



LOUISIANA



Association of Nutrition & Foodservice Professionals

***Presents***

***Nourishing Your Mind***

***For Continued Success***

***2017 Educational Conference***

***&***

***General Membership Meeting***

Discover the power of the CDM, CFPP Credential

**CDM**<sup>®</sup>

**CFPP**<sup>®</sup>

Certified Dietary Manager  
Certified Food Protection Professional



Association of Nutrition & Foodservice Professionals

***Wednesday April 5th***

***7:00 am—Registration and welcome***

***8:00 am— Food preparation & Food Safety— Chef John Hickson***

***10:00 am—Identifying Malnutrition—Ms. Jerrie Barfield***

***11:10 am— Intervention for the malnourished patient—Ms. Candace Dodge***

***12:10 pm—1:20 pm Lunch on your own***

***1:30 pm—Disaster Preparedness—Mrs. Carolyn Hill***

***2:30 pm—Bagging for the Homeless Veterans Event***

***4:30 pm – Day's wrap up***







Association of Nutrition & Foodservice Professionals

**Thursday April 6th**

**7:00 am – Registration and welcome**

**8:00 am – CMS Regulations update – Mrs. April Cintron**

**9:10 am – Break**

**9:20 am – Conducting a Food Safety Self Audit – Chef John Hickson**

**10:30 am – Nutrition deficiencies in the Homeless – Ms. Rena Powell**

**11:30 am – 1:30 pm Vendor Fair - Lunch on your own**

**1:30 pm – Person Centered Food Service – Ms. Jane Conley, Ms. Paula Weeks**

**3:30 pm – Increasing Vegetable Intake Using Culinary Skills – Chef Charles Deal**

**4:30 pm – Day's wrap up.**

**6:00 pm – ANFP Banquet & General Membership Meeting**





## Association of Nutrition & Foodservice Professionals

Friday April 7th

**7:00 am – Registration and welcome**

**8:00 am – “Toss the trash” — Ms. Robbie Alford**

**10:10 am – Employee competencies—Ms. Lydia Hampton**

**12:00 pm – Day’s wrap up & CEU certificates issued**

### ***Your Louisiana Chapter Leaders – Executive Board***

***Chef John Hickson – President***

***Barrett Broussard – President Elect***

***Carolyn Hill – Secretary***

***Brenda Ramsey – Treasurer***

### ***District Presidents***

***District 1 Northshore/Baton Rouge – Chef John Hickson***

***District 2 Southwest – Sharon Hicks***

***District 3 Northwest – Tamra Rutten***

***District 4 New Orleans – Carolyn Weatherspoon***

***District 5 Northeast – Clariece O’Quinn***

***District 6 Cenla – Angel Schlotterbeck***

***District 7 Acadiana – Barrett Broussard***



## ***Speaker Bio's***

Chef Charles Deal – Paramount Marketing Group  
charlesdeal@pmgwins.com



Education: Johnson & Wales University  
Associates of Science Culinary Arts, Summa Cum Laude

Employment.

Sales Broker/Company Chef – Paramount Marketing Group  
Executive Chef- Various restaurants throughout America.

Jane Conley, MPH, RD, LDN  
Corporate Dietitian Doerle Foodservice LLC.



Education: BS Southeastern Louisiana University in Dietetics;  
Master in Public Health Tulane University School of Public  
Health & Tropical Medicine in Public Health Nutrition  
Currently dietitian at Doerle Food Services, LLC

More than 30 years in food service management, clinical dietetics, consultation  
and public health nutrition, including licensing compliance surveyor for DHH

Lydia Brossette Hampton

VP of Sales – Healthcare Reinhart Food Service of Louisiana

Experience:

Director of Healthcare Sales at Reinhart Foodservice 1990 - Present

Skills & Expertise:

Strategic Planning, Purchasing, Food Industry, Key Account Development,  
Restaurant Management, Food Service, Nutrition, Merchandising, New Business  
Development, Inventory Control.

Education: Bachelors of Science – Nutrition and Dietetics, Louisiana Tech  
University, Registered and Licensed Dietitian



## ***Speaker Bio's***



Paula Weeks, MS, RD, LDN  
tigerfam@yahoo.com

### **Education:**

Northeast Louisiana University, Monroe, La – B.S. Nutrition & Dietetics 1981  
Louisiana Tech University, Ruston, La – M.S. Foodservice & Institutional Management 1984

### **Experience:**

2015 – Present – Corporate Dietitian Doerle Food Services, LLC.  
2014 – 2015 – Child Nutrition Supervisor, Morehouse Parish School Board  
2005 – 2014 – Regional Health Care Specialist, Conco/Reinhart Food Service  
2003 – 2005 – General Manager Food Service, Sodexo Health Care Services

Carolyn W Hill CDM/CFPP  
Food Service Director



### **Education:**

Shelby Jackson Vo-Technical College, Ferriday, LA  
University of Florida, Gainesville, FL—CDM Course

