



President's Message

President Message not received.

Velma McElroy CDM, CFPP (District 1)

Velma.mcelroy@sbcglobal.com

2016-2017 President

Beverly Turek Message for Newsletter:

The best way to build a strong foundation for our group is through friendship. Friendship is the strong building block that allows us to support each other, promote our businesses and mentor our fellow ANFP members and our friends. Building those friendships with each other makes our group stronger and more united.

When we become a mentor and friend to our newest ANFP members, or when we volunteer as a board member, or a committee position, we pass along the experiences of our jobs, and the everyday dealing with employees issues, and problem solving skills and the knowledge we have gained from them to other. It helps them build strength and character so they may share with others

We have a great opportunity to enrich others thru mentorship. Will you join me?

I personally see this year as a challenge to each and every lets become active in Texas ANFP and make some NEW friends.

Thanks

Beverly Turek

Newsletter Chair



TOP 10 CALCIUM FOODS

DrAxe.com FOODS & NUTRITION		
1	Raw Milk	300 mg (30% DV) 1 CUP
2	Yogurt or Kefir	300 mg (30% DV) 6 OZ
3	Kale (cooked)	245 mg (24% DV) 1 CUP
4	Cheese	224 mg (22% DV) 1 OZ
5	Sardines (with bones)	217 mg (21% DV) 2 OZ
6	Broccoli (cooked)	93 mg (9% DV) 1 1/2 CUPS
7	Okra	82 mg (8% DV) 1 CUP
8	Almonds	76 mg (8% DV) 1 OZ
9	Bok Choy	74 mg (7% DV) 1 CUP
10	Watercress	41 mg (4% DV) 1 CUP

ANFP Association of Nutrition & Foodservice Professionals

The Mission of the ANFP Association:
Position the Certified Dietary Manager as the expert in foodservice management and food safety.

The Vision of the ANFP Association:
The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

Meet the 2017-2018 Texas State Officers



Velma McElroy CDM, CFPP
President



Mary Valdez CDM, CFPP
Past President/ Treasurer



Ken Owens CDM, CFPP
Secretary



Kathy Mata CDM, CFPP
Treasurer/ President Elect

2018 President Elect:

Kathy Mata CDM, CFPP

State Spokesperson:

Deborah McDonald CDM, CFPP



District 1 Highlight

No Information Provided.

President-Olivia Quinonez, CDM, CFPP

Texas Cook's Nook



ButterBudsSM

FOOD INGREDIENTS





Join
Texas ANFP
Facebook Page
for Information
Around the State



Many Thanks
to our Vendors at the
2017 Garland Spring Workshop





District 2 News

Greetings from District two;

Not much to report at this time. We have no meeting scheduled at this time. Memorial Day was celebrated with our clients honoring our veterans that served our great country. We are getting ready for all the summer activities with our families. Some members got to celebrate graduation either high school or college with grandchildren and other family members..

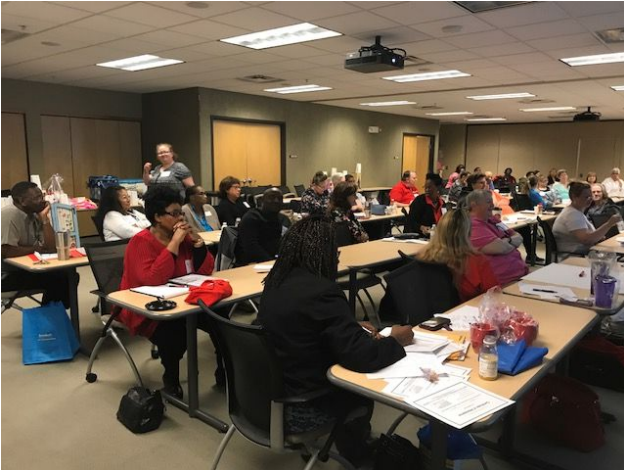
God is great sent much needed rain to our area.

