

ACROSS the prairie

Spring Newsletter 2020 • Vol. 31 • Issue 1

ANFP | KANSAS
Association of Nutrition & Foodservice Professionals

CONTENTS

| | |
|-------------------------|------|
| National Award | 1 |
| Officer Comments ... | 2-5 |
| Barb Thomsen | 5 |
| District Officers | 6 |
| Events and news | 7 |
| Birthdays | 8 |
| Registration | 9-10 |
| Recipes | 10 |

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ANFP is Celebrating our 60th year!

Great events and education are planned, and we hope to see many of you there. Prices have been lowered for this event for early registration, 50% off when you use the code ACE60, and rooms start at 99.00 per night. This event will be at the **Tropicana** on the strip. Go to anfponline.org for more registration.

It is great that **Kansas** has been a strong part of this organization since 1963. Besides being a strong state, we have had members participate on both state and national boards plus officers.

Congratulations to all members past and present for all you have done to keep ANFP Strong!

KANSAS ANFP

President



Donna Bateman, CDM, CFPP donna.bateman@LMH.org

Remember Kansas ANFP is Backpacking across Kansas to feed the Hungry. Fill a backpack or two with non-perishable food items and bring them to our State workshop in Dodge City on April 22nd-24th as well as each district meeting. We are also going to be saving aluminum cans to sell and give the money to the war veterans.

I would like to attend each district meeting this year. Please get me the dates, place, and time so I can plan to attend. Remember to take pictures and send to myself and Mandy Craig or Becky Robinson, our historians.

President Elect



Janice Hemel, CDM, CFPP

Iam rechecking all of my committees and making sure I have someone on each committee. I am looking forward to the upcoming year and seeing what Kansas has in store for it.

Secretary



Beverly Kleisen, CDM/CFPP

First of all, apologies and thank you to Matthew Schlagel for filling in for me while my husband was in hospital. It is great to be back amongst you all. Thank you to all who held us in prayers these last six months. It has been extremely rough but I think there might be light at the end of the tunnel.

Treasurer



Alberta Andrick, CDM, CFPP

Treasurer's report

Garden Plains Bank

| | |
|--------------|------------------|
| Now Account | \$3738.05 |
| Commercial | \$243.88 |
| Money Market | \$2783.24 |
| | \$6765.17 |

Central National Bank

| | |
|-------------|------------------|
| Checking | \$4579.31 |
| Savings | \$1101.01 |
| Scholarship | \$3100.00 |
| | \$8680.32 |

Total for both accounts **\$15445.49**



Don't forget to bring these to meetings so we can turn them in for great door prizes!!
Snap a picture of them and email to foodpaws@gmail.com



Past President

Leonard Turpen, CDM, CFPP



foodpaws@gmail.com

I'll be putting together the awards for our Spring 2020 workshop. Please remind your members to update their profiles. I need the "of the year" applicants in by December 31, 2020 so they can be voted on by the board at the Winter 2021 workshop.

I am working on a list of CDM's that would like to work part time as interim's. Kansas does state that you need to have a CDM working 32 hours a week in facilities of operation. I am now working as one (interim) and it is a good opportunity for those who need a part time job as they retire or it could lead to a employment. Alberta and Cindy would be available for the Southeast district, please contact me if you you hear of anything.

Once I get the list put together I plan to share it with KHCA so we can keep our state covered. We can meet to set up guidelines for everyone and develop this unique opportunity. You would approve your own contract and guidelines.

State Spokesperson

Cindy Cothorn, CDM, CFPP *clcothorn@yahoo.com*



Hello everyone! I hope everyone had a great holiday season. I am looking forward to 2020 and hope everyone keeps in good health and happiness.

With the New Year comes a needed legislative session and everyone should be back to work. *Jennifer Turner* and I have set our *Day at the Capitol* for Tuesday, March 10, 2020 at 9am and we will be meeting with *Governor Laura Kelly*, what a great honor also.

I visited with *Barbara Thompsen*, who is over government affairs committee. She would like to have all chapters send the State Spokesperson this year to ACE conference this year. She feels this would very beneficial with the proposed CMS changes and *Cindy Luxem* retiring this past year.