### **Experience:**

Food Service Director—LaSalle General Hospital, Jena, LA

Ms. Rena Powell LCSW-BACS

Rena Powell is the Health Care for Homeless Veterans Coordinator at the Alexandria VA Health Care System in Alexandria, LA. She has been employed at the Alexandria VA Health Care System for thirteen years and has been the Health Care for Homeless Veterans Coordinator for eleven years. Rena received her MSW from Louisiana State University. She is a Licensed Clinical Social Worker and a Board Approved Clinical Supervisor (BACS). Under Ms. Powell's leadership, the Homeless program received its first three-year certification from the Commission on Accreditation for Rehabilitation Facilities (CARF) in 2012 and recertification in 2014.



## ***Speaker Bio's***



Chef John Hickson CCA, CDM/CFPP, FMP, CHESP, CP-FS

### **Education:**

Concordia University-Wisconsin, Bachelor's Degree, Business Administration & Communication - magna cum laude

Concordia University-Wisconsin, Associate Degree, Business Management - Human Resources Management

Delgado Community College, Culinary Certificate, Culinary Arts

### **Certifications:**

Certified Culinary Administrator, Food Service Management Professional, Certified Dietary Manager, Certified Professional Food Safety, Certified ServSafe Instructor & Proctor, Certified Trainer & Proctor NEHA Food Safety Program, Certified Healthcare Environmental Service Professional

### **Experience:**

President/CEO – Quality Food Safety Auditors – QFSA 2009 - Present

Director Support Services – Southern Surgical Hospital Slidell, LA 2015-Present

### **April Cintron**

Clinical Resource Manager at Valley Services, Inc.



### **Experience**

Clinical Resource Manager at Valley Services, Inc. 7/2016 - Present

Director of Nutrition Services - Promise Healthcare 1/209 - 7/2016

Adjunct Instructor at Southeastern Louisiana University 2013 - 2015

Director of Nutritional Services - Vital Source Specialty Hospital 2007 - 2009

Clinical Dietitian at Glenwood Regional Medical Center 2005 - 2006

Adjunct Instructor at Louisiana Tech University 2005 - May 2006

### **Education**

Louisiana Tech University Master's degree, Dietetics/Dietitian, 2004 - 2005

Louisiana Tech University Bachelor's degree, Nutrition, 1998 - 2002

## ***Speaker Bio's***

Ms. Jerrie Barfield, RD, LDN  
108 Bluewood Lane  
Pineville, LA 71360



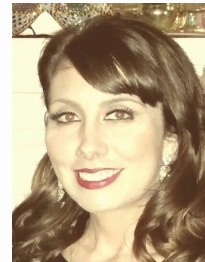
### Education and Training:

McNeese State University Bachelor of Science in dietetics  
McNeese State University Master in Nutrition

### Employment:

Veterans Administration Hospital  
Dubuis Long Term Hospital, Alexandria, La.  
LaSalle Nursing Home, Jena, La.  
LaSalle General Hospital, Jena, La.

Ms. Candace Dodge RD, LDN  
108 Bluewood Lane  
Pineville, LA 71360



### Education and Certification

Louisiana Tech University Bachelor of Science in nutrition & dietetics  
Louisiana Tech University Master of Science  
Registered Dietitian  
Licensed Dietitian/Nutritionist

### Employment.

Rapides Regional Hospital 3 Years  
Veterans Administration Hospital 10 Years



Association of Nutrition & Foodservice Professionals



## ***Speaker Bio's***

Robbie M. Alford

[www.robbyealford.com](http://www.robbyealford.com)

Ms. Alford is a motivational trainer who believes that basic skills can be used in relating to all people. She uses the wisdom of the ages to lead, unite, and inspire a cross-section of seminar participants. Her proven techniques in leadership, team-building, and employee interaction have gained her state and national recognition as well as the respect of her fellow professionals.

### **Education:**

Masters Plus 30 in Family Life Sciences and Educational Administration;

Certified Child Nutrition Director

Licensed Local Pastor Millsaps University – Jackson, Mississippi.

### **Professional:**

Retired in 2005 with 3 years teaching experience and 31 years in educational Administration, Child Nutrition Director and Family & Consumer Science Supervisor

Traveled throughout the United States 2005-2012 as motivational speaker and trainer for educational institutions and organizations, hospitals, law enforcement, food service conferences, etc.

Contracted trainer for National Food Service Management Institute in Oxford, Mississippi, 2005-2012

Local licensed pastor for Hebert United Methodist Church, Hebert, Louisiana  
2013 – present

### **Personal:**

Two wonderful sons and daughters-in-law and four fabulous grandchildren plus an awesome flock of God's children.

