

## MESSENGER

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### Mission Statement

Position the Certified Dietary Manager as  
the expert in foodservice  
management and food safety.

### Vision

The Certified Dietary Manager  
is the cornerstone of the  
collaborative Dietetics profession.



# Pride in Foodservice

Inside this issue:

Pride in Foodservice Week Ideas

Regional Meeting—Bloomington

I want to serve Volunteer Survey

# Chapter Leadership Team 2016—2017

## Board of Directors



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**Spokesperson/Impact/Legislative Chair**  
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**2016 Fall Conference Chair**  
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CDM CFPP

**Vendor Co-Chair**  
Chris Dewanz-Carroll



**Vendor Co-Chair**  
**Doug Boser**  
CDM CFPP





Greetings!

Hope everyone is surviving the cold weather we have been experiencing lately! I also hope everyone made it through their holiday festivities at their respective facilities. Holidays are also such a busy time both at work and home.

Just a reminder that the ANFP regional meeting will be held at the Doubletree Hotel in Bloomington, MN, March 9-10<sup>th</sup>. Early bird registration is due by Feb 15<sup>th</sup>. The meeting schedule is online and looks very interesting, with a variety of topics!

Our next board meeting will be held during this conference on March 9<sup>th</sup> from 12:30-1:45pm. We will be wrapping up reports due to Nationals, and finalizing our Diamond Award project. Our Diamond Award project this year is centered on our fall conference theme of "Creating Connections, Building Bridges Together." Any MN ANFP is welcome to attend the board meeting and see what your board is working on.

Our push is on to recruit new volunteers for the upcoming year. Some of you may be hesitant to volunteer, not knowing what would be expected of you, or the time commitment involved. I would strongly urge anyone who is considering growing their ANFP experience to volunteer. There are multiple committees that are always looking for new members! The best part of volunteering is that you can decide how much you want to be involved. I was hesitant to get involved due to being unsure of the time commitment. I can honestly say, it was one of the best things I could have done for my career! The people I have met through attending various meetings have been great. We hear that networking is important to our members, and there is no better way to network than to get involved with MN ANFP. Please feel free to contact myself or any board member if you have any questions.

Allison Josephson CDM, CFPP  
2016-17 MN ANFP President

Fall Conference		
	2016	
	Income	Expenses
Speakers		\$ 5,148.37
Plaques		\$ 166.12
Mileage (Board)		\$ 707.94
Food		\$ 7,901.00
Vendors/meeting rooms		\$ 3,730.84
Rooms - speakers, etc.		\$ 773.05
Registration:		
\$165 2-day	\$ 14,685.00	
\$200 2-day	\$ 2,400.00	
\$100 Thurs Only	\$ 500.00	
\$100 Friday Only	\$ 300.00	
\$200 2-day non ANFP	\$ 200.00	
Program Book		\$ 82.14
Vendor Income?		
Painting (Scholarship)	\$ 1,400.00	\$ 700.00
Wine (Scholarship)		\$ 74.90
Silent Auction (NEFF)	\$ 198.00	
Board Dinner	\$ 160.00	\$ 170.00
Additional Income	\$ 2,078.00	
	\$ 21,921.00	\$ 19,454.36
Net Change	\$ 2,466.64	

## Treasurer's Report

### Bank Balances as of 12/14/16

Business Checking—\$10,318.14

Scholarship Fund -\$10,297.32

Savings \$7, 157.65

Submitted by

Gail Schwanbeck, CDM CFPP

Treasurer

### Vendor tables:

2016 - 30 tables

2015 - 37 tables

Rooms have increased \$25 in 2016 from 2015

Transfers have not been made from the Scholarship Fund for expenses:





*ANFP* Association of  
Nutrition & Foodservice  
Professionals

# PROUD OF WHAT WE DO

PROUD • DEDICATED • CELEBRATED

**Pride in Foodservice Week**  
**February 6-10, 2017**



[www.ANFPonline.org/PIFSW](http://www.ANFPonline.org/PIFSW)

# **Tips for Celebrating Pride in Food Service Week**

## **For the Staff**

- Decorate the dining area(s) with place mats, balloons, and streamers.
- Recognize the Dietary Staff. Spotlight food service workers on the bulletin board with pictures and information about their contribution in the dietary department. Give appreciation gifts.
- Involve the entire facility. Goodies for everyone!
- Make the Week an Educational Event. Have a dietary trivia contest, produce a mini dietary newsletter, offer cholesterol testing.
- Publicize celebration plans. Indicate on the menu that it's Pride in Food Service Week.
- Invite suppliers to participate. Ask longstanding suppliers to sponsor the event(s) by helping to fund the activities.
- Put current pictures of dietary staff on bulletin board on one side and baby pictures on the other and have a contest to see who can identify the most.
- Have a Pureed Food contest for staff to guess what it is and have a free dinner at a local restaurant as the prize.
- Present flowers, mugs, or other small gift items to food service staff at a special luncheon acknowledging them.
- Treat the food service staff to a dinner at a local restaurant and present them with your facilities' sweatshirt/golf shirt with the food service logo.
- Play a special bingo game using associates' names; gives prizes donated by vendors.

