

# ANFP Texas News

## SPECIAL POINTS OF INTEREST:

- President's Message
- Spring Workshop Pictures
- Goal Setting
- Benchmarking Program
- Fall Workshop Pictures

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## “Up Coming Events” You Do Not Want to Miss!!

### TXANFP Fall Workshop TBD

**Make sure to watch your emails for dates and location for the fall workshop!!!**



“Your Talent determines what you can do. Your Motivation determines how much you are willing to do. Your Attitude determines how well you do it.”

-Lou Holtz



# President's Message

**Debbie McDonald, CDM, CFPP**  
**TXANFP President**



Happy New Year,  
Our TXANFP Fy24-25 year has begun and we are looking forward to a successful year.  
I would like to take this opportunity to thank all the executive board members, members, and vendors that came together to make our Spring Meeting a success in the beautiful city of Missouri City Texas. A special thank you to Ben E. Keith for hosting TXANFP. The hospitality was remarkable from the company. We all enjoyed the wonderful Speakers, great food, and all the "First-time" members that joined us. ANFP National ACE meeting in Reno Nevada, June 10-13, 2024, was excellent. We had a blast. This was four days filled with education sessions, networking events, Expo, and the Honors Gala. If you were not there you missed one of the best ACE'S! You will have the opportunity to have the experience in Minnesota at ACE 2025. Start making plans now if you would like to attend. Please take the opportunity to apply for a grant for the fall 2024 Regional Meeting or Ace 2025. You

can find the application online at [www.anfponline.org](http://www.anfponline.org).

We want to congratulate our own Texas Ken Owens, CDM, CFPP who is our national ANFP chair elect. I am confident that Ken will make us all proud. He has worked very hard at the state level. Please congratulate him if you see him!

I am proud to announce that TXANFP won the following awards for FY 23-24, Membership, Government Affairs, Communication, Diamond Award nominee and the Platinum Award.

I know as a team we will have a successful year. The fall meeting has not been finalized. Please watch your emails for the dates. I hope you all have a cool summer.

Yours respectfully,  
Deborah McDonald, CDM CFPP  
TXANFP President

*Debbie McDonald, CDM, CFPP*  
*TXANFP President*

ers and committee members will diligently work to give our membership the best educational tools possible. Our pledge is to continue to strive towards excellence in professionalism and education. Our organization has a lot to offer our members and it is important that we continue to educate our administrators, food service workers, legislature representatives and all others that you encounter. I want to wish you all a happy end of the summer and I look forward to

## Note from the Editor

Editor: Fred Mahaffey CDM, CFPP

In order to best serve you there are a few things that I need from you. This is your newsletter. I need your stories, pictures, district events, ideas on what you would like to see in your newsletter. What are the issues you face in your day to day operations that you need help with? In order to make this a useful and purposeful newsletter you must contribute to the content. I want to encourage you to attend as many of our Texas ANFP functions as possible. By learning and growing we become better; and this helps us to better take care of those we serve. Remember your staff are your customers too! Take care of them so they will in turn take care of others. Your attitude translates directly to the quality of service and attitudes in your employees.

## Why be Active in the Texas ANFP

### **\*\*VALUE\*\***

Networking with other professionals dealing with and solving challenges in the Food Service Industry.

Learn new skills and improve old ones.

CEU's for required certification maintenance and renewal.

Opportunity to travel to see other areas in the state.

Opportunity to talk with vendors.

Opportunity to learn from experts in their field of practice.

Stay updated on current regulations and trends.

Improve your marketability.

Increase your performance and value in your current position.

Topics frequently discussed:

Improve Food Cost

Improve Labor Costs

Improve Survey results

Self Improvement

Leadership Skills

Management Skills

Nutrition Standards

HR Skills

**Coach Me**

*and I will learn.*

**Challenge Me**

*And I will grow.*

**Believe in Me**

*And I will win.*

# Why You should attend workshops!

**Have you ever been a new manager trying to figure out how to navigate through issues in your kitchen? Have ever had or do have issues meeting your Food Budget? Your Staffing Budget? Have you ever wondered if there was anyone else that deals with the same challenges you do?**

**There are many others like you and also seasoned veterans who attend the workshops and they are more than happy to talk with you and help you try and figure out ways to improve your department.**

## **Watch your email for details!!!**

## Texas ANFP Fall Meeting What to Expect

**You have never been to a Workshop and you want to know what to expect and why you should go?**

1. You will develop contacts and network with others facing the same challenges you face.
2. You will have fun!
3. You typically will learn new management skills and practice in group sessions with others learning along with you.
4. You will hear speakers in related industries talk about trends and topics that may help you be more effective in your role as a leader.
5. You sometimes get to try new product items the vendors bring as part of the food show.
6. You will have fun!
7. We talk about ways to be more productive and run a more efficient operation.
8. Some of the activities are participative and interactive.
9. You will have fun!
10. You earn CEU's that you need to maintain your credentials.

