Spring Fling Celebration

Agenda

Location: US Foods-Houston 4325 Interwood S. Pkwy, Houston, TX 77032

Date: March 29, 2019

Time: 9am – 2pm

Facilitator: Ken Owens CDM, CFPP **(281-404-1037)**

# Texas ANFP District 4

| Time | Item | Speaker |
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| 9:00am | Welcome, Introductions, Ice Breaker | Ken Owens CDM, CFPP |
| 9:15am- 10:45am | Keeping Your Produce Safe (Sanitation CE) | Ryan Wolverton  Produce Specialist  US Foods |
| 10:45am-  12:15pm | Nutrition and Disordered Eating (General CE) | Jennifer Lindsay, MS/ RD/LD  The Healthy Weigh |
| 12:15pm-  12:45pm | Lunch | Hormel Foodservice & The Core Group |
| 12:45pm-1:45pm | US Foods Produce & Del Monte Facility Tour (Sanitation CE) | Ryan Wolverton Produce Specialist  US Foods |
| 1:45pm-  2:00pm | Networking, Adjourn |  |

**\*There is no registration fee for the spring fling celebration but we asking everyone to bring a shoe box filled with soap, toothpaste, toothbrush, shampoo, deodorant, comb, razor, wash cloth, socks, etc. We will donate these shoe boxed to the homeless shelter in the area. These items are just an idea of what to put in the shoe box but not limited to these items. Thanks for your help, Thanks for caring for others!**

**Please RSVP Tami Diaz by March 25, 2019** [**eliami1@yahoo.com**](mailto:eliami1@yahoo.com)

CE requested - 1.5 general 2.5 sanitation = 4.0 total