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## Contacts

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CDM , CFPP  
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foodpaws@gmail.com



## Season's Greetings from your Executive Board and committee members!



## KHCA Conference & EXPO 2022

**H**ello Everyone! We had the opportunity to set up a booth at the KHCA trade show in Mulvane in Sept. We visited with many healthcare workers about their Dietary needs. We provided them with information to share with their Dietary Managers.

– Jennifer

On Sept. 29th, we had a booth at the annual KHCA convention. Jennifer Harris and Debra Lowry assisted with this. I feel was successful and will list a few highlights.

- Visited with Linda Mowbray (bottom right) about money available for scholarships to send CDM's to class. Have requested more information but have not yet received it. Will follow up next week if still haven't received.

KHCA is willing to partner with us in certain areas to increase the number of CDM's in Kansas.

- We listened to speaker Mark Parkinson (above), President & CEO of AHCA.
- We have a possible sanitation speaker for future workshop.
- We have contact information for people who may be interested in doing a booth at next years food show. (Will pass this info on to Paula).
- Visited with ADM's and CEO's about supporting their CDM's and sending to workshops.
- Answered ADM's questions about getting their CDM's certified.
- Sent information and encouragement back to CDM's not there.
- Registered for next years convention. – Cindy



## President

*Jennifer Harris, CDM, CFPP* [jenniferfaye1983@hotmail.com](mailto:jenniferfaye1983@hotmail.com)

## Seasons Greetings fellow Kansas ANFP Certified Dietary Managers

**T**he #1 thing that we keep hearing is lack of staffing. It's a struggle we are all hoping to get through soon. Thank you to all who attended our Fall Workshop. It was great seeing each and every one of you and I look forward to seeing even more faces at the Spring Workshop.

## President Elect

*Donna Bateman, CDM, CFPP* [dbateman@usd341.org](mailto:dbateman@usd341.org)

**I** am still accepting "I will serve forms" for everyone wanting to run for Secretary and President Elect. If interested please contact me ASAP. **"Happy Holidays"**

## Past President

*Matthew Schlager, CDM, CFPP*

**G**reetings Kansas ANFP members. I hope that all have had a great Thanksgiving and look forward to a very Merry Christmas and Happy New Year! It has been an honor to serve on the board the past three years and previously as state secretary.

*I am confident that Kansas will continue shine.*

## Treasurer

*Debra Lowry, CDM, CFPP*

**Treasurer's report** - Balances as of 10/08/2022

### Central National Bank

Checking: \$5,477.66  
Savings: \$1,403.02

### Garden Plains

Checking: \$4,483.89  
Savings: \$2,792.09  
Scholarships: \$343.88

### Balance both accounts

**Checking - \$9,961.55 • Savings - \$4195.11 • Scholarships - \$343.98**  
**Total - \$14,500.54**





## State Spokespersons

*Cindy Cothren, CDM, CFPP* [clcothern@yahoo.com](mailto:clcothern@yahoo.com)

**A**NFP has a new program out called Brand Ambassador. We need to familiarize ourselves with it as it will be a big change but a good one. Will discuss this more at our board meeting. I've been working to familiarize myself with this.

Sept. 5th, I was on a zoom meeting with Jennifer Seyler, KDA. One of their member's Patti, will be attending at least part of our workshop. They are interested in combining conferences. I made no commitment on behalf of KS ANFP, however, I'm sure there will be future conversations with the board regarding this. They are willing to partner with us in getting more classes for food service supervisor and culinary classes.

I received one no. I will be sending out invitations for them to attend our Spring workshop.

We have a proclamation for "Hunger Week" and have sent a request for "Pride in Foodservice Week".

Congratulations to Deborah Harris who won \$180 in our 50/50 drawing. We will be having it again at our Spring workshop. Be prepared to try your luck. The other \$180 went to support PAC."

### Coming up -

I visited with the instructor's of the culinary classes at Labette County High School in Altamont, KS and will be visiting their school soon.

Last but not least, I am again on the Legislative committee with Nationals. I have put in my name for director at large. I'm excited to see what the future holds.



