



# The Tarheel Tattler

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July 2025

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## From the President's Desk

Dear NC ANFP Chapter Members,

I hope this message finds you well.

As many of you know, our chapter has faced some challenges in recent years. Now, we're taking important steps to rebuild, revitalize, and reconnect — and we need your support to move forward together.

We're reaching out to ask:

### **Will you be a part of this exciting new chapter?**

We're working to:

Re-establish regular chapter meetings and networking events

Offer continuing education (CE) opportunities and professional development tailored to your needs

Foster a stronger sense of community and collaboration among local ANFP members

### **Get Involved!**

**Volunteer** - Become a board member, serve on a committee, help organize an event, or present at a future meeting.

**Stay Connected** - Make sure your contact information is current on the ANFP website, and follow our chapter page and social media for updates and resources.

**Share Your Ideas** - Let us know what topics, speakers, or events you'd like to see offered.

### **Together We Can Build Something Strong, Valuable, and Lasting!**

Thank you for being part of the ANFP family. Whether you're a long-time member or just joining us, your involvement matters!

With appreciation,

Tina Wicks

President, NC Chapter of ANFP

tina.wicks75@gmail.com | NCANFPpresident@gmail.com

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## In Loving Memory of Wanda Dickson The Apple of Our Eyes, the Love of Our Hearts

We celebrate the life and legacy of Wanda Dickson, whose presence was a gift to all who knew her. Wanda was more than a dedicated professional — she was a guiding light, a cherished friend, and a true inspiration.

A proud and passionate CHAMPION of the ANFP, Wanda devoted her time, heart, and energy to uplifting the food and nutrition profession. Her leadership, warmth, and unwavering commitment left an indelible mark on our community.

Though her physical presence will be deeply missed, her spirit, laughter, and legacy live on in every life she touched.

Forever in our hearts,  
Wanda, your light shines on.





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## Our History

The North Carolina Association of Nutrition and Foodservice Professionals (NC ANFP) was established in 1969, marking 56 years of service. Originally formed as a chapter of the Hospital, Institution, and Educational Food Service Society (HEFSS), the organization traces its roots back to 1960. HEFSS was founded under the umbrella of the American Dietetic Association (ADA), with a small office space in the ADA's national headquarters in Chicago.

The national executive board comprised elected officers from the general membership, alongside Registered Dietitians who served in an advisory capacity. The President and Chair of the Board were elected members of the association, reflecting the organization's member-led governance structure.

In 2018 NC ANFP received the highly prestigious Diamond Award at ANFP's Annual Conference & Expo. The award recognizes one standout state chapter each year for excellence in leadership, education, community impact, and innovative best practices—like their app and fundraising events benefiting Camp Cocoon. Omar Humes, CDM, CFPP, accepted this national honor for the chapter.

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## Rebuilding Together: A Fresh Start for NCANFP

**NORTH CAROLINA FOOD AND NUTRITION PROFESSIONALS — WE NEED YOU AS WE REBUILD AND REVITALIZE OUR NC CHAPTER!**

**AFTER A CHALLENGING FEW YEARS, WE'RE COMING BACK STRONGER — AND IT STARTS WITH COMMUNITY, CONNECTION, AND YOU. WHETHER YOU'RE A LONG-TIME MEMBER OR JUST GETTING STARTED, THERE'S A PLACE FOR YOUR VOICE, YOUR IDEAS, AND YOUR ENERGY.**

**LET'S BRING NEW LIFE TO OUR CHAPTER BY:**

- ~ CONNECT WITH OTHER PROFESSIONALS ACROSS NORTH CAROLINA
- ~ CONTRIBUTE YOUR SKILLS AND IDEAS TO MEANINGFUL INITIATIVES
  - ~ BOOST YOUR LEADERSHIP EXPERIENCE AND VISIBILITY
  - ~ SHARING OUR KNOWLEDGE AND EXPERIENCES
- ~ CREATING POWERFUL EDUCATION AND NETWORKING OPPORTUNITIES
  - ~ HAVE FUN WHILE ADVANCING YOUR PROFESSION!

**WE'RE LOOKING FOR MEMBERS TO:**

- ~ SHARE EXPERTISE IN WEBINARS OR MEETINGS
  - ~ BECOME A BOARD MEMBER
  - ~ HELP SHAPE THE FUTURE OF NCANFP!

**THIS IS OUR CHAPTER. LET'S REBUILD IT TOGETHER — WITH PURPOSE, PASSION, AND PRIDE.**



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## FREE CE'S

Looking to complete some continuing education credits this summer?

ANFP is offering several FREE CE opportunities throughout July!

Head over to:  
[anfponline.org/education/continuing-education-\(ce\)/ce-sale](https://anfponline.org/education/continuing-education-(ce)/ce-sale)

to explore the available courses and take advantage of these limited-time offers!

Don't miss out—free CE doesn't come around often!

## UPCOMING EVENTS

2025 Fall Chapter Meeting  
September 29-30, 2025

Hickory, NC

Be on the look out for more details! We'll be sharing more information soon!

2025 Fall Regional Meeting  
October 9-10, 2025

Hot Springs, AR

2026 Annual Conference  
& Expo

June 15-17, 2026

Orlando, FL

## OTHER NEWS

Changing e-mails or moving? Please remember to update your ANFP profile. We need to keep in touch!