

42nd NDLTCA Annual Convention and Trade Show

May 7-10, 2019 | Bismarck Event Center & Ramkota Hotel





WEDNESDAY
OPENING KEYNOTE
3:00 p.m. – 5:00 p.m.
Better Together

KATIE DILSE

Meet Katie: The moment Katie enters a room; you know she's there. The energy elevates, laughter builds, smiles grow and hearts open. Katie brings a powerful message and an undeniable energy to spark audiences across the country from corporate meetings to national conventions. She inspires her audiences with her heart-to-heart presentations focused on making the most of our own life's business, making the most of what we focus our energy and resources toward.

Katie farms: Although she swore she'd never marry a farmer – she fell in love with one. Been married to him for 19 years. She's a farmer who loves the thrill of haulin' down the dirt roads in the power seat of her big rig – and works every day to cultivate the most out of the long haul of life. She is the CEO of the Dilse Family Farm Management Training Program; a mom looking ahead. She has four potential farm managers living under her roof – a perfect opportunity to teach the basics of life. Especially life in a family business. Her sons are learning time management, fiscal responsibility, recognizing conflict and learning to solve problems – all while planning for a bolder future. She loves The Business of the Farm.

Katie is a Mom: Her light-hearted humor and honest soul is a natural fit for those who long for a message that uplifts our spirits, draws us close and unites each of us. Katie is an expert in tough love and is strong-willed. Her genuine stories approach hot- topics with a down-to-earth style that will open both hearts and minds in addressing The Business of Mom.

Katie's Spirit is on Fire! Balancing the demands of work, the tugs on personal life, and community obligations is a challenge. Our lives are full and at the end of the day, it's easy to look back and struggle to describe how our time was spent. Katie will help you discover all the accomplishments in your busy days, recognizing they are credible and worthy of celebration. The understanding that life is more than a list of projects started and completed – its people; often referred to as the Business of the Heart.

Katie is influential: The Federal Reserve Bank of Minneapolis relied on her reports to advise their agriculture decision makers. The Great American Wheat Harvest captured this North Dakota farm girl in its award-winning documentary. Katie loves tractors and work boots, yet as a guest at the National Ag Day in Washington, D.C., and a Finalist for Farm and Ranch Guide Country Woman of the Year, she was comfortable with the red carpet, high heels, and invigorating conversations with others who love agriculture.

Identified as one of the Top 40 under 40 business leaders in the Midwest, The Business Watch magazine recognized this young entrepreneur for professional development, community contributions, and her influential voice that she calls The Business of Life.

FRIDAY
CLOSING KEYNOTE
10:45 a.m. – 12:30 p.m.
The Intelligence of Fun...
Creating a Work Culture
with Staying Power



CRAIG ZABLOCKI

Making a profound difference for nearly 25 years, Craig has spoken to over one million people internationally and in all 50 states. From cops to gang members, from surgeons to school superintendents, from lawyers to realtors; he addresses corporate executives, child-abuse-prevention specialists, and social service advocates of all kind...college professors, federal prison workers, mental health specialists and the armed forces.

Thousands of organizations rely on Craig to help them transform the obstacles that keep them stuck, lift them up and breathe new life into their purpose! Aside from numerous interviews and articles written by or about Craig, he authored the book "Improv 101, Unleashing Your Creative Spirit" and has an audio program "The Intelligence of Fun, Live with Craig Zablocki."



Welcome from the Convention Committee Chair

It is with great pleasure as the Convention Committee Chair to welcome you to Bismarck for our 42nd Annual Convention and Trade Show. This year's theme "Staying the Course... Excellence" was chosen by the convention committee to reflection all of the obstacles we encounter in the work we do, caring for our residents in order to provide the best quality and outcomes. The convention will provide many opportunities to enrich your professional development through networking, new technology displays, educational sessions, and best practices presentations.

The Convention is supported by our wonderful Sponsor Members, our trade show exhibitors and our partnering associations representing Nursing, Dietary, Social Services, Activities, Chaplains and Environmental Services. Please be sure to visit the exhibit hall on Wednesday and Thursday and thank them for their support.

I hope you will join us Wednesday evening at our Awards Banquet as we recognize our caregivers, volunteers and others for their contributions to long term care in North Dakota. Then on Thursday, relax and have fun at our Theme Hospitality Social followed by music and dancing with the band Dirty Word.

Thank you to the NDLTCA Association staff and the convention committee for working so hard to bring this event to you. The convention committee welcomes you to enjoy, relax, and participant in all of the opportunities of the 42nd Annual Convention and Trade Show.