## Membership

*Dana Tinkler, CDM, CFPP*

### Since September 1, 2020:

*Since the my last report I have sent :*

5 letters to Professional members  
4 letters to Pre-Professional members  
1 letter to Allied Professional  
5 letters to schools with approved ANFP programs:

Barton Community College  
Auburn Univ  
Univ of Florida  
Univ of North Dakota - responded back  
Johnson County Community College

### Member count as of October 8, 2022:

Allied Professional	7
Pre-Professional	12
Professional	329
<b>Total</b>	<b>348</b>





## Secretary

*Leslie Hamilton, CDM, CFPP*

I am so thankful for this experience as part of ANFP Kansas Board Meetings.



## Hospitality

*Debra Gohl, CDM, CFPP*

Hello everyone! I am so sorry that I had to miss the Fall State meeting in Salina. State surveyors walked in on Monday morning and since I have two new, fairly inexperienced, cooks, I decided it was prudent to stay close. They exited late on Thursday with ZERO deficiencies in the dietary department! I look forward to seeing everyone in the spring. **Everything is coming up Sunflowers!**



## Historian

*Mandy Craig, CDM, CFPP*

Still working on more slides getting ready for the 60th. If you have any past pictures to send let us know. I would be glad to add them to our program. *Big thanks to the memebers who donated photos and information.*



## Parliamentarian

*Janice Hemel, CDM, CFPP [jancdm@yahoo.com](mailto:jancdm@yahoo.com)*

During the Holiday Season more than ever our thoughts turn gratefully to those who have made our progress possible. And in this spirit we sincerely say "Thank You" and "Best Wishes for the holiday season and a Happy New Year".

***On page 7 there is a link for the 2023 ACE Awards, you will find an application and instruction's to nominate a fellow KS CDM. Please check it out!***



## Sunshine Committee

*Cindy Cothren, CDM, CFPP [clcothern@yahoo.com](mailto:clcothern@yahoo.com)*

July through October I have sent out 112 birthday cards. 1 get well card, 1 thinking of you card and 1 thank you card.

*I have had 8 returned undeliverable.*




<https://wck.org>

## Communications

**Leonard Turpen, CDM, CFPP** [foodpaws@gmail.com](mailto:foodpaws@gmail.com)

I hope to see everyone in 2023 at our Spring workshop! Our 60th anniversary is next October, and Central District is hosting it. If you have something you would like to share about being in ANFP over the years, a picture, or a short story. Please send them to Mandy our Historian.

### Spring State Workshop 2023

Sysco in Olathe, KS

April 12-14, 2023

*More information will be in the next newsletter with a full agenda.*

I am still working on a list of CDM's that would like to work part time as interim. Remember if you are retired there are different levels you can pay to stay a member. Look at [anfponline.org](http://anfponline.org) for pricing. Let me know if you would like to be on the list and area you would like to work in.

**Applications for "Of the Year Award" are open. You can find the applications on [anfponline.org/Kansas](http://anfponline.org/Kansas). Go to the chapter portal, select links & resources, you will find applications for all of the following:**

- Dietary Manager of the Year
- Dietitian of the Year
- Administrator of the Year
- Vendor of the Year
- Foodservice Employee of the Year

**These need to be in by January 15th, you may send by replying to this e-mail above. Happy Holiday's and wishing you the best in the New Year !**



PAULA



DIANA

## Fundraising, Donations, Food Show committee

**Paula Bradley, CDM, CFPP** [paulaspoppersdma@yahoo.com](mailto:paulaspoppersdma@yahoo.com)

**Diana Riner, CDM, CFPP** [driner@comanchech.com](mailto:driner@comanchech.com)

**A**nyone with vendors wanting to be our next vendor show please send me information. Silent auctions items for future fundraisers. *Please remember to thank your vendors for supporting ANFP- KS!*

**Season's Greetings and wishing you the best in the New Year !**



# DISTRICT NEWS



## East District

**Donna Bateman, CDM, CFPP** [dbateman@usd341.org](mailto:dbateman@usd341.org)

We are planning a district work shop December 16, 2022.  
9:30am – 3:30pm. 4 General 1 Sanitation

