

## Crab Chatter

## SPRING Edition

## The President's Message



**The Maryland Crab Chatter is published 4 times a year.**

**Article contributions are welcomed!**

**Please send submissions to Kyrese Johnson, CDM, CFPP, RDN to [kyrese38@aol.com](mailto:kyrese38@aol.com) or [drkyrese@gmail.com](mailto:drkyrese@gmail.com)**

**The editor reserves the right to edit, condense or postpone articles sub-**

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## President's Message, Winter's End/Early Spring 2022

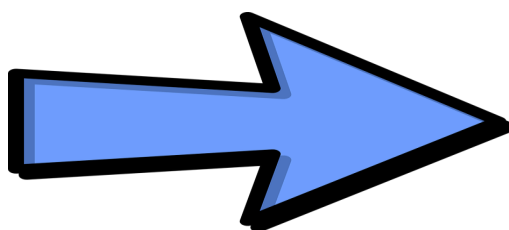
We have been planning and have many things instore for you. Our spring workshop is going to be at FoodPro in Frederick, Maryland on Tuesday, April 26. Please sign up early as soon as the registration form goes out as space is limited. As of now (however, this may change slightly as things solidify) we are looking at 5 general CEU's and 1 food show. FoodPro is very gracious to show their commitment to our chapter and for that we are very grateful to them for hosting the workshop at their location, provide the speakers and have a vendor lunch for us. They really are a great company to partner with.

I am also in contact with RichTech Robotics and for them to join our fall workshop to speak of how robots can assist us to transport food in lieu of a human to address the issue of staffing in our dining rooms. They are planning on a "Robot" to join us if one is available. It is really cutting-edge technology we are happy to bring to our members. We will have more information to come.

We are going to do more board meetings via Zoom, please keep your eye out for an email with this information to login. I apologize to those who tried to login to Zoom with our last board meeting, the restaurant that had intermittent wifi and unfortunately that did not work out very well. Our next board meeting is scheduled for Thursday, March 24, at 6pm.

Please "Like" our Facebook Page: MD-DE-DC ANFP and follow us as we put information and other links on that page, ongoing.

Continued on next page



Lastly, I just want to remind you to take advantage of some of our awards and scholarships. We have a "Dietary Manager of the Year" and "Administrator of the Year" award. Do you know a CDM or maybe you work with an Administrator that is very special and has contributed beyond what is expected? Did a CDM or Administrator give you support, shown you something amazing? Please nominate them to us. Every nomination will be considered. While they may not win the award since we get several nominations, it is always nice for them to get recognized.

Consider changing your email address to your personal email rather than your work email. Many change jobs and then don't get the emails from us. You change your email on the national website: [www.anfponline.org](http://www.anfponline.org). That is the email mailing list we are required to use. While you may have given us your personal email in the past, for mailings we are required to use the email linked with the one Nationals have in their database. I'm starting something new, and that is I will put a chapter member's name in my message, and if you see your name, contact me and I will give you a nice, special prize. (Patrick Donovan)

Times are still a bit stressful. You all do amazing things making the lives of those you serve better and more pleasurable. Please take the time and treat yourself, everyday. Enjoy a slice of banana cream pie, buy an iTunes song, take the scenic way home? Lastly, a nice shout out to all our board members that make all of this possible. Without you, your contribution to the chapter, (Bonnie Hollingsworth) none of this would be possible. Please be safe, stay well! Robert McKeon