Greg Salwei, *Convention Chair*

General Convention Information

NDLTCA REGISTRATION / INFORMATION DESK

Convention registrants may register and pick up their packets at NDLTCA's Registration Desk in the Exhibit Hall Lobby at the Event Center. Name badges are sent to facilities prior to the convention.

MEALS

Meals, except for the Awards Gala, are included in the registration fee. Any person having a special dietary need may contact the association office prior to the convention or may stop by the registration desk when they arrive.

NDLTCA TRADE SHOW INFORMATION BOOTH

Visit the NDLTCA Information Booth in the Exhibition Hall at the Bismarck Event Center, where you will find the Trade Show Validation Card Drop for door prize opportunities.

GUESTS

If you are planning on bringing a guest to the Trade Show, Awards Gala, or the Fun Night Activities, please stop by the NDLTCA Registration Desk. Guests must pay a guest fee, and have a name badge, appropriate ticket and wrist band.

COMPLIMENTARY PAMPERING

Complimentary 'pampering' will be available for convention participants during the Exhibition hours and at break times. Be sure to treat yourself!

WHAT SHOULD I WEAR?

Business casual is encouraged for all the educational programs. Participants are encouraged to bring sweaters to the sessions. Semi-formal is appropriate for the Awards Gala.

SPECIAL ACCOMMODATIONS

If you need any special aids or services identified in the Americans with Disabilities Act please contact NDLTCA ten (10) days prior to the convention so arrangements can be made.

COURTESY REMINDER

The convention is a great time for learning, networking and having fun with friends – new and old. While we want you to have a great time, please remember ...

- Keep visiting to a minimum during sessions.
- Turn cell phones to manner mode and take calls outside the meeting rooms.
- Be respectful of others during the evening events - not all participants and hotel guests are attending our functions.

We look forward to seeing you at this year's event!



Preliminary Schedule

Tuesday, May 7

8:00 a.m. – 8:30 a.m.

NDLTCA Foundation Meeting
Bismarck Country Club

8:30 a.m. – 10:30 a.m.

NDLTCA Board Meeting
Bismarck Country Club

10:45 a.m. – 12:45 p.m.

NDLTCA Membership Meeting
Bismarck Country Club

1:00 p.m. – 6:00 p.m.

PAC Golf Tournament
Bismarck Country Club

6:00 p.m. – 8:00 p.m.

Convention Kick-off Dinner, Awards and Fun
Bismarck Country Club

5:00 p.m. – 6:30 p.m.

ND ANFP Board Meeting
Governors Room, Ramkota

APND Board Meeting

Cannonball Room, Ramkota

LTCSWND Board Meeting

Room 2130, Ramkota

NDESA Board Meeting

Sheyenne Room, Ramkota

4:00 p.m. – 8:00 p.m.

Exhibitor Registration Open
Bismarck Event Center

6:00 p.m. – 8:00 p.m.

NDLTCA Registration Open
Bismarck Event Center

Wednesday, May 8

7:00 a.m. – 10:00 a.m.

Exhibitor Registration and setup
Location: Hall C & D

7:00 a.m. – 5:00 p.m.

NDLTCA Registration Open
Location: Exhibit Hall Lobby

7:00 a.m. – 8:30 a.m.

Breakfast
Location: Hall B

FULL-DAY TRAINING

8:30 a.m. – 2:45 p.m.

1. Restorative Nursing: What's Required and How to Set Up a Program

Presented by: Joan Brassfield, Infinity Rehab

Content: Long Term Care will be undergoing a new payment system, called PDPM, in October 2019. A new assessment procedure will make Restorative Nursing programs even more important in the long term care environment. This program will discuss the requirements for a restorative program and how to set them up. It will explore some myths and misconceptions of restorative nursing while providing some case studies on how these programs can benefit the patient as well as the facility.

Recommended Audience: NF: Nursing, Therapy

BREAKOUT SESSIONS

8:00 a.m. – 10:00 a.m.

2. Summer Storm Evacuation Emergency Preparedness Table Top Exercise

Presented by: ND Department of Health-Emergency Preparedness and Response

Content: Provide participants with an opportunity to review and familiarize the different capabilities and strategies when responding to a full evacuation of a long term care facility, identify coordination factors, describe systems of long term care's integration within local and state response systems, and identify elements of continuity of operations during an evacuation. Participants will discuss guidelines, assumptions, staff responsibilities, decision making for evacuation, resource planning and tracking of residents and staff.

Recommended Audience: NF: Administrators, Nursing, Environmental

8:30 a.m. – 10:00 a.m.