Gladys Hendrich CDM, CFPP
District 2 President



District 3 News

No Information Provided.
President-Dionne Beckner, CDM, CFPP



2017 Texas ANFP WINNER
Platinum Award
Government Award
Communication Award

District 5 News

No Information Provided.
President-George Effinger, CDM, CFPP



District 4 News:

- 1. District 4 Facebook Page: ANFP Texas District 4
- 2. District 4 had a meeting on 5/18/17 at Houston Behavioral Hospital on Gessner
 - a. "Balanced Healing: A Mind, Body and Soul Connection"
- 3. ANFP Fall Workshop: September 27-29th at Sysco Foods-Houston

President:
Sarah Lauer, CDM, CFPP



Texas Fall Workshop

Save the Date
September 27-29, 2017
Sysco Houston

BIG SHOES
to fill



More Info to Come out Later





Chapter Budget (June 1, 2017 – May 31, 2018)

STATE: TEXAS

<i>Income:</i>	<i>Last Year's Actual</i>	<i>This Year's Budget</i>	<i>To Date Actual</i>
July chapter rebate 7/22 (deposit from HQ pending the receipt of (1) fall meeting information and (2) IRS Form 990's e-receipt)	1465.00	1615.00	
January chapter rebate 3/3 (deposit from HQ pending the receipt of (1) spring meeting information, (2) officer and committee names, (3) chapter budget, (4) chapter goals, and (5) first two parts of State Achievement Award.	1600.00	1750.00	
Meeting Registration	1655.00-F/ 1860.00-S	4000.00	
Exhibitors Fees	4600.00-F/ 4200.00-S	7000.00	
Newsletter Ads	0.00	475.00	
Fundraiser	1158.00-F/ 1160.00-S	3000.00	
TOTAL INCOME:	17698.00	17840.00	

<i>Expenses:</i>	<i>Last Year's Actual</i>	<i>This Year's Budget</i>	<i>To Date Actual</i>
Ex. Board Business Travel	758.16-F/ 1406.17-S	3000.00	
Ex. Board Accommodations	1724.38-F/1132.53-S	4000.00	
Ex Board Business Meeting/ Food	35.00	50.00	
Office Supplies	419.73	300.00	
Benevolence Fund (flowers)	0.00	100.00	
Fundraiser-Raffle/ Logo Items	0.00	100.00	
Auditing	500.00	150.00	
Postage	0.00	50.00	
Bank Fee	140.85	100.00	
Membership Dues Scholarships (2)	0.00	350.00	
State Rebate (to districts)	300.00	1200.00	
Lee Jenson Scholarship/TX ANFP/TAND 2-\$400(CDM Test) 1-\$400 Chapter Champ	550.00	1200.00	
Hotel Services/Banquet Meeting Rooms	343.37-S	1000.00	
State Meeting Expenses(Decoration/Food,etc.)	0.00	100.00	
Membership Committee Supplies	0.00	100.00	
Impact Committee- Travel/Hotel	0.00	200.00	
Exhibitor Show Supplies	47.54-S	50.00	
Program Chairperson- Travel/Meeting	368.28-F/ 265.68-S	500.00	
National Meeting Travel	770.16	1800.00	
National Meeting Hotels	1638.00	2200.00	
Johnnie Goffney Award (T.E.D.)	50.00	60.00	
Keynote Speaker (State-Room/Airfare)	627.91-S	0.00	
Donation Food Bank	0.00	200.00	
Credit Card Fees/ Paypal	59.98-F/ 104.70-S	200.00	
Committee Chair Meeting Expenses	650.00	650.00	
State Meeting Food	92.45-F	0.00	
National Per Diem (Pres/Pres-Elect)	0.00	180.00	
TOTAL EXPENSES:	11984.89	17840.00	

ANFP Chapter Relations • chapters@ANFPonline.org • 800.323.1908 phone • www.ANFPonline.org • 630.587.6336 fax



TOTAL Profit (Loss):	5713.11	0.00	
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Current Chapter Fund Totals

SAVINGS	\$ 0
CHECKING	\$ 10,913.57 (3/31/17)
OTHER	\$
TOTAL	\$ 10,913.57

Please submit a copy to chapters@ANFPonline.org by November 1 and retain for your records. Current chapter bylaws as well policy and procedures documents should reflect fiscal year above.

