

## THE GRANITE SLATE NEW HAMPSHIRE ASSOCIATION OF NUTRITION & FOODSERVICE PROFESSIONALS NEWSLETTER

### NH ANFP 2017-2018 BOARD OF DIRECTORS



Association of Nutrition & Foodservice Professionals (ANFP) is a national not-for-profit Association established association Which was established in 1960. Over 14,000 professionals dedicated to the mission of providing optimum nutritional care through foodservice management. We encourage and assist the development of our professionals to advance their skills in managing and directing their food service operations. Our organization will work as a team to encourage all members to become involved and to share their knowledge with other professionals.

**It's that time of year: Seeking new Volunteers😊**

#### PAST PRESIDENT

Kerry Olson CDM, CFPP

#### PRESIDENT

Michelle Currier SHRM-CP CDM, CFPP

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#### NEWSLETTER EDITOR

Michelle Stephens CDM, CFPP

**This issue by:** Michelle Currier



## HOW DO THE NEW REGULATIONS IMPACT FOOD & NUTRITION SERVICES?

[Section §483.60 Food and Nutrition Services](#) the following highlights are significant.

The Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP) credential is now listed as the primary qualification for the Director of Food and Nutrition Services in the absence of a full-time dietitian.

A representative from the Food and Nutrition Services department must be included on the Interdisciplinary Team (IDT). The CDM, CFPP is the only credential listed in addition to the Registered Dietitian Nutritionist that is qualified to participate as defined by scopes of practice. A scope of practice is a critical component in defining the role of any credentialed professional

While CMS lists the CDM, CFPP credential as the primary qualification for the Director of Food and Nutrition Services, the regulations also acknowledge state requirements for staffing qualifications. Currently, 18 states **require** the CDM, CFPP to serve as Director of Food and Nutrition Services

To learn more go to:

<http://www.anfonline.org/become-a-cdm/new-regulations-for-cdm-cfpps>

## NEW CMS LTC REQUIREMENT

On September 28, the Centers for Medicare & Medicaid Services (CMS) issued its final regulations of Part 483 to Title 42 of the Code of Federal Regulations, the Requirements for States and Long-Term Care Facilities

### WHAT ARE THE CMS LTC REGULATIONS?

The Centers for Medicare & Medicaid Services (CMS) is the federal agency responsible for administering requirements governing long-term care facilities. In October, 2016, CMS released a comprehensive update of regulations to reflect advances in theory and practice of service, delivery and safety for LTC residents, including a section on Food and Nutrition Services.

### HOW WILL REGULATION IMPACT STAFFING?

According to the requirements, individuals who are currently employed as the designated Director of Food and Nutrition Services prior to November 28, 2016 will have five years to meet the staffing requirements outlined by CMS. **Individuals hired after November 28, 2016 will have no later than one year to meet these staffing requirements.**

**Don't forget membership renewals are due the end of August!**



## MAINTAINING YOUR CREDENTIALS

This is a professional accomplishment you can be proud of, and it's a step towards your ongoing recognition and career growth. I have my credential...what happens next? To maintain the Certified Dietary Manager (CDM, CFPP) credential, you must earn 45 hours of continuing education (CE) every 3 years. At least 9 of your continuing education hours must be in sanitation and food safety.

You are permitted to earn more than 9 hours CE in sanitation. Once you meet your 9-hour requirement in sanitation, any additional sanitation hours you earn will be credited towards your "general" hour's category. Extra hours do not carry over from one 3-year period to another. *Please Note: Credit for CE hours can only be earned once for any given program and cannot be resubmitted for credit again regardless of whether it is in a new certification period.*

The CE requirement guarantees that you will continue updating your skills throughout your career...and helps define your value as a professional in the industry!

## MAINTAIN CREDENTIALS

You need 45 hours of continuing education (CE) including **NEW increase** 9 hours of sanitation and safety every 3 years

## CE SELF REPORTING

All CDM, CFPP are required to self-report our CE's. go to: <http://www.cbdmonline.org/maintain-your-credentials/ce-self-reporting-faq>

## CE DOCUMENTATION

Save all CE-related documentation for two three-year certification cycles

## FREE CE OPPORTUNITIES

Free CE's are emailed and communicated on our Facebook page.



