact Team ANFP Members for 2018/2019 is: Renee Taylor, Marcia Kittleson, Laura Knutson, Marlene Adelmeyer, Penny Matuszewski and Millie Zarate. Is there anyone else that would like to be on the Impact Team?

As Certified Dietary Manager, Certified Food Protection Professional, we need to share our expertise with the Government Officials, so they better understand how we are trained and qualified professionals. A Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP) has passed a nationally recognized credentialing exam offered by the Certifying Board for Dietary Managers. Continuing education is required to maintain this credential. The exam is written by content experts, and administered by an independent professional testing company. The exam consists of 160 questions that have been pre-tested and proven valid and reliable. Questions cover five competency areas which fall under these major headings: Nutrition, Foodservice, Personnel and Communications, Sanitation and Food Safety, and Business Operations.

Remember that we need to support PAC – Political Action Committee – this will help Cultivate, grow or maintain our organization.

Renee Taylor and I discussed the importance of Wisconsin ANFP, to have a meeting with the Tracey Elmes, MS RD – Wisconsin Academy of Nutrition And Dietetics (WAND), to set up our Legislation and Capital Focus. The Goals they set may assist us. They would have us; possibly visit the Representative Gary Hebl and Senator Mark Miller at the Capital. If anyone else has a relationship with someone else, please contact us. WAND will again partner with the School Nutrition Association of WI. Renee Taylor and I will the 2020 Advocacy day at the Capital on March 18. WAND/SNA-WI and we will have an opportunity to meet with their state legislators to discuss key nutrition policies, promote the benefits of the nutrition profession, and legislative priorities. Prior to the afternoon meetings with legislators, participating members will hear from high-level speakers, take part in issue briefings, and legislative advocacy training.

Please contact members of the Impact Team or Sheila Luhman CDM,CFPP–
Sheila.luhman@atticangel.org.



April 23, 24, 2020Spring Conference, Plaza Hotel, Wausau, WI

Sept 17-18, 2020..... Fall Conference, LaCrosse/Onalaska, WI



Newsletter Editor

Bruce Link, CDM, CFPP

(C) 307.620.2562

fssolutions13@live.com



I hope everyone has a great Christmas! The New Year brings with it many exciting events including the Super Bowl, Sunday, February 2, 2020, Pride in Food Service Week, February 3-7, 2020, Valentine's Day, St. Patrick's Day, etc, etc, etc. Remember...share your events with your fellow Dietary Managers. Send me a short story about what you did and if you would like, also include photos. Remember..... inquiring minds want to know!

On page 21 of this newsletter, I have included a **Chairman's Planning Guide** on running a successful food drive in your community. A food drive is not difficult to do and you can get other groups and organizations to work with you. College and high school groups, clubs and organizations are always looking for community service projects to be involved with. All you have to do is just ASK!!! You'll never know if you don't ask. Get your local radio station and/or television station involved with you and you get free advertising for your event. Good Luck and have Fun!

