



**Merry Christmas**

## President's Message

Velma McElroy, CDM, CFPP  
TXANFP President

Holiday Greetings,  
I hope that each of you had an enjoyable Thanksgiving with your families and friends. Christmas is drawing near. This time of year we can give to our communities. During the Christmas season there will be many families without shelter, food and gifts. Many of you work in long term care, hospitals and there are many shelters around in your communities. I would like to challenge each district to pick a facility or shelter to make a contribution of love during this season. I will look forward to hear from each district about how you contribute to your community.

We are six months into the TXANFP year. We are looking for nominations for 2018-2019, the board positions that will be available are President-Elect and Secretary. More information will be available soon on how to apply and the criteria.

The ANFP Regional meeting will be in Dallas March 15-16. We are excited about the meeting and hope that many of you will be able to attend. Registration is now available,

for more details go to [www.anfponline.org](http://www.anfponline.org).  
TXANFP Spring Meeting will be held at Creative Solutions, White Settlement, Texas May 3-4, 2018.

The host hotel will be Comfort Inn and Suites, White Settlement, TX. More information will be posted TXANFP website soon. I am looking forward to seeing you at the meeting.

All district presidents if you have not sent your fall report in to me or Kenneth Owens, TXANFP Secretary please do so as soon as possible so that I will be aware of what is going on in your districts.

I will like to wish all of TXANFP members and families a

Very Merry Christmas  
and a Happy New Year!



**Merry Christmas &  
Happy New Year!**



## WELCOME TO Reinhart Foodservice®

As one of the largest foodservice distributors in the country, Reinhart Foodservice aims to provide the best products and solutions to our valued customers every day. Satisfied customers expand their business with us, and new customers seek us out to benefit from our industry leading business solutions.



We are a national distributor with that local touch. Reinhart understands and reacts to local and regional differences in Healthcare foodservice needs. We adapt and customize your foodservice program to suit your business objectives, from how and when we deliver to your facilities to meeting your menu requirements. You still get the distribution, pricing, services and technology leverage of a national player with a focus on the unique elements of your market that our largest competitors can't match.

We're proud to serve many of our industry's leading healthcare operations. To them Reinhart is more than a distributor. We are a true partner with extensive Healthcare experience and expertise. We work with you to meet your budget, streamline operations and deliver quality meals to your residents.



### HEALTHCARE



Contact us for more information:

Tiffany Wenzel, RD/LD | (817) 320-4614 | [trwenzel@rfsdelivers.com](mailto:trwenzel@rfsdelivers.com)





## District 1 Highlight

President, Mary Valdez, CDM, CFPP

**DATE:** November 12, 2017

We had a district workshop on November 11, 2017, hosted by Olivia Qunonez, CDM, CFPP at Eagle Lake Nursing & Rehab in Eagle Lake, Texas and we had 8 members attend that workshop. We will be donating \$50.00 to the Eagle Lake Ministerial Alliance in honor of the speakers for that workshop.

We are working on setting up another workshop in February, 2018. As soon as we have the location we will be sending out registration forms to all districts.

We do not have any fundraisers scheduled at this time.

### DISTRICT 1 OFFICERS:

The 2017-2018 Slate of Officers:

President--Mary Valdez, CDM, CFPP

President-Elect--Open

Secretary-Cynthia Molina, CDM, CFPP

Treasurer-Latanya Black, CDM, CFPP

Past President-Olivia Quinonez, CDM, CFPP

The Executive Committee will meet in January 2018 to work on goals, budget, and other business needs.

2017-2018 Goals and Budget will be presented to the members at the February 2018 District 1 Workshop.

## Texas Cook's Nook

### PARTY CHEESE BALL

<b>8 oz.</b>	<b>PIONEER CHEDDAR</b>	<b>1/4 cup</b>	<b>pimento, chopped</b>
<b>2 lb.</b>	<b>CHEESE SAUCE MIX</b>	<b>3 Tbl.</b>	<b>dehydrated</b>
	<b>cream cheese,</b>		<b>minced onion</b>
	<b>softened</b>	<b>1 tsp.</b>	<b>garlic powder</b>
<b>1 cup</b>	<b>green pepper,</b>	<b>2 cups</b>	<b>nuts, chopped</b>
	<b>minced</b>	<b>1 cup</b>	<b>parsley, chopped</b>

1. Combine all ingredients in a 5-quart mixing bowl, except nuts and parsley, and mix on low speed for 2 minutes.
2. Scrape sides and bottom of bowl. Mix 1 minute more on low speed.
3. Place cheese mixture on a large square of plastic wrap. Fold corners toward center to

form a ball. Refrigerate several hours or overnight until firm.