As you know my husband Bill had been very sick. I was by my husband's side January 31, as he lost his fight and had excepted his passing into the arms of God.

I want to thank everyone for all the prayers, cards, and your thoughtfulness over these past year.

Hospitality

Suanne Hoffman, CDM, CFPP



What a wonderful State fall meeting at Drury Plaza Hotel in Wichita, KS on October 16th-18th. The speakers were great! Devin Henderson was so awesome letting each one of know we have magic in our lives.

Deb Gohl is going to be our great hospitality person. All of you please help her to do a good job. We had two students, six first timers, two retired, and one woman from Arkansas. We gave all sunflowers, pads and pens and a cell phone holder.





Membership

Dana Tinkler, CDM, CFPP

Since the board meeting October, I have sent -

- 6 letters to Professionals
- 3 letters to Pre-Professionals
- 1 letter to Allied Professional
- 76 letters to Inactive Members

As of December 30, 2019, member count is -

- Allied Professionals
- Professional-403
- Retired Professional-2

Total of 403

Sales

Paula Bradley, CDM, CFPP paulaspoppersdma@yahoo.com

Diana Riner, CDM, CFPP driner@comanchech.com

I have filled out the necessary paperwork to apply for our sales tax information. We have not heard back from the state of Kansas yet. We are keeping our ANFP national office informed off the progress.

A list of inventories was passed out and decision to take Sales to Dodge City was discussed. We would have to charge tax. It was also brought up that Districts need to send an itemized report of sales, raffles, registration, PAC, etc.

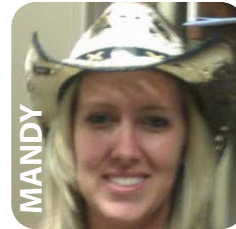
Discussion on taking sales to Dodge City and charging tax was held. Alberta Andrick made a motion to take sales items in inventory to Spring meeting. Diana Riner seconded the motion and motion passed. Matthew Schlager made a motion that two raffle baskets be made from items in sales inventory. Diana Riner seconded the motion and motion passed.

We will be looking at new items after the Spring workshop. If you have suggestions please bring them to the meeting.

Historians

Mandy Craig, CDM, CFPP

Becky Robinson, CDM, CFPP



As for Historians I do not believe there is anything new to report at this time. We are asking for any picture's - member's may have taken during the District or State meetings of membership comrades, just enjoying an evening out, or anything tasteful, nothing unprofessional. Send to beckrobinson@outlook.com

Parliamentarian

Janice Hemel, CDM, CFPP

The policies are completed and should be finished this friday and I will review them once again. I will send them out along with the minutes so that full membership can review before the spring workshop.

Parliamentarian - I have the policies and procedures changed and ready for board approval.

KANSAS ANFP



Communications



Leonard Turpen, CDM/CFPP newsletter editor foodpaws@gmail.com

Mathew Schlagel, CDM/CFPP mschlage@mhsks.org

I need all the **pictures and articles** for the next newsletter to me by June 15th, 2020. Remember if you are involved in any community service to please let us know.

Matthew Schlagel



I have the new bulk e-mail set up with members and would like to send out a save the date and or registration information to all members *as soon as possible* for both State and district meetings.

If you know of someone not receiving e-mails please make sure we have the correct e-mail. If you change employment please remember to send your new e-mail to mschlage@MHSKS.org, and update your ANFP profile to keep informed.

Please let me know what you have or if we are about ready to send everything in the newsletter.

Years of Membership recipients *Class of 2019* in 5 year intervals Awards will be given out at the Spring Workshop in Dodge City. Congratulations to everyone!

