



Louisiana Association of Nutrition & Foodservice Professionals Quarterly Newsletter

July – September 2021

Dear Louisiana ANFP Members.

It is with a heavy heart that we regret to inform you that unfortunately due to the increase of Covid 19 and its many variants, your state executive board has had to make the very difficult decision to cancel our fall conference. We are continuing to plan and hope to once again be able to hold a state educational conference next April 2022. We understand the importance of being able to earn your required continuing education and the ability to network with your fellow members, but we felt as your executive board that this was the best decision we could make at this time. As you are all aware in today's unprecedented world, we felt that we just could not take the risk of exposing our members to unnecessary risk and many of you are working long hours and holding down the fort at your facilities, that you would not be able to attend the conference. Please check your emails for updates.

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Louisiana ANFP Wins National Diamond Award

With ten state chapters nominated for the national diamond award in 2020-2021, Louisiana ANFP joins an elite group of State chapters, as we are one of only three states to win the national diamond award three times. We join Iowa and Minnesota as the third state to accomplish this difficult feat. It is with the wonderful guidance of our state executive board that we have been able to accomplish this task in a very short time frame. Louisiana first won the award in 2012- 2013 then again in 2016-2017, and finally this year 2020-2021.

Below is our entry for the National Diamond award.

Due to Covid 19 concerns we had to cancel our annual state educational conference and food expo, and so the Louisiana association of nutrition and foodservice professionals, chose this year to give back to our members, by purchasing annual subscriptions to one of the nationally approved continuing education providers for one year. We began by purchasing 50 memberships and budgeted for the purchase of an additional 128 memberships, for a total cost to the chapter of \$8,900.00. We offered to those members interested, a discount code for a total savings of \$70.00 per membership. A standard one-year membership normally cost \$99.00 and so our members only had to pay \$29.00, and with our boards hard work and the generous support of our corporate sponsors, we were able to provide savings to our members and a great way for them to earn the necessary continuing education to maintain their credential. With this program our members have the ability to learn and earn continuing education at their own pace throughout the year and they have the potential to earn upwards of 40 CEs, if they take and complete each course offered. We have also been working with our vendor sponsors on conducting virtual continuing education sessions on a monthly basis, as we try to navigate this new world. The company we chose, utilizes specific micro-learning techniques, making learning easy and enjoyable. Every lesson includes an instructional video that is under 5 minutes and optimized for retention. Short videos (5 minutes or less), taught by industry experts with brief quizzes following each video and certificates of completion with prior approval codes.

Our chapter's best practice went above and beyond the ANFP mission, vision, and

strategic plan by promoting continued competency for CDM, CFPPs that best meet their professional needs. We are establishing advanced-level educational opportunities for our members. Partnering with approved National ANFP Educational suppliers to provide our members with a full program and continuing education credit hours, required for maintaining their certification. We hope this plan of action will help us increase the percentage of CDMs meeting CE requirements every three years.

We developed educational grants of \$50.00 for all of our members on the professional competency continuum. We hope that this initiative will help us increase the number of our members utilizing ANFP educational resources. Our implementation plan for this program was, to work closely with our chosen approved continuing education provider, to make the process as smooth as possible and simple for our members to navigate. We began by meeting with our provider to discuss options, educational content, pricing, and ease of operation for their website. Once we agreed with the plan, we sent out blast emails to all of our members asking for a response on whether or not they would be interested in such a program. Our members responded overwhelmingly with positive interest in the program. We then sent a second email and posted about this upcoming program in our first quarter newsletter. Finally, once the program was up and ready for distribution, we created a "JOT FORM" to gather member information, in which we then could reply to their email with two discount codes and the link to the site to enroll and purchase their subscription. It has always been the plan of the Louisiana ANFP chapter board to provide low-cost educational opportunities for our members as we understand that not everyone can afford to maintain their credential without support from the chapter, and in these trying times we felt this was what our members expected from their appointed board of directors.



Recipe of the Quarter

Baby Blue Salad

Mixed Baby Salad Greens (Spring Mix)

Crumbled Blue Cheese

Orange Segments

Sliced Strawberries

Pecan Halves Caramelized with cinnamon and brown sugar

Balsamic Vinaigrette

Place 2oz salad greens on plate. Top with 1 TBS blue cheese & 1 TBS Pecan halves, four orange segments and one



Greetings Louisiana ANFP members.