There's 10 reasons why you need to be at the Workshops.

***"Success is something you attract by the person you become"***



# Fall Workshop 2023

## First Timers

Where is your picture??  
If you are a first timer we want to recognize you and also make sure you are introduced so everyone can welcome you!

**We look forward to  
Seeing you at the  
Next Workshop!!**

## ANFP Benchmarking Program

**Are you participating in the ANFP Benchmarking Program? If so, tell us how it is going. What are you learning and how is it benefiting you?**

### **Goal Setting:**

Do you have your goals written down for 2024? If you do not then how do you plan to be successful? Goal setting may be tedious and challenging. It is however, very important even for the most seasoned veteran. Just the act of writing them down is progress. If you have department goals then you must share them with your employees. If they do not know what the goals are then how can they help you reach them? There are those that say you shouldn't share personal goals. This is subjective because if you have a close friend who will help keep you accountable then it might be a good thing to have a friendly person help motivate you. Work goals are different because it takes a team of individuals working together. As the manager you must have your team working with you not against you.

#### **Goals require a few things:**

**Specific**— they must be specific

**Realistic**— they must be realistic

**Time Frame**— they must have time frames

**Responsible**— Someone must be responsible for the individual tasks required to be completed

**Measurable**— they must be measurable, otherwise how will you gauge improvement

And if the goal is not met then you have to reassess and make changes and decide if the current path is the best or if you need to try something different.

There are a lot of different acronyms for goal setting out there. Rather than focus on all the ways people find to remember things. My suggestion is make sure you have all the above written down and "Just Do It!" Action will get you further than talking about it.

## **In Celebration of National Homemade Soup Day**

**Send in your pictures and or recipes for your favorite homemade soup!**

### **Trivia-**

Before the era of modern transportation, soup was a product of regionally available foods. For this reason, there are thousands of soup recipes available today.

**National Homemade  
Soup Day  
February 4th**



## Send me your ACE 2024 Pictures!



## Thank you, 2024 ACE Sponsors!

### PLATINUM



### GOLD



### STERLING



### BRONZE



# Food Safety

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## What is the most common Food Safety Vioation?

1. Storing or using chemicals on or near food and food-contact surfaces.
2. Not cleaning and sanitizing utensils, equipment, or machines regularly.
3. Infrequent or improper handwashing.
4. Having ill food workers performing normal duties.
5. Temperature abuse of time/temperature control for safety (TCS) foods.



Answer– All of the above!

## ANFP Core Values

### Ethics and Core Values are essential to Quality Leadership and Personal Development

**Professionalism:** ANFP members are leaders who demonstrate the highest standards of their profession, adhere to a code of ethics, and pursue lifelong learning.

**Integrity:** ANFP members demonstrate pride in their work and are respected members of the leadership team.

**Advocacy:** ANFP members are advocates for those they serve and demonstrate that they care about their health and quality of life.

**Best Practices:** ANFP members implement nutrition and foodservice best practices and impart that knowledge to those they serve and lead.

*“What is your  
WHY?”*

*“It is a proven  
fact that those  
who are the  
most  
successful,  
have a “WHY”*

*(What motivates you  
to do your best.)*



**The Key to  
Success is to  
Focus on the  
Goal Not the  
Obstacles!**



## April 2024 at Missouri, Texas



“Some of our  
Amazing  
Speakers”





April 2024 at Missouri, Texas

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## ACE 2024 Reno, Nevada



**Government Affairs Award \* Communications Award  
Membership Award \* Diamond Award**

**Texas ANFP 2023-2024**

**Great Job  
Everyone!**





**That's ONE BIG  
SMILE!**







**Teams did a Great Job!!!  
Sign Me Up to be a Judge next time!!**





**Thank-you! Too all our Awesome! Vendors for our Mini Food Show! And a SPECIAL THANKS! To Ben E Keith for the nice facilities and making this possible!!!**



**Look at  
that Clean  
Kitchen!!**







# WE ARE HIRING

## *Certified Dietary Managers*

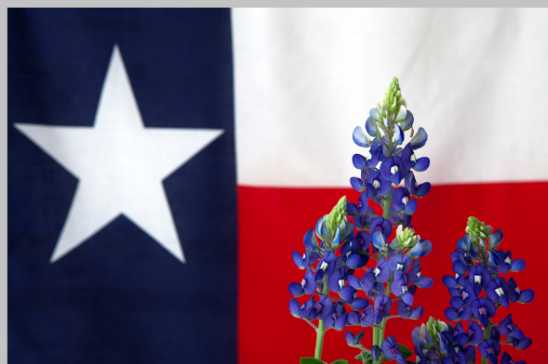
**\$5,000.00 Sign On Bonus!**



### WE OFFER:

- Paid Yearly ANFP Membership Dues
- Multiple Job Opportunities Across Texas
- Paid trip to the annual ANFP Conference and Expo
- Great Benefits
- Affordable Healthcare, plans starting at \$130/month
- Flexible Schedule
- Growth Opportunities
- Tuition Reimbursement

