



**THINK BIG.
TRUST
YOURSELF
AND MAKE
IT HAPPEN**

JULY 2026

ANFP MARYLAND,
DELAWARE, & DC
Association of Nutrition & Foodservice Professionals



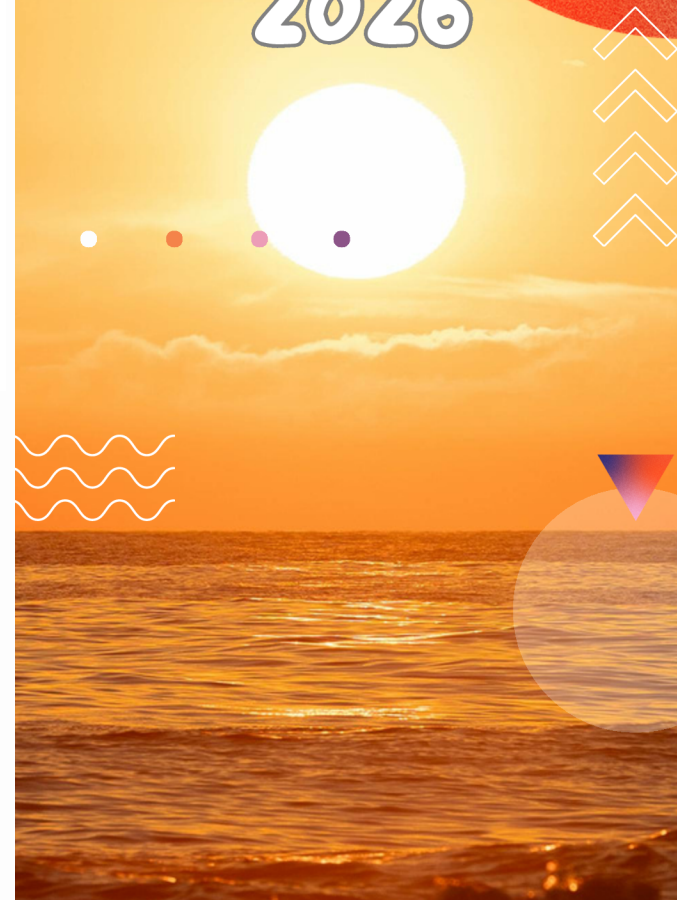
CRAB CHATTER

ANFP MARYLAND,
DELAWARE, & DC
Association of Nutrition & Foodservice Professionals



**Celebrating Thirty
Years of Service
1996-2026**

**UPCOMING
FALL EVENT -
2026**



**Fall
Workshop**
SAVE THE DATE
October 4th - 6th 2026
Grand Hotel Ocean City, MD

Spring Workshop

Performance Food -
New Windsor, MD 5/12/26



● Our First Timers



● Christmas In July -
Santa Ezra



● Our own Honor Guard -
Everett

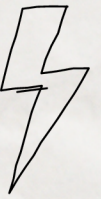


● Our Speakers
Provided
Wonderful
Information for
our attendees



Spring Workshop

Performance Food -
New Windsor, MD 5/12/26



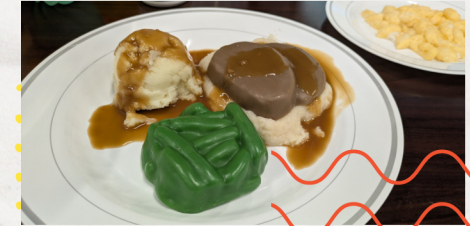
Thank You to Our Vendors 😊



Networking with like minded People

Spring Workshop

Performance Food - New Windsor, MD 5/12/26

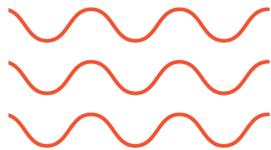


Future ANFP Annual Conference & Expo Locations

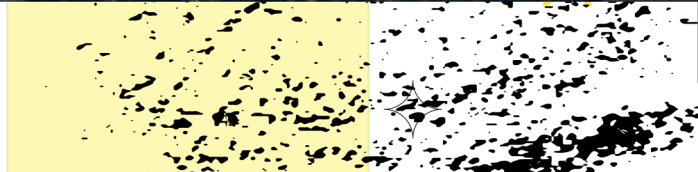
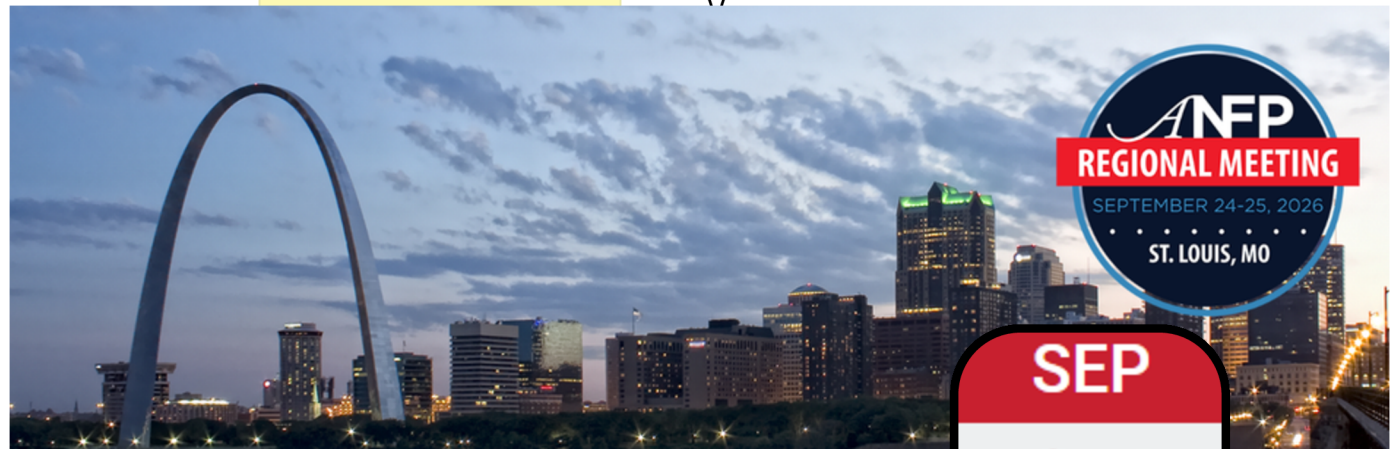
2027
Las Vegas, NV
June 23-25, 2027