## **Show Your Pride to Your Community**

- Bring in a local congressman/woman to address certification in your state.
- Have a salad bar, serve pizza, and make-your-own sundae event.
- Conduct a food pantry collection during the week and offer a prize to the department bringing in the most items.
- Have a "Make-A-Sub" lunch, with fixings for sub sandwiches, fresh fruit and dessert.
- Take a survey of your residents/patients to determine favorite foods and cook them during Pride in Food Service Week. One facility cooked a turkey dinner!
- Sponsor a Poster Contest. If your facility serves young people, encourage them to illustrate some aspect of nutrition awareness.
- Publish a "Healthy Fare" newsletter that highlights recipes and nutrition Web sites; serve popcorn in the dining room for a snack.

***These tips came from facilities that used them in previous PIFSW celebrations. Share your ideas by contacting the Chapter Relations Department at [chapters@DMAonline.org](mailto:chapters@DMAonline.org) or by phone 630-587-6336.***



## New CDM's

Kayla Jagerson MN

Robert Johnson MN

Tanya Johnson MN



Are you on Facebook?

Like the following pages to receive news & photos . We currently have 128 people following us. Many are members from other chapters. Please help us get our info out there. Like, Share these pages.

Minnesota Association of Nutrition & Foodservice Professionals

Association of Nutrition & Foodservice Professionals (ANFP)

Nutrition & Foodservice Education Foundation

## MN ANFP Board of Directors Monthly Chat

1/20/2017

Present: Allison, Jeff, Deb, Erin, Dorothy, Shar, Kathryn, Shona,

Call to order 8am via Global Crossings Phone Conference

- ♦ Waiting to hear from nationals for board meeting on Thursday at restaurant of hotel, if they are not able to accommodate board will still meet at that time location TBD. Thursday March 9 1245-130. Nationals will not let board meet when sessions going on- Allison will let board know location of meeting
- ♦ Received 2<sup>nd</sup> half of rebate \$1100 January 20, 2017
- ♦ Shona- NEF sent to Gail to check records and get back to Shona
- ♦ Allison got Bylaws/ P&P uploaded. Moving forward need to be uploaded every year- regardless if revisions or changes. Add to President Description to ensure it is uploaded in time for 2<sup>nd</sup> half of rebate.
- ♦ Discussion around speakers for Fall conferences. Shar will reach out to board if she needs support.
- ♦ Save the date cards approved by board- Dorothy will be ready with them shortly and get to Shona- 100 save the date cards- will be handing them out at Leading Age in St. Paul February 9, 2017
- ♦ Newsletter in final changes/ revision
- ♦ Working on job descriptions- **reminder due Feb. 1, 2017**
- ♦ In order to get job descriptions out with "I want to volunteer surveys"
- ♦ Discussion on Shona's position- adding NFEF info to timeline - Dorothy and Shona will work on
- ♦ Regional Meeting discussion regarding cost/ hotel rooms - Each board member will be responsible for their own expenses.
- ♦ Gail and Doug with Bank account- have we switched over?
- ♦ Sonja flowers received form MN ANFP- recovering!

Adjourned 8:13 am

Next Chapter Chat- February 17, 2017 8am.





# *NFEF Insider*

*News from the Nutrition & Foodservice Education Foundation*

*Research • Education • Best Practices • Charity*

Submitted by Shona McCue Education Chair & Chapter NFEF Coordinator

## **2017 Foodservice Department of the Year Award**

The Foundation will be accepting applications for the 2017 Foodservice Department of the Year award beginning February 2017. To nominate your team, you will need to provide details of achievements and accomplishments in the following 4 areas: teamwork, innovation, customer service and operational contribution.

Start thinking about your nominations today and watch for more details to come!

*Did you know?*

### **Available Grants and Deadlines**

If you are interested in attending ANFP's Annual Conference & Expo or are planning on taking the Certification Exam and would like the chance to receive grant funding, please visit our website [HERE](#) for more details.

*Grant Dollars Available*

Annual Conference & Expo Application Deadline: April 13, 2017  
Summer Certification Exam Grant Application Deadline: May 31, 2017  
CDM Student Grant Application Deadline: May 31, 2017

In the last three years, CDMs from these states have been awarded grants:







## **2017 Call for Volunteers is now open!**

Step up and make an impact by volunteering in a board position or a committee.

**Nominations are due by February 15, 2017.**

If you are interested in becoming an ANFP Volunteer, fill out the brief questionnaire below. After the questionnaire is submitted, ANFP will contact you with information on how you can officially apply for a volunteer position.