3. The Collaborative Approach Between Nursing and Nutritional Services: Diabetes

Presented by: Kelly Fisher and JulieAnne Walter, Sanford Health

Content: This presentation will emphasize the importance of collaboration and communication between nursing and nutritional services to improve the care of the resident with diabetes.

Recommended Audience: AL, BC, NF: Dietary, Nursing

4. Psychosocial Well-Being and Behavioral Health Care Planning

Presented by: Dusty Linn

Content: In the new ROP that came out in November 2018 a special focus was placed on preventing and addressing distress. This session focuses on incorporating practical ways to address and prevent distress into the care plan. It will walk through specific examples of how to individualize care plans for each resident focusing on different stages of addressing distress – the trigger is unknown; beginning to discover the trigger of distress; and addressing triggers of distress. It will also cover how to incorporate preferences into a care plan format that will assist in preventing distress from occurring as well.

Recommended Audience: NF: Activities, Social Services

5. Financial Exploitation of a Tenant/Resident

Presented by: Michelle Gayette, Aging Services and Marina Spahr, Assistant States Attorney

Content: Michelle and Marina will be discussing criminal financial exploitation, the related state laws and procedures for prosecution. Discussion will include symptoms and signs that criminal financial exploitation may be occurring and how/where to report. They will also provide information on the Department of Justice grant and how that has provided collaboration between agencies when these crimes occur and how financial exploitation affects victims, families, and facilities.

Recommended Audience: AL, BC, NF: Administrators, Managers, Nursing, Office, Social Services

10:00 a.m. – 10:15 a.m.

BREAK

GENERAL SESSION

10:15 a.m. – 11:30 a.m.

6. Addressing Family Concerns and Preventing Grievances

Presented by: Dusty Linn

Content: This session addresses discovering the underlying cause of most conflicts between facilities and families. The focus is on unmet expectations. This session includes specific suggestions on how to get ahead of concerns and how to set out expectations in a way that are reasonable. This will prevent the establishment of an “us v. them” mentality and truly incorporate the family into the treatment team. This session also provides examples of how to interact with families to assist them in feeling heard and understood to the point they understand they can trust the staff to solve the issues at hand.

Recommended Audience: AL, BC, NF: All Disciplines

ASSOCIATION MEETINGS

10:15 a.m. – 11:30 a.m.

APND Membership Meeting

ND ANFP Membership Meeting

TRADE SHOW

10:00 a.m. – 11:30 a.m.

Trade Show Viewing – Administrators, DONs

Take advantage of this designated time for just Administrators and DONs to visit with our Sponsors and Vendors to see their latest products. See demonstrations, pick up sample products, and meet with experts and talk with suppliers who are working to provide you with exactly what you need to meet today's challenges.

11:30 a.m. – 1:00 p.m.

Trade Show Viewing and Lunch – All Attendees

Open to all participants. Take this time to see the latest in products and services - from transportation to furniture and equipment to the latest technology solutions from over 100 companies. See demonstrations, pick up sample products, and meet with experts and talk with suppliers who are working to provide you with exactly what you need to meet today's challenges. Enjoy a great lunch, get a massage, stop by the Hair District booth for some pampering, and register to win some Great Prizes!

11:30 a.m. – 1:00 p.m.

ACHCA/Roughrider Chapter Lunch Meeting

BREAKOUT SESSIONS

1:15 p.m. – 2:45 p.m.

7. End of Life Care in Basic Care and Assisted Living

Presented by: Tracee Capron, Hospice of the Red River Valley; Shelly Peterson, NDLTCA and Rochelle Schaffer, Sanford Health Hospice

Content: Shelly will talk about the law changes regarding End of Life Care in Long Term Care and how to meet these requirements in order to collaborate with Hospice Organizations to provide the vital service to your residents. Brenda, Rochelle and Tracee will cover what hospice services and support they can provide, where hospice services are located throughout the state, Advanced Care Planning, and the difference between Palliative Care and Hospice Care. They will also touch on how payments are processed for Hospice Care.

Recommended Audience: AL, BC: Administrators, Managers, Nursing and Staff

8. Person Centered Care Planning and the new RoPs

Presented by: Robin Hillier

Content: Phase 2 of the revised Requirements of Participation included many additional care planning requirements focused on recognizing the resident's wishes and honoring their choices. Care planning continues to be one of the most cited tags during the survey process as a result of these changes. This session will cover the most common reasons for survey deficiencies related to care planning, and discuss how to ensure that your care plans are truly person-centered.