Until next month....**Have a Safe and Happy New Year!**



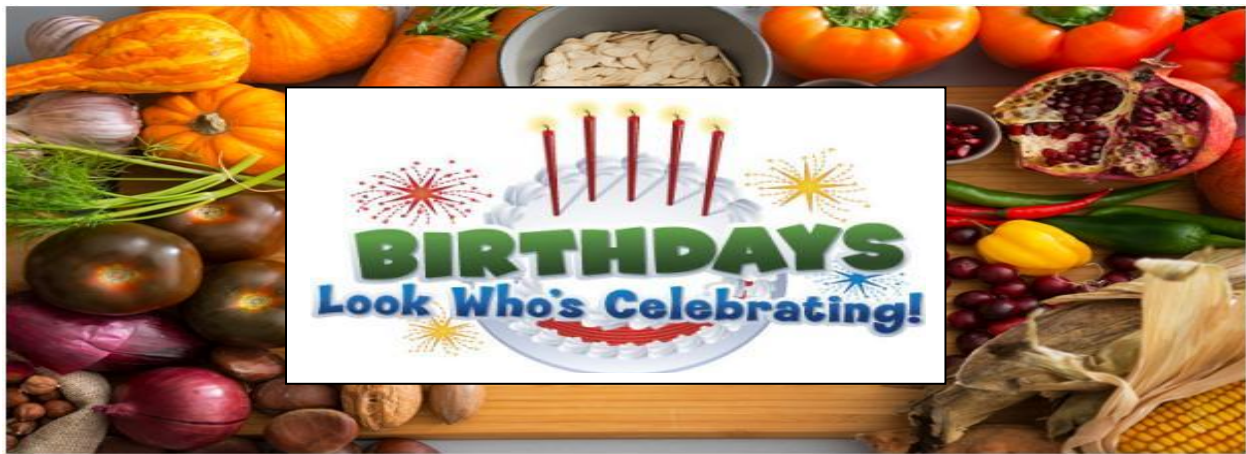


As of Dec 29, 2019, the Wisconsin ANFP is **352** members strong; **312** Certified Professional members, 40 Professional non-certified members. Please contact any officer, if you know of a new member or student, so we know who they are and how to keep them informed about events taking place in the Wisconsin ANFP.

Welcome New Members!!

Carrie Preisler, CDM, CFPP
Port Washington

Todd Haney
Shullsburg



1st – Angela Flemming; Glennis Kitzrow

2nd – Josephine Kikon

3rd – Ellen Natwick

4th – David Draeger; Alexander; Omans

8th – Connie Deja

9th – Justina Kulig; Adam VandenHoogen;

Lori Turk; Linda Ziel

13th – Vicki Metallo

15th – Crystal Zickert

16th – Hope Schiller

17th – Jean Myhre

20th – Eric Douglass; Jackie Wojciechowski

23rd – Jennifer Bessert; Cynthia Noll-Gilson

25th – Judy Bingenheimer

27th – Joseph Miller

28th – Allan Evans

Happy
Birthday
to All!





Berry Fresh Month

Celebration of Chocolate Month

Great American Pies Month

National Cherry Month

National Fiber Focus Month

National Hot Breakfast Month

National Grapefruit Month

National Snack Food Month

Potato Lover's Month

Sweet Potato Month

2nd Week of February – Great American Pizza Bake

2nd Week of February – Jello Week

2nd Week of February – Kraut and Frankfurter Week

4th Week of February – National Pancake Week

2nd Monday of February – Oatmeal Monday

1st – National Baked Alaska Day

2nd – Heavenly Hash Day

3rd – National Carrot Cake Day

4th – National Stuffed Mushroom Day; Homemade Soup Day

5th – National Chocolate Fondue Day

6th – Nutella Day

7th – National Fettucini Alfredo Day

8th – Molasses Bar Day

9th – National Bagels and Lox Day; Pizza Pie Day

10th – Cream Cheese Brownie Day

11th – Peppermint Patty Day
12th – National Plum Pudding Day
13th – International Pancake Day (Shrove Tuesday); National Tortellini Day
14th – National Crème-Filled Chocolates Day
15th – National Gumdrops Day
16th – National Almond Day
17th – National Indian Pudding Day; National Café Au Lait Day; National Cabbage Day
18th – Crab-Stuffed Flounder Day; Drink Wine Day
19th – National Chocolate Mint Day
20th – National Margarita Day
21st – New Sticky Bun Day;
22nd – National Cherry Pie Day
23rd – National Banana Bread Day
24th – National Tortilla Chip Day
25th – National Clam Chowder Day; National Chocolate-Covered Nuts Day
26th – National Pistachio Day; National Chili Day
27th – National Strawberry Day; National Kahlua Day
28th – National Chocolate Souffle Day



