



President's Message

*Velma McElroy, CDM, CFPF
TXANFP State President*

Greetings,
To all of the members in the Houston and surrounding areas that were affected by hurricane Harvey, my thoughts and prayers are with all of you. I know that many of you have worked long hours as I have and many of you have volunteered during this time. If you were affected by the hurricane please let me know or Secretary Ken Owens. I am asking each district that was not affected by this disaster to please get together and send a donation of clothing, non-perishable food items, diapers or gift cards. Whatever your district feel that can be useful. If any of you have suggestions of ways that we can help please let me know.

TXANFP Fall workshop is scheduled for September 27-29, 2017 in Houston, Texas. Sysco Foods is hosting the meeting. Please make plans to attend. Ken Owens and others have put much effort into making this an excellent educational event.

We are looking forward to see you and please bring a guest!
After the holidays the time will past quickly. The spring regional meeting will be held in Dallas, Texas. National ANFP will be hosting the Regional meeting. Hopefully, we will have good attendance. More information will be coming out soon to update you about this meeting. ACE was held in Las Vegas, Nevada this past June. There was valuable information shared, networking, excellent training and new friendships established. It was nice to see many Texas members attending the meeting. Thank you for supporting TXANFP. We look forward to seeing more attendees in Florida June 2018. HealthCare Food Service Workers Week is October 1-7, 2017. I hope you celebrate and honor your food service team. Take time out to celebrate you for all the hard work and good customer service you provide to the people you serve.

Per-Deborah McDonald

TOP 10 POTASSIUM FOODS

1	Avocado		1068 mg (30% DV) 1 WHOLE
2	Sweet Potato		952 mg (27% DV) 1 MEDIUM
3	Acorn Squash		899 mg (26% DV) 1 CUP
4	Spinach		839 mg (24% DV) 1 CUP
5	Dried Apricots		755 mg (22% DV) 1/2 CUP
6	Coconut Water		600 mg (17% DV) 1 CUP
7	Kefir or Yogurt		579 mg (15% DV) 1 CUP
8	White Beans		502 mg (15% DV) 1/2 CUP
9	Mushrooms		428 mg (12% DV) 1 CUP
10	Banana		422 mg (12% DV) 1 LARGE



REQUIRED

CDM, CFPF Credential Meets New CMS LTC Requirement

The Centers for Medicare & Medicaid Services (CMS) issued its final regulations for long-term facilities. Click the button to the right to see how this could affect you and your workplace.

[LEARN MORE](#)

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As one of the largest foodservice distributors in the country, Reinhart Foodservice aims to provide the best products and solutions to our valued customers every day. Satisfied customers expand their business with us, and new customers seek us out to benefit from our industry leading business solutions.



We are a national distributor with that local touch. Reinhart understands and reacts to local and regional differences in Healthcare foodservice needs. We adapt and customize your foodservice program to suit your business objectives, from how and when we deliver to your facilities to meeting your menu requirements. You still get the distribution, pricing, services and technology leverage of a national player with a focus on the unique elements of your market that our largest competitors can't match.

We're proud to serve many of our industry's leading healthcare operations. To them Reinhart is more than a distributor. We are a true partner with extensive Healthcare experience and expertise. We work with you to meet your budget, streamline operations and deliver quality meals to your residents.



HEALTHCARE



Contact us for more information:

Tiffany Wenzel, RD/LD | (817) 320-4614 | trwenzel@rfsdelivers.com

District 1 Highlight

DISTRICT NAME:

South Texas District 1

PERSON REPORTING:

President-Elect, Mary Valdez, CDM,
CFPP

DATE:

August 30, 2017

DISTRICT 1 UPDATE:

District 1 canceled its meeting scheduled at Eagle Lake Nursing & Rehab on August 26, 2017 because of Hurricane Harvey. We will reschedule at a later date.

