

## **SPRING 2023 NEWSLETTER**

### **INCLUDED IN THIS NEWSLETTER:**

- LEADING AGE REPORT**
- MEMBERSHIP UPDATE**
- THREE SECONDS CAN SAVE A LIFE**
- 2023/2024 BOARD**

# LeadingAge 2023



Minnesota ANFP was proud to exhibit at LeadingAge Minnesota's 2023 Institute. Advocacy of the CDM, Dietary Safety Pause Project and regulations were all highlighted to conference goers. We were able to connect with 100s of administrators, foodservice directors, dietitians and other industry stakeholders.

**MN ANFP**

**Chapter**

**Leadership**

**Executive Board:**

President- Marj Smith

Pres Elect- Jess Weisbrich

Secretary- Colleen Zenk

Treasurer- Dawn Nickelson

**Committee Chairs:**

**Awards-** CarieAnn Williams

**Communication:**

Sherry Jacobson

**Education-** Jeff Wuollet

**Membership-** Kathryn Hagen

**Scholarship-** Kristi Salisbury

**Strategic Plan:**

Allison Josephson/

Marjorie Smith

**Vendor-** Bea Peterson

**Workforce Development-**

Dorothy Radmacher



# Meet Your Board

## 2023/2024

### Executive Board



President  
Jessica Weisbrich



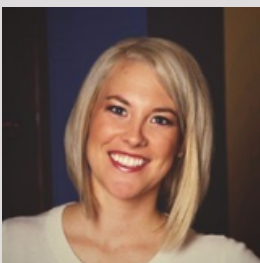
President-Elect  
Jeffrey Wuollet



Treasurer  
Dawn Nickelson



Treasurer Elect  
CarieAnn Williams



Secretary  
Jillian Gessell



Past President  
Marj Smith

*Pending approval of the slate process these individuals will start their term on June 1, 2023*

## ANFP Upcoming Events

April 20-21  
ANFP Regional  
Meeting -  
Milwaukee, WI.

June 25-28  
2023 ANFP ACE  
New Orleans, LA.

Oct. 12-13  
2023 Annual  
MN ANFP Fall  
Conference  
St. Cloud, MN.

# Welcome to our New Members

Katrena Alexander  
Jen Collazo  
Dustin Martinek  
Kathi Spicer Tallman

Students:  
Alexander Berlin  
Alexis Holland  
Johnnie Johnson  
Mike Johnson  
Dustin Martinek  
Kathi Spicer Tallman

THANK YOU  
Volunteers



A big thank you to our wonderful volunteers at the Minnesota ANFP. This group dedicates time and resources to ensure MN ANFP stays vital and provides resources for our members. If you ever want to get involved let us know!

## Member milestones

### 25 Years:

Tom Opatz  
Kathryn Hagen  
Lisa Emineth  
Rosina Dubay  
Lorna Craig-Paulson

### 30 Years:

Marj Smith  
Connie Richison  
Donna Mackedanz  
Esther Harvy  
Angel Hall  
Joleen Braaten

### 35 Years:

Candace Rasmussen  
Jackie Moran  
Joyce Myer  
Colleen Zenk

### 40 Years:

Linda Aker

### 50+ Years:

Sister Julien Dirkes  
Dorothy Radmacher  
Kari Machacek  
Dianne Thoennes  
Sue Zins

# Three Seconds can Save a Life

Leading Age Minnesota reached out to several MN ANFP members to participate in a Dietary “Safe Table”.

Based on review of MN OHFC substantiated report and immediate jeopardy data, Leading Age MN identified a need to understand the factors that contribute to instances of residents receiving foods that they were allergic to and or foods that were the incorrect texture for residents on a modified texture diet.

The Dietary Safety Advisory Committee had six members including Erik Baron, CDM, CFPP, Essentia Health Graceville, and Dawn Nickleson, CDM, CFPP, Passion for Dining and Nutrition.

The committee produced a toolkit for dietary safety and came up with two key strategies: pre-meal huddles, and a dietary safety pause. Upon completion of the committee work, Leading Age produced a dietary safety video at Carris Health Care Center & Therapy Suites. MN ANFP member Angel Hall, CDM, CFPP participated in the video.

MN ANFP Board applauds Leading Age for taking on this important issue and has chosen Dietary Safety as this year’s Diamond Award Project.