ANFP Chapter Relations ▪ chapters@ANFPonline.org ▪ 800.323.1908 phone ▪ www.ANFPonline.org ▪ 630.587.6336 fax

2017-2018 Treasurer Budget Report- Received
 2017-2018 Texas ANFP Goals – Received
 2017- Spring Workshop Minutes- Not Received

District 6 News

TEXAS ANFP
DISTRICT 6
FREE MEETING



UNLOCKING
YOUR PPS
POTENTIAL



Friday August 11, 2017
8:00am-4:00pm
8:00-8:45 Breakfast and Networking
8:45am Opening Statement
US Foods
2150 Fire Cracker Dr. Buda, TX 78610
COST: FREE

District 6: The Heart of Texas Chapter

Invites you all to join us for our **FREE** Meeting and **FREE** CEU'S so we can improve upon our skill set as Dietary Managers, and mentor those who have not tested and who need our help getting to that point.

PPPS is the secret... Come see what it's all about

RVP to:
Joyce Smith – cdm_js@yahoo.com or
Beverly Turek- bevturek@yahoo.com

- The Day Event Presentation:
- District 6 (3 CEU)
- 9:00-Resident Life
- 10:15 Produce
- 11:30 Plate Presentation
- 12:30 Lunch
- 1:00 Sanitation
- 2:15 Business Meeting

ANFP State Board

Velma McElroy
CDM, CFPP
President
velma.mcelroy@sbcglobal.net

Mary Valdez
CDM, CFPP
Past President
valjmakn@aol.com

Ken Owens
CDM, CFPP
Secretary
ken.owens@uhsinc.com

Mary Valdez
CDM, CFPP
Treasurer
valjmakn@aol.com

Kathy Mata
CDM, CFPP
President Elect
kep1029@yahoo.com

Committee Chairs

Fundraising
Mary Armstead

Vendor
Kim Kyle CDM, CFPP

Membership
Open

Newsletter
Editor-Beverly Turek
bevturek@yahoo.com

Joseph Pena
CDM, CFPP
joseph.b.pena@gmail.com

Keith Blackmon
CDM, CFPP
keith.c.blackmon@gmail

Programs/Development
Deborah McDonald
CDM, CFPP

Website

Calendar of *Events* around the State

State Fall Meeting
Houston Sysco
Sept 27-29 2017

July 2017

Aug 2017:
11: Texas ANFP District 6 Meeting 8:30am-4pm US Food- Buda, TX

September 2017:
Cut off for Information if you want to include it in the Newsletter 15th 27-29: Texas ANFP Fall Workshop- Houston, TX

October 2017:

November 2017:

December 2017:
Cut off for Information if you want to include it in the Newsletter 15th

January 2018:

February 2018:

March 2018:
Cut off for Information if you want to include it in the Newsletter 15th

April 2018:

May 2018:

June 2018:
Cut off for Information if you want to include it in the Newsletter 15th



Chapter Goals (June 1, 2017 – May 31, 2018)

STATE:Texas

1. Communication

Goal: Increase communications with district presidents & members to assure issues/concerns are being addressed.

Completion Date: May 31, 2018

- Steps to Achieve Goal:
1. Send each district president the "District Report to President" form to complete and return by November 15th & February 15th. To ensure communication occurs, the district rebates will be tied to this communication tool.
 2. TX ANFP Board will keep members updated with current events and business of TX ANFP through e-mail, the newsletter, website and the Texas ANFP Facebook page.

2. Membership

Goal: Increase state membership by 2 percent from 546 to 557. We will encourage participation in district as well as state level.