Recommended Audience: NF: Activities, Dietary, Nursing, Social Services

9. The Collaborative Approach Between Nursing and Nutritional Services: Cancer Care

Presented by: Amanda Ihmes, RDN, CSO, LRD and Corina Larson, RN, BSN, OCN with Bismarck Cancer Center

Content: The goal of this session is to have nursing and nutritional services work more closely together (collaborate) to meet the nutritional needs of the cancer care resident. This session will also provide current guidelines in nutritional care for cancer.

Recommended Audience: AL, BC, NF: Dietary, Nursing

10. H.O.P.E.: Holding Onto Principles of Encouragement

Presented by: Dusty Linn

Content: H.O.P.E.: Holding onto Principles of Encouragement is a strengths based approach to Dementia Care. This presentation challenges the participant to truly evaluate the language we use when talking about people with Dementia and the distress they experience. It focuses on what remains as Dementia progresses and pushes us to become better care partners as we view distress not as a problem to be fixed but as a person wanting to be understood.

Recommended Audience: AL, BC, NF: Activities, Nursing, Social Services

11. Roles and Responsibilities of Ethics Committees

Presented by: Viki Kind

Content: An ethics committee's strength comes from the diverse skill sets of its multi-disciplinary members. Being part of a well-informed and well-intentioned committee can protect and support both the residents and professionals. Viki will discuss the best practice steps you can take to develop and improve your ethics program and process.

Recommended Audience: NF: Administrator, Chaplains, Nursing, Social Services

12. Review of the 2019 Legislation on Rate Setting

Presented by: Brad DeJong, Eide Bailly

Content: This session will review recent legislation and the impacts it will have on the rate setting for facilities for current and future rates.

Recommended Audience: NF: Administrators, Office/Finance

13. 2012 Life Safety Code

Presented by: Monte Engel, Division of Life Safety & Construction, ND Dept. of Health

Content: This presentation will focus on specific issues in compliance with the 2012 edition of NFPA 101, Life Safety Code for nursing facilities and basic care.

Recommended Audience: BC, NF: Administrator, Environmental

14. Healthcare Standards Bed Availability and HC Standard Resident Tracking

Presented by: ND Department of Health-Emergency Preparedness and Response

Content: HC Standard allows you to track key information that is pertinent to your situation, easily track patients, hospitals, hospital bed availability, and other key data. Information is gathered in near real-time, making it quickly accessible to your on-site incident commanders and administrators. Information and data that has been tracked and integrated is easily and securely shared across the HC Standard software suite to provide situational awareness.

Recommended Audience: AL, BC, NF: Administrators, Environmental, Nursing, Office/Finance, Social Services

2:45 p.m. – 3:00 p.m.

BREAK

OPENING KEYNOTE

3:00 p.m. – 5:00 p.m.

15. Better Together

Presented by: Katie Dilse

Content: Better Together... We fall. We get up. Everyone wants to move forward. Life is constantly teaching us what works, what doesn't, and what matters in the end. Life is who we are, not what we aren't. Our business, and our homes open doors to establish connections that make two lives greater. Every day you can see opportunity. It may not be exactly how you envision, but trust the process. Just attack it.

Recommended Audience: AL, BC, NF: All Disciplines

6:00 - 7:00 p.m.

Awards Gala Social

Location: Hall A

Join us before the Awards Gala for a social. Enjoy time to network with your peers.

7:00 p.m.

Awards Gala

Location: Hall A

Join us for this year's Awards Gala. Enjoy a great meal and help recognize, celebrate and congratulate the award winning recipients!

Thursday, May 9

7:00 a.m. – 5:00 p.m.

NDLTCA Registration Open

Location: Exhibit Hall Lobby

7:00 a.m. – 8:30 a.m.

Breakfast

Location: Hall B

7:30 – 9:00 a.m.

NADONA Executive Board Breakfast Meeting

Every ½ hour from 8:30 a.m.-4:00 p.m.

Evacuation Training Station

The ND Department of Health and Emergency Preparedness and Response team will be set up in Hall C for evacuation training every ½ hour. A facility MUST have two staff members attend the Table Top and HC Standard Session on Wednesday for this evacuation training station to qualify for their facilities full scale exercise. You may register during the trade show on Wednesday, May 8 at the ND Emergency Preparedness Booth or on Thursday, May 9 at the evacuation station in Hall C. There are only 10 spots available each ½ hour so be sure to sign up to save your spot.

BREAKOUT SESSIONS

8:30 a.m. – 10:30 a.m.

