

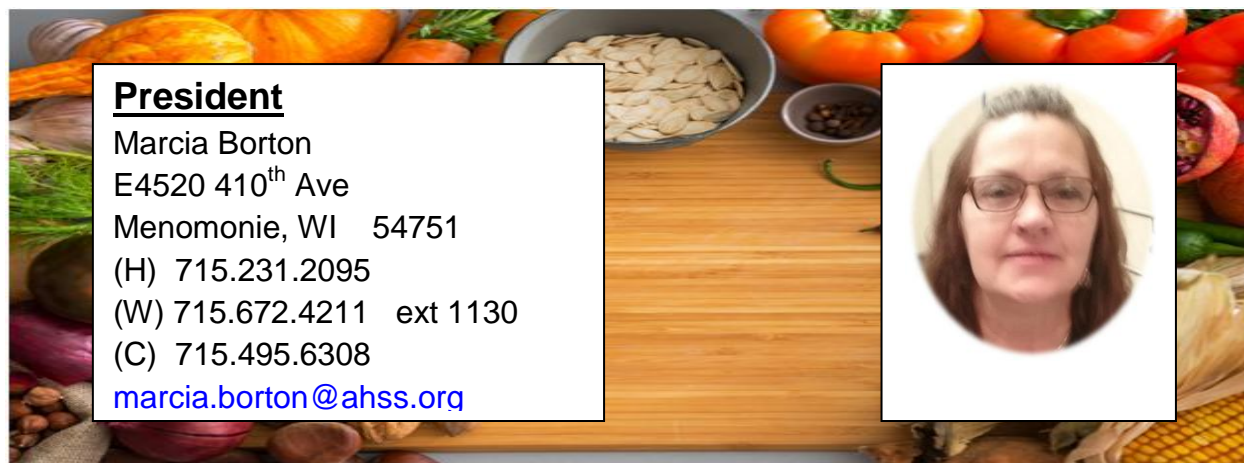
# The Chopping Block



A Publication of the *Wisconsin Association of Nutrition & Foodservice Professionals*  
Issue No: 8 December 2019

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### **President**

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I hope you all enjoyed your Thanksgiving with your family and friends. Also, for all the hunters, that they stayed safe and were able to get that trophy buck or put meat in the freezer.

Wishing you all a Very Merry Christmas with your family and friends. Remember it is not about the gifts but spending time with those that you love and remembering Jesus and what Christmas is really about.

There have been many facilities that have been doing fundraisers for their local food pantries. Millie Zarate from Fairhaven Senior Services just delivered 523# of groceries and \$1045 dollars to the Warhawk Pantry. Great job Millie and team! Mel Kern and team from Heritage Lakeside held a fundraiser in the spring and delivered \$651 to St. Vincent DePaul Pantry and Kitchen. Shelia Luhman, Joanne Steich and Kayse Grimm from Attic Angel donated items to Falk Elementary School this summer and are doing another food drive for their local food pantry at this time and they are asking for items for diabetic people and they got the idea from our Fall Conference speaker on Healthy Shelves for food pantries. Our facility Advent Health Durand just delivered \$1100 dollars and 73# of groceries. Great job ANFP Members! Please let me know what you are doing for your community. This info will all be gathered and submitted to Nationals with the goal of getting a nomination for Diamond Award and maybe lucky enough to receive it at ACE next summer in Las Vegas.

Now is the time to start thinking about going to ACE in Las Vegas, they are offering lower room rates and also when it comes time to register the first 200 members will get registration at the price of \$195 instead of \$395. Watch your emails from Nationals in February. What an incentive to get more members to join in on the learning possibilities and fun.

Warm wishes





**President-Elect**

Rick Eggert

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[reggertknu@yahoo.com](mailto:reggertknu@yahoo.com)



## Save the Date!!!

A.N.F.P. Wisconsin Spring Conference: "Growing Strategies for Success"

Thursday April 23 & 24, 2020 at:

The Plaza Hotel  
201 North 17th Avenue  
Wausau, Wisconsin 54401  
Rate: \$65 (plus tax)

**Featured Speakers include:**

"Developing an Effective Cleaning Program", Mike Draeger Indianhead Foods

"Intentional Happiness", Dan Slowey

"Resident Centered Dining Choice Strategies and Implementation/Training", Rick Eggert