TREASURY REPORT: As of August 30, 2017 we have a total of \$833.16 in our bank account at the Corpus Christi Members First Credit Union. District 1 has no current fundraisers scheduled

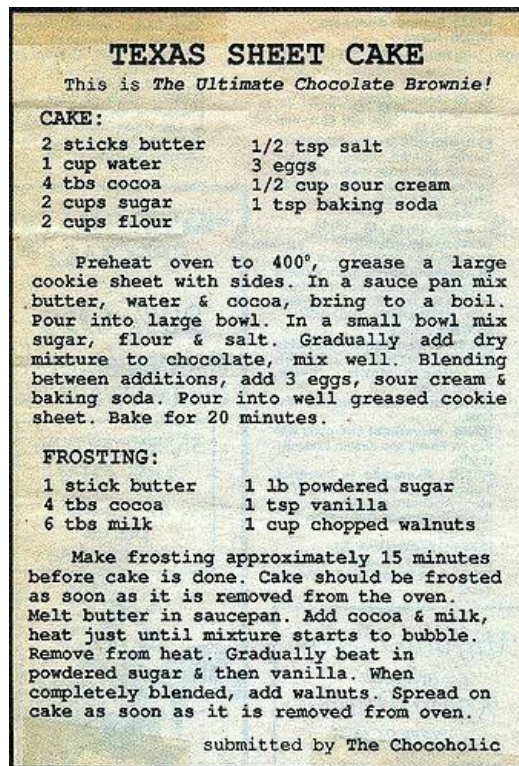
DISTRICT 1 OFFICERS FOR 2017-2018

President-Mary Valdez, CDM,
CFPP
President-Elect-Open Position
Immediate Past President-Olivia
Quinonez, CDM, CFPP
Secretary-Open Position
Treasurer-Latanya Black, CDM,
CFPP

We are actively seeking candidates for the open positions in our district.

Texas Cook's Nook

Community- Brookdale Senior Living Fall Dessert



Good Afternoon Texas!!!!

I hope each of you are planning to come to the fall workshop in Houston
Changed ~~September 27-29, 2017~~

Just in case you can't make it we want all CDM's & members to take part
in this fundraising effort!

Let all get together a give a little donation to make a difference in
thousands of lives today!

Please consider donating \$30.00 or \$15.00 to Rise Against Hunger
(formerly Stop Hunger Now)!

Get your staff involved, maybe 6 of them can give \$5.00 each!
TX ANFP is has set a starting goal of \$3000 so we can donate 10,000
meals to those in need!

Will you help today!

Together we are better!

If you would like to make a donation and do not have the link I emailed
out please let me know.

Ken Owens CDM, CFPP
Texas ANFP Secretary



Join
Texas ANFP
Facebook Page
for Information
Around the State



tee:

District 3 News

Written by: Joseph Pena CDM,CFPP

First Meeting with ANFP. Aug 11, 2017 District 6.

What a fun time!

Being my first meeting I did my best to keep a very open mind but genuinely did not know what to expect. I don't know if it was because it was a district meeting but I really did enjoy the information and the feedback being geared specifically towards us individually. US Foods has such a beautiful facility everything was clean neat organized and welcoming! Our lunch was fantastic and I tell you that broccoli salad stole the show! My personal favorite was the orange dressing that was made for the salads. The tour of the Distribution Center really gave a sense of this scale in which US Foods works and truly was impressive.

Meeting on Friday 8/25/17

We had our meeting at LMS in Arlington, Texas.

We had 1 State Board Member present, 4 District #3 Members present, and 3 members from District #2 (1 of these was a student).

We want to give a big "Texas Thank You" to Mike & Steve for opening their facility to allow us to meet and they treated us like reality. Great guys. They had a chef that prepared snacks and lunch for us. All three were involved in the morning session showing us advancement in production (ovens, etc.) equipment and the simplicity in their usage. They also showed us how through their proper usage would help utilize employees time, produce consistent products, reduce waste, and get higher customer satisfaction.

Ken Owens was going to present a topic on Cross-Training in the afternoon but had to leave around noon to get back to Houston for the birth of his first grandchild (born Saturday, 8/26/17, at 12:11am at 8 lbs. 9 ounces and 21-1/4 inches long, It's a boy – Titus Cole Gonzalez. Congratulations to the Proud Grand-Pa who says baby and mother are doing fine.

Before Ken left, all the members in attendance agreed to donate the suggested registration fee plus more to the state "Feed the Hungry" program.

When Ken left the meeting he left the information for the Cross-Training in-service and I presented to the members present.

Myself and the members present then networked and then ended our meeting.

