

# ANFP® | VERMONTNEWS

## Association of Nutrition & Foodservice Professionals

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## Upcoming Events!

Southern New England, Spring Meeting, April 29, 2020, 9 am -4 pm  
I Care Health Network -341 Bidwell Street, Manchester, CT 06040  
Contact Chapter President, Amarilys Saluk for more registration details  
[amarilyssaluk@gmail.com](mailto:amarilyssaluk@gmail.com)

2020 Spring Regional Meeting - Memphis, TN April 16-17, 2020

2020 Annual Conference & Expo (ACE) – Las Vegas, NV June 15-18, 2020

VERMONT CHAPTER MEETING 2020 – OCTOBER 14- LOCATION-TBD

ANFP WEBPAGE: [www.anfponline.org](http://www.anfponline.org)

VT ANFP WEBPAGE: [www.anfponline.org/vt](http://www.anfponline.org/vt)

## Letter from the President

Hello all!!

Hoping that you are getting through this lovely winter, thankfully I got to visit Florida in February!

Just wanted to apologize for not putting together a spring meeting after the joint state meeting got cancelled due to low responses for attendance. We really needed a total of 75 members to attend and we were lucky if we had 30. As soon as I hear when the NH spring meeting is I will forward it along and maybe you could possibly attend. BUT, with me feeling so bad and this being my last year as president, I reached out to Reinhart once again and they are going to sponsor our fall meeting once again. The date as of now is October 14<sup>th</sup> but we are in the beginning stages of the planning. Leave the 14<sup>th</sup> and 15<sup>th</sup> open on your calendars just in case it turns into a day and a half meeting. We want it to be full of speakers and many CEU's. Stay tuned and as I have info to pass along, I will send out an email. I do miss visiting with all me VTANFP friends/family.

Is anyone going to nationals in Vegas?? Did you check out the agenda? If you have the opportunity to attend you should definitely attend the Leadership training. I attended long ago and it is totally amazing. You get to learn from others and you meet lots of great people from all over. It will be well worth the extra money to attend.

Speaking of leadership, you all know where I am going with this don't you 😊 we need volunteers and we need them desperately. Our organization cannot run on just 2 or 3 people and with me stepping down this is leaving Brandy and Jo at the steering wheel. I know Brandy has said that she has some great ideas for the future of VTANFP but more volunteers would be awesome! Please consider this opportunity and let me know if you want to talk about a role that you can do for our organization. To be honest with you, I have been proud to lead you guys the past MANY years and it makes me feel good inside and it also impresses the higher ups at my facility if you know what I mean. Just chat with Brandy, Jo or myself with no commitment just questions.

I hope to see some of you in Las Vegas!

If you need ANYTHING at all please feel free to contact Brandy, Jo or myself and we will assist you the best that we can and if we don't know the answer, we will get back to you when we find it.

Denise Choleva CDM, CFPP



**Denise for your years of service  
and continued commitment,  
VT ANFP thanks you!**

# Regulations Tips to Seek, Know, and Share with Your Team

By [Barbara Thomsen](#)

Have you ever asked yourself, heard from your staff or even your child, “how am I supposed to know all of that?”

Have you ever given or heard the response, “because you should know?” Or, worse yet, “Because it’s your job!”

We know what we know because we are curious enough to figure it out. Or, our curiosity led us to seek it out through education! As CDM, CFPPs, we did just that. We became certified in foodservice management and food safety!

Do we have all the answers to our job’s daily questions? Are we all Jeopardy masters, able to clear the game board? Probably not, BUT we are expected to know where to look and how to share what we know!

Here are some pointers that I found helpful to become my foodservice department’s food “master:”

## **Be the Regulations Master - Seek, Know, and Share These**

-Federal Regulations: These dictate both hospital and long-term care facilities. The Centers for Medicaid & Medicare Services (CMS) §483.60 regulations are the main foundation for managing staffing, sanitation, safety, and more. [Learn more](#)

- USDA Food Code (applies to LTC, Hospital, & AL): This is updated every four years for a full update with supplemental versions every two years. [Learn more](#)

This is referenced in both the federal regulations (CMS & The Joint Commission (TJC)) and your state-specific regulations. Pay close attention to your state regulations for the food code year they list. Not all of them have updated to the most current full 2017 food code.

- TJC - (Hospital): Local Health Inspectors, FDA Food Code, and CMS surveyors could survey your kitchen. This will follow your site-specific licensure/accreditations. [Learn more](#)

- State Specific (LTC, Hospital & AL): Find your state-specific information via the State Healthcare Survey Department or seek your administrator’s help!

I created a Foodservice Department's survey action plan that includes audits and in-services for compliance in the areas needed based on these reviews. Here’s the plan:

- Six months prior to our annual survey due date (survey window is 12-15 months from previous exit), conduct a review of the past year’s survey tags (deficiencies).

- Review any neighbor kitchen’s current survey tags. You can learn a lot from the “missteps” of others, so listen well to your local grapevine or by chatting with local CDM, CFPPs. Don’t forget to visit the [ANFPConnect](#) community and chat survey tags (and everything else) with ANFP colleagues. Networking is knowledge!