"Meat Fabrication for Beginners", A.C.F. Wisconsin Butcher of the Year, Joe Parajecki

"Avoiding Burnout and Career Progression: Building Strong Career Growth"

"Why Managers Fail: Effective Recruitment and Retention Strategies". Joseph Ninneman, Aurora Health

**\*\*Plus our Annual Vendor Fair, White Elephant/Silent Auction**

**Watch for your Spring Program and Conference details in January!**

## **A.N.F.P. Wisconsin Fall Conference: “Riding the Current of Knowledge”**

Thursday September 17 & 18, 2020 at:

Stoney Creek Hotel and Conference Center  
3060 South Kinney Coulee Road  
Onalaska, Wisconsin 54650  
(Conveniently located near Hwy 90 and Hwy 16, five minutes from downtown La  
Crosse, Wisconsin)  
Rate: \$99.00 plus taxes Conference Registration: \$100

### **Featured Speakers include:**

Keynote Speaker: Author & Governor Martin Schreiber, “My Two Elaines”, Alzheimers Ignorance and Caregiving Experiences (Autographed Books available for sale, on site)

### **Plus:**

“Correctional Facility Food Services: Behind the Bars and Into the Open”, Ken Hanson

“Ethics and ANFP: A Partnership to Sound Leadership & Decision Making”

“Practical Solutions and Troubleshooting Staffing Problems: Case Study Analysis”

“Podcast: Balancing Nutrition and Hydration Needs with Patient Centered Wishes at End of Life”, Becky Dorner and Associates

“Sanitation and Food Safety Nightmares: Avoiding the Pitfalls”

“Discovering your Strengths: Strengthfinder 2.0”

“If I were a State Surveyor.... A Different Training Perspective for Success”

**Plus Choice of Entertainment: La Crosse Queen Riverboat Sunset Cruise or Distillery Tour and Sampling (Additional \$10.00). Please mark your calendar!**





### Items needed in food pantries

Healthy cereals and oatmeal

Kids' snack items (juice boxes, individual applesauce's, etc.)

Toilet paper

Diapers and wipes

Jars and pouches of baby food

Personal hygiene products, like sanitary pads

Toiletries like toothbrushes, toothpaste, shampoo, deodorant, lip balm

Dry pasta



Jars of pasta sauce

Canned fish and meat (salmon, tuna, ham, turkey pop-top cans are best)

Canned vegetables and fruit

Milk, (canned, or powdered)

Peanut butter

Canned beans

Canned and dry soups

Baking mixes that require only water

Spices

***Mission: Position the Certified Dietary Manager as the expert in foodservice management and food safety.***

***Vision: The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.***



### **State Spokesperson**

Sheila Luhman  
2318 Center Street  
Cross Plains, WI 53528  
(W) 608.662.8827  
(C) 214.500.7656  
[sheila.luhman@atticangel.org](mailto:sheila.luhman@atticangel.org)

The Government Affairs Committee Impact Team ANFP Members for 2018/2019 is: Renee Taylor, Marcia Kittleson, Laura Knutson, Marlene Adelmeyer, Penny Matuszewski and Millie Zarate. Is there anyone else that would like to be on the Impact Team?

As Certified Dietary Manager, Certified Food Protection Professional, we need to share our expertise with the Government Officials, so they better understand how we are trained and qualified professionals. A Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP) has passed a nationally recognized credentialing exam offered by the Certifying Board for Dietary Managers. Continuing education is required to maintain this credential. The exam is written by content experts, and administered by an independent professional testing company. The exam consists of 160 questions that have been pre-tested and proven valid and reliable. Questions cover five competency areas which fall under these major headings: Nutrition, Foodservice, Personnel and Communications, Sanitation and Food Safety, and Business Operations.

Remember that we need to support PAC – Political Action Committee – this will help Cultivate, grow or maintain our organization.

Renee Taylor and I discussed the importance of Wisconsin ANFP, to have a meeting with the Tracey Elmes, MS RD – Wisconsin Academy of Nutrition And Dietetics (WAND), to set up our Legislation and Capital Focus. The Goals they set may assist us. They would have us; possibly visit the Representative Gary Hebl and Senator Mark Miller at the Capital. If anyone else has a relationship with someone else, please contact us. WAND will again partner with the School Nutrition Association of WI. Renee Taylor and I will the 2020 Advocacy day at the Capital on March 18. WAND/SNA-WI and we will have an opportunity to meet with their state legislators to discuss key nutrition policies, promote the benefits of the nutrition profession, and legislative priorities. Prior to the afternoon meetings with legislators, participating members will hear from high-level speakers, take part in issue briefings, and legislative advocacy training.