5 years 2014

Steven Barnes
Roshelle Cardray
Kristina Carter
Terria DeSelva
Patricia Donaley
Jarhes Kemper
Kim Johnson
Shaylei Johnson
Jennifer Turner
Heather Turner
Napance Tawery

10 years 2009

Lisa Barron
Barbra Cudley
Kristi Doetri
Ruth Hale
John Gevyer
Meagan Howard

15 years 2004

Lucinda Chuchey
Carolyn Coldter
Hormere Cruze
Debbra Harris
Joseph Killscheck

20 years 1999

None

25 years 1994

Kristine Kashn
Richard Ndirayer
Stella Rudaya
Shannon Russ
Theresa Schmidt
Mary Smith
Johnie Snyder

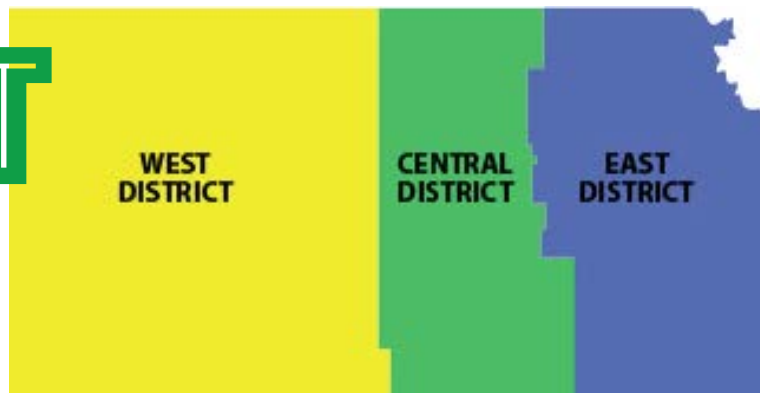
30 years 1989

Tina Browning
Robert Kid
Beverly Kliesen
Anna Malina
Christine Metzineger
Amy O'Grady
Emelly Ransdell
Rebecca Robinson
Tammy Roney

35 years 1984

Mark Newshaw
Helen Riley
Dawn Ropsen
Dieseri Sheile
Callie Thompson

DISTRICT NEWS



East District

Clinton Litherland, CDM, CFPP

Welcome to the new members and the new and old students to our district. Our next meeting for the East District will be *March 13, 2020 hosted by Stella Rudaya at Kingswood Manor, 10000 Wormall Road, Kansas City, MO. Phone 816-442-3234 or fax 816-942-0241 or cell 913-375-0621. Email rudayas@kingswoodccr.org*. Please let Stella know if you plan to attend in advance. This will help to prepare for our meeting. The agenda will be sent in January. It will be a total of 5 CEU's with 1 sanitation is the plan.

Donna Bateman Past President of East District reported the fall district meeting will be set in September at US Foods. Fall State workshop is planned for October 23rd-25th, 2020. This will be at the Douglas County Fairgrounds and the host hotel will be the Country Inn & /Suites at \$89 per night.

Central District

Debra Lowry, CDM, CFPP

We did not have a district meeting this fall, but we are planning a spring meeting in Wichita. There has been a change in district President. Steven McCoy has stepped down from president and Debra Lowry will step in to finish his term. Thank you all for the help that you gave to us on the State Fall meeting.

West District

Shay Johnson, CDM, CFPP

Current as of March 2019:

| | |
|------------------------|------------------------|
| <i>Past President:</i> | <i>Renita Mesa</i> |
| <i>President:</i> | <i>Shaylei Johnson</i> |
| <i>Vice President:</i> | <i>N/A</i> |
| <i>Secretary:</i> | <i>Lisa Votapka</i> |
| <i>Treasurer:</i> | <i>Belinda Katz</i> |

Our meetings have been tentatively scheduled as follows:

Spring State meeting on April 22nd-24th at the Knights of Columbus in Dodge City. The spring 2020 District meeting will be in Lakin with Michael, Renita and Noretta hosting, date to be determined.

"Sun" sational CDM's is the theme for the Spring 2020 meeting in Dodge City, State meeting budget decrease has been noted to \$3,000.