### **"Home for the Holiday's"**

US. Foods  
16805 College Blvd.  
Lenexa, Kansas

*We are planning elections at this meeting. Thanks US. Foods!!*

## Central District

**Linda Paris, CDM, CFPP**

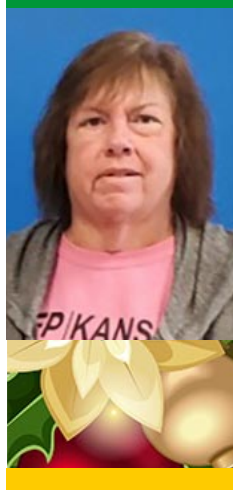
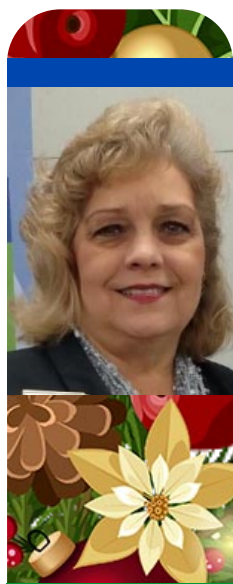
Central district is having a fall meeting on Nov. 18th at sandstone heights in little river. We are looking for a secretary and president elect to vote on this year. We hope to have a central district spring meeting, will discuss that at the up coming meeting.



## West District

**Connie Quimbley, CDM, CFPP**

District meeting March 3, 2023, in Norton, Kansas.



# Upcoming ANFP National Events 2023

EVENTS



For more details on these events go to: [anfponline.org](https://anfponline.org)

KANSAS ANFP

**Thursday, December 8, 2022**

Webinar - Training & Developing Your Team:

Beyond Sign-Ins and Certificates

[Learn More](#)

**Thursday, April 20, 2023**

ANFP 2023 Spring Regional Meeting

[Learn More](#)

**Sunday, June 25, 2023**

2023 Annual Conference & Expo

[Learn More](#)

**Kansas ANFP  
Spring Meeting 2023  
April 12-14**

**"It's Your Time to Shine"  
Sysco - Olathe, KS**



## FOR YOUR INFORMATION!

### Kansas Healthcare Education-

Money brought back to the state from survey fines can be used for Dietary Managers Programs.

- Permission for students to take the Dietary Managers Program. Please, *Request/Ask* the State for \$10,000 or \$20,000 dollars to fund students to take the Dietary Managers Program.

#### Pay for the Course

13 students need to take the course - ask for \$15,000 dollars for funding their education. Request for so many students can be approved or disapproved.

**Have ever checked the  
Extra  
benefits offered by ANFP?  
They now offer health  
insurance besides other  
benefits.**

## Welcome! - Dana Tinkler

### Students & first timers

Andren Humprey - Joplin Mo.  
Laurie Neeman - Hiawatha  
Shaelin Beckstrom - Norton  
Jason Leones - Salina

### New KS CDM's

Crystal Beck - Emporia  
Tina Mingeback - Wakefield  
Brenda Uplinger - Newton  
Rochelle Cordray - Wakefield  
Kim Marra - Derby  
Melissa Balingier - Newton

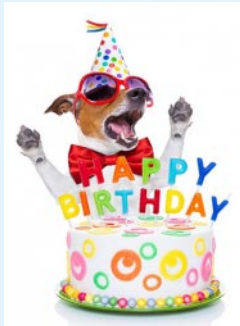


**NOMINATIONS  
FOR  
ACE AWARDS  
2023  
NOW OPEN**

**click here for  
application &  
instructions**



# Happy Birthday everyone!



*Happy Birthday  
to you - Happy Birthday  
to you - Happy Birthday  
dear ANFP Member*

*Happy Birthday to you -  
and many more!*

*If you don't see your  
name listed, let us know!  
- Cheers*

## September

Anthony Backer  
Crystal Beck  
Tina Browning  
Lois Bunch  
Ladeena Burke  
Alice Christensen  
Jessica Clark  
Nancy Danier  
Kristi Deeder  
Shannon Diemart  
Ruth Haile  
Rosie Hamerschmidt  
Lea Hart-Leighty  
Madonna Haug  
Aaron Hill  
Geraldine Jacobs  
Norma Kester  
Amanda Kmiec  
Jennie Kocher  
Katrina Koehn  
Rosie Lane  
Samantha Levalley  
Kathleen Lewis  
Orlando Perales  
Michael Snell  
Kim Solomon  
Dana Tinkler  
Ike Walker  
Carol Wells  
Susana Zacharias