**Be sure to check out the ANFP WEBPAGE:**  
[www.anfponline.org](http://www.anfponline.org)

**There is information on CEU's, job opportunities, Updates and resources. Click on chapters to check out our NH site, including newsletters.**



### FINANCE COMMITTEE

We are looking for volunteer(s) to join the finance committee. It's not a big commitment (only 2 times a year) to join the Board and new committee members Christine Page & Chantal Rioux

### SPRING MEETING

We are currently in the planning stages for our Spring Meeting. Future Meetings: Are you able to host our meeting? Do you have suggestions for a speaker or topic? We would love to hear from you!!

### CALLING ALL VOLUNTEERS

*Ever thought about being more involved?* We are always looking for volunteers. Are you interested in being a future leader or board member or to assist with a meeting? Please reach out to any board member to discuss. Without volunteers our chapter wouldn't be able to run. Can we count on your support?

### EMAIL/CONTACT UPDATES

Don't miss an email, Complementary CE or important chapter updates. **Make sure you update your profile on the ANFP website.**



ANFP NH Chapter is now on Facebook!



Just search ANFP-NH Chapter. Like us as we start to add content, ANFP news, Chapter info and CE's.

### NH ANFP TREASURERS REPORT

<b>Balance as of 8/24/18</b>	<b>\$5309.06</b>
<b>Expenses Total:</b>	<b>\$265.02</b>
Speaker Gifts	\$98.90
Audit Services	\$90.00
Ballot Expenses	\$30.97
Fall Meeting Food	\$45.15
<b>Deposits Total:</b>	<b>\$825.00</b>
Fall Mtg. Reg	\$235.00
ANFP Rebate	\$550.00
Meeting Registration	\$45.00
<b>Balance as of 3/18/19</b>	<b>\$5869.04</b>

Respectfully submitted by:  
Chantal Rioux , Treasurer



**LAST MEETING OCTOBER 5<sup>TH</sup>**

*We had great attendance. Thank you to Rejean Sheehy and Courville Community for hosting us!*

*Here are some highlights...*

### NUTRITION

Thank you to Erica Kelley who presented Modern Foods

### INSTALLATION OF OFFICERS/ RECRUITING FOR SUCCESS

Our new incoming ANFP NH Chapter officers were installed and our outgoing board of directors were presented with plaques for their dedication. We also had an interactive presentation for recruiting for success. A

### CHEF DEMO/ VENDOR PRESENTATIONS

We had Chef Jim Connolly who presented seasonal foods and how to utilize seasonal foods when creating a menu. It was FUN and Delicious. In addition, we had delicious soups and offerings from Kettle Cuisine and Affinity Foods

### NEXT MEETING:

**May 9<sup>th</sup>**

**Merrimack County  
Nursing Home**

**325 Daniel Webster  
Highway**

**Boscawen, NH**



### Agenda:

**Safety, Sanitation,  
Chef Demo, Clinical  
Presenter and so  
much more!**

**More info to come!**

**Watch for full agenda**



The graphic features the word "NOTES" in a large, red, serif font with a decorative flourish on the "N". To the right of "NOTES" is the phrase "from the" in a smaller, grey, sans-serif font. Below "NOTES" is the word "PRESIDENT" in a large, grey, sans-serif font. The entire graphic is centered on a white background within a light green rectangular frame.