4. Combine nuts and parsley on a shallow plate. Roll cheese ball in nut mixture to coat completely.

Refrigerate until ready to serve.

YIELD: 2 lb. cheese ball

### MEXICALI SOUP



**Join  
Texas ANFP  
Facebook Page  
for Information  
Around the State**



## 2017 Houston Fall Workshop First Timers

### Left to Right

James Frei

Latoya  
Benjamin

Jackie  
Kennedy

Ora Ballard



**CAVATAPPI PASTA WITH TOMATO HERB SAUCE**

**GEMELLI PASTA WITH CREAMY GARLIC SAUCE**

**THE GOOD TABLE**

**ENTRÉES MADE EASY:**

Chef-inspired, individual entrées created for hospitals

Quick and easy prep with consistent quality and nutrition no matter the skill level!

FOR YOUR FREE SAMPLE, VISIT [generalmillscf.com/entrees-made-easy](http://generalmillscf.com/entrees-made-easy)

**GENERAL MILLS**  
Cereals & Foodservice



## **Community Happenings**

### Brookdale Senior Living Veterans Day Celebration



### *Creative Solutions Cruise*



## District 2 News

District #2 had a meeting at NTSW WFC on November 17, 2017 at North Texas State Hospital, Wichita Falls, Texas. There were 10 people in attendance. A nice lunch was prepared by James William, CDM, CFPP. We were educate on how to control diabetes by Retired MSgt. William Carter, Nutrition /Chronic Disease Lead Program Coordinator, The importance of training employees by Ashley Holder, Assistant Director of FCTD and Losing or building trust in the work place by Debbie McDonald, CDM,CFPP. Members learned a lot and was pleased with the meeting. 4.25 hours was approved for the education hours.

President Gladys Hendrich CDM, CFPP stepped down due to personal reasons. She will still be involved with District #2. Debbie McDonald CDM, CFPP will be Interim President until May 31, 2018. The officers are as follows for this year. President-Elect-Linda Neal, CDM, CFPP, Secretary- Paula Stuckey, CDM, CFPP, Treasure- William Carter, CDM, CFPP. The next meeting is scheduled for February 23, 2018 in Decatur, Texas.

Submitted by,  
Debbie McDonald, CDM, CFPP

## District 3 News

No Information Provided.  
President-Deborah Darlin, CDM, CFPP

## District 4 News:

No Information  
President:  
Carol Persinger, CDM, CFPP



## Scholarship Corner

We are proud to announce our two 2017 scholarship winners.

**Mrs. Kathy Burch, Gilmer Nursing and Rehab, Gilmer Texas.**

**Mrs. Beverly Turek, Brookdale Senior Living, San Marcos Texas.**

TXANFP sends **CONGRATULATIONS and Good Luck Passing the Test**



## Texas ANFP Board

Ken Owens- Secretary  
Velma McElroy- President

Kathy Mata- President Elect  
Mary Valdez- Treasurer



### District 5 News

District 5 will be having a meeting on January 19<sup>th</sup>  
at Crestview Retirement Community  
2505 East Villa Maria Rd, Bryan, Tx 77802

An email with more details will be sent out to all members. This meeting will involve electing all officers to include President, President-Elect, Secretary, and Treasurer. It will be a free event with CEUs and Lunch provided. Anyone interested in volunteering for a position please feel free to contact Kathy Mata, Texas ANFP President-Elect @ 903-467-4326 or [kep1029@yahoo.com](mailto:kep1029@yahoo.com).  
**We hope to get this District up-and-running.**

### General Mills



### Synergy





## Trust the Ocean Spray® Brand to help manage urinary tract health

Urinary tract infections affect more than 150 million people globally each year.<sup>1</sup> Ocean Spray® Cranberry +health™ juice drink is made with a formula clinically proven to help reduce symptomatic recurrent UTIs in women by almost 40%.<sup>2</sup>



