



NC ANFP MEMBERS, LET'S CELEBRATE OUR FREEDOM TO CELEBRATE! ENJOY YOUR FAMILY AND FRIENDS EVEN IF IT IS VIRTUAL. ZOOM, FACETIME OR SKYPE. CONNECT WITH THOSE YOU LOVE!



Have some turkey with all the fixings and a piece of:



The most important thing is to try and inspire people so that they can be great in whatever they want to do ----Kobe Bryant

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Hello Everyone,

As the president of North Carolina ANFP, I want to wish you a happy holiday season. Thank you for all that you do and embracing this journey we are on together. In a normal year, we would have had two state conferences; I would have seen some of you which I have missed. We are over 400 members strong and one of the largest in the country. Normally also, we would have held fundraisers to provide support to our fellow members. In the past, we have provided disaster relief for those hit by flooding and hurricanes in the state. It is my sincerest hope that as we move into spring, we will be able to meet and get to know each other much better.

If you have not done so already, please go online to the National ANFP website and check for available CEUs. The link to the national website is: <https://www.anfponline.org/home>. You can create your own account and access the CEU training that is available as well as the NC ANFP Chapter page. We are currently working on making additional training available through our chapter website or an additional link for training. CEUS have been made available by National through the virtual National Conference since it was not held as in a normal year. We are currently working on our State Spring Conference to be held at Cherokee, NC. It will be a joint meeting with South Carolina. I will provide details as soon as they are available.

In this business, we are truly essential and the residents would suffer without the care we provide. The hardworking dining departments we support benefit from CDM's being on staff providing them the professional guidance they need to be successful. Please stay strong and thank your teams for all the hard work that they do. Also, take a minute for yourself and recognize all the work you have done.

If I can be of assistance, please reach out to me. We are rich in experience in our chapter. Should I not have the answer to a question, I can find someone who does. You can reach me at: jburdette@riverlandingsr.org or my office phone is 336-389-4119. Call or email if I can help in any way.

Thanks all and have a safe and happy holiday season.

Joseph Burdette, CDM, CFPP

NC ANFP President

WHAT HAS KEPT US MOTIVATED

Greetings to you all,

First let me say, "I have missed you all"! I missed our conferences this year as well as ACE. One thing COVID 19 has taught me is to have a greater appreciation for the people in our lives and the time spent with them.

As the holidays draw near, I am sure all of us are trying to find new and creative ways to celebrate and still stay safe. At the same time, we are dealing with the pressures of work and the challenges we face. I would like to take just a minute to encourage each of you. Let me encourage you to focus on one positive thing a

day and then share it with someone else. Let's spread good vibes and good news. We could all do more of this during this time.

In closing, I pray that all of you have a very wonderful and safe holiday season. May it be filled with joy, peace and family. Also, I am looking forward to 2021 for new beginnings and greater expectations.

Robin Swanson-Singleton, CDM, CFPP
NC ANFP Immediate Past President

(I got married) *Congratulations Robin!*



Here I am sitting and thinking, how as a Dining Services Director for Long Term Care am I going to handle these challenging times? It is the craziest time in this country and my city! Home life is in chaos! I have 23 positions to fill in my schedule to have a smooth work flow, but only 17 of them are filled. My crew is worked to the limits, and I can see no relief in sight! We are all tired and depressed and wondering if relief is ever coming!

The answer is each day I reach back into my faith. He promises to keep us and never forsake us. But, I say "Lord????". "I cannot keep going". Then He reminds me that I am where He has called me to be and put me where He has chosen! This continues to give me strength to persevere. He reminds me to keep going to feed and give nourishment to our family of residents. Day to day, I try to model this for my staff to see that we are all in this together. I encourage you to never give up! LOOK UP...PERSEVERE....HANG TIGHT...keep doing what you have been called to do. The strength and rewards will soon be here.

Prayerfully, we will soon be back to some type of smoothness with staffing and a steady peace.

Love Ya'll.
Garland McBride, CDM, CFPP
NC ANFP Treasurer



Hello All,

Our entire population of inmates has been fed in their cells since April 17, 2020. We have gotten our routine down, and it has been going ok here. It has been challenging and very expensive though. For the first time ever, our cost to feed per person went up to over \$1.00 per inmate. This hurt me as the cost had gone to \$.80 already this year! Keeping a low meal cost has been a matter of great pride for our facility. Our labor cost has helped somewhat in that we have been getting out 2-3 hours early each day.

Some hot carts have been provided for us but not enough for each pod. Keeping the food hot has been a major issue. We are currently feeding a population of 1,450 with testing each day of all inmates and staff. 100 inmates were quarantined yesterday plus the 212 who were already quarantined. We had 26 inmate workers pulled for quarantine from our first shift at the last minute before serving the evening meal yesterday. Some volunteers came over from the second shift and helped pull us through. These workers can not continue to work double shifts indefinitely. There is no way our number of staff and few volunteers can perform all their tasks and the work the inmates do! As others are, we are looking for the light at the end of this tunnel! We are taking it hour by hour; by the Grace of God, we have and will overcome the challenges and survive this!

Tina Burckette, CDM CFPP, BS in Criminal Justice
Food Service Department Director
Tabor Correctional Institution
Tabor City, NC

UPCOMING CONFERENCES



ANFP Annual Spring Regional Conference
April 15-16, 2021
Marriot Memphis East
5795 Poplar Avenue
Memphis, TN 38119
Phone: 901-682-0080



2021 ANFP ANNUAL CONFERENCE AND EXPO (ACE)
June 28-July 1, 2021
Renaissance Orlando at Sea World
6677 Harbor Drive
Orlando, Florida 32821

National ANFP is monitoring the COVID 19 situation closely. They are hoping to have the conference in person instead of virtual. The membership will be kept posted on the process.

STATE DIRECTORY

EXECUTIVE BOARD

President

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President Elect

Position unfilled at present

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Hospitality

Position is unfilled at present

Historian

Position unfilled at present

Newsletter /Awards

Wanda M. Dickson, CDM, CFPP
(See nominating/tellers for information)

Membership

Joseph Burdette, CDM, CFPP
(See President for information)

Partners Liason/Advisor

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**Need help or have a question:
call, text or email an officer or
committee chair**

**Never dwell on one obstacle
too long, as tomorrow is
another day.**

KEEP LAUGHING



“A good laugh is sunshine in the house.”

-----William Makepeace Thackeray

Nothing better than a good laugh and giggling over a whole bunch of nothing.

-----Yolanda Hadid





HAVE A VERY MERRY CHRISTMAS!

DON'T FORGET TO GO TO BED EARLY OR SANTA CLAUS MIGHT NOT STOP AT YOUR HOUSE.

Gather with family if possible, stay safe, make some great memories and be happy.

**Wanda M. Dickson, CDM, CFPP
Editor**