MICHELLE CURRIER SHRM-CP, CDM, CFPP ~ OUR NH CHAPTER PRESIDENT

NH ANFP Chapter Members,

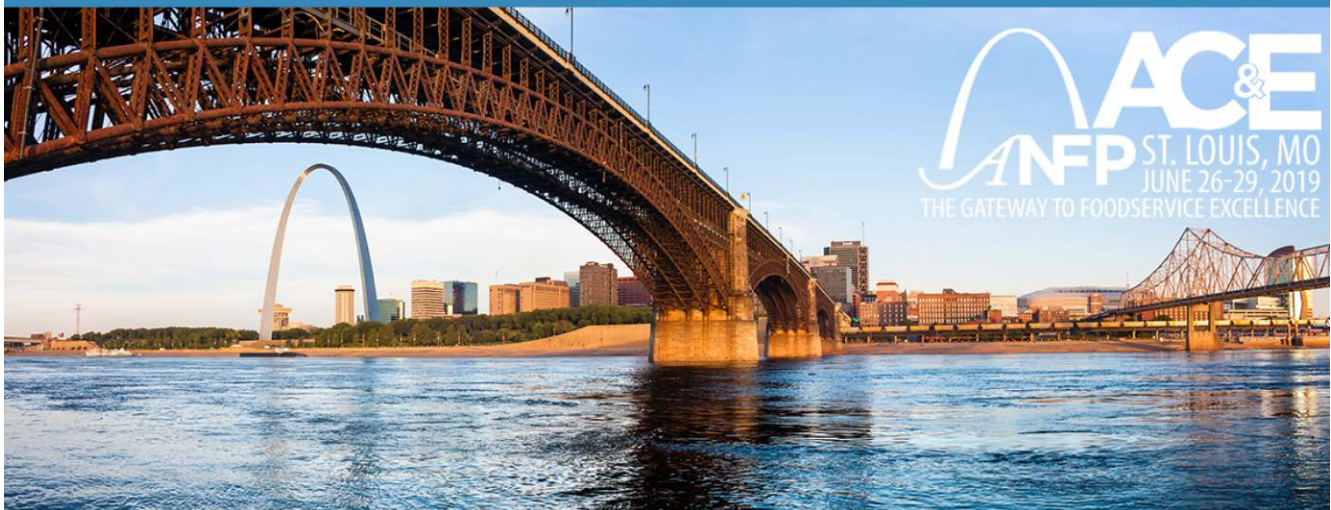
**Thank you** to all who attended our September meeting at Courville Communities in Nashua NH. A very special thank you to Rejean Sheehy for hosting our meeting, and making us feel so welcomed with all the special touches. It was a great success with some great speakers, great food and a wonderful meeting space. During this meeting the new ANFP Officers/Board Members for our Chapter were installed. It is with great honor and pride I take over the reins from **Kerry Olson**. She was so dedicated and always strived for a successful chapter and meetings. I would also like to take this time to thank **Val Frank** and **Michelle Stephens** who as Treasurer and Secretary brought more dedication and spirit to our chapter both at meetings and behind the scenes. Without volunteers like Kerry, Val and Michelle this chapter could have dissolved. Our new Chapter Officers **Rejean**, **Chantal**, and **Christine** join me to continue with our chapter's legacy. We are well on our way to planning our Spring meeting, which will be held at Merrimack County Nursing Home in Boscowan, NH, on May 9<sup>th</sup>. Thank you to fellow board member, Christine Page for hosting the spring meeting. An agenda will be coming out soon, once details are finalized. What we can tell you is to increase participation and activity with meetings we are offering registration for only **\$20 per person** with a donation of a non-perishable good! Where else can you get 6+ CE's for only \$20? We have a very exciting agenda planned. So stay tuned.

As always, if anyone has any suggestions or would like to help out in any way, please do not hesitate to contact myself or any member of our NH- ANFP Board. Thank you for allowing me to be your chapters President.

Michelle

## Join us for the ANFP 2019 Annual Conference & Expo!

ACE is Your Gateway to Foodservice Excellence



Are you interested in attending? We have scholarships available- simply contact someone on the ANFP Chapter Board of Directors.

Have ideas that you would like to see included in the next newsletter?

Please contact the following:

Michelle Stephens (603) 283-3107 or email [ezy@hcsops.com](mailto:ezy@hcsops.com)

Michelle Currier (617) 584-7730 or email [mcramm@unidine.com](mailto:mcramm@unidine.com)

*thank you!*