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## Association of Nutrition & Foodservice Professionals 2016 National Awards

Congratulations Louisiana ANFP! We are excited to announce that your chapter received the following national awards in 2016:

- Communications
- Government Affairs
- Membership
- Gold State Achievement Award
- Diamond Award Nominee

Recognition for winners of the chapter awards took place at the Volunteer Appreciation Luncheon during ACE on Friday, June 10 2016 at the JW Marriott in Indianapolis, IN



Congratulations to our very own John Hickson, CDM/CFPP, who was 2016's winner of the Leadership Institute Alumni LEAD Award! Presented at National by our National Board Chair Mrs. Janice M. Hemel, CDM/CFPP



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**For Veterans who are homeless  
or at risk of becoming homeless,**



*Richard, formerly homeless Veteran*  
Served 1975-1977

**MAKE THE CALL!**

Help for Homeless Veterans  
**877-4AID-VET**  
[va.gov/homeless](https://va.gov/homeless) | (877) 424-3838

**VA**



U.S. Department  
of Veterans Affairs



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## Association of Nutrition & Foodservice Professionals



### 2017 Louisiana Diamond Award Initiative

Louisiana ANFP is working with the Veterans Administration (VA) and The National Coalition for the Homeless to provide our homeless veterans with a cinch backpack full of daily essentials, to include items such as socks, toothbrush, toothpaste, razors, shave cream, granola bars, aseptic beverages, adhesive bandages, etc. We are asking our members and local retail stores for donations of the following items, small pack wet wipes, toothbrushes, toothpaste, razors, small cans of shaving cream, baby powder, adhesive bandages, hand sanitizer, alcohol wipes, shampoo, body wash, small note pads, pens, tube or crew socks, granola bars, mints, nuts, snacks, aseptic Juice box, and storage bags.

The Louisiana ANFP has been on a mission to promote awareness of homeless veterans within our state. During the year, each of our districts have been raising funds and awareness of homeless veterans within our communities. Far too many veterans are homeless in America—between 130,000 and 200,000 on any given night—representing between one fourth and one-fifth of all homeless people. Three times that many veterans are struggling with excessive rent burdens and, thus, are at increased risk of homelessness. Approximately 40% of homeless men are veterans, although veterans comprise only 34% of the general adult male population.

The National Coalition for Homeless Veterans estimates that on any given night, 200,000 veterans are homeless, and 400,000 veterans will experience homelessness during a year. Ninety seven percent of those homeless veterans will be male according to the Department of Veterans Affairs.

We will be participating in a VA Stand Down this coming September. A Stand Down connects homeless veterans with services that lead to permanent housing and supplies to help during the transition. We would like to give our thanks and appreciation to Northshore High Schools ROTC program for their support and efforts in acquiring items for our cinch backpacks. Special thank you to Lieutenant Colonel David Lawson – Instructor, Sergeant First Class Anthony Icamina – Instructor, Battalion Commander Cadet Lieutenant Colonel Cameron Banks, Battalion Executive Officer Cadet Major Benjamin Hickson, and Battalion Command Sergeant Major Clayton Bridgeman.



## Association of Nutrition & Foodservice Professionals

### ***Benefits of Volunteering within the Louisiana ANFP***

If you are interested in furthering your career, volunteering within a professional association is a good start. There are associations for nearly every profession or area of interest and many have national, state and regional chapters available to join. An association is a synergistic group, meaning that the effect of a collection of people is greater than just one person. So, how exactly can becoming part of this synergistic group help further your career goals? Here are some benefits of volunteering within an association.

Louisiana ANFP sponsors numerous events throughout the year that allow you to connect with your peers. You can share ideas, ask for advice, volunteer to be a speaker or become a member of a committee. Participating in forums, chat groups or discussion boards sponsored by the association is also a great way to grow your network. This allows you to use your peers as sounding boards and often make some great friends with the same interests as you. And don't forget, listing your volunteer activities for the Louisiana Association of Nutrition and Foodservice professionals on your resume is impressive to current or future employers as it shows that you are dedicated to staying connected in your profession.

Please consider becoming a volunteer member of our state association; just ask any board member which volunteer positions are open.



Our Diamond Level Sponsor



Reinhart Foodservice is the 4th largest foodservice distributor in the country, serving independent restaurants, delis, sporting venues, schools, nursing homes, hospitals, the military and chain accounts. Our customers benefit from one-stop shopping, as we offer a vast array of products to suit operators' needs, like fresh meat, seafood, produce, dairy, coffee, dry groceries, china, utensils, disposables, foodservice equipment and more.

Founded in 1972 in La Crosse, Wisconsin, Reinhart now operates from 29 distribution centers across the United States, and a USDA-inspected fresh meat processing facility. Each division offers from 10,000 to 14,000 SKUs, which range from top national brands to Reinhart's own high quality Exclusive Brand product assortment.

Reinhart is committed to the highest level of customer service, to safety, and to providing its customers with menu planning assistance, trends & industry insights, nutrition services support, and foodservice management software and training.







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**Remember  
To Always Nourish  
Your Body & Mind  
For Continued Success**

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