Some of you already know that in September 2020 I retired, and I have moved to Kansas. I want to thank Louisiana ANFP for nominating me for two awards from national: 2021-chapter Volunteer of the Year and 2021 Distinguished Service Award.

I was able to attend ACE in Orlando in July and be present to receive these awards. It is always great to go to ACE and see other ANFP members that you have met over the years.

I became a Louisiana DMA member in 1992 as a student taking the course from University of Florida Gainesville. I have been active in DMA/ANFP since the very beginning on the district and state levels. I am quite proud of the fact that I served as State President 3 different terms and was the President the year our state chapter won the Diamond Award for the first time.

I understand that this year the board is planning a live state meeting again. Yeah! I know getting hours in 2020 was very difficult. Louisiana has put together some awesome state meetings and always worked hard to be sure members got a great value for the cost of the registration.

I hope you have all put on your calendar to attend in October. (I am even hoping I can attend)

The awards are very appreciated, the real rewards actually come from the skills you acquire and the friends you make when you are active in your ANFP chapter.



Tami Rutten

Quarterly Financial Statement

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|----------------|------------------|
| Chapter Name | LOUISIANA |
| <hr/> | |
| La ANFP | |
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| METRIC | Report Year 2020/21 |
|--------|---------------------|
|--------|---------------------|

| | | |
|-------------------------------------|-----------|------------------|
| Revenues - list all revenue sources | | |
| Bank Balance as of 04/30/2021 | \$ | 26,006.17 |
| ANFP Rebates | \$ | 1,865.00 |
| <hr/> | | |
| Total Revenue | \$ | 27,871.17 |
| <hr/> | | |

EXPENSES

| | | |
|--|-----------|------------------|
| Funeral Flowers | \$ | 287.88 |
| Postage | \$ | 22.73 |
| Pineapple Academy | \$ | 2,500.00 |
| Plaques, Gift Cards Etc for retiring members | \$ | 388.34 |
| Members to A.C.E. | \$ | 2,197.87 |
| TOTAL EXPENSES | \$ | 5,396.82 |
| NET INCOME | \$ | 22,474.35 |

Message from your State President

Dear Louisiana ANFP Members.

As Tami mentioned in her letter on page 4 of this newsletter, she retired from work and as our state president in September of 2020, as the past state president I chose to once again step in to fulfill her term. It is in difficult times like we are experiencing right now that I wanted you to know just how much you are appreciated. As your former National Chair of the association and your state president. I wanted to say that we all have times when life feels hard; when we're frustrated and tired and just want to hide away. If that, is you right now, don't worry – every caterpillar has to rest to become a butterfly and you'll soon find your wings again. In the meantime, let your Angels wrap you in theirs. You are so loved and appreciated.

During a pandemic crisis as the one we are experiencing right now, you can easily lose sight of your motivation and even reason for working in Foodservice but remember that our residents, patients, students, and staff are depending on us all. Everything seems painful as you watch your lifestyle seemingly crumble before your eyes, and you just don't know where to turn. You can't escape it, run from it, or turn back time; you just have to brave the storm and hope for the best afterwards. However, usually bad things happen in our lives in order to usher in better things. You can't have a rainbow without a storm, so remember that the next time you walk into work. You have the choice as to how you will react to situations in your life. You can either let them beat you down or teach you a hard lesson and grow from them. Choose to keep going even when it seems hard; there is a light at the end of the tunnel. Prayers for you and your families for health and wellbeing and remember that we are all in this together.

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For those of you who have already registered and paid your registration fees, please reach out to Brenda (louisianaanfp@gmail.com) or me and we will process your refund as quickly as possible. For those who are interested in participating in the Pineapple Academy online continuing education platform, we still have 30 discounted memberships available. This is a great way to earn your continuing education. Please reach out to me with any questions.

Again, I am sorry to have to share this news and I pray we can all meet again next year for education and fellowship.

Thank you for all you do!!!! YOU ROCK!!!!!! ☺

*Chef John Hickson
CCA, CDM/CFPP, FMP, CHESP, SNM, CP-FS, MCFE, HACCP, NNCP
Louisiana ANFP State President
Food and Nutrition Services Director Florida Parishes Juvenile Justice District*