Upcoming ANFP National Events 2019

EVENTS



For more details on these events go to: anfponline.org

Chapter Events

Spring Workshop

April 22-24th, 2020
Sun Sensational, CDM's
Knights of Columbus Hall
Dodge City, KS

Fall Workshop 2020

October 21-23, 2020
Douglas County Fairgrounds
1500 Harper Blvd

Jun 15 - 18, 2020

Annual Conference & Expo 2020

[Learn More](#)

Jun 28, 2021

Annual Conference & Expo 2021

[Learn More](#)

Jun 27, 2022

Annual Conference & Expo 2022

[Learn More](#)

OTHER NEWS



Don't forget to bring these to meetings so we can turn them in for great door prizes!!
Snap a picture of them and email to foodpaws@gmail.com

Changing e-mails or moving? Please remember to update your ANFP profile. We need to keep in touch!

CDMs Cultivating Roots
Rallying Organizations & Officials in Training Standards



SAFE FOOD FOR SENIORS INITIATIVES



Association of Nutrition & Foodservice Professionals

CLICK ON BANNER FOR INFO



Happy Birthday everyone!

April

Dianne Crabb
Denise Hartle
Lori Fisher
Vera Murphy
Leatiana England
Dana Slavens
Sharon Fritch
Jammie Priddy
Barbara Tamburo
Robert Scott
Mark Salvatore
Christina Cole
Teresa Reeves
Courtney Thurston
Robert Williams
Janice Hemel
Phillip Domann
Kimberly Boyd
Heather Turner
Cynthia Woodruff
Peder Simmons
Linda Burse
John Geiger

May

Eileen Sutherland
Lisa Votapka
Lyn Reeves

Katherine Bohnert
Juanita Rodriguez
Carl Hobi
Debra Gohl
Anne Opperman
Homero Cruz
Lynette Lewis
Kristen Kaufman
Carol Shurtz
Toni Pommier
Jennifer Holt
Catherine Hageman
Christa Brown
Michael Smith
Shawn Meier
Barbara Cody
Sheila Jones
Mary Potter
Vickie Frank
John Tadlock
Jacqueline
Jonathan Watts
Noretta Hesslink
Sharon Wiley
Evan Straub

June

Nancy Rehmert
Patrick Fromm

Linda Paris
Tina Pass-Tacha
Peggy Neel
Margaret Blanton
David Elsen
Linda Barnes
Pamela Hardman
Marcia Wolfrum
Connie Quimbly
Renita Mesa
Crystal Williams
Michelle Cunningham
Carolyn Clark
Peggy Peterson
Regina Warren
Joyce Karlin
Tammy Raney
Dalene Babcock
Linda Belisle
Lisa Bruner
Benja Linnebur
Deanna Sheppard

*Happy Birthday
to you - Happy Birthday
to you - Happy Birthday
dear ANFP Member*

*Happy Birthday to you -
and many more!*

*If you don't see your
name listed, let us know!
- Cheers*



Sunshine Committee, *Diana Riner, CDM/CFPP*

I have sent out 22 birthday cards in January, 38 birthday cards in February, 1 get well, and 1 sympathy card.

If you do not have your birthday updated with National ANFP, please do so. We want to celebrate with you. If you know someone who needs sympathy or get-well card or going through a hard time and needs to know that someone cares please let me know. My contact information: driner@comanchech.com. Work: (620) 582-2144 Cell: (620) 582-2338

ANFP Kansas

• Purpose •

The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

• Mission •

Position the Certified Dietary Manager as the expert in foodservice management and food safety.



Join the Sun-sational CDM'S SPRING WORKSHOP 2020

**KNIGHTS OF COLUMBUS • 800 West Frontview St
DODGE CITY, KS • APRIL, 22ND-24TH 2020**

Contacts:

Alberta Andrick
139 N. 4th St.
New Strawn, Kansas 66839
albertasaccounts@gmail.com

Paula Bradley
PO Box 116 - 204 W. Walnut
Protection, KS 67127
paulaspopersdma@yahoo.com



Don't forget to bring these to meetings so we can turn them in for great door prizes!!
Snap a picture of them and email to foodpaws@gmail.com

We will have raffles and door prizes!

Times and speakers are subject to change.

Please remember to fill out evaluations.

Please respect speakers and other members around you during meetings.

Everyone, Please wear your "SUNFLOWERS" to Dodge City

Thank you!