## October

Christina Aranda  
Barbra Berry  
Randy Cimino  
Mandy Craig

Whitney Dill  
Amber Fullhart  
Patricia Gallentine-Johnson  
Pamela Glavin  
Leslie Hamilton  
Megan Howard  
Donna Huff  
Linda Johnson  
Patricia LaVergne  
Maren Matlock  
Lorie McGuire  
Kimberly Neely  
Barbara Patton  
Lisa Piersall  
Jillian Rinehart  
Anita Rose  
Jessica Simmons  
Lois St. Clair  
Justine Sullivan  
Leonard Turpen  
Mary Ubel  
Teresa Williams

## November

Jerrie Rieck  
Barbara Newcomb  
Michael Lohrmeyer  
David Cherry  
Brenda Baugh  
Dori Weber  
Mary Acker  
Lori Osterhaus  
Jacqueline Riddle  
Diana Cecrie  
Debra Newport  
John Matthews  
Judy Teselle  
Cody Pennington  
Julia Rhodenbaugh

De Farmer  
Sharee Jantz  
Grace Nightengale  
James Ledbetter  
Carolyn Coulter  
Patricia McMillian  
Autumn Bassett  
Cherrie Doggett  
Janelle Lobatta  
Cecilia Foster  
Tiffany Schnittker  
Matthew Schlagel  
Jeff Vogelmeier  
Traci Rodgers

## December

Donna Bateman  
Gayle Hoffhines  
Cheryle Correll  
Christy Pitts  
Andrea Davidson  
Clinton Litherland  
Cameron Bryles-Ford  
John Fitzthum  
Annette Kennedy  
Helen Wiles  
Linda Herbel  
Brian Dolezal  
Rebecca Pickel  
Leanna Hincey  
Jessselyn Strahm  
Carol Grant  
Larry Wilcox  
Lisa Schweigert  
Jamie Balthazor  
Carla Mayo  
Samantha Edens  
Brandon Stevens  
Shawn Williams  
Cindy Cothorn  
Nancy Garcia  
Harley Harris

Pamela Wong  
Andrea Randall  
Terresa Stewart  
Cynthia Gaugler  
Andrew Murray

## January

James Gilmore  
Becki Sporing  
Jolene Snyder  
Paula Bradley  
Vonda Nystrom  
Becky Snovelle  
Lindsey Perdue  
Britney Carrilo  
Diana Riner  
Jeremy Ling  
Megan Sparks  
Justin Cline  
Martha Agnew  
Robert Givens  
Machelle Byers  
Lisa Barron  
Sherry Griffith  
Tamera Barnes  
Andrea Rogers  
Mary Bremerman  
Adena Schwinn  
Debbie Kendig  
Napanee Towery  
Vicki Baker  
Sharon Vogel  
Kelly Holden  
Kelli Willis  
Amanda McCune  
Crystal Quint  
Joyce Butrick  
Stephanie Bess

## ANFP Kansas

### • Purpose •

*The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.*

### • Mission •

*Position the Certified Dietary Manager as the expert in foodservice management and food safety.*





# Fall Fling

## WORKSHOP 2022



## Holiday recipes



### Pecan Cheesecake Pie

- Janice Hemel

#### INGREDIENTS

- 1 unbaked pie crust
- 1 8 oz package cream cheese
- 1/4 c. sugar
- 4 eggs, divided
- 1 tsp vanilla
- 1 c. chopped pecans
- 1 c. corn syrup
- 1/4 c. packed brown sugar

#### DIRECTIONS

Beat cream cheese, sugar, 1 egg and vanilla until smooth. Spread evenly in pie shell. Sprinkle pecans over top of cheese layer. Beat remaining 3 eggs, corn syrup and brown sugar together well. Pour evenly over pecans. Bake at 425 for 10 minutes, then reduce heat to 375 and bake for another 25-30 minutes or until set and golden. Allow to cool and enjoy!