- Budget to attend state [ANFP Chapter Meetings](#), ANFP’s [Regional Meetings](#), or ANFP’s [Annual Conference & Expo \(ACE\)](#). You will learn so much about the latest industry trends, regulatory updates, and have the opportunity to connect with fellow CDM, CFPPs across the country, and learn how they handle the same challenges you face.

(Continued)

-In addition, budget to attend healthcare association meetings (Leading Age, American Healthcare Association, Hospital Association) for the current information on regulatory updates.

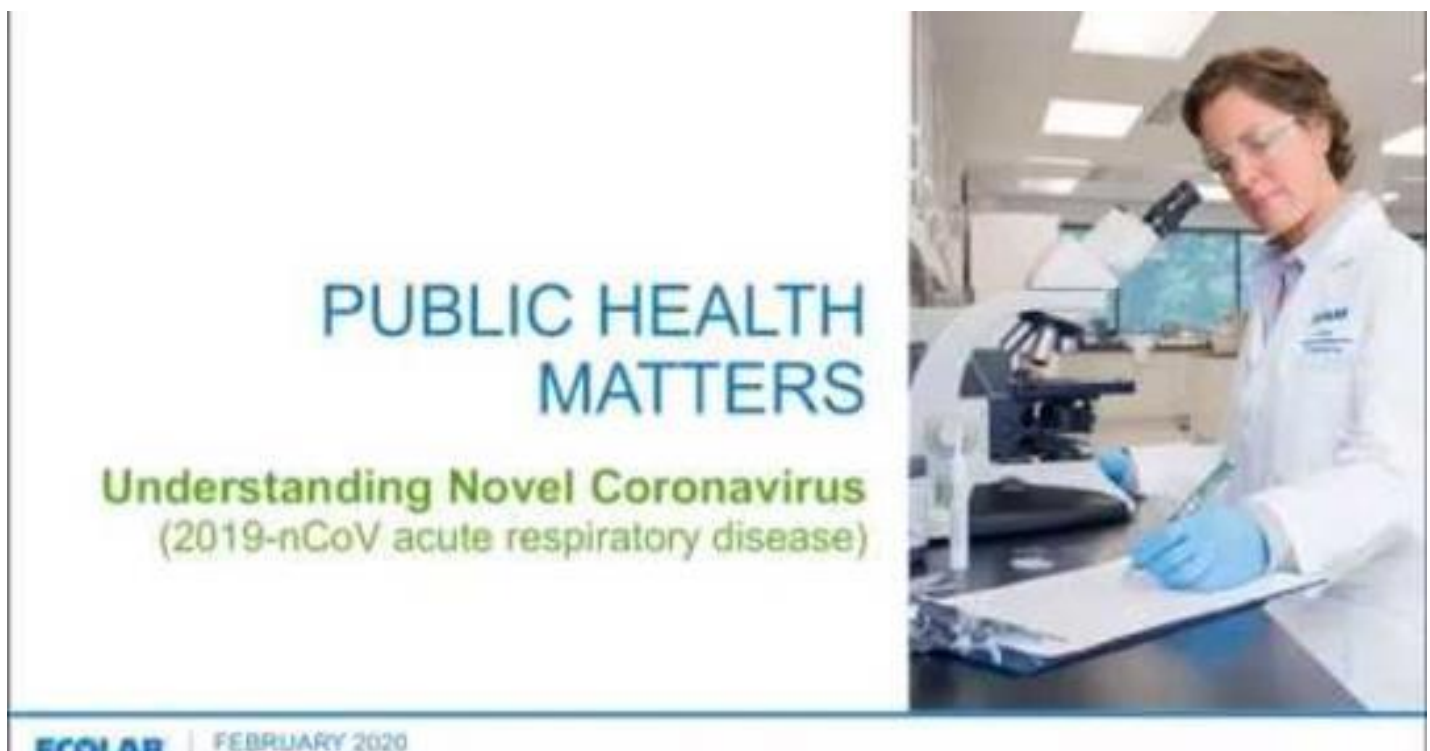
**A super suggestion—save these links to your computer's favorites for quick references!**

As we continue to grow in life, our families and our careers allow our curiosity to blossom as well! Jeopardy should always be our challenge; a new day, a new game, and plenty to share! Your Double Jeopardy is having both the CDM and the CFPP behind your name!

**#CDMsMatter**

If you have any questions, please e-mail [regs@ANFPonline.org](mailto:regs@ANFPonline.org).