Carbohydrates

B	R	E	A	D	A	L	R	I	C	E	P	R	T
S	C	U	P	C	O	U	S	C	O	U	S	E	M
B	W	E	E	T	B	I	X	R	A	A	C	W	U
N	U	N	O	B	E	P	S	C	D	A	E	S	E
G	E	C	S	C	A	S	T	L	T	N	R	E	S
R	Y	E	K	B	U	E	A	A	I	O	E	S	L
A	R	A	S	W	L	K	O	L	U	O	A	A	I
I	B	T	B	E	H	E	Y	I	R	D	L	C	A
N	A	H	E	T	M	E	P	T	F	L	A	R	T
S	R	S	T	D	O	O	A	A	N	E	U	U	N
H	L	P	E	I	A	E	L	T	S	S	U	M	E
O	E	E	I	O	E	R	S	I	O	T	L	P	L
U	Y	L	L	N	R	O	C	R	N	C	A	E	O
P	E	T	E	Q	U	I	N	O	A	A	O	T	P

POLENTA
 CEREAL
 SEMOLINA
 CRUMPET
 BARLEY
 MUESLI
 COUSCOUS
 BUCKWHEAT
 NOODLES
 QUINOA
 GRAINS
 RICE
 FRUIT
 PASTA
 WEETBIX
 RYE
 SPELT
 OATS
 CORN
 BREAD

Play this puzzle online at : <http://thewordsearch.com/puzzle/2085/>



CDMs Cultivating Roots

Rallying Organizations & Officials in Training Standards

CULTIVATE

cult-i-vate

1. grow or maintain
2. apply oneself to improvement or development

☐ Yes, I would like to support CDMs Cultivating Roots.*

*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.



Cultivate, Grow, REAP!

CONTACT INFORMATION

Membership ID#:	Full Name:		
Address:	City:	State:	Zip:
Phone:	Fax:	E-mail:	
Occupation:	Employer:		

PAYMENT INFORMATION

<input type="checkbox"/> \$1 <input type="checkbox"/> \$5 <input type="checkbox"/> \$10 <input type="checkbox"/> \$25 <input type="checkbox"/> Other		
<input type="checkbox"/> Enclosed is my money order or check, payable to ANFP-PAC		
Please check one: <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> Mastercard <input type="checkbox"/> American Express		
Name on card:		
Credit Card #:	CVV#:	Exp. Date: / /
Billing Address:		
City:	State:	Zip:
Signature:	Date:	

QUESTIONS? Contact Mindy Theesfeld at 800.323.1908 x128.

Paid for by Association of Nutrition & Foodservice Professionals Political Action Committee (ANFP-PAC). Contributions or gifts to ANFP-PAC are not deductible for Federal income tax purposes.

Learn about...



Association of Nutrition & Foodservice Professionals
406 Surrey Woods Dr. | St. Charles, IL, 60174
Phone 800.232.1908 | Fax: 630.587.6308 | www.ANFPonline.org



The ANFP Wisconsin Grants committee consists of: Marlene Adelmeyer- Chair, and Penny Matuszewski.

Christmas and the New Year holidays may have had a diversion on your long term dreams and plans! Now let's put all those distractions behind, start fresh and focus on those dreams! If you are considering or are in the midst of completing the Dietary Manager's course or taking the certification exam to become a CDM, think about filling out a grant application to help with expenses.

ANFP-WI will be offering a grant for foodservice managers desiring to further their education and career potential by becoming a CDM, CFPP. We will also be offering a separate grant to help cover the expense of the certification exam fee. Penny and I, along with the executive board, are excited to award these grants to two of our members. Grant information for 2020 is included in this newsletter. You can also find it on our ANFP-WI website. Or, if you want to make it really easy for yourself, just email me and ask me to send you the application/information. Marlene.adelmeyer@gmail.com.

Good luck to everyone! We can't wait to review applications now that 2020 is here! God Bless you and yours throughout this New Year!

Respectfully submitted,
Marlene Adelmeyer, Grants Committee Chairperson



2020 ANFP WISCONSIN GRANT (formerly Scholarship) APPLICATION

January 1- June 1, 2020

ANFP Wisconsin is offering grants for foodservice managers desiring to further their education and career potential by becoming a CDM, CFPP. We are offering a grant to help defray the cost of a live or online Dietary Manager training program for member of ANFP-WI group. We are also offering a grant for members who have enrolled in the required training course and would like to complete and pass the certification exam to become a CDM, CFPP.