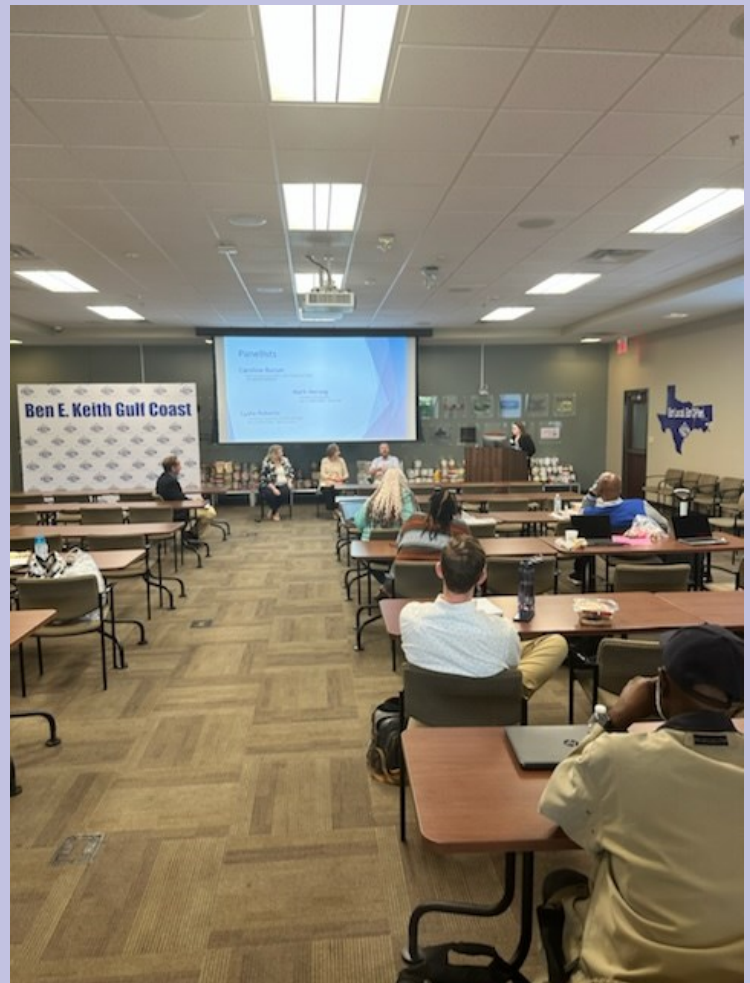
SCAN TO APPLY



Creative Solutions in Healthcare is the largest long-term healthcare provider in the great state of Texas. There are over 150 locations throughout the state. We have an award winning dietary team, and are always looking to add new members to the Creative Family. Apply today!



**One thing we  
know—There  
are always very  
good speakers  
and topics that  
we can learn  
from!!**





## A Special Thanks! To the vendors who set up for our mini Food Show!!





## A Special Thanks! To the vendors who set up for our mini Food Show!!





## Pictures from Facilities Around the State

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Send in articles for our newsletter to Fred Mahaffey,  
[frederickmahaffey@gmail.com](mailto:frederickmahaffey@gmail.com)



### Creative Solutions

Arlington Heights – Granbury - Greenbriar – Twin Oaks

**“A recipe is a story  
that ends with a good  
meal!”**



If you don't see your facility then no one sent me pictures!!- editor



Association of Nutrition & Foodservice Professionals

**Each ANFP chapter is registered as a tax-exempt nonprofit organization with the IRS. Some chapters are divided into smaller areas called districts. Chapters and districts are volunteer driven. Officers and committees promote the benefits of being active locally, such as growing a professional network and developing leadership skills. Chapter leaders are essential to the success and growth of ANFP.**

## Vision

The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

## Mission

Position the Certified Dietary Manager as the expert in the foodservice management and food safety.

For more information about ANFP please contact Association of Nutrition & Foodservice Professionals by telephone at 800-323-1908 or 630-587-6336.



## Texas ANFP Board

### President

Debbie McDonald CDM, CFPP

### President– Elect

Shaylei Johnson CDM, CFPP

### Immediate-Past President

Kim Kyle CDM, CFPP

### Secretary/Treasurer

Michael L.C. Polmanteer BS, NDTR, CDM, CFPP, TSAC-F

### Treasurer

Donna Ynostrosa, CDM, CFPP

### Newsletter Editor

Fred Mahaffey, CDM, CFPP

## Committees and Committee Members



We are looking for volunteers. If interested please contact one of the Texas ANFP Board Members and we will gladly pass on your information.