### Everyones Favorite Cranberry Salad

- Debbie Gohl

#### INGREDIENTS

- 1 ¾ cup boiling water
- 2 3oz raspberry jello
- 14 oz cranberry sauce, whole or jellied
- 8 oz crushed pineapple, undrained
- 1 small can mandarin oranges, drained and chopped

#### DIRECTIONS

Add boiling water to gelatin, stir until dissolved, about 2 minutes. Stir in the cranberry sauce. Add pineapple and oranges. Refrigerate until thickened, about 30 minutes. At this point, you can add nuts if you choose. Pour into a 9"x 13" pan and refrigerate until set. You can serve it with a dollop of mayonnaise, stir in some mini marshmallows, or my favorite: stir in 8 oz of cool whip Or spread it on the top like frosting. Makes 12 servings.

ACROSS THE PRAIRIE NEWS - KANSAS 9



## Paula's favorite breakfast casserole from Delish website

- Paula Bradley

### DIRECTIONS

- Cook 8 pieces of bacon, then chop and set aside for later
- Grease 9x13 dish
- Use 2 tubes of crescent rolls fold following package direction.

*Place in greased dish side by side*

### Mix

- 5 - beaten eggs
- 1 cup milk
- 1 cup heavy cream
- 6 - green onions chopped
- 1/2 t. Kosher salt
- 1 t. pepper

### Fold in

- 2 cups shredded cheddar cheese and chopped bacon
- Pour over crescents rolls

Bake 375 for 25 minutes till crescents are light brown and egg mixture is set (Note: for institutional servings it will take close to an hour plus to get done). *Our residents loved these, Enjoy!*



## Kansas Bread

### Stuffing - Leonard Turpen

### INGREDIENTS

- Onion, Yellow Fresh, small dice 1 small
- Butter 1/2 stick of butter
- Celery, Diced Fresh 3 ribs
- Bread, White Sliced, diced or torn 1 lb
- Parsley, Fresh, chopped fine 1/2 oz
- Sage, Rubbed Dried 1/2 tsp
- Thyme, Dried, Ground 2/8 tsp
- Marjoram, Ground Dry 2/8 tsp
- Pepper, White Ground 2/8 tsp
- Salt, Iodized 1 tsp
- Homemade rich Chicken Stock 1 pint

Variations: May use half cornbread instead of all white bread (let dry 2 days)

Pan Size: 6x8 casserole

### DIRECTIONS

- Saute onions and celery butter, until tender but not brown out cool and add herbs.
- Cut bread in small cubes or break/tear by hand the day before, and let air dry over night
- Combine bread and vegetables until well mixed, I like to add one egg to cooled stock
- Add the stock a little at a time until moist but not soggy.
- Adjust seasoning. Place in a greased bake pan and bake at 350, 45-60 minutes until temps at 190 for 15 sec. *Serves 12*



## Paula's famous sugar cookies

- Paula Bradley

### DIRECTIONS

- 2 cups sugar
  - 1 cup oleo - Cream thoroughly
- Add:
- 2 beaten eggs - Cream again
  - 1 cup sour cream - Mix together

Add:

- 1t. Baking soda
- 1t. Baking powder - Mix

Add:

- 1 1/2 t. Pure vanilla - Mix
- Add: 4 1/2 cups of flour to start

Then put on table and fold in more flour to make soft ball. *(Not stiff or cookies will be dry)*

- Roll out and cut

Bake at 375 degrees until BOTTOM of cookies are light brown. *Approximately 10 to 12 minutes*

### Butter cream frosting recipe

- 2/3 cup shortening
- 1/3 cup butter(softened) - Cream

Add:

- 1 to 2 T. Milk
- 2t. Pure vanilla
- 1t. Almond extract
- 1T. Butter flavoring

*Approximately 4 to 6 cups powder sugar*

*Sorry, I have made these since I was an eight grader. I don't measure much. Enjoy!*



## Hello Dollies

Suanne Hoffman (retired) East district

- 1 stick oleo-melted
- 1 cup coconut
- 1 cup chopped pecans
- 1 cup graham cracker crumbs
- 1 cup chocolate chips
- 1 can Eagle brand milk



Spread melted oleo on the graham cracker crumbs in a 9X9 pan. Layer with chocolate chips, coconut, and pecans.

Pour milk over top and bake for 30 minutes at 350 degrees.

**KANSAS ANFP**