ELIGIBILITY REQUIREMENTS

- Applicant must be working at least 50% time in a healthcare or approved foodservice environment.
- Applicant must demonstrate need for financial support.
- Applicant's employer or any other entity's financial support for aforementioned program or exam may deem ineligibility.
- Grant recipient of the Dietary Manager program must be enrolled in the required Dietary Manager training course to be completed by June 1, 2020.
- Grant recipient of the Certification exam must complete the exam between January 1 and June 1, 2020.

APPLICATION REQUIREMENTS:

Please only include information that has been requested. Any applications that do not meet the following criteria or are illegible will be disqualified.

- Answer every space on the Grant Application. Mark N/A if a section does not apply to you. A blank space will automatically be considered an incomplete application.
- **Please include a short essay on why you would benefit from either scholarship and why you desire to become a Certified Dietary Manager.**
- Application, essay and referrals must be submitted by the published deadlines.

SELECTION PROCESS

The Grants Committee will review all applications and select the 2020 Recipients. All applicants/recipients will be notified by June 15, 2020.

HOW WILL THE GRANTS BE AWARDED?

ANFP-WI will provide grant monies to recipient with course tuition up to **\$400** (tuition only, books and fees not included). Grant monies will be awarded upon completion of the course to **include receipts for tuition paid**. The Certification exam grant will provide up to **\$399** for the exam only. Grant monies will be awarded **upon receipt of exam purchase and proof of certification credentials**.

DEADLINES

- Application for the grants must be completed, typed and submitted either by mail or email by June 1, 2020 to:
ANFP-WI Grant Committee
W7716 Highbridge Rd
Oakfield, WI 53065
Email: marlene.adelmeyer@gmail.com

Questions? Please contact Marlene at 920-229-2717



2020 GRANT APPLICATION

SECTION 1-TYPE OF GRANT

Please check off the type of grant for which you are applying:

- ☐ Up to \$400 Dietary Manager training program
☐ Up to \$399 Certification Exam

SECTION 2-PERSONAL INFORMATION

Last Name:		First Name:		MI
Address:				
City:		State:	Zip:	
Email address:				
Home Phone:			Cell Phone:	

SECTION 3-EMPLOYMENT INFORMATION

Are you currently employed in a non-commercial foodservice operation? ☐ Yes ☐ No

If no, how long have you been unemployed or working in a different setting? Please explain your efforts in actively pursuing employment. (Attach a separate sheet)

If you are currently employed, complete the following section.

Current employer:		
Address:		
City:	State:	Zip:
Email address:		
Name of immediate supervisor:		
Supervisor title:	Phone:	
Length of time with this employer:		

SECTION 4-INDUSTRY WORK EXPERIENCE-*please list starting with your most recent position.*

<i>Company Name, City, Phone</i>	<i>Type of business & position</i>	<i>Duties you perform</i>

SECTION 5-PERSONAL QUESTIONS (attach extra sheets if necessary to include **complete** answers)

1. Are you a member of any other professional organization other than ANFP? If yes, please list. If not why not?
2. Explain your involvement in your ANFP state chapter. (I.e. offices held, conference/meeting attendance, committee work or other volunteer work.)
3. Will your employer or any other entity financially support the aforementioned course or the exam?
4. Does your employer financially support your or other employees' continuing education? If yes, please give examples. If no, do you have any other financial support for education?
5. Give an example of a past meeting you have attended, ANFP or other, and how that experience has benefitted your workplace and/or ANFP-WI?

6. Have you ever been awarded a scholarship or grant from ANFP, NFEF, ANFP-WI, or other sponsor for educational purposes? ____ Yes ____ No If yes please give date, details and amount.

SECTION 6-ESSAY

Please type an essay of not more than 200 words that summarizes the following: **Describe your financial need and why you desire to become a Certified Dietary Manager.** (Please attach essay on separate sheet.)

SECTION 7-REFERRALS

Please use the attached referral form for each of your two references. Recommended references include Registered Dietitians, Certified Dietary Managers, Administrators, college faculty, or corporate unit managers. Referrals should be complete.