<http://www.anfponline.org/about-anfp/boards-committees/call-for-volunteers>

## **MN Chapter Volunteer Recruitment is February 1st to March 1st**

*Watch for an email from Survey Monkey called I want to serve. This is your opportunity for*

- ♦ *Serving on a Committee*
- ♦ *Working with your distributor to plan & host a meeting in your area.*
- ♦ *Volunteering is fun and rewarding & benefits you personally & professionally.*
- ♦ *As a volunteer, you will gain leadership skills that transfer to your professional and personal lives, foster teamwork, expand your professional network and build your resume by contributing to industry issues.*
- ♦ *While ANFP wants volunteers to learn and benefit from their experience, we also ask that they conduct themselves in a professional manner during their term while they serve as ANFP representatives.*

## MEETING SCHEDULE...

### THURSDAY, MARCH 9 | 8:00AM-6:30PM

8AM-9:15AM

#### Food for Thought: Food's Role in Everyday Life

Identify the impact of food and its role in everyday life.

9:30AM-10:45AM

#### Operational Food Safety: Serve Guests Safely

Emphasize ways to eliminate foodborne illness, offer direction on food recalls, and recommend tips to improve the overall food safety within your foodservice operation.

11AM-12:30PM

#### Regulation Roundup: Understanding Federal and State Regulations

It is vital as a manager that you and your staff have a clear understanding of federal and state regulations and establish best practices in your facility.

12:30PM-2PM

#### Lunch On Your Own

2PM-3:15PM

#### Professional Competency: What it Means and How to Maintain it

Presented by ANFP's Industry Advisory Council  
Learn about what it means to stay professionally competent, how to do a gap analysis and how to create a plan for acquiring and applying new knowledge.

3:30PM-4:30PM and 4:30PM-5:30PM  
EXPO

Meet and network with companies ready to share new, cost-saving and quality-driven ideas for the foodservice industry.

#### Building a Plate

Building a plate based on personal information gathered might be that change-agent that takes your delivery to the next level.

5:30PM-6:30PM

#### Networking Happy Hour

ANFP invites you to close out the day with colleagues and vendors during this one hour reception.

### FRIDAY, MARCH 10 | 7:30AM - 3PM

7:30AM-9AM

#### Advances in Foodservice Technology

How technology has influenced the foodservice industry through the equipment we use and the foods that we prepare.

9:15AM-10:30AM

#### Drug-Nutrient Interaction: Identify Common Medications

Identify common medications used in the geriatric population, adverse side effects, and nutrition strategies.

10:45AM-12:15PM

#### Scope of Practice Bingo: Knowledge that Empowers

Understand the CDM role in the industry and in your everyday work expectations.

12:15PM-1:30PM

#### Recognition Luncheon

Network with other attendees over lunch. Learn what's new with the national ANFP organization and what your local membership offers you!

1:30PM-3PM

#### Closing Session: Professional Development for Your Career

Apply what you've learned to your personal success and the success of your team.

## MEET THE SPEAKERS...



#### Elizabeth Farley-Zoucha, RD, LMNT

Elaine Farley-Zoucha is owner and President of EZ Nutrition Consulting, PC. She has over 20 years of experience as a chef, foodservice director, consulting dietitian, author and speaker.



#### Michael Roddey, CEC, CCE, CCA, CDM, CFPP

Michael Roddey is President and Principal Consultant for GASTRONOMIC Services & Consulting, Inc. Chef Roddey brings to the table over 20 years of hospitality/foodservice industry experience. He serves as a trainer, educator, mentor, collaborator and consultant within various aspects of the industry.



#### Jen Wright, MA, CDM, CFPP

Jen Wright has a dual Master's degree in Health Care Administration & Organizational Management as well as being a CDM, CFPP. She is currently working full time as a Director of Nutritional Services in a long-term care facility.

13 HOURS

CE

CRDM approved

## REGISTER TODAY!

For more information, visit:

[www.ANFPonline.org/RMSMarch17](http://www.ANFPonline.org/RMSMarch17)

#### REGISTER ONLINE AT [WWW.ANFPONLINE.ORG/RMSMARCH17](http://WWW.ANFPONLINE.ORG/RMSMARCH17)

Priority Registration (must be received by February 15) \$159  
Regular Registration (after February 15) \$209  
Pre-Professional Registration \$75

#### March 9-10, 2017

Doubletree by Hilton  
7800 Normandale Drive  
Minneapolis, MN 55439  
952.835.7800

You are Invited  
Please Save the Date  
October 19 & 20<sup>th</sup>, 2017  
MEA Thurs/Friday

Check out our Websites:

<http://www.anfponline.org/events-community/chapters/chapter-pages/minnesota/home>

Or

<http://www.anfponline.org>



Minnesota Association of Nutrition & Foodservice Professionals



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