16. Ethical and Cultural Issues with Geriatric Care/ When the Resident is Unrepresented (Ethics Session)

Presented by: Viki Kind

Content: Viki has split this two hour session into two different topics. The first topic will be on Ethical and Cultural Issues with Geriatric Care. The term, "geriatric," is often used to describe a singular group of people when in reality, this term represents an incredibly diverse group of people. Our practice is enhanced when we have greater insight into and respect for the person's culture, religion, gender, sexual orientation, ethnicity, etc. Attendees will learn how age intersects with culture, how to improve communication with cultural humility, and how our own perspective may be influencing our practice. The second topic will cover the greatest ethical obligation; those who are unrepresented and can no longer speak for themselves. Viki will share an expanded view of the Best Interest Standard which can be used for making medical and quality-of-life decisions. Attendees will learn strategies organizations can use to manage these ethically complex situations.

Recommended Audience: AL, BC, NF: All Disciplines

17. Assisted Living and Basic Care Networking Sessions (Closed Session-MEMBERS ONLY)

Moderated by: Kari Dick, Mary Jo Fries and Joyce Linnerud Fowler

Content: Join your peers in this networking opportunity. So much is happening in the Assisted Living and Basic arenas and this session is a great way to catch up with what other facilities in the state are doing.

Recommended Audience: AL, BC: Administrators, Managers, Nursing and Staff

9:00 a.m. – 10:30 a.m.

18. The Collaborative Approach Between Nursing and Nutritional Services: Dialysis

Presented by: Jeanne Garber, MS, RDN, LRD and Karen Swanson, RN, Sanford Health

Content: 30 million American adults have chronic kidney disease and millions of others are at increased risk for developing the disease with the leading causes of kidney disease being diabetes and hypertension. Management of the individual with chronic kidney disease is complex and requires a team approach. The consequence of poor management of nutrition in the individual with chronic kidney disease can affect multiple body systems, including cardiovascular, pulmonary, digestive, and musculoskeletal, to name a few. A team approach is essential in the over-all care of the dialysis patient, especially when it comes to the nutritional health of our patients. Our discussion will focus on the individual with chronic kidney disease that has progressed to end-stage failure, requiring dialysis. We will discuss different ways that nursing and nutritional services work together for the health of our patient.

Recommended Audience: AL, BC, NF: Dietary, Nursing

19. Making the Most of MDS 3.0 Section F

Presented by: Dusty Linn

Content: This session focuses on understanding how to communicate the valuable information gathered on Preferences and Patterns. It's vital that this information be utilized not just as another section to complete but information that we utilize in our documentation, our care plan and then incorporate into an individualized activity program. This section must be completed so instead of just going through the motions of the interview this session will emphasize how to take advantage of this opportunity for insight into preferences.

Recommended Audience: NF: Activities

20. Documentation Needed for a Successful Life Safety Survey

Presented by: Brad Keyes, Keyes Life Safety Compliance, LLC

Content: This presentation will identify all of the testing & inspection documentation required on features of fire-safety for any healthcare organization certified by the Centers for Medicare & Medicaid Services.

Recommended Audience: NF: Administrators, Environmental

21. Is it a Marriage Made in Heaven? Enhancing the Administrator & DON Relationship

Presented by: Eric Collett, A Mind for All Seasons

Content: Every Administrator learns that a great DON is vital to the success of the organization. Every Director of Nursing knows that a great Administrator is essential. Sometimes navigating the interpersonal complexities of the Admin-DON relationship are as challenging as a marriage. This engaging presentation leverages interpersonal and family communication research to shed new light on keys to strengthening the crucial partnership that Administrators and Directors of Nursing must forge to successfully cut turnover, improve care and avoid burnout in their communities. Participants will learn through relatable stories, role plays, and exercises that help them connect the main ideas to their everyday work experiences.

Recommended Audience: AL, BC, NF: Administrators, DON's

ASSOCIATION MEETINGS

10:30 a.m. – 12:30 p.m.

**NADONA Lunch and Membership Meeting
ND Chaplains Association Lunch and Membership Meeting
LTCSWND Lunch and Membership Meeting**

TRADE SHOW

10:30 a.m. – 12:30 p.m.

Open Exhibits and Participant Lunch

Location: Hall C & D

Open to all participants. Take this time to see the latest in products and services from transportation to furniture and equipment to the latest technology solutions from over 100 companies. See demonstrations, pick up sample products, and meet with experts and talk with suppliers who are working to provide you with exactly what you need to meet today's challenges. Enjoy a great lunch, get a massage, stop by the Hair District booth for some pampering, and register to win some Great Prizes!

BREAKOUT SESSIONS

12:30 p.m. – 2:00 p.m.

