

# SOUTHERN NEW ENGLAND CHAPTER



Association of Nutrition & Foodservice Professionals



## SNEC NEWS!!

We're excited to host our upcoming Spring Meeting at Dunkin' Park once again. The venue is incredibly hospitable and offers a fun, welcoming atmosphere. We're grateful to have them host us. It is also conveniently located in the Center of Hartford which is close to Mass, RI for those members who have to travel.

Save the Date: Spring Meeting

Tuesday March 3, 2026.

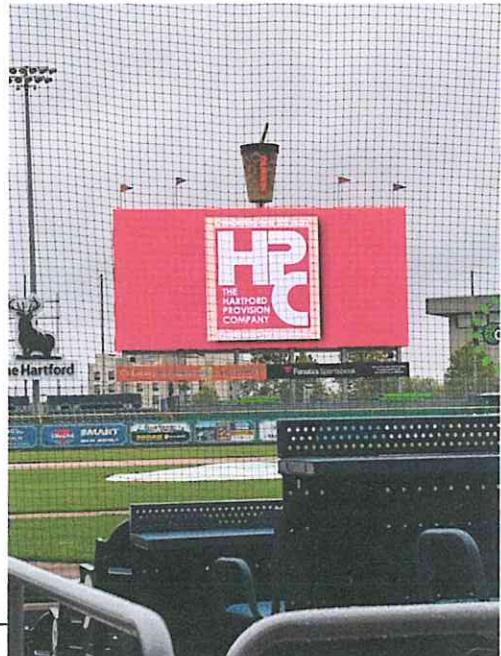
### HAPPY NEW YEAR 2026!

Happy New Year! As we step into a new year, we're excited to reconnect, refocus, and get back to business. We look forward to building on our momentum, sharing knowledge, and working together toward a successful year ahead.

### WINTER TIPS:

- Pack Extra Socks
- Always Gas Up
- Keep a Blanket in your car
- Keep Snacks in your car
- Skip Coffee & Cigarettes before shoveling: (Extra Caffeine and Nicotine can add more stress to the heart)
- De-Ice your windshield with a potato the night before an ice storm( it creates a barrier and prevents ice formation).

Some Highlights from our Fall Meeting October 2025.  
Dunkin Donuts Park in Hartford CT was the Venue for our Meeting & Food Show Expo.



Our Presenters were engaging, creative, articulate, compelling communicators, confident and passionate. Special thanks to Faron Boreham, Executive Director for always being an impactful Speaker and a true Motivator. Regina St. Clair traveled all the way from Georgia to deliver amazing ANFP updates. Mary Rybecki and the Amazing Mike Slavatore III did a tremendous job presenting on IDDSI their techniques were interactive & fun.



## Recipe for Valentines Day Desserts: Cookies

- 1 cup (2 sticks) unsalted butter
- 2 cups sugar
- 2 large eggs
- 4  $\frac{1}{2}$  cups all-purpose flour, plus more for dusting
- 1 teaspoon baking soda
- $\frac{1}{4}$  teaspoon salt
- $\frac{1}{4}$  cup buttermilk
- $\frac{1}{2}$  cup pale-pink or white sanding sugar (optional)
- Petal dust in pink, orange, and violet tones (optional)
- $\frac{2}{3}$  cup apricot or strawberry jam, slightly warmed (optional)



## Call for Volunteers!!:

Your Expertise Matters!!

Are you ready to make a meaningful impact in your profession??

As a valued CDM, CFPP your time, experience, talent and creativity can make a real difference within our SNEC Chapter!!

If you would like to be part of an amazing Board within the Southern New England Chapter and want to make a difference! Please email

[Amarilyssaluk@gmail.com](mailto:Amarilyssaluk@gmail.com)





We hope that the members had as much fun networking and learning as the SNEC Board did planning the meeting for them. We can't wait to do it again in March!!! Have a Great Winter and we will see you in the Spring.



Thank you to all of our Presenters/Speakers:

- **Regina St. Clair, CDM, CFPP-ANFP**  
Board Member
- **Mary Rybicki, MS, RDN, LDN**
- **Mike Salvatore III, CEC**
- **HPC Foodservice for Hosting SNEC**
- **Pioneer Technology**
- **Eversource**
- **Faron Boreham, Executive Director**
- **Dunkin Park for their Hospitality**



## Meet the SNEC Board Members:

Paul DeMaida,CDM,CFPP-State Treasurer

Hunter Merrill,CDM,CFPP-State Newsletter  
Editor

Terra Land,CDM,CFPP-State Secretary

Amarilys Saluk CDM,CFPP, State President