### Superior Nutrition

- + 27% cranberry juice content
- + 120mg of proanthocyanidins (PACs) per 8 ounce serving
- + 35 calories and 6 grams of sugar per 8 ounce serving
- + No artificial dyes, flavors or high fructose corn syrup
- + Diabetic friendly\*



### Cost-Effective

At less than \$0.50 a day Cranberry +health™ juice drink can be a practical nutrition approach to maintaining urinary tract health<sup>3</sup>



### Simple To Use

8 ounces can be consumed as part of normal daily fluid intake



"Since serving 8 ounces of Cranberry +health™ per day my patients with recurring UTIs were reduced from 12 to 2 per month. Patients like the taste, our dieticians like the low sugar. The families of the residents like the brand name Ocean Spray and appreciate that this product improves their family member's lives." – DON, SNF, Venice, FL

*Make Cranberry +health™ juice drink the official cranberry product of your facility!*

For more information about cranberries and your health, visit [www.cranberryhealth.com](http://www.cranberryhealth.com).



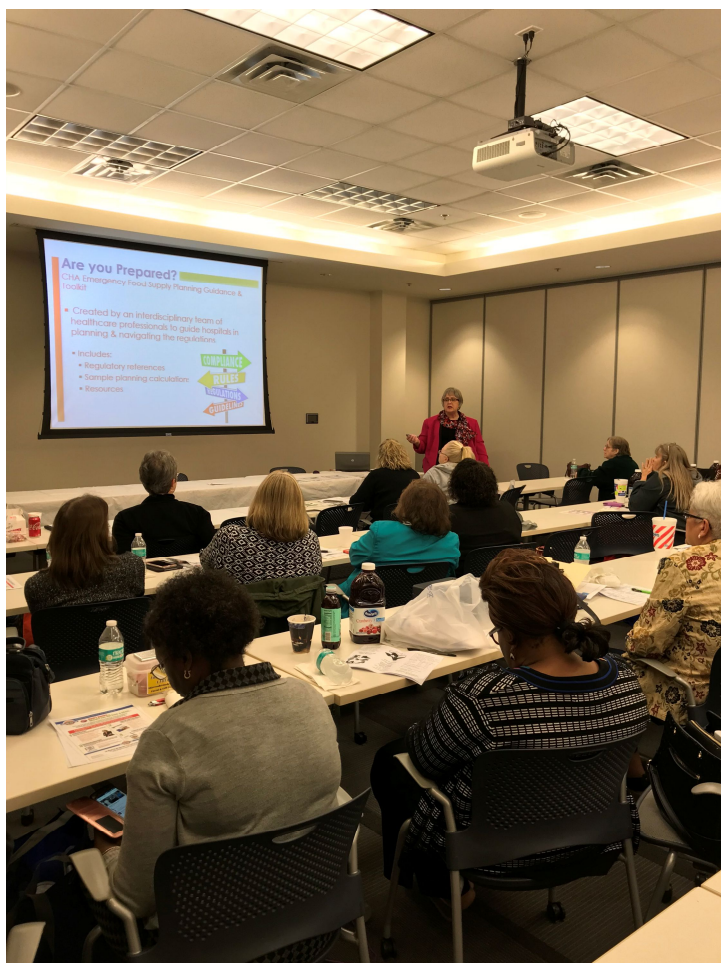
<sup>1</sup> Nicolle LE. Epidemiology of urinary tract infections. Clin Microbiol News 2002; 24:135–140.

<sup>2</sup> Maki K et al. Consumption of a cranberry juice beverage lowered the number of clinical urinary tract infection episodes in women with a recent history of urinary tract infection. Am J Clin Nutr 2016; 103:1434–1442.

<sup>3</sup> Based on the consumption of one 8 oz serving per day.

\*Always seek advice from your healthcare professional.







Association of Nutrition & Foodservice Professionals

**CANDIDATE CONSENT FORM**

**Date:**

The Nominating Committee of the Texas Association of Nutrition & Foodservice Professionals requests you to fill out this consent form to serve as  
**(Available Position)**

**Term:**

**Name:**

**Address:**

**Home Phone :**

**City, State, Zip:**

**Work Phone:**

**Place of Employment:**

How long have you been a member of ANFP?

