

SOONER SHOUT OUT - WINTER 2023/SPRING 2024



Association of
Nutrition & Foodservice
Professionals

Please welcome our new members

Katie Bake
Melissa Sue Barnes
Saydee Beth Carl
Dorris Carney
Neysa Cathey
Shannon Renee Cogburn
Benita Kay Cole
Jeremy DeNelle
Anna LeShea Dickey
Michelle Lynn Duvall
Ronald Fitzgerald
Jaurel L Gobeille
Cherri L Guinn
Stephanie Marie Hamilton
Armanda L. Hickman
Kassidy Johnson
Jonna Jones
Sandra Lynn Kujawa
Jennifer Laub
Adam Lavelle
Sheila Raye Leeth
Honore L Ngoyi
Jessica Olmos
Christal Pace
Franklin Pasos
Tammy Mae Patman
Trinity Alexis Patterson
Charles Lee Reinhardt, II
Donna Thornburg
Alexis Wilson

Please welcome new students

Katie Baker	Jennifer Laub
Dorris Carney	Trinity Patterson
Anna Dickey	Donna Thornburg
Michelle Duvall	
Sandra Kujawa	

**UPCOMING EVENTS OKANFP
SPRING MEETING WILL BE
HELD IN OKC IN MAY, MORE
INFORMATION TO COME**

**Stay strong and healthy!!
Tammie Shroll CDM CFPP
Oklahoma State**

Contact us anytime.

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Jennifer Sheffield
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Kristen Pruitt CDM CFPP
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Karen Still CDM CFPP
OKANFP Secretary
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Newsletter and Past President
Tammie.shroll@odva.ok.gov

OKANFP newsletter

OKANFP SOONER SHOUT OUT

Who is the real St. Patrick?

Patrick was born in [Britain](#) of a Romanized family. When he was 16 years old, Irish raiders tore him from the villa of his father, Calpurnius, a [deacon](#) and minor local official, and carried Patrick into [slavery](#) in Ireland. He spent six bleak years there as a herdsman, during which time he turned with [fervor](#) to his faith. Upon dreaming that the ship in which he was to escape was ready, he fled his enslaver and found passage to Britain. There he came near to [starvation](#) and suffered a second brief captivity before he was reunited with his family. Thereafter he may have paid a short visit to the Continent.

What about Easter, Why is it called Easter?

St. Bede the Venerable, the 6th-century author of *Historia ecclesiastica gentis Anglorum* ("Ecclesiastical History of the English People"), maintains that the English word "Easter" comes from *Eostre*, or *Eostrae*, the Anglo-Saxon goddess of spring and fertility. Other historians maintain the "Easter" derives from *in albis*, a Latin phrase that's plural for *alba*, or "dawn," that became *eostarum* in Old High German, a precursor to the English language of today.

Despite its significance as a Christian holy day, many of the traditions and symbols that play a key role in Easter observances actually have roots in pagan celebrations—particularly the pagan goddess Eostre—and in the Jewish holiday of [Passover](#).

- *Some Events in Oklahoma:*
- *The Cat in the Hat – Deb. 23 – Apr. 7 2024, OKC*
- *Parkstomp Music Festival – Mar. 15-17 2024, Medicine Park*
- *Big Meat Run – Mar. 15-17 2024*
- *Disney*
- *Jurassic Quest, Mar. 15-17 2024*
- *OKC*
- *Stockyards St. Patrick's day Parade, Mar. 16, 2024, OKC*
- *ShamROCK the Rose, Mar, 16 2024*
- *Broken Arrow*
- *Queensferry Renaissance Festival, Mar. 16-17 2024, Vinita*
- *Cherokee History Scavenger Hunt, Mar. 19-24, 2024, Tahlequah*
- *OSU Cowboys vs Missouri State Bear, Mar. 19 2024, Stillwater*
- *Tulsa Botanic Blooms, Mar. 19-Apr. 19, 2024, Tulsa*
- *Vietnam Veteran day Ceremony, Mar. 21 2024, Broken Arrow*
- *Taste of Yukon, Mar. 21 2024, Yukon*
- *Guthrie Renaissance Festival, Mar. 22-24, 2024, Guthrie*
- *Chocolate, Wine & More, Mar. 26 2024, Claremore*
- *And so many more!!! Time to Explore*

*Treasurer Report
Balance as of 3/14/2024
\$6301.00*

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Here are some pictures from our fall meeting!! Thank you everyone who came!!



HELP SUPPORT YOUR LOCAL CHAPTER...
GET INVOLVED... VOLUNTEER, BECOME
A LEADER, TRAVEL, LEARN FROM YOUR
PEERS, NETWORK, MEET NATIONAL
LEADERS, POSSIBLY ADVANCE YOUR
CAREER.

