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Contacts

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Yes, we're going to do this!



May 11-13, 2022 we are going to meet live in Hay's Kansas. Paula and her committee have put together a great meeting. I have had members let me know that they need to renew their *Serv-Safe Certificates*. This will be held on Wednesday May 11, 2022 beginning at 1:00 pm. **Text book and test** - <https://www.servsafe.com/access/SS/Catalog/ProductDetail/ESX7>

You will be responsible for getting your text book (70.00) before the meeting. You must register with Paula by April 12, 2022. For more information - page 12!

Free CEU's for Volunteering!

Serving in a volunteer activity, in a leadership position such as a board member, committee chairperson, etc., for an organization and for which no compensation is received.

Activities performed for the role must be related to/focus on a content area covered on the CDM Credentialing Exam. CE may be submitted after the date of service/term ends for the given position. End date must be January 1, 2022 or later. Verifiable documentation is required, including some from the organization for which the role was served. A maximum of 2 CE may be accrued per year, with a total of 6 C in a three-year recertification period. CE will not be awarded until date of service ends.

To access you must log in and go to profile>My Certification> Self Reporting> scroll down to Report CE button then scroll down to Volunteer Leadership button and then Report Activity - follow directions.

President

Mathew Schlagel, CDM, CFPP sgtschlagel@hotmail.com



Greetings fellow Kansas CDM's! I am eagerly anticipating being able to meet with you all again soon at our spring workshop in Hays. It seems so long since we have been able to meet together, I hope that many of you are able to make it. This meeting in Hays will certainly bring back many good memories for me. I attended my first ever workshop in Hays as a new CDM about 10 years ago. It was a nervous and exciting event for me where I began to develop friendships with many other members. The first person I met was Leonard, we sat together and I remember that we were given the same raffle ticket number. We were two of only a few men in attendance so I thought that we were set up not to win anything. Leonard fixed that for us. I also still remember Paula and Janice being there and their commanding voices directing others and being so kind.

We have come a long way and have been through a lot especially over the past few years. I look forward to continuing to serve and be a part of our Kansas Chapter. We have some very qualified and capable individuals running for office and currently serving our chapter. I look forward to installing new leaders and seeing others become involved and look forward to making even more new friends. *God bless you all!*

Past President

Janice Hemel, CDM, CFPP jancdm@yahoo.com



Happy March everyone!! I hope all of you are ready for spring and summer like I am. Ready for warmth and sunshine!! Well my first news is I have retired!! Now don't panic as I plan on staying active in ANFP for at least another 2 years or more. I have missed seeing all of you and look forward to seeing you in Hays in May. I hope a lot of you will be able to be there. I know these past couple of years have stretched all us in ways none of us dreamed of but I hope this is soon over. I hope all of you find help, and get ready to get back to life. Just getting out and about seems to help how you feel and function. *Have a great spring and see you in Hays!!*

Treasurer

Debra Lowry, CDM, CFPP



Debra noted that our Central National Bank cards have been suspended due to inactivity in our account. Debra reported that she has requested that new cards be issued and that old cards are to be destroyed. *Currently Debra and Janice are still on the account.*

Garden Plains Bank

Checking: 5,262.68
Savings: 2,789.59
Scholarships: 343.88
Total 8,396.15

Central Bank

Checking: 2,178.71
Savings: 1,002.12
Interest: .04
Total 3,108.91

Combined Total

\$11,577.02
Deposit 1500.00
Balance \$13,077.02



State Spokesperson

Cindy Cothorn, CDM, CFPP clcothorn@yahoo.com



Hello everyone! I hope this finds you well. There isn't a lot to report right now. I am currently working on Day at the Capitol. I am in contact with some of our representatives to see if they would prefer to have in person meetings or would prefer to do the zoom again.

With the Zoom meetings I send information about our organization and the issues we would like to discuss. We follow up with a phone call to see if they have reviewed and either set up an in person meeting or zoom meeting.

I am looking forward to our Spring meeting and hope to see everyone there.

I work for you so if you have any questions concerns or items you would like me to add to our Day at the Capitol, please email me at clcothorn@yahoo.com. If you email me please put **ANFP** in the subject line.

God bless you. Stay safe.

Membership

Dana Tinkler, CDM, CFPP

Hello Everyone!