We decided we will have another meeting soon but not date or place was sat at this time.



Community Happenings

Shark Week

Daybreak: Monte Siesta- Austin

Manager-Chartese and Crew



District 2 News

*“What’s happening in District 2”*

District 2 had planned a meeting for Sept. 15, 2017, in Wichita Falls, Texas. Due to circumstances that we have no control over we will be rescheduling for October. Please watch your email for the new date and information.

We will have speakers and a business meeting for this meeting and a free meal. We are really excited and ready to get our district moving and shaking again. We are looking forward to a productive. We need your support to make this happen.

We ask that you keep the entire Houston and other surrounding areas in your thoughts and prayers.

We have had several district 2 members ill and their family members sick. We hope they are getting better please keep them in our thoughts and prayers.

*Debbie McDonald CDM, CFPP
Gladys Hendrich CDM, CFPP
District 2 President*

*“Let’s Celebrate”
National Healthcare
Food Service Week
October 1-7*

Please make plans to celebrate this week with your staff and include your RD and administrator. Thank the staff for their hard work and dedication. If you work as a team you will soar together. Our jobs are not easy but we should be the first ingredient for excellence. We have a lot to celebrate, the services that we provide is essential to each client, patient, resident and customer we serve.

District 2



CAVATAPPI PASTA WITH TOMATO HERB SAUCE

The GOOD TABLE™

ENTRÉES MADE EASY:

Chef-inspired, individual entrées created for hospitals

Quick and easy prep with consistent quality and nutrition no matter the skill level!

GEMELLI PASTA WITH CREAMY GARLIC SAUCE

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generalmillscf.com/entrees-made-easy



District 5 News

Board Members, Kathy Mata and Mary Valdez, will be coordinating efforts to get a District 5 meeting together and get volunteers for all Board positions, in hopes of getting this district up and functioning. Watch your email for details.

District 5 has been very stagnant with nothing planned as of right now. I will be reaching out to our district to plan a meeting to discuss electing new officials for our district.

Stay tuned.
 President-George Effinger, CDM, CFPP

District 4 News:

No Information Provided

President:

Carol Persinger, CDM, CFPP

The following are the new Texas ANFP Finance Committee:

Chair-Mary Valdez CDM,CFPP
Participant-Kathy Mata CDM,CFPP
Participant-Latanya Black CDM,CFPP
Participant-Lisa Gaston CDM,CFPP

Texas ANFP Fall Workshop is in the process of being rescheduled due to *Hurricane Harvey*.. Please watch emails for information.

Texas ANFP Fall Workshop

September 27-29, 2017
Sysco Food Service
10710 Greens Crossing Blvd.
Houston, TX 77038

"Who's Gonna Fill Their Shoes"



Hotel Information

Tell them you are with
"TXANFP"

Hilton Garden Inn Houston
Cypress160 Wagon
PointHouston, TX 77090

\$99.00 night - Single/Double

Breakfast Included

Cutoff is September 12, 2017

281-929-0111

TX ANFP Workshop Registration

Name: _____
Address: _____
City/State/Zip: _____
Phone #: _____
Member #: _____
Email: _____

Registration Fee	Pre-Register	On-Site
() ANFP Member	\$60.00	\$70.00
() Non-Member	\$70.00	\$80.00
() Retired Member	\$45.00	\$50.00
() Student	\$40.00	\$50.00
() First Time to attend a state workshop (\$20 discount coupon)	\$40.00	\$50.00

Service project donation:
() Rise Against Hunger \$30.00 or \$ _____
(any amount you would like)

Total Enclosed \$ _____

Make Checks or Money Orders Payable:
TX ANFP

Send Payment & Registration form to:
Mary Valdez CDM, CFPP
722 Drexel Dr.
Corpus Christi, TX 78412

Pre-registration deadline September 21st
Workshop Contact - Ken Owens CDM, CFPP
281-404-1037 Ken.Owens@uhsinc.com

Hello Texas ANFP Members,

It's time to start accepting applications for our Lee Jensen Certification Scholarship Award. We encourage all to apply if you are ready to test for your CDM, CFPP. Remember if awarded you have 90 days to test.