22. The Collaborative Approach Between Nursing and Nutritional Services: Dysphagia

Presented by: Debbie Zwiefelhofer

Content: May 2019 marks the official launch of the transition from the National Dysphagia Diet (NDD) to the International Dysphagia Diet Standardization Initiative (IDDSI). Executing a dysphagia diet takes the whole team. This session will focus on unique and common roles of the SLP, dietary and nursing as it relates to delivering food and beverages to this vulnerable patient group. Anxiety alert - there are some big changes with IDDSI! However, the goal will be to provide explanations, share resources and build confidence for a successful transition!

Recommended Audience: AL, BC, NF: Dietary, Nursing

23. Programming with Purpose: How to Supercharge Your Activities

Presented by: Eric Collett, A Mind for All Seasons

Content: Many activity directors love their work and the residents they serve but feel the calendar is getting a bit stale. Some struggle to create high-level social experiences within low-level budget constraints. This inspiring presentation will help activity professionals and those who support them discover new ways of thinking about their role in the organization.

Recommended Audience: AL, BC, NF: Activities, Nursing, Social Services

24. Skin Health and its Impact on Patient Driven Payment Model (PDPM) Reimbursement

Presented by: Aaron Weinard, Medline

Content: The presentation will focus on the importance of skin health moving forward into the changes coming up with the Patient Driven Payment Model. It will talk about ways to make sure your facility is ready to take advantage of the high reimbursement that comes with skin health and higher acuity residents.

Recommended Audience: NF: Administrators, Nursing

25. Requirements of Participation Phase III

Presented by: Dr. David Gifford

Content: Dr. Gifford will do an overview of the ROP Phase III. He will review the Infection preventionist, Trauma-informed care and other behavioral health requirements. He will also review QAPI program, Compliance and Ethics Program and Comprehensive training program for all staff including: communication; resident rights; abuse; neglect; and exploitation; QAPI; infection control; compliance & ethics; behavioral health and required in-service training for nurse aides.

Recommended Audience: NF: Administrators, Nursing, Social Services

26. Strange Observations

Presented by: Brad Keyes, Keyes Life Safety Compliance, LLC

Content: This presentation provides images of strange situations observed by the presenter during surveys of healthcare organizations, with explanations why the situation is not code compliant.

Recommended Audience: NF: Administrators, Environmental

12:30 p.m. – 3:45 p.m.

27. Selling (no, not Marketing) Senior Living Services

Moderated by: Michael Marlow

Content: This highly interactive, fun presentation covers the critical role of selling, no not marketing, in the senior living industry. Using atypical selling behaviors, the participant will learn to develop relationships of trust with both internal and external customers. In addition, effective communication skills will be discussed which again lead to trust-based relationships. A recent study by ProMatura painted a bleak picture of selling in the senior living industry. Using actual case studies, real world senior living-based stories and illustrative exercises, this presentation is designed to introduce the participant to a completely new and effective approach to selling in our wonderful industry! I promise, you CAN fill your community!

Recommended Audience: AL, BC: Administrators, Managers and Staff

2:00 p.m. – 2:15 p.m.

BREAK

2:15 p.m. – 3:45 p.m.

28. What is She Trying to Tell Me? Understanding Behavior as Communication

Presented by: Eric Collett, The Mind for All Seasons

Content: Humans cannot avoid communicating and everything we do communicates with those around us. Most of what gets labeled as bad behavior from persons living with dementia is nothing more than an attempt to communicate. This program helps participants develop greater skill in understanding what those they serve are trying to say and how to respond.

Recommended Audience: AL, BC, NF: All Disciplines

29. The Collaborative Approach Between Nursing and Nutritional Services: Wound Care

Presented by: Rhonda Darby, RN Minot State University and Debbie Zwiefelhofer

Content: It is well known that pressure ulcers and other wounds happen in long term care facilities. When confronted with a pressure injury or a wound the tendency is to immediately look to nursing to prevent and heal the wound. Nutrition is often overlooked even though there are times during wound healing that nutrition plays the key role for successful healing. This session will focus on the equal roles of nutrition and nursing in successful wound prevention and healing.

Recommended Audience: AL, BC, NF: Dietary, Nursing

30. Addressing Distress Through Meaningful Activities for Residents with Dementia

Presented by: Dusty Linn

Content: Activities provide a great deal of meaning and quality of life for residents. This is especially true when living with Dementia. This session will discuss several special considerations that will make the activity program more successful for residents living with Dementia while deterring distress and discomfort. Fun, interactive activities such as, Theme Kits, Spark of Life Club and the Montessori Method will be utilized to discuss topics. This session provides specific examples of how to incorporate these types of activities into the everyday activity program.