*Since the Fall-Winter newsletter I have sent:
7 letters to Professionals
11 letters to Pre-Professionals*

Member count as of February 28, 2022:

Allied Professional	11
Pre-Professional	20
Professional	391
Retired Professional	2
Total	424

Parliamentarian

Janice Hemel, CDM, CFPP jancdm@yahoo.com

By-Laws: Janice submitted report that no new by-Laws or anything more to report at this time. Janice Reported that Uploading of Policy & Procedures and by-Laws is complete.

Historian

Mandy Craig, CDM, CFPP

Working on, "**Blast from the Past**" slide show for the Spring workshop.



Communications

Leonard Turpen, CDM, CFPP foodpaws@gmail.com



<https://wck.org>

We have been trying different ways of getting information out to our members such as the newsletter which provides you with everything you need to know. We started posting state updates on ANFP/connect, and FaceBook. To find our newsletter online go to, anfponline.org/Kansas. Please let us know if you have other forms of communication that we can try out. We want your input - Thank you!

In this newsletter you will find a ballot, please fill it out and send it in. We will also be voting at the Spring workshop until Thursday at 1:00pm. Your new executive board will be sworn in at the end of the day Thursday.

Fundraising, Donations, Food Show Committee

Paula Bradley, CDM,CFPP



Working on the West District hosting the Spring Workshop. Planning a food show during lunch and a fire sale of Kansas/ANFP gifts.

Sunshine Committee

Cindy Cothren, CDM,CFPP clcothern@yahoo.com



I have mailed 24 birthday cards and am working on March.



Thank you to all vendors for your support!

We appreciate all your help with budgeting and searching for the right products to keep our facilities running smooth, especially during the pandemic crisis. Thank a vendor today!



Years of Membership recipients Class of 2021 in 5 year intervals.
Awards will be emailed out, look in your inbox.
Congratulations to everyone!

Class of 2021

45 years

Nancy Rehmert

30 years

Mary Acker
Jamie Balthazor

25 years

Mary Dunn
Lori Irwin
Thelma Leitch
Debra Newport
Lisa Piersall
Carol Shurtz

20 years

Darlene Babcock
Anthony Backer
Lois Bunch
Christina Cole
Linda Paris
Jamie Priddy
Lisa Votapk

15 years

Steve Achord
Brenda Baugh
Christa Brown
Connie Cook
Philip Doman
De Farmer
Cecilia Foster
Debra Gohl
Joyce Karlin
Kristen Kaufman
Shawn Meier
Arletta Nightingale
Courtney Thurston

10 years

Alicia Baumfalk
Joyce Butrick
Carl HoBl
Matthew Schlagel
Robert Scott
Deanna Shaepard
Teresa Stewart

5 years

Christina Aranda
Linda Barnes
Thomas Basore
Richard Braun
John Fitzthum
Pamela Glavin
Sherry Griffith
Madonna Haug
Catherine Johnson
Hannah McBeth
Tina Minggengack
Tracy Myers
Johnathon Ricketts
Becky Snovelle
Kim Solomon
LaShelle Tyson



ANFP Kansas

• Purpose •

The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

• Mission •

Position the Certified Dietary Manager as the expert in food service management and food safety.

KANSAS ANFP



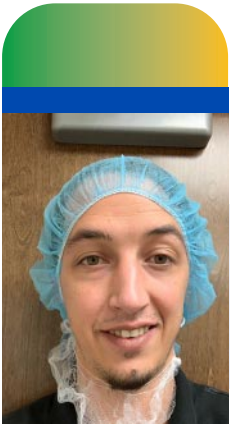
DISTRICT NEWS



WEST DISTRICT

CENTRAL DISTRICT

EAST DISTRICT



East District

Clinton Litherland, CDM, CFPP

We are planning meetings July 8, 2022 and September 9, 2022. Our elections will be at the July meeting for all offices.



Central District

Heather Hayes, CDM, CFPP

We are planning our first in person district meeting district meeting August 12 in Abeline, KS and the Fall Workshop will be in Salina, KS October 12-14, 2022.