Are you certified? Yes ☐ NO ☐

Does your supervisor/administrator support your membership? Yes ☐ NO ☐

Do you have the support of your supervisor/administrator to serve in this capacity and allow you ample time to complete your assigned duties? YES ☐ NO ☐

(To show that your Administrator supports the time and commitment it will take to fulfill the duties of this position, please have him/her sign below).

**Administration's Signature:** \_\_\_\_\_

Have you attended any National Meetings? Please list location and dates

Do you attend State Meetings regularly? Please list locations and dates

List all offices and committees on which you have served:

State Positions and Years

District Positions and Years

How has ANFP been beneficial to you?

If elected, do you promise to fulfill the duties of that office to the best of your abilities?





Association of Nutrition & Foodservice Professionals

**Article 6**  
**Policy Number 5**  
**Candidate Criteria**

**Effective Date:** April 18, 2016

**Revised Date:** January 7, 2017

**SUBJECT:** Candidate Criteria

**POLICY:** A Certified Dietary Manager who is an ANFP member interested in serving as an Executive Board member must follow the criteria set below to be considered for that position.

**PROCEDURE:**

1. A Candidate must be a Certified Dietary Manager and an ANFP member in good standing. Good standing means a member must have current membership to ANFP and must have required continuing education hours.
2. To be a Candidate, a member must be active in his/her district, state and/or in the national chapter by attending meetings, serving on committees and/or board for his/her chapter or for TX ANFP within the last year.
3. The Candidate must have the ability to speak and serve on behalf of ANFP and to be able to make decisions for the good of the membership without influence by another board member or by general membership.
4. To have a genuine interest in ANFP and its goals and be able to communicate that interest to others is important to be considered as a Candidate.
5. A Candidate must be open to new ideas brought by the board or its members.
6. A Candidate must act professionally at all times and must get along well with other board members and other ANFP members.
7. All Candidates must have the ability to work under potential pressure.
8. Candidates must be able to attend board meetings and have the sufficient time to serve in his/ her position.
9. Candidates must have the full support of his/her Administrator to hold office and to attend meetings. A letter of support must be signed by the Administrator and given to the Nominating Committee Chairperson along with the filled Consent to Serve Form.

# Financial Statement Treasurer's Report

**Dates of Financial Statement:** June 1, 2017 to September 30, 2017

**BEGINNING BALANCE as of June 1, 2017** **\$10,887.05**

## INCOME:

National Rebates.....	\$1,615.00	
Donations—Rise Against Hunger.....	\$ 120.00	
Fall State Meeting.....	\$3,967.94	
Registration.....	\$ 420.00	
Fundraising.....	\$ 0.00	
Income-Exhibitors.....	\$3,547.94	
Spring State Meeting:		
Registration.....	\$ -	
Fundraising.....	\$ -	
Income-Exhibitors.....	\$ -	
Other: (reimbursement from member \$148.91		
rebate from city of Garland \$193.90, reimbursement for hold on		
hotel rooms @ National mtg\$385.5).....	\$ 728.31	
<b>TOTAL INCOME.....</b>		<b><u>\$ 6,431.25</u></b>

## EXPENSES:

Office Supplies.....	\$ 108.23	
Printing.....	\$ 0.00	
Rebates to Districts(Will be used for donation to Rise Against Hunger)		
.....	\$ -	
NFEF Foundation Donation.....	\$ -	
TAND Donation.....	\$ -	
T.E.D. Award.....	\$ -	
Lee Jensen Award.....	\$ 399.00	
Executive Pre-Board Fall Meeting.....	\$1,797.17	
Travel.....	\$1,067.04	
Hotel.....	\$ 690.69	
Food.....	\$ 39.44	
Executive Pre-Board Spring Meeting.....	\$ -	
Hotel.....	\$ -	
Travel.....	\$ -	



