

FALL 2025

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Teia Springer

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Jamie Hobson

Kimberly Zimmerman



ANFP® NEBRASKA NEWS

Association of Nutrition & Foodservice Professionals

Husker Hotline – Fall Edition

October 5th is National Do Something Nice Day

Make your friends and family smile this October 5 on National Do

DID YOU KNOW? AN ACT OF KINDNESS CAN:

- ✓ DECREASE STRESS
- ✓ BOOST HAPPINESS
- ✓ LOWER BLOOD PRESSURE
- ✓ RELEASE FEEL-GOOD CHEMICALS (serotonin & oxytocin)
- ✓ INSPIRE MORE KINDNESS!

randomactsofkindness.org



Something Nice Day. This holiday encourages us to perform acts of kindness for strangers or loved ones — or both! It's easy to become so caught up in our own stresses and struggles that we forget to show kindness to others. This holiday is a great reminder that doing good deeds makes the world better — and might even help you better manage your own troubles in the process. So, celebrate with us!

MARK YOUR CALENDARS ANFP National Events...



ANFP 2025 Fall Regional Meeting – Hot Springs, AR
October 9 – 10
2025 Fall Regional Meeting - Hot Springs, AR



ANFP 2026 Annual Conference and Expo (ACE)

June 15 – 17th in Orlando, Florida



NEBRASKA ANFP FALL CONFERENCE

October – October 7th and 8th

Board Meeting – Oct. 6th in the evening.

Lincoln, NE



Contact Us

<https://www.anfponline.org/events-community/chapters/chapter-pages/nebraska/home>

Amy Ratkovec -

aratkovec@vhsmail.com

Allison Adrian -

allison.adrian@enoa.org

Melanie Vanosdall -

mel1322@hotmail.com

Machaela Winger -

machaelawinger@gmail.com

JoAnn McClanahan -

joann.mcclanahan@yahoo.com

Angela Mannel -

mannela1957@gmail.com

Teia Springer - teia10@live.com

Lisa Ring - lring@vhsmail.com

Colleen Kasperbauer -

cmkasperbauer.llc@gmail.com

Jamie Hobson - jamierae0627@hotmail.com

Kimberly Zimmerman -

kim.zimmerman73@gmail.com



ANFP ACE (Association of Food Professionals, Annual Crediton & Education 2025 Conference this past June, looked amazing! Angie Mannel and Melanie Vanosdall shared some of the great highlights of the Conference.

- Be who you came to be, extinguish burnout, embrace the change, lean into fear and take the risk

- Advocate for yourself, don't wait for someone to notice you, step out there and take the risk
- Connect with your staff on their level and learn who they are
- Visited with 2 different companies about a new food delivery cart for the hospital.
- When you become a leader, you are no longer in charge. You are not in charge of the job; you oversee the people.
- Disaster Compliant meal program- 😊 I felt like this was on a way bigger facility scale than we have but also, we were very prepared for our size, I was also not the only Hail disaster in the room
- Mental Health is a large growing crisis in the food service industry: Burnt Chef Project Ambassador draws from personal experience; 51% of hospitality workers feel undervalued by their employers.
- Fun fact if you walk all of floors of the Mall of America it's a 5K 😊

September 22 – 26 “From Awareness to Action”

National Fall Prevention Week

Nebraska's State Fall Prevention Coalition Link: [Older Adult Falls](#)

“From Awareness to Action,” emphasizing that falls are not a normal part of aging and most falls can be prevented.

Falls Prevention Awareness Week is a nationwide observance aimed at raising awareness about preventing falls, particularly among older adults. The event encourages communities to engage in activities that promote safety and reduce the risk of falls.

International Day of Older Persons – October 1, 2025

How to Observe International Day of Older Persons?

1. Chat with an older person
2. Volunteer your time
3. Become an advocate



NE ANFP SPRING CONFERENCE

WAS A BLAST!

WHO is ready for FALL???



Don't Forget your Raffles!!!