Please contact members of the Impact Team or  
Sheila Luhman CDM,CFPP  
[Sheila.luhman@atticangel.org](mailto:Sheila.luhman@atticangel.org).





April 23, 24, 2020 .....Spring Conference, Plaza  
Hotel, Wausau, WI

Sept 17-18, 2020..... Fall Conference,  
LaCrosse/Onalaska, WI



**Newsletter Editor**

**Bruce Link, CDM, CFPP**

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[fssolutions13@live.com](mailto:fssolutions13@live.com)



*Wishing you a Merry Christmas filled with  
old-fashioned pleasures, happy memories  
and all the joys of the season.*

I hope everyone has a great holiday and you are moving forward with your planning into the new year. Remember we have the Super Bowl, Sunday, February 2, 2020, Pride in Food Service Week, February 3-7, 2020, Valentine's Day, St. Patrick's Day, etc, etc, etc. Remember...share your functions with your fellow Dietary Managers. Send me a short story about what you did and if you would like, also include photos. Remember..... inquiring minds want to know!

Until next month....**Merry Christmas and Happy New Year!**







As of Oct 29, 2019, the Wisconsin ANFP is **348** members strong; **311** Certified Professional members, 37 Professional non-certified members. Please contact any officer, if you know of a new member or student, so we know who they are and how to keep them informed about events taking place in the Wisconsin ANFP.

## ***Welcome New Members!!***

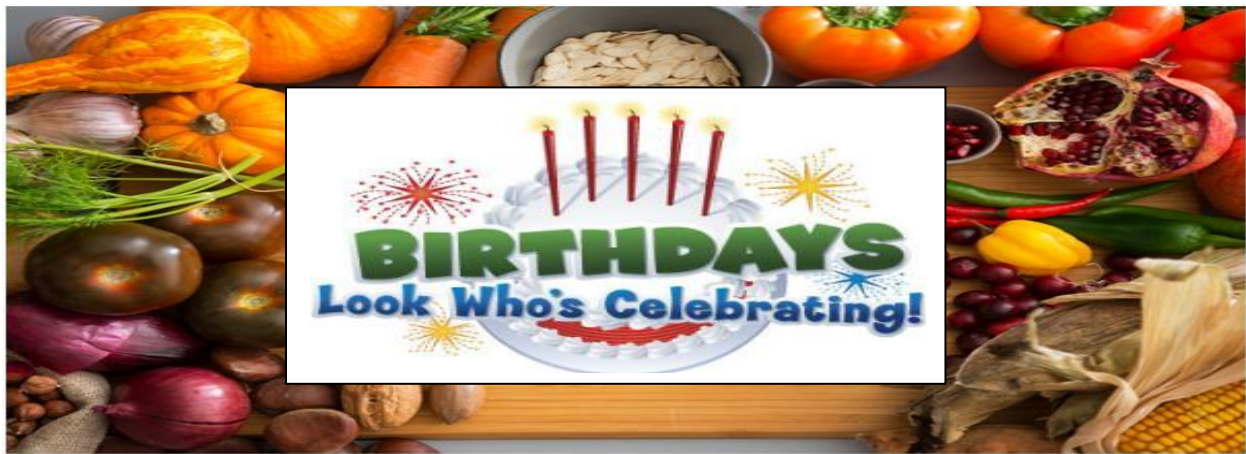
Jessica Joten, CDM, CFPP  
Taylor

Sheila Lindgren, CDM, CFPP  
Poplar

Steven Lowry, CDM, CFPP  
Eau Claire

Kimberly Knooespel  
Green Bay





**1<sup>st</sup> – Susan Backus**

2<sup>nd</sup> – Lisa Calhoun; Laura Pyfferoen

4<sup>th</sup> – Kathleen Lindquist

8<sup>th</sup> – Elaine Kubisiak; Paula Larrabe

10<sup>th</sup> – Dawn Pawlowski

11<sup>th</sup> – Susanne Skinner-Whitesides

12<sup>th</sup> – Kathy Prodoehl

13<sup>th</sup> – Judy Haverland

15<sup>th</sup> – Jo Ann Bautista; Anthony Kerscher, Cathy Ransom; Bonnie Schlender

