

A TASTE OF SUMMER!



Life may be somewhat different. There is still nothing like a good watermelon!
Treat your residents and your staff to a “TASTASTE OF SUMMER”! *



HOW ABOUT AN ICE-CREAM-SOCIAL

*Picture on Google says: Heath Home, DePaul, but there is no state. Credits to facility wherever it is.
Thanks for sharing with everyone. WMD

Inside this Issue

President’s Message
Employment Opportunities
Interesting Facts—About Members

Food Recalls
National News
“CHANGE”

STATE DIRECTORY



Hello Everyone,

It's been a while since we communicated. I hope you've had a safe and productive summer. Many of you, as I have, faced challenges when our community opened back up. We still face staffing issues and continue to lose employees due to positive covid tests. Hiring for our industry has continued to be a struggle. I look forward to sharing ideas this Fall about what best practices we all are using to get by and cope with the struggles we've had.

We are looking at dates in October for our Fall Meeting in Cherokee, NC; as soon as I get that information, I will send out an email blast along with a link for signing up. Please remember that we will need to have state elections this Fall and think about volunteering for the board. It's been a rewarding commitment for me, and I have been honored to serve on it. We will be looking for volunteers to run for open positions on the board. There are old and new members who can pick up and run with the progress we have made in our chapter over the years. Let me or our nominating chair know if you are interested. Let us know if we can answer any questions. If we do not have the answer, we will get it for you.

Many members had a blast at ACE this year, and I wish I could have made it out. We were short here; unfortunately, I couldn't go. Hopefully next summer, I will make it. I look forward to seeing you all this fall and catching up. We want to keep having state meetings for the training that we need. It really takes ALL of us supporting the meetings. Make every effort you can to take advantage of the opportunity to come, train and learn in an exciting environment! You will be amazed at what you can learn! If I can help by talking to your ED, I will gladly do so on behalf of the NC ANFP. We are a great organization. I believe in our members and the vital service and management we provide. Thank you all for what you do. Have a great week and I'll see you soon.

Remember that the National ANFP page is also a great resource for CEU's. The eNews and the Edge always offer easy and affordable topics to read and get CEUs.

Joseph Burdette, CDM, CFPP
NC ANFP President



We are looking for you to help keep NC ANFP functioning as a PROGRESSIVE and LIVELY CHAPTER! Volunteer for a committee or to serve on the Board. Make a difference and it will make a difference in your life!

Call, text or Email Joseph Burdette, Pr: 336-389-4119

Email: Mire.poix@hotmail.com

Wanda M. Dickson, Nominating Chair: 501-276-0984

Email: wmdic421@gmail.com

EMPLOYMENT OPPORTUNITIES

River Landing, a Presbyterian Continuing Care Community, has job opportunities in the Food and Nutrition Department. Joseph Burdette, CDM, CFPP, is the Culinary and Dining Services Director. River Landing is located at: 1575 John Knox Drive, Colfax, NC. Phone number to contact: 336-389-4119

Openings Available:

- 4 Full time cooks
- 1 Part-time cook
- 2 full time servers
- 5 Part-time servers
- 1 Executive chef
- 1 Full time dishwasher
- 1 Part-time dishwasher

FOOD RECALLS

The news has alerted us to many food recalls this year. It is important for the safety of our residents/patients or whomever we may serve to be aware of these. Some have been meats, (raw and RTEs), yogurts, salads, cheeses, ice creams and other frozen dairy desserts, candies, peanut butter, dried blueberries, flour and cake mixes. For information on Food Recalls go to your search system, whomever you use. I use DuckDuckGo and type in Food Recalls. You will get various topics to choose from. You can get a list easily, information on Food Safety, what to do if you have a recalled product and different bacteria.

Conagra Brands, INC has recalled 119,600 pounds of frozen meat and broccoli products because of misbranding. Chicken is in the product instead of beef. Also, almonds are in chocolate covered blueberries. The FDA also announced that Lyons Magnus LLC is recalling a number of nutritional and beverage products, including those under the brand names of Pirq, Glucerna, Aloha, Oatly, MRE and Imperial, because of the potential for microbial contamination. **From: Recall Roundup.**

With new Food Safety measures being required and an even more susceptible population, it is more important to be aware of these.

INTERESTING FACTS

(Things you did not know about members)

JoyceAnn Jones, BA, DM, ME, recently changed her ANFP membership to retired status. She was a CDM, CFPP from 1997-2022. She is a native of Western North Carolina and was an active member of the Western District of NC ANFP when districts existed. She has remained a faithful member attending state conferences when she could. “Joy”, as she is known, worked several roles in nutrition. She taught Youth Classes in Nutrition for the NC Cooperative Extension Services and worked in different Long Term Care Facilities in obtaining her CDM, CFPP and after certification.

Joy was a single mom with her mother and grandmother both living with her as she pursued her BA and ME degrees. She then worked for Western Carolina University and moved on to work at UNC at Asheville, NC. She worked at UNCA until retiring three years ago. While working at UNCA, she continued to care for her mother. After her mother moved into Long Term Care, she tried to make sure her mother had good care and nutrition.