UPCOMING
ANFP
EVENTS-
2026-2027



2026 Fall Regional Meeting
September 24-25,
2026 | St. Louis, MO
Hilton St. Louis
Frontenac
1335 S. Lindbergh
Blvd., St. Louis, MO
63131



**Don't Get
left
Behind!**



**Required for CDM, CFPPs every three-year recertification period:
45 CE HOURS | 9 SANITATION CE | 1 PROFESSIONAL ETHICS CE**

To maintain the Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP) credential, you must complete and report a minimum of 45 continuing education (CE) hours every three years. Nine of these CE hours must be related to Sanitation and Safety and beginning June 1, 2019, one CE hour must pertain to Professional Ethics.

Eligible continuing education must be programs related to the nutrition and foodservice industry. This requirement guarantees that you will continue updating your professional skills throughout your career and demonstrates your commitment to continued competence. Read more about maintaining your credential on the Certifying Board of Dietary Managers (CBDM) website at www.CBDMonline.org

Please Note: Duplicate programs or titles are not allowed as eligible CE, including programs and titles from facility-contracted service companies. *Credit for CE hours can only be earned once for any given program and cannot be resubmitted for credit again regardless of whether the program is completed in a subsequent recertification period. CE can be earned and reported only while the certification is active.*

Ways to Earn Continuing Education

How can you earn continuing education hours? ANFP offers a variety of options!

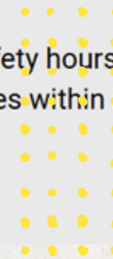


Articles

Read the columns in *Nutrition & Foodservice Edge* magazine. To earn CE hours, you must purchase the quiz in the [ANFP Marketplace](#) and complete it.

Online Courses

ANFP offers online courses on a variety of topics. Some topics count towards Sanitation and Safety hours. Register for the courses in the [ANFP Marketplace](#). To receive CE hours, you must complete the course, quizzes within it, and the program evaluation.



1 - 20 hours CE, some general, sanitation and safety, and ethics.

Webinars

ANFP offers recently recorded webinars on a variety of regulatory topics. Webinars are viewable for free on ANFPtv. To earn CE hours, you must purchase the quiz from the [ANFP Marketplace](#) and complete it.

1 - 1.5 hours CE, some general and some sanitation/safety

ANFPtv

ANFPtv, ANFP's video resource library, hosts a number of educational videos including a Culinary Boot Camp series and various recorded sessions from ANFP's Annual Conference.

[Culinary Boot Camp](#)
[ACE All-Year Long](#)

Live Meetings/Events

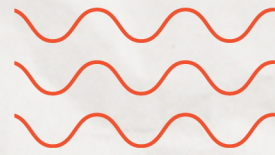
State, regional, and national ANFP meetings are also an excellent source for continuing education. Enjoy the added bonus of great member networking!

[ANFP Events Calendar](#)
[Chapter Directory](#)



Spring Workshop

Performance Food -
New Windsor, MD 5/12/26



Thank You Patrick!



Changing of the Guard



As the incoming President of the Maryland/Delaware/DC Chapter of the ANFP, I would like to take a moment to introduce myself and share a few words about my vision for the next two years. First, a bit about me. My education began with a degree in Culinary Arts. Early in my career, I worked in fine dining, casual dining, and banquet/catering services. I entered the Healthcare industry through Senior Living Dining Services first as a part-time evening cook, and after returning to school to obtain my Dietetic Technician degree and CDM certification, I moved into Food Production Manager and Dining Service Director roles. In 2013, I accepted a position with Reinhart Food Service, now Performance Foods, as a Healthcare Specialist. My role is to provide assistance to those who serve seniors, veterans, and those in all aspects of the Healthcare industry through menu and order guide development, sourcing equipment, providing in-services and ServeSafe Certification, and of course assisting customers with food and supply purchasing within budgetary guidelines. Having spent 35+ years in the food service industry, I have tremendous respect and a deep understanding of the challenges that food service professionals are facing each and every day.

Working in food service can sometimes be a thankless and difficult career. A supervisor I had early on used to have a sign on her door that read "Nobody notices what we do, until we don't do it." It is true and I am sure you all agree.

Being a member of the ANFP provides support through education, quarterly newsletters, conference discussions on current industry trends and challenges, as well as updates to the constantly changing state and federal regulations. I feel success depends on the sharing of information, experiences, and ideas. My vision for my term as President is to increase engagement amongst chapter members, not only with the board, but with each other. After all, we are in the trenches together. Let's lean on each other to provide the best service and experience for our customers and a rewarding career for ourselves and our team members.

Please contact me or any of the board members with any questions, suggestions, concerns, or topics you'd like to see discussed at a feature meeting or in an upcoming newsletter. The board is here to support you, but we need your participation to ensure the chapter activities and discussions are relevant and impactful.

I look forward to working with you as the President of the Maryland/Delaware/DC Chapter of the ANFP.

Stephen Caretti, CDM, CFPP, DT
src_anfp@yahoo.com

President's Message