West District

Officers:

President Elect, Connie Quimbly
Lisa Votapka, Secretary

Paula has put together the Spring State workshop 2022 which will be held in Hays, KS in May 2022. Any West District members interested in volunteering to get West District up and going again *please contact Paula or Janice.*

KANSAS ANFP



Upcoming ANFP State & National Events 2022



Join your fellow foodservice professionals for one of ANFP's live events. Each year, ANFP hosts three live events: our Annual Conference & Expo (ACE) and two regional meetings. These events offer opportunities for professional networking and continuing education. anfponline.org

State

May 11-13 - Spring workshop plus ServSafe West district

July 8 - Summer district meeting- East District

August 12 - District meeting Abilene Central District

September 9 - District meeting East District

October 12 -14th - Fall State workshop Salina KS - Central District

Nationals

April 21-22 - Spring Regional, Nashville, TN

June 27-29 - ACE Scottsdale, AZ

September 15-16 - Fall Regional Spokane, WA

KANSAS ANFP

OTHER NEWS



Changing e-mails or moving? Please remember to update your ANFP profile. We need to keep in touch!

Check out the new updated Scope of Practice

CDM® | CFPP® | Certified Dietary Manager
Certified Food Protection Professional

Scope of Practice

<https://www.cbdmonline.org/docs/default-source/legacy-docs/docs/scopeofpractice.pdf>



ANFP Kansas Birthday list

February

Alicia Baumfalk
Pamela Brack
Keith Brown
Vickie Combes
Kristy Dodds
George Dupree
Deanna Fitz
Jeannie Guhr
Kristin Halmowitz
Jennifer Harris
Ancira Hemmen
Sara Horinek
Debra Lowry
Amy McKinzey
Amy Moore
Jessica Norton
Virginia Ohnesorge
Audrey Owens
Nancy Pate
Chery Poston
Helen Riley
Desiree Shelite
Christina Smith
Tom Sullivan
Sandra Tate

March

Lynn Wineinger
Lisa Wold
Michelle Allen
Teresa Austin
Cyrstal Collins
Connie Cook
Kacy Fairhurst
Mary Dunn
Jeremy Finnestad
Shannon Greer
Heather Hayes
Jeff Higgins
Melissa Kenyon
Mary Lang
Thelma Leitch
Amanda Logan
Melissa Love
Hannah
McBeth
Theresa Meade
Anna Molina
Tracy Myers
Keshia Nolan
Katrina Reed
Linda Sacido
Barbara Wassinger
Molly Webb
Darcy Weninger

April

Ashley Barnett
Kimberly Boyd
Lynda Burse
Christina Cole
Ince Corianna
Diane Crabb
David Danner
Philip Decker
Phillip Domann
Sharon Fritch
John Geiger
Deborah Harris
Janice Hemel
John Hoyt
Hannah McBeth
Theresa Meade
Jaime Priddy
Emily Ramsdell
April Reed
Katrina Reed
Theresa Schmidt
Robert Scott
Peder Simmons
Barbara Tamburo
Courtney Thurston
Heather Turner
Robert Williams
Cynthia Woodruff
Christine Zentner

Planting for the future - by Leonard Turpen, CDM, CFPP

Retirement: **NOUN**

- *1The action or fact of leaving one's job and ceasing to work.*

This sounds pretty blunt. I know some of us are getting close to that age and some of us have passed that age. Have we stopped to plan out our life for retirement?

One thing about being a CDM is that you work hard, and put in a lot of hours. You become attached to the residents and employees around you.

Then one day you make that decision to stop. Tomorrow you don't need to set the alarm. The rat race you have been in has ended. So, you get up and

look around and say to yourself, "Self, what is the next step? Or "What do I want to do now that I've retired?"

About 25 years ago, I started a 401k and saved money. I always said "I don't have the extra money but, after starting one I learned I could get along without the 5% each paycheck and let it grow. This was one of the best decisions I have ever made for planning a future. The second thing I have done is to work as an *interim* CDM during my retirement for a little extra money. It still keeps me in the loop of the food industry and lets me enjoy what I liked about being a CDM without the constraints. This part of my plan is to give me a little extra for travel, now that we're starting to get back to normal and enjoy my retirement. *This photo of Janice Hemel inspired me to write this article - thank you Janice!*

Be sure to plan for the future and sow your seeds for your retirement.

For the office of President Elect

Exercise your right to vote



Donna Bateman, CDM, CFPP

I am extremely honored to run for the office of President. I have served as President for the ANFP Kansas. I have been Certified Dietary Manager for 23 years. I attended Washburn University for the Dietary Managers and graduated in May of 1999. In December of 2007 I graduated from Baker University with a Bachelor in Business Administration. I have been employed in Food & Nutrition Services for 48 years, 35 years with School Food Nutrition Services, and I work in skilled homes and Hospital, for 29 years. I have served as Kaw Valley district president and East district President I have served as President for the School Nutrition Association of Kansas, District Director and Supervisor representative, Northeast Area Representative for 4 years, and several committees. I am currently Past President of the East District and I have served as President and President- elect for the Kaw Valley District. I have served as secretary for Kaw Valley. I have served on the local & state committees of Impact & Education. I am currently employed with Sodexo/ Lawrence Memorial Hospital as Patient Experience Supervisor.



