

TARHEEL TATTLER

February, 2018 Wanda M. Dickson, CDM, CFPP, Editor

**FLASHBACK TO THE 60's, 70'S and 80's WITH NC ANFP AT THE 2018 SPRING CONFERENCE
JOIN IN THE NETWORKING AND LEARNING SERIES, "PAST and PRESENT", MARCH 28-30-2018**



NC ANFP MEMBERS dust off your favorite outfit from your favorite era, BELL BOTTOMS, shell toe Adidas, or your favorite tie dye and get over to New Bern, NC! This meeting will be full of *old memories and promises even more new ones!* Bring someone with you and plan to learn and have a great time!!!!

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WHY SHOULD YOU ATTEND THE MEETING?

- ✓ **VALUE:** Where else can you get 12+ CEUs for less than \$100.00
- ✓ **GREAT FOOD:** 75% of your meals for 3 days FREE
- ✓ **ENGAGING SPEAKERS/INTERACTIVE PRESENTATIONS**
- ✓ **NETWORKING** with old and new friends/Sharing of Best Practices
- ✓ **Excellent support from our corporate partners!!!** They invest in our continued education only asking for a few minutes of our time to see if there is an opportunity for new business
- ✓ **ServSafe Training** at low, low cost
- ✓ **Great areas to visit and great lodging at affordable prices**
- ✓ **Early Bird Registration by February 28 is **only \$89.00****

WHERE: Doubletree Hotel, New Bern, NC; Room Rates, \$105.00 plus taxes

Date: March 28-30-2018 (Banquet will be Thursday night, March 29---wear your favorite 60's, 70's or 80's outfit)

TAKE ADVANTAGE OF THE OF ONLY \$89.00---BY



EARLY BIRD REGISTRATION
February 28, 2018

NC ANFP, 2018 SPRING CONFERENCE REGISTRATION FORM

March 28-30-2018

Make checks payable to: NC ANFP
Mail this form and your payment to:
 Garland McBride, CDM, CFPP
 NC ANFP Treasurer
 256 N. Gordon Drive
 Winston-Salem, NC 27104
 Work Phone: 336-595-2166

Doubletree Hotel
 100 Middle Street
 New Bern, NC
 Phone: 252-638-3585 (for reservations)
 State that you are with North Carolina ANFP

 Room Rates: \$105.00 per night plus taxes

Member of: (Circle One)
NC ANF

Administrator Student Retiree Dietitian

Name: _____

Employer: _____

Address: _____

ANFP Member #: _____ Work Phone: _____

Home Phone: _____ Cell: _____

Zip Code: _____ Email Address: _____

Check #: _____ Check Amount: _____ Date: _____

Registration Fees:	
Early Bird Registration by February 28, 2018	\$ 89.00
After February 28	105.00
At the door	\$ 125.00
Student or Retired	\$ 60.00
Banquet Guest	<u>\$ 35.00</u>
Total:	_____

NO REFUND IF CANCELLED WITHIN 14 DAYS OF THE CONFERENCE

\$30.00 CHARGE ON RETURNED CHECKS



NC ANFP MEMBERS, YOU ARE OUT THERE AND WE ARE STILL LOOKING FOR YOU TO STEP FORWARD TO RUN FOR PRESIDENT ELECT OR SECRETARY.

**Contact the nominating chairman:
 Wanda M. Dickson, CDM, CFPP
 Phone: 501-276-0984 (Cell)
 Email: wmdic421@gmail.com**

Recommend a NC ANFP Member for the MEMBER OF THE YEAR AWARD and a staff from any health-care facility department for the SUPPORT STAFF OF THE YEAR AWARD.

Awards will be given at the 2018, Fall Conference.

NOTE:

Bringing a guest to the Banquet on Thursday night? The Banquet and delicious dinner is \$35.00 per Guest.

Wear your favorite 60s, 70s or 80s outfit for the Banquet and prepare for a wonderful evening!