20<sup>th</sup> – Michael Mueller

21<sup>st</sup> – Nicole Long

25<sup>th</sup> – Doreen Miller

26<sup>th</sup> – Inge Liegl

27<sup>th</sup> – Cindy Kleinschmidt

28<sup>th</sup> – Tiffany Kuechenmeister

29<sup>th</sup> – Rachel Peterson

30<sup>th</sup> – Cynthia Slaby

31<sup>st</sup> – Sherry Koep – Doreen Miller





Bread Machine Baking Month

National Candy Month

National Egg Month

National Hot Tea Month

National Meat Month

National Oatmeal Month

National Soup Month

National Wheat Bread Month

Prune Breakfast Month

2<sup>nd</sup> Week of January – National Pizza Week

4<sup>th</sup> Week of January – National Meat Week

4<sup>th</sup> Week of January – National Irish Coffee Week

1<sup>st</sup> – Bloody Mary Day; Apple Gifting Day

2<sup>nd</sup> – National Cream Puff Day

3<sup>rd</sup> – Chocolate-Covered Cherry Day

4<sup>th</sup> – National Spaghetti Day

5<sup>th</sup> – National Whipped Cream Day

6<sup>th</sup> – Bean Day; National Shortbread Day

7<sup>th</sup> – National Tempura Day

8<sup>th</sup> – English Toffee Day

9<sup>th</sup> – National Apricot Day

10<sup>th</sup> – Bittersweet Chocolate Day

11<sup>th</sup> – Milk Day; Hot Toddy Day



12<sup>th</sup> – Curried Chicken Day

13<sup>th</sup> – National Peach Melba Day

14<sup>th</sup> – National Hot Pastrami Sandwich Day

15<sup>th</sup> – Strawberry Ice Cream Day

16<sup>th</sup> – National Fig Newton Day; International Hot & Spicy Food Day

17<sup>th</sup> – Hot-Buttered Rum Day

18<sup>th</sup> – Peking Duck Day

19<sup>th</sup> – National Popcorn Day

20<sup>th</sup> – National Buttercrunch Day; National Cheese Lover's Day; National Granola Bar Day



21<sup>st</sup> – New England Clam Chowder Day;

22<sup>nd</sup> – National Blonde Brownie Day

23<sup>rd</sup> – National Rhubarb Pie Day

24<sup>th</sup> – National Peanut Butter Day

25<sup>th</sup> – National Irish Coffee Day

26<sup>th</sup> – National Pistachio Day

27<sup>th</sup> – Chocolate Cake Day

28<sup>th</sup> – National Blueberry Pancake Day

29<sup>th</sup> – National Corn Chip Day

30<sup>th</sup> – National Croissant Day

31<sup>st</sup> – Brandy Alexander Day





# Christmas Food

A	S	T	U	F	F	I	N	G	T	E	G	M	I
E	N	P	A	U	K	D	G	O	L	E	L	U	Y
N	A	T	K	E	G	W	P	U	D	D	I	N	G
A	A	U	D	A	E	R	B	R	E	G	N	I	G
C	U	R	E	U	M	I	G	N	A	S	Y	E	Y
Y	N	K	E	F	N	Y	A	C	U	E	U	S	I
D	K	E	K	T	N	H	A	I	R	N	L	O	N
N	C	Y	D	E	F	A	E	U	L	G	G	O	E
A	U	M	L	N	O	M	A	I	N	A	S	G	L
C	D	R	N	I	E	I	E	A	K	U	L	D	P
S	O	D	S	E	I	P	E	C	N	I	M	I	A
E	A	F	D	M	U	L	L	E	D	W	I	N	E
N	E	K	A	C	T	I	U	R	F	U	R	G	C
T	G	O	N	G	G	E	G	A	N	N	T	Y	C

HAM  
EGGNOG  
MINCE PIES  
GOOSE  
MULLED WINE  
GINGERBREAD  
DUCK  
STUFFING  
CANDY CANE  
FRUITCAKE  
PUDDING  
YULE LOG  
TURKEY

Play this puzzle online at : <http://thewordsearch.com/puzzle/127/>



# CDMs Cultivating Roots

Rallying Organizations & Officials in Training Standards

## CULTIVATE

cult-i-vate

1. grow or maintain
2. apply oneself to improvement or development

☐ Yes, I would like to support CDMs Cultivating Roots.\*

\*Corporate contributions cannot be accepted; only personal contributions can be made to ANFP-PAC.