Recommended Audience: AL, BC, NF: Activities

31. An Exploration of QAPI for Social Services and Trauma-Informed Care

Presented by: Michelle Lauckner

Content: In this session, we will explore the role of Social Service professionals in Quality Assurance Performance Improvement (QAPI) efforts, how to launch improvement projects specific to the Social Service department and using QAPI methodology in providing for trauma-informed care.

Recommended Audience: NF: Administrators, Nursing, Social Services

32. NDESA Networking and Membership Meeting

Moderated by: Jerry Trupka and Mike Medrud

Content: Join Jerry and Mike to network with your peers on hot topics in the Environmental Services Department. This is a great time to problem solve, bring best practices and ask any questions you may have. Learn about the great benefits of being a member of NDESA and how it can help your facility.

Recommended Audience: AL, BC, NF: Administrators, Managers, Environmental Services Directors, Housekeeping/Laundry

GENERAL SESSION

4:00 p.m. – 5:00 p.m.

33. Avoiding the Task TRAP

Presented by: Eric Collett, The Mind for All Seasons

Content: The biggest roadblock to person-centered care is the tendency to focus on tasks rather than people. This presentation helps care partners understand ways that task-focused thinking makes their job harder, allows them to recognize ways they may be acting in a task-focused manner, and helps them understand how to change their behavior and approaches to form genuine connections with those they serve.

Recommended Audience: AL, BC, NF: All Disciplines.

5:30 p.m.

Fun Run

Sertoma Park

Join us for the 6th Annual Fun Run to help fund Nurse Scholarships in North Dakota.

7:00 p.m.

Theme Hospitality Event

Ramkota Courtyard Suites

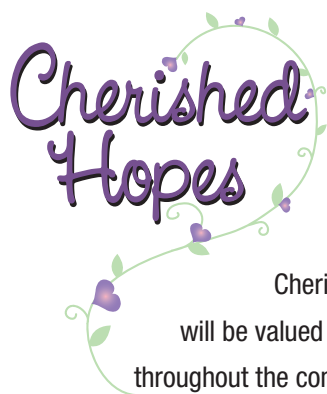
Join us in the Courtyard for one of the most popular events at the convention. Great food, great fun and great networking! Let's plan to have a GREAT TIME! Remember to wear your Fun Night wrist band to this event.

8:30 p.m.

Dance the Night Away

Ramkota – Dakota Ballroom

Join us for an evening of music and dancing with the band "Dirty Word."



Bucket Draw! Friday, May 10th

Back by popular demand is the Cherished Hopes Bucket Draw. All baskets will be valued at \$100 or more and will be displayed throughout the convention in the Bismarck Event Center lobby by the registration desk. Participants will have the opportunity to purchase tickets and place them in the bucket in front of the basket or baskets they would like a chance to win. Winners will be drawn Thursday evening and will be posted at the registration desk Friday morning. Winners do not have to be present to win.



2017 basket shown included:
Keurig® machine, k-cups®, emoji mugs, two bottles of wine, wine glasses and chocolate

Friday, May 10

8:00 a.m. – 12:30 p.m.

NDLTCA Registration Open

Location: Exhibit Hall Lobby

8:00 a.m. – 9:00 a.m.

Breakfast

Location: Hall B

BREAKOUT SESSIONS

9:00 a.m. – 10:30 a.m.

34. Foodborne Outbreak and Enteric Disease Surveillance and Prevention in North Dakota (Sanitation Session)

Presented by: Laura Cronquist, Epidemiologist, ND Dept. of Health

Content: This presentation will provide an overview of foodborne outbreaks and enteric disease cases in North Dakota. We will also discuss enteric disease prevention in long-term care facilities.

Recommended Audience: AL, BC, NF: Dietary, Nursing, Environmental Services

35. Mindfulness, Meditation, and the Chemistry of Kindness

Presented by: Melanie Carvell

Content: Are you ready to experience more joy and happiness while also improving your focus and concentration? Do you need simple, proven tools to help you cope with countless everyday distractions and overwhelming stress? Scientific studies have shown that practicing mindfulness, meditation and kindness can literally re-wire our brains. You will leave this uplifting presentation equipped with tools to help you recharge and restore your energy and joy, while improving your ability to react more thoughtfully to challenges, worries and conflict. Come and be inspired!

Recommended Audience: AL, BC, NF: All Disciplines

36. Patient Driven Payment Model (PDPM)

Presented by: Nate Ovenden, Senior Medicare & Managed Care Consultant for Good Samaritan Society

Content: The PDPM presentation will give an overview of the new payment system, show case studies, and provide facilities with important steps to take in order to be successful under PDPM.

