

Association of Nutrition & Foodservice Professionals

SUMMER 2025 NEWSLETTER

INCLUDED IN THIS NEWSLETTER:

CHAPTER PRESIDENT MESSAGE
MN ANFP AT ACE
MEET THE 2025 BOARD
FALL CONFERENCE 2025

A Message from Our Chapter President Mistin Warkenthein

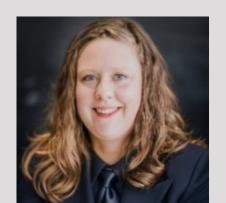
Hello! I hope you are faring well in our summer of extreme heat and blustery storms. It is my honor to serve as Chapter President for this term. As we start our chapter calendar I wanted to introduce myself and the MN ANFP board initiatives. Last year Jeff Wuollet served our chapter with a great theme of 'Creating the Connection' starting a ring of pop-up regional meetings around the state.

We want to keep this momentum going this year with our theme of 'Strengthening the Connection: Building our Confidence, Amplifying our Voices.'

We want to focus on helping our members develop and grow their confidence in their skills and abilities and amplify their voices to take up space at IDT tables across our industries.

While at the Purple Rain themed ACE held right here in Minnesota, we heard some inspiring speakers on self-advocacy, learned of a mentorship program beginning, and celebrated quite a few local legacy stars!

It's been an exciting start and we have some fresh faces on the board, too! I can't wait to see what the year brings us!



Mistin Warkenthien CDM, CFPP, CFPM Chapter President

ACE comes to Minnesota



Over 300 CDM, CFPPs and other foodservice and nutritional professionals came to Minnesota in June for ANFP's Annual Conference & Expo (ACE). We had over 50 Minnesotans in attendance to proudly welcome all the attendees to Mn!

This year Minnesota was the proud recipient of the Communication award, Government Affairs award and Membership award. Along with the Sate Achievement award our chapter was also a Diamond Award finalist.

Marjoie Smith was installed as ANFP Chair elect, she will serve in this role for two years before being installed as the Chair in 2027.



ANFP Upcoming Events

October 9, 2025, Fall Regional Meeting- Hot Springs, AR

June 15-17, 2026, Annual Conference & Expo (ACE) Orlando, Fl.

Details about ANFP live events can be found online at www.anfponline.org



MN ANFP on LinkedIN

MN ANFP on Instagram

MN ANFP CHAPTER WEBSITE

Kristi- a Legacy



Legacy Award Kristi Salisbury, RD, CDM, CFPP

The Legacy Award recognizes an ANFP member who has been a member for at least 15 years and served three or more years on a national committee/board and attended at least three ANFP regional and/or annual meetings within the last five years.

Kristi Salisbury, RD, CDM, CFPP, has been a member of ANFP for over 40 years and began her career working in her hometown local nursing home as a dishwasher while she attended college. She then moved on to manage foodservice departments in four different healthcare organizations. She also became active in the MN ANFP Chapter and served as the ANFP national chair in 2004-2005. Kristi has also been active with the Certifying Board for Dietary Managers (CBDM) and the Nutrition & Foodservice Education Foundation (NFEF) board along with several other committees and task forces within each organization. She continues to be an integral part of the ongoing exam development process, bringing the consistent perspective of best practices and real-life experiences in facilities to ensure that the CDM, CFPP Credentialing Exam, and as a result, new credential holders, are truly representing all that it stands for.

She has worked in healthcare union environments and assisted organizations with launching, restructuring, or downsizing facilities. She excels in leadership training, enhancing patient, resident and employee satisfaction, and innovative menu planning, all to meet the changing needs of her clients and community. Kristi continues to share her knowledge through professional speaking and mentoring dietary manger students to become future leaders in healthcare foodservice and nutrition positions and was part of the flagship team that developed and facilitated ANFP's Leadership Institute for many years.



STENGHTHENING THE CONNECTION

BUILDING OUR CONFIDENCE, AMPLYFIYING OUR VOICES

FALL CONFERENCE 2025

OCTOBER 2-3, 2025 | WAITE PARK MINNESOTA



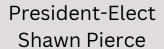


The Minnesota Association of Nutrition & Foodservice Professionals is pleased to announce the 2025 – 2026 Board of Directors

The following individuals began their respected role on June 1, 2024



President
Mistin Warkenthien





Secretary
Shauna Nordland



Treasurer CarieAnn Williams

Treasurer Elect Jessica Holm



Past President Jeffrey Wuollet

The Minnesota ANFP chapter is governed by a volunteer board of directors. Officer terms run from June 1 to May 31. All active members are eligible to attend quarterly board of director meetings to audit chapter business and happenings. The call for volunteer comes out annually in February, all members are welcome to nominate themselves or others for a board or committee position.



Top 10 Tips to Meet

CDM, CFPP Recertification Requirements

Use these CBDM policy reminders to help ensure you meet the CBDM recertification requirements. Monitor how many CE hours you reported on the My Certification page of your ANFP record. Log into your ANFP record and go the My Certification Page. Use this tool to learn about certification status definitions.

- 2. Make a plan for how you will meet the minimum required CE hours . You are required to complete and report a minimum total of 45 hours. Nine CE hours must pertain to Safety and Sanitation and 1.0 CE hour must be related to Professional Ethics.
- 3. Complete and submit CE activities by May 31 of the last year of your three-year recertification period. You must report CE activities and upload required documentation via the My Certification page of your ANF Precord. Failure to complete and report the minimum required CE hours will result in being placed in the CE Audit process.
- 4. Keep your certification active by paying the annual certification fees .CE activities completed when yourcertificationisinactive are noteligible towardyourrecertification requirements and no CE hours will be posted to your CE record for those activities.
- 5. Complete CE activities related to content areas covered on the CDM Credentialing Exam and within the <u>CDM</u>, <u>CFPP Scope of Practice</u>. These topic areas include Nutrition, Foodservice, Personneland Communications, Sanitation and Safety, and Business Operations.
- 6. Make sure CE activities you complete are at least 30 minutes long . Programs less than 30minutes longare noteligibleCEactivities. Aftertheinitial30minutes, activities can be reported in 15-minute (0.25 hour) increments.
- 7. Consider completing CBDM Prior Approved programs . They are a convenient way to meet recertification requirements and are CE Auditproof when submitted properly. To locate CBDM Prior Approved programs, use the Find CE Tool available when you log into your ANFP record.
- 8. Be aware that some activity types have a maximum allowed number of hours per three-year reporting period. Hours reported in excess of the maximum allowed will not count toward recertification requirements.
 - For books, you can report up to 6.0 CE hours per three-year recertification period.
 - For trade shows, you can report up to 5.0 CE hours per three-year recertification period.
 - For college courses, you can report up to 36.0 CE hours per three-year recertification period.
- 9. Have available and upload all required documentation . Although it varies by CE activity type, required documentationusuallyincludes your certificate of completion, agenda with timeline and your personally written summary of purpose and evaluation. Effective June 1, 2019, you must upload required documentation in order to be able to submit a CE activity.
- 10. Before uploading your certificate of completion, make sure it complies with CBDM policy. Itmustmatchinformation reported forthe activity and include all of the following: name of program sponsor, program title, your name (blank certificates will not be approved), date completed/attended and CE hours awarded.