## Cultivate, Grow, REAP!

### CONTACT INFORMATION

Membership ID#:	Full Name:		
Address:	City:	State:	Zip:
Phone:	Fax:	E-mail:	
Occupation:	Employer:		

### PAYMENT INFORMATION

<input type="checkbox"/> \$1 <input type="checkbox"/> \$5 <input type="checkbox"/> \$10 <input type="checkbox"/> \$25 <input type="checkbox"/> Other		
<input type="checkbox"/> Enclosed is my money order or check, payable to ANFP-PAC		
Please check one: <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> Mastercard <input type="checkbox"/> American Express		
Name on card:		
Credit Card #:	CVV#:	Exp. Date: / /
Billing Address:		
City:	State:	Zip:
Signature:	Date:	

**QUESTIONS? Contact Mindy Theesfeld at 800.323.1908 x128.**

Paid for by Association of Nutrition & Foodservice Professionals Political Action Committee (ANFP-PAC). Contributions or gifts to ANFP-PAC are not deductible for Federal income tax purposes.

Learn about...



Association of Nutrition & Foodservice Professionals  
406 Surrey Woods Dr. | St. Charles, IL, 60174  
Phone 800.232.1908 | Fax: 630.587.6308 | [www.ANFPonline.org](http://www.ANFPonline.org)



The ANFP Wisconsin Grants committee consists of: Marlene Adelmeyer- Chair, and Penny Matuszewski.

Thanksgiving already??? Christmas coming!!??? Is your schooling or exam fee taking a bite out of your budget??? Well ponder this!...If you are taking a dietary manager's class or plan on taking the certification exam, consider filling out an application for one of our grants!

ANFP-WI will be offering a grant for foodservice managers desiring to further their education and career potential by becoming a CDM, CFPP. We will also be offering a separate grant to help cover the expense of the certification exam fee. Penny and I, along with the executive board, are excited to award these grants to two of our members. Grant information for 2020 is included in this newsletter. You can also find it on our ANFP-WI website. Or, if you want to make it really easy for yourself, just email me and ask me to send you the application/information. [Marlene.adelmeyer@gmail.com](mailto:Marlene.adelmeyer@gmail.com).

Good luck to everyone! We can't wait to review applications after the first of the year! God's Blessings, especially to our members and their families through the holiday season and the New Year!

Respectfully submitted,  
Marlene Adelmeyer, Grants Committee Chairperson



## 2020 ANFP WISCONSIN GRANT (formerly Scholarship) APPLICATION

January 1- June 1, 2020

ANFP Wisconsin is offering grants for foodservice managers desiring to further their education and career potential by becoming a CDM, CFPP. We are offering a grant to help defray the cost of a live or online Dietary Manager training program for member of ANFP-WI group. We are also offering a grant for members who have enrolled in the required training course and would like to complete and pass the certification exam to become a CDM, CFPP.

### ELIGIBILITY REQUIREMENTS

- Applicant must be working at least 50% time in a healthcare or approved foodservice environment.
- Applicant must demonstrate need for financial support.
- Applicant's employer or any other entity's financial support for aforementioned program or exam may deem ineligibility.
- Grant recipient of the Dietary Manager program must be enrolled in the required Dietary Manager training course to be completed by June 1, 2020.
- Grant recipient of the Certification exam must complete the exam between January 1 and June 1, 2020.

### APPLICATION REQUIREMENTS:

Please only include information that has been requested. Any applications that do not meet the following criteria or are illegible will be disqualified.

- Answer every space on the Grant Application. Mark N/A if a section does not apply to you. A blank space will automatically be considered an incomplete application.
- **Please include a short essay on why you would benefit from either scholarship and why you desire to become a Certified Dietary Manager.**
- Application, essay and referrals must be submitted by the published deadlines.