# March 2023 Board Meeting Minutes

The MN ANFP Board of Directors held their quarterly meeting on March 30 at the Core Foodservice office in Brooklyn Park. All board members were in attendance except Dorothy Rademacher who was not able to attend. Chapter members Paige Kort and Jillian Gessell audited the meeting.

Secretary and Treasurer's reports were presented and approved. Most of the chapter funds have been moved to Bremer Bank. Small balances still remain at the St. Cloud Credit Union. Committee reports were presented, and action taken as needed. Highlights of the meeting include:

- Fall conference will be held on October 12-13, again at the Park Event Center in St Cloud. "Save the Date" notices will be sent to all vendors by May 1.
- Chapter presence at Leading Age was well received and good contacts were made.
- The grant opportunity for Culinary Training at St. Paul College was discussed.
- Chapter and national award submissions were discussed. The board approved covering airfare and 2 nights of hotel at ACE for any chapter member who wins a national award.
- Information on our chapter website has been updated. A more complete version of the board minutes and each newsletter are available there.
- Recognition of membership longevity was discussed and will be noted in the next newsletter.
- Board members are participating in career fairs at several locations.
- The ANFP Apprenticeship program is up and running. Any inquiries are to be directed to Lisa Feltz at the national office.
- The slate process for selecting chapter leaders was reviewed. Chapter leaders for 2023-2024 will be announced to members in early April. New officers will begin their term on June 1.
- Award submissions are due April 30. Responsibility for completion of award submissions was assigned.
- The chapter will provide financial support for Jessica to attend ACE as our chapter delegate.

The next board meeting will be in June. Jessica will send out a notice of the date and location.

## MN ANFP Chapter Finances

It was decided at the March 30, 2023 board meeting to not posted chapter finances publicly out of an abundance of caution to protect chapter funds. All members are able to contact the chapter treasurer for a full finance report.



# Do you have a **CDM**, **CFPP** at the helm of your foodservice team?



As the nation's leading organization serving nutrition and foodservice professionals, with 90% of its 14,000+ members holding the **Certified Dietary Manager**, **Certified Food Protection Professional** credential, the Association of Nutrition & Foodservice Professionals (ANFP) is an invaluable partner in helping you optimize your nutrition and dining operations.

Healthcare facilities are the primary employers of CDM, CFPPs. These credential holders bring a multitude of advantages through their expertise in managing foodservice departments and ensuring food safety. They help deliver increased resident and patient satisfaction scores, improved and often deficiency-free inspection outcomes, are skilled in crisis management, and more to boost your bottom line.

For Long Term Care Facilities, they help you stay in compliance with CMS regulations, which list the CDM, CFPP credential as the primary qualification for the Director of Food and Nutrition Services in the absence of a full-time dietitian. Additionally, the CDM, CFPP meets staffing requirements in 21 states.

## CDM, CFPPs are experts in:



Nutrition



Foodservice



Personnel &  
Communications



Sanitation &  
Safety



Business  
Operations

## Bottom Line Impact in CDM, CFPP-Led Operations:

- Facilities with a CDM, CFPP show significantly less turnover. The **turnover rate at facilities with a CDM, CFPP is 23% lower** than facilities without a CDM, CFPP.
- Skilled nursing facilities with a CDM, CFPP had an average **19% fewer Nutrition & Foodservice related tags** on inspection compared to facilities without a CDM, CFPP.
- CDM, CFPPs are **more likely to use improved patient outcomes** as a measure of success. The percentage of CDM, CFPPs using this measure of success is 44% higher than non-CDM, CFPPs.
- The average star rating of **facilities with a CDM, CFPP was 9% higher** than those without a CDM, CFPP.

*Data from 2018 CMS database and 2018 Technomic-conducted CDM, CFPP Impact Program Study.*

## Where do CDM, CFPPs work?

### 79% in Healthcare

49% - Nursing Home/Other LTC  
19% - Hospitals/Acute Care  
11% - Assisted Living/CCRC/Retirement

### 21% in Additional Settings

3%-Schools  
1%-Corrections  
17%- Other\*

\*Other includes: Mental Health, Military, Day Care, Residential Care Facility, Meals on Wheels, Community Feeding, and more

**Your current foodservice director is likely already qualified to earn this professional certification.** Or, when recruiting new hires, be sure to include the CDM, CFPP in your list of qualifications. Learn more about the certification process at [www.ANFPonline.org/become-a-cdm](http://www.ANFPonline.org/become-a-cdm), or call us at 800.323.1908.