Completion Date: May 31, 2018

- Steps to Achieve Goal:
- Membership committee will make contact with each active Dietary Managers program and contact students to inform them of ANFP. We take opportunities to network with other professional groups (like the American Culinary Federation {Chefs}, Academy of Nutrition and Dietetics {Dietitians}, etc.) and encourage membership in ANFP. We will continue to have a social activity at each workshop to target new members as well as other members to encourage involvement with district and state meetings.



Chapter Goals (June 1, 2017 – May 31, 2018) - Continued

STATE: Texas

3. Education

Goal: Increase attendance at state meetings by 20members, from 40 to 60

Completion Date: May 31, 2018

Steps to Achieve Goal: Focus on the state workshop is to provide educational training that is beneficial to all members. We will continue to listen to membership on suggested topics and look at other professional associations for speakers & topics. We will continue to provide continued education topics that are of current importance and also changes in regulations or new trends. We will reach out to other professional group like the American Culinary Federation&Academy of Nutrition and Dieteticsto provide workshop registration information. Membership committee will contact students and offer discounts for workshops.

4. Volunteer recruitment and retention

Goal: Train the new district presidents from districts 3, 4 & 6 along with the other officers. Give them to tools to build the districts. Retrain all other current officers in the remaining districts (1, 2 & 5) to help strengthen those districts.

Completion Date: May 31, 2018

Steps to Achieve Goal: We have 3 new district presidents that the Executive Board will mentor. We will hold officer training at each state workshop. One member from the Executive Board will attend and assist the district presidents in organizing at least 2 meetings this year with the objective of having routine quarterly meetings in the district. We will offer training to current officers as well as members who may be willing to volunteer to hold an office. We will retrain and encourage existing officers also. We will add a vendor representative to our Board of Directors. This will assist us in staying current on the needs of many areas.

**Article 5
Form I**



Association of Nutrition & Foodservice Professionals

Treasurer's

Report

Financial Statement for 3/2/16 to 3/1/17

Beginning Balance as of 3/1/16\$ 3065.08

Income:

National Rebates.....	\$ 1465.00
Donations.....	\$ 0
Fall State Meeting Registration.....	\$ 1655.00
Spring State Meeting Registration.....	\$ 2687.37
Fall Fundraising.....	\$ 1158.00
Fall Exhibits Income.....	\$ 4600.00
Spring Exhibits Income.....	\$ 5829.10
Spring Fundraiser.....	\$ 1557.04
Other- Bank Charges Refund.....	\$ 65.95
Other-Transfer from Savings.....	\$ 579.16
Total Income:	\$ 19,596.62

Expenses:

Pre-Board Meeting-Hotel...(Spring).....	\$ 396.96
Pre-Board Travel.....(Spring).....	\$ 698.29
Printing...(Fall Meeting).....	\$ 43.21
Office Supplies	\$ 376.52
January Board Meeting-Food.....	\$ 32.58
Hotel.....	\$ 703.99
Travel.....	\$ 926.94
Fall State Meeting/Officers' Expenses	
Food.....	\$ 92.45
Hotel.....	\$ 1724.38
Travel	\$ 1126.44
Spring State Meeting/Officers' Expenses	
Meeting Room.....	\$ 1213.75
Hotel.....	\$ 1451.88
Travel	\$ 1277.20
National Convention	
Hotel.....	\$ 1638.00
Travel	\$ 770.16
Per Diem.....	\$ 0
Other Pay Pal Fees.....	\$ 59.98
Other NFEF Foundation Donation.....	\$ 150.00
Other TAND Donation.....	\$ 300.00
Other Make A Difference Foundation Donation.....	\$ 400.00
Other Refund for Dist President Registrations.....	\$ 120.00
Bank Charges.....	\$ 233.70
Total Expenses	\$ 13,736.43

Net Profit/Loss: \$ 5860.19

Balance on Hand: \$ 8925.27

Signature of Treasurer: _____

Date: _____