Like us on  
**Facebook**

MD-DE-DC ANFP

**SAVE THE DATE!!!!**

**April 26, 2022**

**MD,DE,DC ANFP**

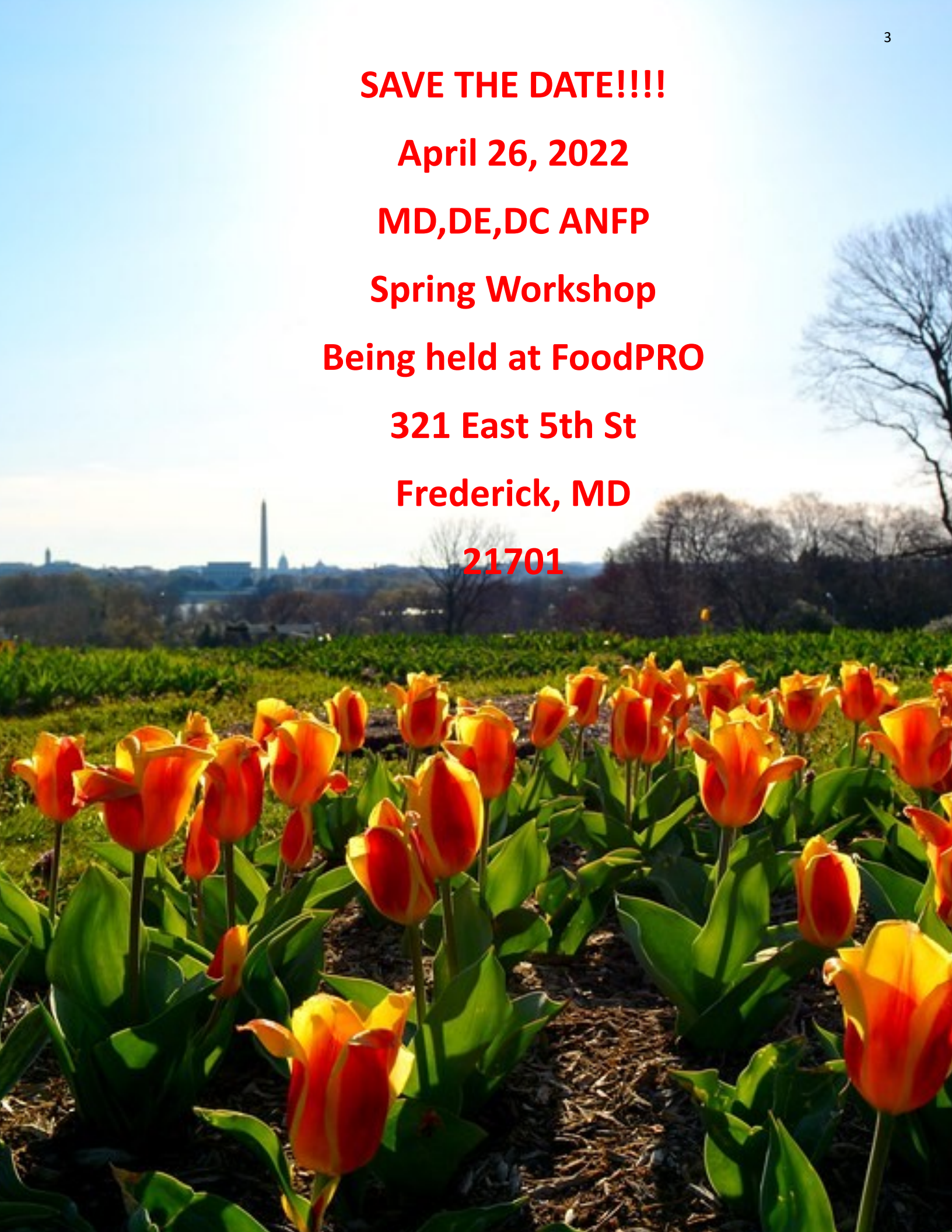
**Spring Workshop**

**Being held at FoodPRO**

**321 East 5th St**

**Frederick, MD**

**21701**







# Vendor Highlight

## BUSINESS HIGHLIGHTS

### Greetings ANFP Members!

It was a pleasure connecting with so many of you at the 2021 Workshop by the Sea. Your commitment to your residents and your facilities, particularly during this challenging time, is amazing and appreciated! We are committed to providing our healthcare customers with the product needed and the personal attention that you would expect from an independent foodservice provider.