## EXCELLENT WEBINAR- COURTESY OF ECO LAB



Copy paste link to view:

<https://www.youtube.com/watch>

**WELCOME NEW MEMBERS!**

Scott Lane- Pre professional- 05/30/2019

Kevin Roberts- Pre professional-02/27/2019

*Welcome*

## Vermont ANFP Chapter **Volunteer** opportunities!

<b>Role</b>	<b>Current Volunteer</b>	<b>June 2020</b>
<b>Past President</b>		<b>Denise Choleva</b>
<b>President</b>	<b>Denise Choleva</b>	<b>Brandy Helm</b>
<b>President-Elect</b>	<b>Brandy Helm</b>	
<b>Secretary/Treasurer</b>	<b>Joanne Applebee</b>	<b>Joanne Applebee</b>
<b>Spokesperson</b>	<b>Denise Chelova</b>	<b>Denise Chelova</b>
<b>Impact Team</b>	<b>Brandy Helm/Joanne Applebee</b>	
<b>Newsletter editor</b>	<b>Brandy Helm</b>	
<b>Nominating Committee</b>	<b>Denise Choleva</b>	
<b>Webmaster</b>	<b>Brandy Helm</b>	
<b>Membership Chairperson</b>	<b>Denise Choleva</b>	
<b>Membership Committee</b>	<b>Joanne Applebee</b>	
<b>Hospitality</b>	<b>Joanne Applebee</b>	
<b>Teller</b>	<b>Cindy Rankin</b>	
<b>Finance Committee (4 positions)</b>		

Volunteering is not only fun, it is also rewarding and benefits you professionally and personally. As a volunteer, you will gain leadership skills that transfer to your professional and personal lives, foster teamwork, expand your professional network and build your resume by contributing to industry issues. While ANFP wants volunteers to learn and benefit from their experience, we also ask that they conduct themselves in a professional manner during their term while they serve as ANFP representatives.

### Standards of Conduct for ANFP Volunteers

As an ANFP volunteer, you are expected to:

- Use only legal and ethical means in all association activities.
- Use every opportunity to improve public understanding of role of ANFP.
- Promote and encourage highest level of ethics within the industry and profession.
- Refuse to engage in activities for personal gain at the expense of ANFP, the industry, or the profession
- Maintain the confidentiality of privileged information entrusted or known to me by virtue of my office or appointment.
- Maintain loyalty to ANFP and pursue its objectives in ways that are consistent with the public interest.
- Serve all members of ANFP impartially, provide no special privilege to any individual member and accept no personal compensation from the association, a member, or a vendor except with the knowledge and consent of my association's executive board.
- Always communicate association internal and external statements in a truthful and accurate manner.
- Cooperate in every reasonable and proper way with allied associations' elected and appointed leaders and work with them in the advancement of ANFP, the industry, and the profession.
- Recognize and discharge the responsibility of my elected or appointed office upholding all rules and regulations relating to ANFP bylaws and policies and procedures.
- Maintain the highest standard of personal conduct.
- Reflect pride in membership with ANFP by wearing pin and displaying certificate, if allowed by employer.

Please contact us with any questions you may have!

## Learn About Each Way to Support NFEF

[NFEF@ANFPonline.org](mailto:NFEF@ANFPonline.org)





## Treasurers Report

Monthly account fees= \$10.00 per account

### **Olive Robinsons/Balance = \$34.46**

Check # 115– void  
 Check # 116 Vitoria Roman, CDM Course-\$ 225.00  
 Check # 117 Walmart/ Nationals EDU-\$200.00  
 Check # 118 Sabrina Raymond/ Books- \$150.00  
 Monthly Maintenance fee = \$7.50  
 Dep– fall meeting dues \$140  
 Check #119 VOID  
 Check #120 \$100 (PAC donation)  
 DEP Fall Raffle \$255  
 DEP Spring Raffle \$200  
 Check # 121 Lap top/shipping \$323.00

### **ANFP Account/Balance= \$587.99**

Check # 134 M resort/ nationals- \$855.00  
 Check # 135 Fine Awards Plaque- \$107.63  
 Check # 136 Speaker gifts/ Raffles-\$ 104.82  
 Check # 137 Stamps / board vote- \$29.40  
 Deposit- \$770 Spring Meeting  
 Check # 138 Reimburse Denise- \$870.00  
 Check # 139 VT /ANFP ADD- \$250.00  
 Check #140 Gifts/Raffles- \$57.06  
 Check # 141 Springfield Hosp. \$175.21  
 Check # 142 airline \$222.60  
 Check # 143 Donation \$100.00  
 Check #144 condolence basket \$119.98  
 DEP fall Dues- \$840.00  
 Check #145 Robin Rustics (nationals) \$464  
 Check # 147 Orlando Room \$950.63  
 Check #148 Reimbursement President \$385  
 Check # 149 VOID  
 Check # 150 ANFP Merchandise \$307.15  
 Check # 151 FTD \$62.00  
 Check #152 Quilt/raffle \$75  
 Check #153 Water Bottles \$150.00  
 Check #154 Vermont Veterans Home Food \$319.22  
 DEP Spring dues \$750  
 Check # 155 VOID  
 Check #156 Nationals \$100  
 Check #157 Room Regionals \$466.74  
 Check# 159 Laptop upgrade \$99.00  
 Check #160 Audit Books/Lunch \$48.98  
 Check #161 VOID (error)