### SELECTION PROCESS

The Grants Committee will review all applications and select the 2020 Recipients. All applicants/recipients will be notified by June 15, 2020.

## HOW WILL THE GRANTS BE AWARDED?

ANFP-WI will provide grant monies to recipient with course tuition up to **\$400** (tuition only, books and fees not included). Grant monies will be awarded upon completion of the course to **include receipts for tuition paid**. The Certification exam grant will provide up to **\$399** for the exam only. Grant monies will be awarded **upon receipt of exam purchase and proof of certification credentials**.

## DEADLINES

- Application for the grants must be completed, typed and submitted either by mail or email by June 1, 2020 to:  
ANFP-WI Grant Committee  
W7716 Highbridge Rd  
Oakfield WI 53065  
Email: [marlene.adelmeyer@gmail.com](mailto:marlene.adelmeyer@gmail.com)

Questions? Please contact Marlene at 920-229-2717



## 2020 GRANT APPLICATION

### SECTION 1-TYPE OF GRANT

Please check off the type of grant for which you are applying:

- ☐ Up to \$400 Dietary Manager training program  
☐ Up to \$399 Certification Exam

### SECTION 2-PERSONAL INFORMATION

Last Name:	First Name:	MI
Address:		
City:	State:	Zip:
Email address:		
Home Phone:	Cell Phone:	

### SECTION 3-EMPLOYMENT INFORMATION

Are you currently employed in a non-commercial foodservice operation? ☐ Yes ☐ No

If no, how long have you been unemployed or working in a different setting? Please explain your efforts in actively pursuing employment. (Attach a separate sheet)

If you are currently employed, complete the following section.

Current employer:		
Address:		
City:	State:	Zip:
Email address:		
Name of immediate supervisor:		
Supervisor title:	Phone:	
Length of time with this employer:		

SECTION 4-INDUSTRY WORK EXPERIENCE-*please list starting with your most recent position.*

<i>Company Name, City, Phone</i>	<i>Type of business &amp; position</i>	<i>Duties you perform</i>

SECTION 5-PERSONAL QUESTIONS (attach extra sheets if necessary to include **complete** answers)

1. Are you a member of any other professional organization other than ANFP? If yes, please list. If not why not?
2. Explain your involvement in your ANFP state chapter. (I.e. offices held, conference/meeting attendance, committee work or other volunteer work.)
3. Will your employer or any other entity financially support the aforementioned course or the exam?
4. Does your employer financially support your or other employees' continuing education? If yes, please give examples. If no, do you have any other financial support for education?
5. Give an example of a past meeting you have attended, ANFP or other, and how that experience has benefitted your workplace and/or ANFP-WI?
6. Have you ever been awarded a scholarship or grant from ANFP, NFEF, ANFP-WI, or other sponsor for educational purposes? \_\_\_\_ Yes \_\_\_\_ No If yes please give date, details and amount.

SECTION 6-ESSAY



Please type an essay of not more than 200 words that summarizes the following: **Describe your financial need and why you desire to become a Certified Dietary Manager.** (Please attach essay on separate sheet.)

#### SECTION 7-REFERRALS

Please use the attached referral form for each of your two references. Recommended references include Registered Dietitians, Certified Dietary Managers, Administrators, college faculty, or corporate unit managers. Referrals should be complete.

#### SECTION 8-SIGNATURES

***Please read before signing.*** To the best of my knowledge, I have provided ANFP-WI accurate information concerning all questions on this application. I understand that failure to provide valid and complete information could result in the withdrawal of all financial assistance and a recall of all awards previously made by NFEF, or ANFP.

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Supervisor: \_\_\_\_\_ Date: \_\_\_\_\_

Before you submit this application, please include:

\_\_\_ Every section of the application is completed; application signed and dated.

\_\_\_ Section 6 essay attached.

\_\_\_ Section 7 referrals attached.

\_\_\_ Section 8 signature information completed.



**ANFP GRANT REFERRAL FORM**

**NOTE: two referrals are needed-see grant information page. Please ask your referral to tell us, for example, about you, your work ethics, position, participation, extra efforts, or any other helpful information that may be beneficial to your application.**

**Referral Name:**

---

**Referral Employer:**

---

**Name of Grant Applicant:**

---

**Relationship to Applicant:**

---

**REFERRAL COMMENTS: (May be typed on a separate sheet)**