FoodPRO Corporation is a family owned and operated broad line foodservice distributor. We are equipped supply your facilities with fresh meats, seafood and produce (including fresh cut items); a full line of non-perishable groceries and frozen goods; fresh milk and dairy products; healthcare supplements and nutritional items; disposables, beverages and chemicals. All of your needed supplies under one roof!

All of members of our FoodPRO family are employee-owners. Each team member has stock ownership in the business and a genuine interest in our continued success. This allows you to get better, more attentive service and lower error rates than you would from a nationally or internationally owned conglomerate.

FoodPRO provides the best of both worlds – the products and pricing of a national distributor with the service and personal touch of a family business. We have a dedicated Healthcare team who is ready to exceed your expectations. We are fully staffed, positioned for growth, and our drivers are the best in the business. There is no better Beverage and Chemical team - our technicians are skilled and available 24/7. FoodPRO continues to deliver Honesty, Transparency, and Integrity since 1935- please reach out for additional information. Check out our website – [www.myfoodpro.com](http://www.myfoodpro.com) We appreciate our partnership with ANFP!

Sincerely,

**Kimberly Jahoda**

**Healthcare Sales Manager**

**Cell:240-674-0458**

**[kjahoda@foodprocorp.com](mailto:kjahoda@foodprocorp.com)**



**Darrin Cave**

**Director, Program Sales**

**Cell:301-651-7211**

**[dcave@foodprocorp.com](mailto:dcave@foodprocorp.com)**

# Maryland, DE, & DC Chapter Board Report

MD, DE, DC Chapter Board Meeting Minutes

Mountain Gate Family Restaurant

February 10, 2022

5 PM

Doug C      Dawn C

Bonna B      Bonnie H

Kyrese J      Patrick D

Robert M      Greg V

John D      Wayne K

Debi C

-Minutes reviewed from last board meeting (Robert ,approved-Patrick, 2<sup>nd</sup>)

-Treasurers Report (Bonna) copy of the treasurers report was given to each board member

Virgie Small was removed from the banking account and Bonnie H was added

Robert approved, Patrick 2<sup>nd</sup>

-Happy Birthday Bonnie H!!!

-Where is our laptop??- thinking it was last with Virgie--- at this point we decided it is too outdated for use anyway

-Where is our printer??-no longer worked so it was disposed of

-where is our projector??- safe in the possession of Bonna B

-Dietary Manager of the year , Vendor of the year, Administrator of the year....Plaques or Nicely framed certificates???? The board voted to award certificates, Bonna will purchase nice certificates and frames at Staples

-members can submit nominations and the board will vote, if we get more than one nomination we will put in place a voting process by paper scoring.

-We need to setup The Stoner/Small Scholarship , the process will be to submit application, the board will discuss and vote who is eligible and what that will consist of.

-Please continue to like and share our Facebook page (MD-DE-DC ANFP)

-Re-discussed the idea of purchasing a "Catch Box" it can be thrown around the room to accommodate those needed to use a microphone, the cost is about \$550.00, we must first check with The Grand Hotel to make sure it would be compatible with their equipment (Wayne ,approved- Doug, 2<sup>nd</sup>)

-Any out of state members wanting to join our chapter or any other may do so by simply contacting Abigail at ANFP headquarters and requesting the switch

-we will send the News Letter to all our vendors and any outside members interested in our chapter

-Robert, Kyrese and Patrick will be attending the Annual Conference and Expo in Arizona , June 2022

The revision of the bylaws is complete

-Patrick will send membership info to Kyrese for the newsletter

## Maryland, DE, & DC Chapter Board Report (cont'd)

-please continue to send any info to Kyrese for the newsletter

-we will send ballots out to our chapter for the voting of president, president elect ( officer in training will be Gerg)