SECTION 8-SIGNATURES

Please read before signing. To the best of my knowledge, I have provided ANFP-WI accurate information concerning all questions on this application. I understand that failure to provide valid and complete information could result in the withdrawal of all financial assistance and a recall of all awards previously made by NFEF, or ANFP.

Signature of Applicant: _____

Date: _____

Signature of Supervisor: _____

Date: _____

Before you submit this application, please include:

____ Every section of the application is completed; application signed and dated.

____ Section 6 essay attached.

____ Section 7 referrals attached.

____ Section 8 signature information completed.

ANFP GRANT REFERRAL FORM

NOTE: two referrals are needed-see grant information page. Please ask your referral to tell us, for example, about you, your work ethics, position, participation, extra efforts, or any other helpful information that may be beneficial to your application.

Referral Name:

Referral Employer:

Name of Grant Applicant:

Relationship to Applicant:

REFERRAL COMMENTS: (May be typed on a separate sheet)

Food Drive Chairman's Planning Guide

PIFSW Food Drive

February 2020

Primary Purpose: To collect donations of non-perishable foods and monetary donations from the public in order to help the local food pantry keep its shelves stocked and to make ANFP more visible to the public.

Steps to Accomplish Goal:

- ❖ Get Chairman's Planning Guide from State Chairperson.
- ❖ Contact local food pantry to get their support of project and help provide volunteers to help collect food, take food to food pantry and unload food the day of your event.
- ❖ Contact local grocery store for permission to hold the food drive at their business and set dates during PIFSW. Friday from 3 pm – 7 pm and Saturday is the best time to hold your event. If you have numerous grocery stores in your community, you could have a food drive at a different store each day or if you have enough ANFP members in your community split up and have someone at each store on just one day.
- ❖ Contact your local radio station(s) about co-sponsoring your event with local ANFP members. Ask the local radio station to have their DJ's provide manpower the day of the event. Ask if they would be willing to do live remotes from your event location every hour.
- ❖ After you have your dates set, make up a schedule of your volunteers to work the food drive. Two hour shifts work best.
- ❖ Begin promotion of the food drive 2 weeks before the event. Use the local radio station(s), local newspaper, post flyers around town. (See attached PSA's, news releases, etc.)
- ❖ Line-up people with pick-up trucks and/or trailer to transport food to the food pantry and unload at the conclusion of your event.
- ❖ Contact the local newspaper to remind them of the event and ask them to come and do a story on the event and take pictures.
- ❖ On the day of the event, arrive at the grocery store one hour early to get set-up. Park the pick-up truck and/or trailer as close to the entrance/exit as possible so people see you as they go into the store and have a handy place to drop their donation as they exit the store.

- ❖ When the event concludes, take food to the food pantry. Give monetary contributions and checks to the local food pantry treasurer. **Have checks made payable to your local food pantry.**
- ❖ Make an estimate of the dollar amount of food donated.
- ❖ Complete the PIFSW event form and mail it with any pictures, newspaper articles, etc., to your State ANFP Chairperson.
- ❖ Send thank-you notes to the people that helped make your PIFSW event possible and a success!

“Growing Strategies for Success”



A.N.F.P. State Spring Conference
Thursday April 23 and 24th, 2020
The Plaza Hotel, 201 North 17th Ave. Wausau, WI 54401
Telephone: (715) 845-4341;
A.N.F.P. Room Rate: \$65.00 & tax
Please make your reservations **by March 22, 2020** for discounted room rate;

Conference Registration Fees:

Early Bird: \$75.00 before April 5, 2020; After April 5, 2020: \$100.00

Students: 50% off your first year of membership (write “student” on registration form). Retired members: \$50.00; Guest rate same as member. Registration fee the day of conference: \$115.00

Name: _____ Member #: _____

Name and Facility as you would like it to appear on your name badge:

Name: _____ Facility: _____

Address: _____

Email Address: _____

Do you have any Dietary Restrictions/Allergies for Meals?: Yes or No

Send registration and check made payable to:
ANFP Wisconsin by April 5, 2020 to: Jon Holfeltz, 527 South 17th
Avenue, West Bend, WI 53095.

Questions to Rick at (414) 380-9640 or reggertknu@yahoo.com