Applications are to mailed by September 30, 2017

to:

Deborah McDonald
512 Tidal
Burkburnett, Tx 76354

Application for the Lee Jensen Certification Scholarship

Name:

Telephone:

Home Address: (List Street, city, state, and zip)

Employment Facility or Attending School: (List facility and/or school)

Occupation: (List job title)

Telephone:

TX ANFP Membership number:

Total Number of Years in the Dietary Field:

Training: List approved schools attended, Military Training, Continued Education Courses. Give dates and number of hours completed (may attach separate pages). Please attach a copy of Completion documentation.
(List all applicable)

Offices and/or Committees held in TX ANFP, District, or State if applicable
(List all applicable)

Attach:

1. Letters of reference from Facility Administrator, Consulting Dietitian, Commanding Officer or Others.
2. Letter of support from District President if District is active.
3. Personal letter stating why applicant wants to become a Certified Dietary Manager.

Any additional information:
(list additional information)

*Applicant must be present at the TX ANFP Spring State Membership Business Meeting to receive the Scholarship.

*Certification Scholarship good for the Credentialing Examination.

Article 16
Form J2



Association of Nutrition & Foodservice Professionals

Application for the Lea Jensen Certification Scholarship

Name: _____ Telephone: _____

Home Address: _____ State: _____ Zip: _____

Employment Facility or Attending School _____

Occupation: _____ Telephone: _____

TX ANFP Membership # _____

Total Number of Years in the Dietary Field _____

Last School of Graduation _____

Training: List approved schools attended, Military Training, Continued Education Courses. Give dates and number of hours completed (may attach separate pages). Please attach a copy of Completion documentation _____

Offices and/or Committees held in TX ANFP, District, or State if applicable _____

Attach:

1. Letters of reference from Facility Administrator, Consulting Dietitian, Commanding Officer or Others.
2. Letter of support from District President if District is active.
3. Personal letter stating why applicant wants to become a Certified Dietary Manager.

Any additional information: _____

*Applicant must be present at the TX ANFP Spring State Membership Business Meeting to receive the Scholarship.

*Certification Scholarship good for the following Fall Credentialing Examination.

District 6 News



2017-2018 Executive Board

President- Beverly Turek
 President Elect- Joseph Pena
 Secretary- Shirley Norris
 Treasurer- Joyce Smith



Aug 11 2017 District 6 Meeting 1st Timers

Cody Smith, Cari Goytia, Ana Limon,
 Melissa Miller, Joseph Pena

Hello Texas ANFP Members,

Here in District 6 we started off with a Deal or No Deal so to speak. For those who did not attend the Aug 11 Meeting you will need to ask around and see what you missed!!!!. We had a big turnout for our first meeting in a couple of years. Everyone had fun networking with new people, playing new games to get prizes, and learned new skills to take back to the work place, and we were treated to a tour of US FOODS. The Core Group supplied the goodie bags and a GREAT lunch. We held our first business meeting which included electing new officers, voting on ByLaws, and getting the district up and moving. We had visitors from other districts and welcome them with open arms and look forward to our next meeting to increase participation with District 6. We are planning a meeting for the first of next year, watch for details.. South Texas you are in our prayers.

See you at the Fall Meeting in Houston
 Beverly Turek
 President District 6

***Join- ANFPDistrict6- Facebook Page
 For Information on District Happenings'***

ANFP State Board

Velma McElroy
CDM, CFPP

President

velma.mcelroy@sbcglobal.net

Mary Valdez
CDM, CFPP

Past President

valjmakn@aol.com

Ken Owens
CDM, CFPP

Secretary

ken.owens@uhsinc.com

Mary Valdez
CDM, CFPP

Treasurer

valjmakn@aol.com

Kathy Mata
CDM, CFPP
President Elect

kep1029@yahoo.com

Committee Chairs

Fundraising
Mary Armstead

Vendor
Kim Kyle CDM, CFPP

Membership
Open

Newsletter
Editor-Beverly Turek DM
bevturek@yahoo.com

Joseph Pena
CDM, CFPP
joseph.b.pena@gmail.com

Programs/Development
/ Website
Deborah McDonald
CDM, CFPP

Calendar of *Events* around the State

State Fall Meeting

Houston Sysco

Sept 27-29 2017

September 2017:

27-29: Texas ANFP Fall Workshop- Houston, TX

October 2017:

November 2017:

Cut off for Information if you want to include it in the Newsletter 15h

December 2017:

January 2018:

February 2018:

Cut off for Information if you want to include it in the Newsletter 15th

March 2018:

April 2018:

May 2018:

Cut off for Information if you want to include it in the Newsletter 15st

June 2018:

July 2018:

Aug 2018:

Cut off for Information if you want to include it in the Newsletter 15st

September 2018:

District Presidents:

District 1- Oliva Quinonez

District 2-Gladys Hendrich

District 3- Deborah Darlin

District 4-Carol Persinger

District 5- George Effinger

District 6- Beverly Turek



Association of Nutrition & Foodservice Professionals

Business Meeting

May 5, 2017

Meeting Held: US Foods- Garland
1992 Forest Lane
Garland, TX 75042

Meeting called to order at: 11:43am **by:** President Velma McElroy CDM, CFPP

Executive Board Members Present:

President: Velma McElroy CDM, CFPP Past President: Mary Valdez CDM, CFPP
President Elect: Kathy Mata CDM, CFPP Treasurer: Kathy Mata CDM, CFPP
Spokesperson: Debbie McDonald CDM, CFPP Secretary: Ken Owens CDM, CFPP

Roll Call by District:

District 1:	4	District 2:	11	District 3:	9	
District 4:	6	District 5:	4	District 6:	1	Total: 35

Minutes read by: Secretary, Ken Owens CDM, CFPP

Corrections to Minutes: change on page 2 education section. Alice Rosenthal is from Wichita Falls not Holliday.

Motion to accept: Gladys Hendricks CDM, CFPP

Second by: Geary Laird CDM, CFPP All in favor **Passed**

Treasurer's Report read by: Kathy Mata CDM, CFPP

Checking Balance as of 3/1/2017 **\$ 8925.27**

Corrections to Treasurer's Report: None

Motion to accept: Geary Laird CDM, CFPP

Second by: LaTonya Black CDM, CFPP All in favor **Passed**

President Comments: None

Committee Reports:

Vendor: Garland vendor show we had 12 vendors for a total of \$4200.00. There was one no show. Kim Kyle CDM, CFPP Vendor Chair will send out a list of attendees.

Education: We would like to re-instate the college program in North Texas to help CDMs with the education. You can go to the website for additional educational opportunities.

Fund Raising: As of this business meeting we have raised \$920.00.

IMPACT Team: Impact team is on pause with the new CMS requirement policy. It is still important to get your area representative to understand what we do as CDM's. Attend any town hall meeting that they might have and try to meet with them.

Program Committee:

National ACE in Las Vegas June 6-9, 2017

Fall 2017 – Houston Sysco September 27-29, 2017

ANFP Regional – Dallas March 15-16, 2018

Spring 2018 – Temple PFG

Fall 2018 – Cruise Ship

Spring 2019 – Corpus Christi

Fall 2019 – San Antonio

Spring 2020 –

Nominating / Teller: Mary Valdez CDM CFPP sent out request for volunteer in January and also a reminder in February. One person completed the consent form and is now serving on a state committee. We will encourage volunteers again for next year as we will need a President Elect on the slate.

Travel: Cruise in 2018, Debbie McDonald will check prices again. Will then inform everyone interested in going. If you need help making travel arrangements to ACE let Debbie know.

Unfinished Business:

New Business:

Agenda Item # 1 2017-2018 Goals

(attached) Motion to approve Olivia Quinonez CDM, CFPP

2nd LaTonya Black CDM, CFPP All in Favor **Passed**

Agenda Item # 2 2017-2018 Budgets

(attached) Motion to approve Geary Laird CDM, CFPP

2nd Joyce Smith CDM, CFPP All in Favor **Passed**

Agenda Item # 3 Work with District

The executive board is going to work with each district to help district get stronger. Debbie McDonald CDM, CFPP & Velma McElroy are going to work with district 6 (Joyce Smith CDM, CFPP), Debbie McDonald CDM, CFPP will work with district 2 (Gladys Hendrich CDM, CFPP), Mary Valdez CDM, CFPP will work with district 1 (Olivia Quinonez CDM, CFPP), Kathy Mata