-Due to covid we voted to extend the present seat positions until 2023

-SPRING WORKSHOP----- will be hosted by Food Pro in Frederick, Md

April 26, 2022, 8:30 am- 3:pm

Food Pro is providing the speakers, and will also do a tour with us, seating allows approx.. 40-42, so space is limited (5 CEU's)1 sanitation, 1 food show, 3 general

-Registration is \$25.00. Students, first timers, military, & retirees will receive a discount (to be determined) off the registration fee

-anyone who brings a bag of groceries to help support one of our community service projects (food bank) will receive \$ 5.00 off their registration fee

-we will present Darin, from Food Pro with a certificate or plaque of appreciation for hosting the Spring Workshop

-Fall Workshop—Bonna has almost agreed to take a speaker slot at the Fall Workshop, subject will be The Samaritans Purse Project

-Next board meeting will be March 14,2022 ( Patrick will inquire about being hosted by Homewood)

-After the Spring workshop we will hold a brief board meeting

-HAPPY PRIDE IN FOOD SERVICE WEEK!!!



**December Board Meeting at Gladchuks**

# ASK A CDM



**David Parker, CDM, CFPP**

David has been a CDM, CFPP since 2018. David has been working for Sodexo for 26 years, most recently as a CDM and General Manager at the Hebrew Home, Homecrest House in Washington, DC.

**Question: David, with everything going on: Supply Chain issues, Cost of Food, and Labor Shortages, how are you keeping it all together?**

David Parker: My goal is to take care of my employees, my staff. I'm nothing without them. I have had very little staffing issues as my staff is happy coming to work to get the job done.

**Question: How is that possible? All I'm hearing is that everyone is understaffed and barely getting by! I'm also hearing: and is common that directors are leaving positions since there is no staffing and they are made to cover shifts, cook breakfast, increase working hours to sometimes over 10+ hours a day, and to work a six day or even have to cover every day of the week?**

David Parker: For me, that is not the case. I really like everyone and I like to take my time to get to know them, even to a personal level. I celebrate each staff members birthday, and sometimes even their significant others birthday. I know the name of each staff member's kids and even know if they have a special occasion such as an anniversary, kids birthday and what college or school they go to. For me, that is what makes a difference not only to me, but for them too, that they know I'm there for them and they can trust me.

## Board Member, Why I Volunteer

### DEBI CANFIELD

Without Volunteers, an organization just cannot thrive! We come together with problem solving techniques, marketing ideas, training opportunities; We have created life-long friendships and so much more. As professionals we take pride in what we do every day, so to be a volunteer board member for the MD/DE/DC Chapter makes us part of something bigger. I am proud to serve.



We love our volunteers



# Samaritan's Purse, Our Community Service Project

## Behind the Scenes



## ANFP National News



### ANFP Practice Standards Overview

**FREE**

1.00 GEN CE

**Save 20% in February!**

*Special members-only pricing valid through February 28, 2022.*

Leading Through Change

**\$32** \$40

5.00 GEN CE Hours



# ANFP National News

ANFP 2022 Spring Regional Meeting  
Nashville, Tennessee  
April 21-22



## Priority Registration Rates

January 4, 2022 through March 29, 2022

ANFP Member: \$169

ANFP Pre-Professional Member: \$75

Non-Member: \$219

## Regular Registration Rates

March 30, 2022 through April 22, 2022

ANFP Member: \$219

ANFP Pre-Professional Member: \$75

Non-Member: \$309

# MD, DC and Delaware



Welcomes Its New Members !

Matthew Novosel   Mountain Lake Park, MD

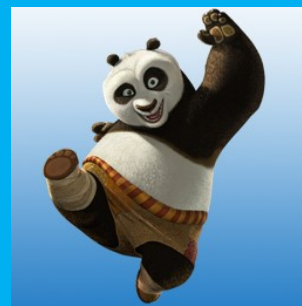
Raymond Stevens   Forest Heights, MD

Devin O' Neil   Smithsburg, MD

Linus Williams   Colmar Manor, MD







**Chef Robert will continue as  
President until June 2023 for  
MD, DE, and DC**



# HAS YOUR EMAIL ADDRESS CHANGED?



**We don't want anyone to miss out on all of the wonderful information provided about our great ANFP organization both locally and nationally. Please contact ANFP at headquarters to update your contact information.**





Do you have talents to share with your ANFP chapter? As the new Board gets uninstalled in June we have openings for several chair positions. Training will be provided as the current chairs move into new positions.