Paula Bradley, CDM, CFPP

Paula Bradley, CDM CFPP, has been employed at Protection Valley Manor for the past 42 years and 32 years as the Certified Dietary Manager.

Paula is very active in her ANFP association. She has volunteered on the district, state and national level of her ANFP association. In 2009, Paula received the "CDM of the Year" award from the Kansas ANFP association. Paula started volunteering on the national level in 2009 as a Director at Large, then worked her way up to serve as treasurer, Chair Elect then Chair in 2013-2014. In 2016 Paula received the Legacy Award from the National ANFP association.

Paula is currently involved in her State ANFP association as the Food show chairman, Sales, and mentor to current board and committee chairs.

For the office of Treasurer



Debra Lowry, CDM, CFPP

I have been in long term health care for over 35 years and have worked in many different state offices.

I am currently Central District past president. I was president for 2 terms, and treasurer for 1 term. Currently, I am state treasurer for Kansas.

Mail in Ballots - next page

Instructions for completing the ballot:

1. Read the bio for each candidate to make a wise choice.
2. Mark an "X" or a check mark on line in front of your candidate choice.
3. If writing in a candidate, name must be written on line under appropriate office and box checked.
4. Place ballot in sealed envelope.
5. On the OUTSIDE of the envelope, place name and member ID

Please select candidates and return by April 30, 2022, along with your member ID or vote in-person at the Spring Workshop.

**Mail to: Janice Hemel, CDM, CFPP
PO Box 387
Dighton, Kansas 67839**

President Elect:

_____ Paula Bradley _____ Donna Bateman

_____ Write in Candidate _____

Treasure:

_____ Debra Lowry

_____ Write in Candidate _____

THANK YOU - FROM NATIONALS

Dear Kansas ANFP:

On behalf of the Nutrition & Foodservice Education Foundation (NFEF) Board of Trustees, THANK YOU for your generous support of our Chapter Annual Appeal with your generous donation of \$400 to the Chapter Champion program.

As a Chapter donor, your participation shows your support for the Nutrition & Foodservice Education Foundation's goal to raise visibility of the CDM, CFPP credential. Your donation will be used during ANFP's dues season to assist credential holders experiencing financial difficulties that prevent them from paying their annual membership and certification dues.

Your chapter has received special Chapter Champion badging on the Kansas ANFP and Foundation websites.

As our Foundation continues to grow, our outreach efforts to the ANFP community and beyond will strengthen. Please visit www.NFEFoundation.org for updates on Foundation initiatives and more information about the Member Dues and Certification Fees Grant which will become available on June 1, 2022.

Thank you, Kansas ANFP, for making a difference to the future of our industry!

Lisa Votapka, CDM, CFPP
Chair





Join the “Sun” sational CDM’S for our KS ANFP SPRING MEETING 2022

Ellis County Fair Grounds-Sherk building
Hays, KS • May, 11-13, 2022

SCHEDULE

WEDNESDAY

(ServSafe recertification please read on bottom of page 12 for fee’s and other information)

- 1:00 - 4:30pm ServSafe renewal for everyone (3 ceu’s sanitation)
- 4:30 - 5:30pm ServSafe Test
- 5:30 - 6:30pm Ethics - with Janice (1 ceu)

**This might start later due to members getting finished with servsafe.*

Board Meeting/supper: 6:30 (RSVP for Enchiladas and Salad)

THURSDAY

- 7:00 - 7:45am Registration
- 7:45 - 8:00am Welcome
- 8:00 - 9:00am Senior dining at it’s best - Jennifer Fishback, Chef Lima & Stefanie Weaver, MS, RDN
- 9:00 - 9:15am Break
- 9:15 -10:45am Proper Documentation: Kim Fremont, MSED, RD, LDN
- 10:45am- 12:15pm Competency- survey ready: Kim Fremont, MSED, RD, LDN
- 12:15 - 1:30pm Lunch/Food Show
- 1:30 - 2:30pm Safety Bingo: Janice Hemel, CDM, CFPP
- 2:30 - 3:30pm Round Table (Covid Affects) Paula Bradley, CDM, CFPP, Matt Schlagel, CDM, CFPP
- 3:30 - 3:45pm Break
- 3:45 - 5:45pm Bring your Best!!! Dustin Galyon, Motivational Speaker
- 5:45 - 6:15pm Installation of Officers & special recognitions.
(2.5 Sanitation/safety, 5.5 regular- 1 food show ceu)