Financial Statement Treasurer's Report

Fall State Meeting Expenses.....		\$ -
Meeting Rooms.....	\$ -	
Executive Board: Hotel.....	\$ -	
Travel.....	\$ -	
Committee Chairs: Hotel.....	\$ -	
Spring State Meeting Expenses.....		\$ -
Meeting Rooms.....	\$ -	
Executive Board: Hotel.....	\$ -	
Travel.....	\$ -	
Committee Chairs: Hotel.....	\$ -	
National Meeting Expenses.....		<u>\$3,388.04</u>
Hotel.....	<u>\$2,940.18</u>	
Travel(flight change fee).....	<u>\$ 75.00</u>	
Food.....	\$	
Per Diem.....	<u>\$ 200.00</u>	
Other (silent auction items) .....	<u>\$ 172.86</u>	
Bank Charges.....	\$	<u>3.00</u>
PayPal Fees.....	\$	<u>8.76</u>
Other Charges.....	\$	
Disaster Relief Grants.....	\$	
<b>TOTAL EXPENSES.....</b>		<b><u>\$ 5,704.20</u></b>
	<b>NET PROFIT/LOSS.....</b>	<b><u>\$ 727.05</u></b>
	<b>BALANCE ON HAND</b>	<b><u>\$11,614.10</u></b>

As of November 30, 2017 \$1,000. has been raised for the Rise Against Hunger project. Membership donated \$400.00 and each district donated \$600 of their district rebate to this cause.

Treasurer:

Date:

Nestle and Jones Dairy



National Checking



## ANFP State Board

**Velma McElroy**  
CDM, CFPP

*President*

velma.mcelroy@sbcglobal.net

**Mary Valdez**  
CDM, CFPP

*Past President*

valjmakn@aol.com

**Ken Owens**  
CDM, CFPP

*Secretary*

ken.owens@uhsinc.com

**Mary Valdez**  
CDM, CFPP

*Treasurer*

valjmakn@aol.com

**Kathy Mata**  
CDM, CFPP  
President Elect

kep1029@yahoo.com

## Committee Chairs

*Fundraising*  
Mary Armstead

*Vendor*  
Kim Kyle CDM, CFPP

*Membership*  
Open

*Newsletter*  
Editor-Beverly Turek  
bevturek@yahoo.com

Joseph Pena  
CDM, CFPP  
joseph.b.pena@gmail.com

*Programs/Development*  
*/ Website*  
Deborah McDonald  
CDM, CFPP

## Calendar of *Events* around the State

State Fall Meeting  
Houston Sysco  
Sept 27-29 2017

**December 2017: Merry Christmas**

**January 2018:**

Jan 19<sup>th</sup> District 5 Meeting Bryan, TX

**February 2018:**

**Cut off for Information if you want to include it in the Newsletter 16<sup>th</sup>**

Celebrate Pride in Foodservice Week from February 5 - 9, 2018!

**March 2018:**

March Spring Regional Meeting 2018

March 15 - March 16, 2018

Location: Embassy Suites Dallas Park Central Dallas, TX

**April 2018:**

April 2 - 6, 2018 as Member Appreciation Week ANFP National

**May 2018:**

**Cut off for Information if you want to include it in the Newsletter 18<sup>th</sup>**

**June 2018:**

Annual Conference & Expo 2018

June 01 - June 04, 2018

Location: Renaissance SeaWorld in Orlando, FL

**July 2018:**

**Aug 2018:**

**Cut off for Information if you want to include it in the Newsletter 17<sup>th</sup>**

**September 2018:**

**October 2018:**

**November 2018:**

**December 2018:**

**January 2019:**

## ***District 6 News***

We have not had a meeting

Trying to organize our District 6. Everyone work to set up their holidays meals/party.

President

Joyce Smith CDM, CFPP



**~ TXANFP ~**

**Spring Workshop**

**May 3-4, 2018**

**Creative Solutions**

**1620 Cherry Lane**

**White Settlement, Texas 76108**

**Hotel**

**Comfort Inn & Suites Fort Worth West**

**7801 Scott Street**

**White Settlement, Texas 76108**

**817-246-2402**



Darlington



Lyons Magnus



Nestle



The Core Group





Hoffmaster



Hormel



Meals for All



Mckee Foods





**Business Meeting  
October 27, 2017**

**Meeting Held: Sysco Food Service  
10710 Greens Crossing Blvd  
Houston, TX 77038**

**Meeting called to order at:** 11:00am by: President Velma McElroy CDM, CFPP

**Executive Board Members Present:**

President: Velma McElroy CDM, CFPP  
President Elect: Kathy Mata CDM, CFPP  
Past President / Treasurer: Mary Valdez CDM, CFPP  
Spokesperson: Debbie McDonald CDM, CFPP Excused  
Secretary: Ken Owens CDM, CFPP

**Roll Call by District:**

District 1: 6	District 2: 2	District 3: -	
District 4: 8	District 5: 7	District 6: 1	<b>Total: 24</b>