- BECOME AN ACTIVE MEMBER**
- RUN FOR AN OFFICE
 - VOLUNTEER FOR A COMMITTEE
 - PARTICIPATE ON A STATE PROGRAM
 - MENTOR A STUDENT
 - RECOMMEND A PEER FOR AN AWARD
 - SHARE IDEAS WITH OFFICERS

Observed typos in the last newsletter. Please excuse those. Wanda M. Dickson, Editor

NATIONAL INFORMATION

MEMBER APPRECIATION WEEK
 April 2-6-2018 , Visit ANFPonline.orgMAW to learn about this

HUNGER WEEK: April 9-13-2018, for info, go to ANFPonline.org/hunger week
 Volunteer in your local area at a mission, shelter or food pantry. Collect non-perishable foods for these causes

UPCOMING CONFERENCES

Regional
 March 15-16, 2018, Dallas, Texas
 April 4-5, 2018, Lexington, Kentucky

National ACE
 June 1-4, 2018, Orlando, Florida

The new CMS Regulations has created the need for more CDM, CFPPs in the Foodservice Industry. Check out the ANFP NEW MEMBER REFERRAL PROGRAM to learn how you can help and possibly win a year of paid membership, registration fee to ACE and \$400.00 toward hotel fees.

PUBLIC AWARENESS and ADOVACY

NC ANFP again participated with a booth at the 2018 NC HEALTHCARE ASSOCIATION



NC ANFP showcased our chapter and networked with peers, healthcare administrators/owners, other healthcare professionals and vendors.

STATE DIRECTORY

President

Omar Humes, CDM, CFPP
 2420 Lake Wheeler Road
 Raleigh, NC 27613
 919-452-2622
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President Elect

Susan L Gerrie, CDM, CFPP
 20 Brentwood Drive
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 (no current number)
 Email: sgpink62808@yahoo.com

Secretary

Robin Swanson, CDM, CFPP (Interim)
 6429 Bellcross Trl
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chozin2serv@yahoo.com

Treasurer

Garland McBride, CDM, CFPP
 256 N. Gordon Dr.
 Winston Salem, NC 27104
 Work: 336-747-1153
 Email: Garlando33@hotmail.com

Immediate Past President

(No immediate past president)

You need information or have questions, call, text or email an officer or committee chair. If we do not have it, we will try to get it.

Scholarship

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Nominating & Tellers

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Webmaster

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Hospitality

Peggy Inman, CDM, CFPP
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Historian

Betsy Phillips, CDM, CFPP
 Email: Phillipsbetsy6@gmail.com

Newsletter

Wanda M. Dickson, CDM, CFPP
 (See nominating/tellers for information)

Mentoring

Susan Gerrie, CDM, CFPP
 (See president elect for information)

Awards

Wanda M. Dickson, CDM, CFPP, Chair

BEWARE...

OF SCAMS ON YOUR PHONES, IPADS, COMPUTERS

FOR YOUR INFORMATION

KNOCKOUT BACTERIA by STORING FOOD CORRECTLY

UPON DELIVERY cold and frozen foods should be stored first

MEATS, specifically fresh meats should be placed in plastic containers on the lower shelves of refrigerator or cooler

EGGS should be stored on lower shelves or have a specific area of your refrigerator/cooler designated for these; they are not stored above other foods

MILK is stored in the center or toward back of coolers—**NEVER** by the door. Opening of the door allows the milk to warm. The warming and cooling causes spoilage in a shorter period of time.

ALUMINUM FOIL OR PAPER is not placed on shelves of refrigerators/coolers; this prevents cool air circulating to other shelves.

CARDBOARD IS AN INSULATOR. It insulates the food from the cold. (I know many foods are left in the original cases which keeps them together and can be dated more easily. Cardboard is still an insulator).

DO not accept:

- A. boxes with ice crystals
- B. decayed or discolored fruits and vegetables
- C. torn boxes/cases
- D. IQF foods that are frozen together
- E. Slippery or dark colored meats

FOODS with signs of rodent or pest infestation is unacceptable.

HAVE a receiving system.

- A. **TRAIN** the employee/employees checking in the food
- B. **FOLLOW-UP** for compliance

WHEN YOU SIGN for the food, **YOU ARE SAYING**, “this is acceptable”.

Wanda M. Dickson, CDM, CFPP