**Membership** - Train with Patrick - keeps track of new members, sends out welcome packets, and provides information for newsletter quarterly

**Communication and Website** - sends copies of newsletters, meetings and other chapter updates to national to keep our chapter website up to date, anyone with a social media presence would be great to help us get the chapter on social media

**Newsletter Editor** - Train with Kyrese over the next 2 years to produce THE CRAB CHATTER, our quarterly newsletter.

**State Spokesperson** - Join Wayne to keep chapter members updated on any legislation affecting ANFP

## **BENEFITS TO BECOMING A CHAIR AND JOINING THE BOARD**

Learn Leadership Skills that can help in your job

Network with Board members and chairs at bi monthly meetings most with a nice dinner

Receive reimbursement and discounts for attending ACE, Regional meetings and Workshops

Advance to Leadership positions on the board, and step stone into national board positions.

If any of these opportunities are of interest to you contact any of the board officers for more information..





Registered ServSafe Proctor  
& Certified ServSafe Instructor

## ServSafe Manager's Class

I can teach your next ServSafe Manager's class to your staff

Special Discount for ANFP Members

Training / Kitchen Inspection / Certification

ServSafe Books Available at Cost

Chef Robert McKeon CDM, CFPP

Email: [ChefRobert@FoodSafetyChef.com](mailto:ChefRobert@FoodSafetyChef.com)

Website: [www.FoodSafetyChef.com](http://www.FoodSafetyChef.com)

Ph/Text: (301) 648-7119

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**For Sale: This Space Available. Advertise Here.**

Special Service

Something for sale

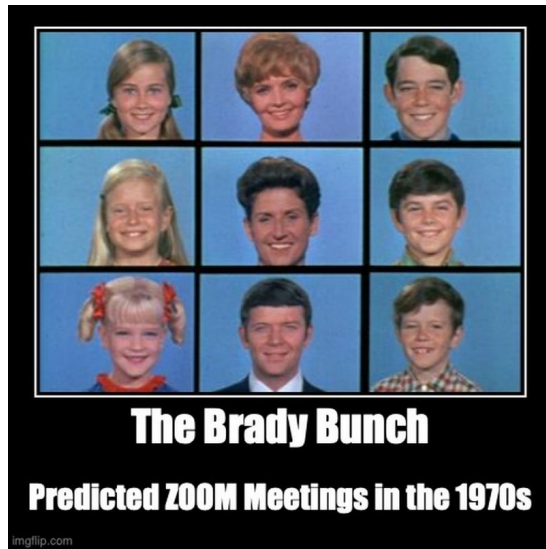
Apartment for rent

Personal or Professional

Contact us for pricing. We have Full or Half size pages advertisement space available in the Crab Chatter!

**SPACE  
AVAILABLE**





## **Next board meeting: Thursday, March 24, 6pm**

**Location:** Your computer at your home or work! It will be a zoom meeting.

Below is the link for the Thursday, March 24, 6pm Board Meeting, Zoom link. If you have any interest with the board, or to introduce yourself to the group, we would love it for you to attend and join us! You asked, we answered. We understand we all may not be able to gather at a single spot so joining us by Zoom is a great alternative. Hope to see you with us 😊

Robert McKeon is inviting you to a scheduled Zoom meeting.