Joy has always loved nature and history and gave many presentations for different groups around Asheville. She was active on the Board and other volunteer positions in a Society to preserve Natural Plants and Habitat of birds and wildlife. Since retiring, working in her large yard where she has an abundance of flowering shrubs, bushes and flowers gives her great satisfaction; a variety of wildlife enjoy her yard too, so she has to be aware of bears! She has also worked in and on her over 100 years old house discovering many items she did not remember she had! Her artistic and poetic talents have revived. Some of her poems have appeared in the Tarheel Tattler and other publications. Someday, she hopes to have all her poems in a published book form. Her enjoyment of cooking has surfaced also, and she has tried various foods and recipes she never had time for before. Nutrition is always a priority in her cooking.

Tina Wickes, CDM, CFPP, has always called North Carolina home and was born and raised in Wilkes County. She considers herself a country girl at heart and loves being outdoors. She enjoys exploring her wonderful state and all it has to offer. Did you know, North Carolina has 300 waterfalls? Tina did and is determined to visit every one of them too!

Her love of food and cooking began at home with her mother as her teacher. She holds an associate degree in Culinary Arts from Johnson and Wales University and a bachelor’s degree in Nutrition from Kaplan University. Tina considers herself a lifelong learner and recently graduated from the Institute of Integrative Nutrition with a certificate as a Health Coach.

Also, Tina is a CDM, CFPP and a Servsafe Instructor/proctor for her organization. She is currently the Assistant General Manager of Culinary Services at Salemtowne Retirement Community.



SEPTEMBER 15-16, 2022

NEW CDM, CFPP SCOPE OF PRACTICE

CHECK OUT THE NEW SCOPE OF PRACTICE FOR THE CDM, CFPP AS SET FORTH BY CMS. NATIONAL ANFP HAS MADE IT VERY EASILY AVAILABLE AT CBDMONLINE.ORG. MAKE A COPY FOR YOURSELF TO SHARE WITH YOUR ADMINISTRATORS, OTHER DISCIPLINES AND SURVEYORS. KEEP A COPY IN YOUR OFFICE AT WORK READY TO BE SHARED ANY TIME. WE HAVE WORKED YEARS TO GET THIS AS INDIVIDUAL MEMBERS AND AN ASSOCIATION.

“CHANGE”

By JoyceAnn Jones, (JOY), BA, DM, ME

Summer finally came and is marching on.
Summer’s flowers and heat will soon be gone.
Let us not have regrets when it’s done,
Before we know it Fall will have come.

Each season has its own beauty and charm.
Each season has its own nuisances and harm.
How do we deal with each new shift?
How do we go on and upward lift?

We do our best as best we can,
We adjust and change each former plan.
As Life throws us each twist and turn,
We do our best from each to learn.

HOW do we keep things up and right?
Just FOCUS with all your might.
Be in the moment, be in the NOW!
This is the secret of HOW!

Watch for a blast about the Fall Conference from our state president in the near future. Plan to attend.

STATE DIRECTORY

State Officers

President

Joseph Burdette, CDM, CFPP
3178 York Place
Walkertown, NC 27051
336-389-4119
Email: Mire.poix@hotmail.com

President Elect

Position unfilled at present

Treasurer

Garland McBride, CDM, CFPP
256 N. Gordon Dr.
Winston Salem, NC 27104
Work:
Email: Garlando33@hotmail.com

Secretary

Ryan Hinman, CDM, CFPP
600 Barrett Lane
Asheville, NC, 28803-6000
828-747-1641
Email: hinesgkdaa@gmail.com

Immediate-Immediate Past President

Robin Swanson-Singleton CDM, CFPP
6429 Bellcross Trail
Whitsett, NC 27377
336-549-5715
Email: chozin2serv@yahoo.com

Committee Chairmen

Scholarship

Garland McBride, CDM, CFPP
256 N Gordon Dr, NC 27104
Work:
Email: Garlando33@hotmail.com

Nominating & Teller

Wanda M. Dickson, CDM, CFPP
4426, Carving Tree Drive
Mint Hill, NC 28227
Cell Pho: 501-276-0984
Email: wmdic421@gmail.com

Webmaster

Joseph Burdette, CDM, CFPP
3178 York Place
Walkertown, NC 27051
336-389-4119
Email: Mire.poix@hotmail.com

Hospitality

Position is unfilled at present

Historian

Position unfilled at present

Newsletter /Awards

Wanda M. Dickson, CDM, CFPP
See nominating/tellers for information)

Membership

Joseph Burdette, CDM, CFPP
See President for information)

Partners Liason/Advisor

Omar Humes, CDM, CFPP
2420 Lake Wheeler Road
Raleigh, NC 27613
919-452-2622
Email: ohumesanfpncboard@gmail.com

**NEED help or have a question
call or email an officer or
committee chairman.**