Recommended Audience: NF: Administrators, Nursing, MDS Coordinators, Office/Finance

37. Elder Care / Financial Responsibility of Children and Other LTC Legal Updates

Presented by: Beverley Adams, Fredikson and Byron

Content: Overview of legal financial obligations of the children of families in LTC facilities and other legislative updates and case law developments.

Recommended Audience: AL, BC, NF: Administrator, Office/Finance, Social Services

38. Top Complaints in Assisted Living and Basic Care

Presented by: Karla Backman, State Ombudsman; Kathy Laxdal, Program Manager, ND Dept. of Health, Division of Health Facilities and Melanie Phillips, HCBS Unit Administrator, DHS

Content: A round table presentation of the most frequent complaints in Assisted Living and Basic Care reported to licensing and the long-term care ombudsman program.

Recommended Audience: AL, BC: Administrators, Managers, Nursing and Staff

CLOSING

10:45 a.m. – 12:30 p.m.

Cherished Hopes Drawing

CLOSING KEYNOTE

39. The Intelligence of Fun...Creating a Work Culture with Staying Power

Presented by: Craig Zablocki

Content: A Work Culture of Fun raises productivity, motivation, employee engagement, and patient-centered focus, while addressing compassion fatigue and staff retention. Craig's keynote is guaranteed to leave participants laughing, while giving new perspectives and simple tools to raise the Staying Power at their facility!

Recommended Audience: AL, BC, NF: All Disciplines





Activity Professionals of ND
 Long Term Care Social Workers of ND
 National Association of Directors of Nursing Administration
 ND Association of Nutrition & Foodservice Professionals
 ND Chaplains Association
 ND Environmental Service Association

Convention Registration

Register by March 21 to meet the early bird deadline. Please visit our website at www.ndltca.org/convention to register online.

This year we are ONLY accepting online registrations. We have enclosed an attendee collection form for you and your staff to fill out for each participant to help streamline the online registration. Registration includes grab n' go breakfast and lunch (Awards Gala is not included). Each licensed facility must register separately. You will receive an email with the confirmation number for your registration so you can go back and make registration updates until April 24.

Register before March 21, 2019 for the early bird discount!		NDLTCA Member		Non-Member		Student/ AIT	Guest
		BEFORE	AFTER	BEFORE	AFTER		
Weekend Pass	Full Registrant* (1-4 persons)	\$330	\$380	\$660	\$710	\$200	—
	Full Registrant* (5 or more attendees)	\$300	\$350	\$600	\$650		
	Theme Hospitality Social & Dance (Thurs, May 9)	included	included	included	included	\$30	\$30
Day Passes	Wednesday, May 8*	\$150	\$200	\$300	\$350	\$100	—
	Thursday, May 9	\$200	\$250	\$400	\$450	\$100	—
	Friday, May 10	\$100	\$150	\$200	\$250	\$50	—
*Awards Gala Ticket (Wed, May 8 – Not included in registration cost.)		\$50	\$100	\$100	\$100	\$50	\$50
Trade Show Guest (Wed, May 8 and Thurs, May 9)		—	—	—	—	—	\$60
REGISTER ONLINE: www.ndltca.org/convention Questions? Please contact Susan Bahmiller at susan@ndltca.org or 701-354-9775							

REFUND/CANCELLATION POLICY

Cancellation forms must be completed and emailed to susan@ndltca.org or mailed to NDLTCA in order to be considered for a refund. Please remember you can replace another staff member for the individual who needs to cancel. A 75% refund will be given to those persons who cancel their registrations up to three (3) full working days prior to the convention. Cancellations received after this deadline will not be eligible for refunds. Exceptions will be made in the case of a medical condition or facility emergency. Registered “no-shows” will be assessed the full registration fee and may obtain the handout materials from the NDLTCA office.

CONTINUING EDUCATION INFORMATION

All participants will receive a Certificate of Attendance for attending the convention. In order to receive full credit for a session, participants must attend the entire session. The number of hours participants will receive will be based on sessions attended. All disciplines receive one contact hour for a 60 minute session.

North Dakota Long Term Care Association is applying for nurse contact hours through the ND Board of Nursing.

North Dakota Long Term Care Association has applied for continuing education hours to the Association of Nutrition and Foodservice Professionals and the Dietetic Association.

NDLTCA is an approved provider of education for nursing home administrators, licensed social workers and activity professionals.

If you have any questions regarding continuing education hours please contact Susan Bahmiller, Education Assistant at 701-354-9775 or email susan@ndltca.org.



Thank you
to our
2019
NDLTCA
Sponsor
Members