FRIDAY

- 7:00 - 7:15am Registration
- 7:15 - 8:30am What’s happening with ANFP & Board - Matt & Jennifer
- 8:30 - 8:45am Break
- 8:45 -10:45am Embracing difficult Topics - Dustin Galyon, Motivational Speaker
- 10:45 -11:00am Break
- 11:00am -12:00pm Sanitation Jeopardy: Janice Hemel, CDM, CFPP
- 12:00pm Closing remarks
(2 gen & 1 sanitation)



Dustin Galyon,
Motivational
Speaker
dustingalyon.com

*Times and speakers
are subject to change.*

*Please remember to
fill out evaluations.*

*Please respect speak-
ers and other mem-
bers around you
during meetings.*

*Everyone, Please wear
your “SUNFLOWERS”
Thank you!*

**We will have
raffles and door
prizes!**



Sun-sensational CDM's Spring Workshop May 11-13, 2022 - Registration Form

Registration - Please contact Debra if you plan to attend!!! Free gift for early registration

Mail to: Debra Lowry
9800 S Broadway
Peck, KS 67120-8022

E-mail: dlowry56@yahoo.com
 Cell: (217) 720-8142

*****We accept debit/credit cards at the door.**

Members	Retired	Non-members	Guest non ceu
2 Days- \$75 (12 ceu's)	2 Days- \$45 (12 ceu's)	2 days- \$80 (12 ceu's)	2 days- \$15
Thursday Only- \$ 50 (7 reg & 1 san ceu)	Thursday Only- \$35 (7 reg & 1 san)	Thursday Only- \$ 60 (7 reg & 1 san)	Thursday Only- \$ 10
Friday Only- \$ 40 (4 ceu's)	Friday Only- \$15 (4 ceu's)	Friday only- \$ 40 (4 ceu's)	Friday Only- \$ 10

STUDENTS FREE

Name: _____ E-mail: _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

District: EAST CENTRAL WEST

Years of Membership: _____

First Meeting: YES / NO **I need a Sunflower:** YES / NO

Volunteers are always needed! Go to the ANFP Kansas Chapter website and fill out the "I will serve" form. It is very important as a chapter to stay strong in our membership support. Plus, you'll learn how to improve your budgeting skills, agenda skills, as well as learning from each other.

DONATIONS !!! for Kids - CASA of the High Plains
Clothing, games, activities, paper, envelopes, stamps
Everyone, Please wear your "SUNFLOWERS" to workshop
Bring your post card for a chance to win a prize!!!!

Host Hotels:
Under KS Dietary Managers Association

Avid Hotel (new)- 206 W 43rd st.
 785-625-1101 - \$95.00

Best Western- 1010 E 41 st.
 785-621-4337 - \$53.00 - 79.00

There is more hotels but they will be getting ready for Hays graduation weekend.



**information
& agenda**



ServSafe Recertification Workshop

Wednesday May 11th, 2020

Presenter- Philip Kuhn

Food service instructor, Hays Technical School

1:00-2:30pm Review of the Managers Serve safe book
 2:30-2:45pm Break
 2:45-4:15pm Review of the Managers Serve safe book
 4:15-4:30pm Break

ServSafe Testing

4:30- 6:30pm

Note: The cost of the managers book and test is approximately 70.00. You will be required to purchase your own book with the test. This way if for some reason you can't attend you can still do your book and set up a test time in your area. By attending the class and testing, you will receive a 3 sanitation hours and serve safe certificate. For those who just need the 3 hours of sanitation/safety towards your ANFP certification, and don't need the serve safe book or test, we are charging \$20.00 for the sanitation and the Ethics ceu's. <https://www.servsafe.com/access/SS/Catalog/ProductDetail/ESX7>

You need to notify Paula By APRIL 29th if you are planning to attend the ServSafe on Wednesday May 11, 2022 to: paulaspoppersdma@yahoo.com or text her at 620-622-7373