**Minutes read by:** Secretary, Ken Owens CDM, CFPP

**Corrections to Minutes:** None

**Motion to accept:** Kim Kyle CDM, CFPP

Second by: Beverly Turek DM                      All in favor    **Passed**

**Treasurer's Report read by:** Mary Valdez CDM, CFPP  
Checking Balance as of September 30, 2017    **\$ 11,614.10**

**Corrections to Treasurer's Report:** None

**Motion to accept:** Marilyn Kleypas CDM, CFPP

Second by: Susie Wolfshohl CDM, CFPP                      All in favor

**President Comments:** None

**Committee Reports:**



**Vendor:** Fall 2017 we had 17 vendors (3 no shows) for a total of \$4700.00

**Education:** Nothing at this time

**Fund Raising:** We raised \$784.00 at this workshop!

**IMPACT Team:** No Change, Impact team is on pause with the new CMS requirement policy. It is still important to get your area representative to understand what we do as CDM's. Attend any town hall meeting that they might have and try to meet with them

**Program Committee:**

ANFP Regional – Dallas March 15-16, 2018

Spring 2018 – Fort Worth

Fall 2018 – Temple

Spring 2019 – Corpus Christi

Fall 2019 – San Antonio

Spring 2020 –

**Nominating / Teller:** We are in need of volunteers to slate for President Elect, Treasurer and Treasure Elect positions

**Travel:** If you want to go to Orlando in 2018 and need help with travel arrangement please contact Debbie McDonald CDM, CFPP to help you.

**Unfinished Business:**

Agenda # 1 - Rise Against Hunger Project, we are still working with Rise Against Hunger raising money to help provide meal to needed people. We are doing this as a service project for the Diamond Award. You can donate through PayPal.

Agenda # 2 – Update on Policy & Procedure. Our P & P will need to mirror nationals. We will be working to make these corrections as soon as possible. Once P & P are corrected they will be on the website for review.

Agenda # 3 – Newsletter Editor needs information for the newsletter. Please send her recipes, pictures of events and things going on in the district.

**New Business:**

Agenda # 1 – CDM Award - TX ANFP needs a CDM of the year for National by 3/31/18. Each district needs to nominate a CDM of the Quarter. Nomination will need a letter explaining why nominee should be the TX ANFP CDM of the Quarter. Criteria and form will be sent out!

Agenda # 2 – Lee Jensen Award has been award to Kathy Burch of Gilmer Nursing & Rehab, Gilmer, Texas.

Agenda # 3 – Regional Meeting in Dallas, March 15-16, 2018. We would like to send a member to the regional meeting. We will pay one night hotel and registration for the National Regional meeting. A letter from the Administrator okaying you to go will be required. Information will be sent out.

Agenda # 4 – Scholarship & Awards, there are many awards available on the state and national level. Please take advantage of these opportunities.

Agenda # 5 – Remember to report your hours and keep up with your paperwork.

**Motion for Meeting to Adjourn:** Kim Kyle CDM, CFPP

Second By: Barbara Roy CDM, CFPP

**Meeting adjourned at** 11:45am

**Minutes Recorded by:** Ken Owens CDM, CFPP



## Letter from the Texas ANFP President-Elect

Dear Members,

As President-Elect it is my privilege to **"Call for Volunteers"** to serve on the following Committees for the 2018-2019 term:

Program Committee, Fundraising Committee, Legislative Committee, Exhibitors Committee, Finance Committee, Membership Committee, Newsletter Committee, Scholarship Committee, Nominating Committee, Registration Committee, and Education Committee.

At the Fall Workshop in Houston there was a lot of interest, from Members, in serving on these committees and I hope to receive a lot more. In working on a Committee you will have input and insight as to the workings of our Chapter and you can help your fellow members make this a great new year in the role of Volunteer. This can also be a stepping-stone to serving on the Executive Board, at the State level in the future, as you gain experience and knowledge. If you are interested please call me @ 903-467-4326 or email me @ [kep1029@yahoo.com](mailto:kep1029@yahoo.com). I look forward to my upcoming term as President on June 1, 2018 and I hope each and every one of you has a "Merry Christmas" and "Happy New Year".

Kathy Mata CDM,CFPP  
Texas ANFP President-Elect