LINCOLN, NE

October 6, 7, 8

Places to Stay:

Fairfield Inn & Suites, Lincoln Airport

Holiday Inn Lincoln Southwest by IHG

Best Western Plus, Lincoln Inn and Suites

Holiday Inn Express and Suites, Downtown by IHG

The Scarlet Hotel

Courtyard by Marriott Downtown

AND MANY MORE!!!

SENIOR PLANET

FROM **AARP**

Online Classes for Seniors - Senior Planet from AARP

Live Online Classes designed just for you! Learn Finance, Wellness, Fitness, Computers and Technology, and so much more! You'll learn so much and find a real community of fellow life-long learners. Need help joining a class? Call the free Senior Planet Hotline: 888-713-3495

From Facebook classes, Afternoon Stretch, Google Maps, Classes in Spanish, Workouts, to Protecting your personal information online.



SPOTLIGHT ON RECENTS

"IN-THE-NEWS" FOOD SAFETY INFORMATION

US Food and Drug Administration Recalls:

[Recalls, Market Withdrawals, & Safety Alerts | FDA](#)

- Doehler Dry Ingredient Solutions, LLC, Recalls Member's Mark Freeze Dried Fruit Variety Pack for Listeria monocytogenes Contamination.
- Hillside Orchard Farms Recalls Various Fruit Breads & Fritters Due to Undeclared Egg.
- W.W. Industrial Group Recalls Pear Slices in Juice Due to Elevated Levels of Lead and Cadmium.
- High Noon Announces Recall of its Vodka Seltzer Beach Pack (12 Pack) Due to Inclusion of CELSIUS® ASTRO VIBE™ Energy Drink Cans that were Inadvertently Filled with Vodka Seltzer. 🍹

August Trivia

August was named in honor of Augustus Caesar. It has 31 days because Augustus wanted as many days as Julius Caesar's month of July had!

Zodiac signs: **Leo & Virgo**

Birthstone: **Peridot**

Flower: **Gladiolus**

October 5th to October 11th

Hospital food service appreciation week 2025

Hospital food service appreciation week in 2025 will be observed from October 5th to October 11th. This week-long celebration honors the dedicated professionals who play a crucial role in delivering nutrition excellence to patients and residents. Healthcare foodservice workers are integral to the seamless operation of healthcare facilities, catering meetings, facilitating take-out orders, and preparing nutritious meals for patients with diverse health needs. They manage extensive inventories of food, maintain high standards of cleanliness, and collaborate with schools and farmers to use fresh, local produce. This week is an opportunity to recognize their contributions and show appreciation for their hard work and dedication to patient care.

FOUR WORDS THAT WILL CHANGE YOUR LIFE:

I DO IT ANYWAYS.

This message came from an HS Principal, and it matches up greatly with our daily lives. **The truth is—life isn't always perfect.** Days are not normally good or bad. They normally have a mix of both. **You won't always feel 100%.** There will be days when you're tired, afraid of failure, nervous, or just not in the mood.

That's when this mindset matters most:

- **TIRED? I DO IT ANYWAYS.**
- **AFRAID OF FAILING? I DO IT ANYWAYS.**
- **WORRIED ABOUT WHAT OTHERS THINK OR WILL SAY? I DO IT ANYWAYS**
- **NERVOUS? I DO IT ANYWAYS.**

Success isn't built on waiting for perfect conditions. It's built on showing up and doing the work, no matter how you feel in the moment. **GRIT**

Education – Training Spotlight

****Free CE**

[Continuing Education | Michael Foods](https://michaelfoods.com/resources/continuing-education/)

<https://michaelfoods.com/resources/continuing-education/>

[Free Continuing Education for RDNs, DTRs, CDM, CFPPs, and Certified Chefs](https://tuniversity.com/)

<https://tuniversity.com/>

[Recorded Webinars | Partnership for Food Safety Education](https://fightbac.org/free-resources/recorded-webinars/)

<https://fightbac.org/free-resources/recorded-webinars/>