**Topic:** MD/DE/DC ANFP Board Meeting March 24 @ 6pm

**Time:** Mar 24, 2022 06:00 PM Eastern Time

Join Zoom Meeting

<https://us02web.zoom.us/j/85732085143?pwd=MG1KVjdoSFBUaE9jNEh4MGJSSUMrdz09>

Meeting ID: 857 3208 5143

Passcode: 1234

One tap mobile

+13017158592,,85732085143#,,,,\*1234# US (Washington DC)

+16465588656,,85732085143#,,,,\*1234# US (New York)

Dial by your location

+1 301 715 8592 US (Washington DC)

Meeting ID: 857 3208 5143

Passcode: 1234

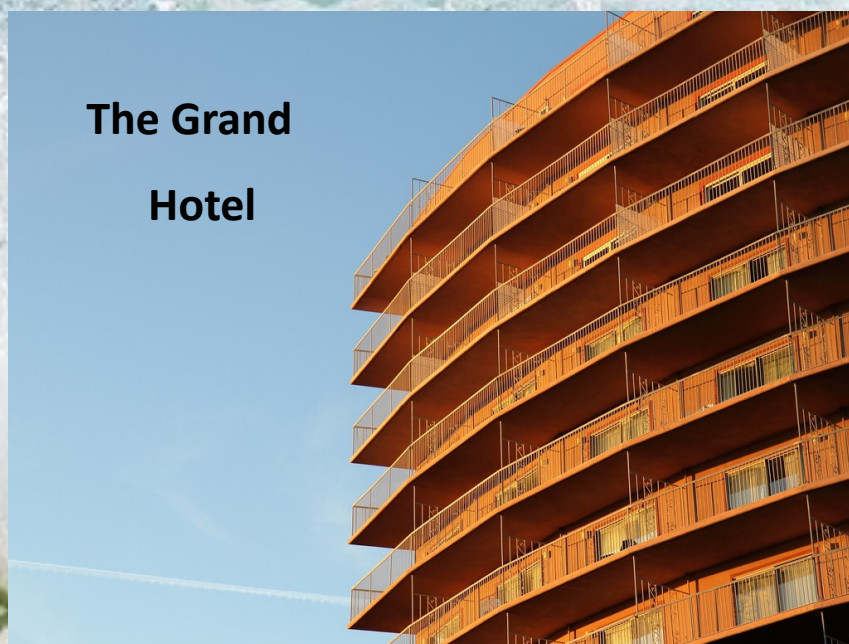
Find your local number: <https://us02web.zoom.us/j/85732085143>

**Save the Dates!!!!**  
**October 2nd, 3rd, 4th, 2022**

**Work Shop**  
**By the Sea**  
**in**  
**Ocean City, MD**



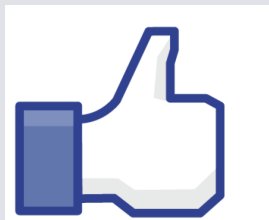
**The Grand  
Hotel**



**Looking for  
Volunteers!!!!!!**

**Like us on  
Facebook!**

**MD-DE-DC ANFP**



Follow us on the web

<https://www.anfponline.org/events-community/chapters/chapter-pages/maryland-delaware-dc/home>

[Home \[www.anfponline.org\]](http://www.anfponline.org) The Maryland, Delaware, & DC Chapter of ANFP is an affiliate of the national not-for-profit association. ANFP was established in 1960 that today has over 15,000 professionals dedicated to the mission of providing optimum nutritional care through food-service management. [www.anfponline.org](http://www.anfponline.org)

## **Do You Know Our Officers?**

**Chef Robert – President** -chefrobert1966@hotmail.com

**Patrick Dellinger–President Elect**

patwd37@centurylink.net

**Debi Canfield– Secretary**

dcanfield@cedarridge.org

**Bonna Brown - Treasurer** bjbrown4762@gmail.com

**Doug Crowl– Immediate Past President**-dougC5256@gmail.com

**Kyrese Johnson– Newsletter Editor-Officer-in-Training**

kyrese38@aol.com