Wednesday - April 22 *Best Western @ 506 N 14th Ave **

Legislative news - 4:00-5:00pm
Leadership training with Janice: 5:00 – 6:00pm (1 ceu)
Board Meeting/supper: 6:00pm-? (meal will cost \$5.00 each)
• 1 pre-workshop CEU

Thursday - April 23 *Knights of Columbus*

7:00-7:45am Registration
7:45-8:00am Welcome
8:00-9:00am Sanitation - *Janice Hemel, CDM CFPP*
9:00-9:15am Break
9:15-11:15am Proper Documentation - *Kim Fremont, MSED RD LDN*
11:15am -12:15pm 15 Minute Round Table- *Lisa Votapka, CDM CFPP & Paula Bradley, CDM CFPP, Self Confidence - Negative People-Qupi- ANFP meeting*
12:15-1:00pm Lunch
1:00-3:00 pm Competency - *Ken Hanson, CDM, CFPP, CPM (Past ANFP President)*
3:00-3:15pm Break
3:15-5:15pm Bring your Best!!! - *Dustin Galyon, Motivational Speaker*
5:15-5:45pm Installation of Officers
• 1 Sanitation 7 regular CEU

Friday - April 24 *Knights of Columbus*

7:00-7:30am Registration
7:30-8:30am Getting to Know ANFP CEU's & Board - *Janice Hemel, CDM, CFPP & Donna Bateman, CDM, CFPP*
8:30-8:45am Break
8:45-10:45am Embracing difficult Topics - *Dustin Galyon, Motivational Speaker*
10:45-11:00am Break
11:00am -1:00pm How to achieve Survey Readiness- *Carol Schifflbein, KDADS surveyor*
1:00pm Closing remarks
• 5 ceu's- 3 gen and 2 sanitation/safety

- Thursday will be business casual
- Friday please wear your ANFP Shirt
- Remember ANFP Kansas is Back Packing across Kansas to Feed the Hungry. Fill a backpack or two with non-perishable food items and bring to the state workshop in Dodge City, KS well as each district meetings. **Donations - Food for Kids!!!**



Sun-sensational CDM's Spring Workshop April 22-23, 2020 - Registration Form

We accept Credit/Debit Cards at the door or Check Payable to: Kansas DMA/ANFP
Pre-registration POC: Alberta Andrick

Cell: (620) 203-0023

E-mail: albertasaccounts@gmail.com

Mail: Alberta Andrick

139 N. 4th Street • New Strawn, KS 66839

| Members | Retired | Non-members | Guest non ceu |
|---|--|---|----------------------|
| 2 Days- \$75 (12 ceu's) | 2 Days- \$45 (12 ceu's) | 2 days- \$80 (12 ceu's) | 2 days- \$15 |
| Thursday Only- \$ 50 (7 reg & 1 san ceu) | Thursday Only- \$35 (7 reg & 1 san) | Thursday Only- \$ 60 (7 reg & 1 san) | Thursday Only- \$ 10 |
| Friday Only- \$ 40 (4 ceu's) | Friday Only- \$15 (4 ceu's) | Friday only- \$ 40 (4 ceu's) | Friday Only- \$ 10 |

Student – FREE _____ Member of Honor \$10 (No CEU's) _____

Name: _____ E-mail: _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

District: EAST CENTRAL WEST

Years of Membership: _____

First Meeting: YES / NO

I need a Sunflower: YES / NO

Thank you to vendors for your support!

Volunteers are always needed! Go to the ANFP Kansas Chapter website and fill out the "I will serve" form. It is very important we as a chapter to stay strong in our membership support. Plus, you'll learn how to improve your budgeting skills, agenda skills, as well as learning from each other.

Contacts:

Alberta Andrick

139 N. 4th St.

New Strawn, Kansas 66839

albertasaccounts@gmail.com

Paula Bradley

PO Box 116 - 204 W. Walnut

Protection, KS 67127

paulaspoppersdma@yahoo.com

Host Hotel:

The Best Western @ 404 W Front View- 620-371-6441, is the closest to the Knights of Columbus building. Room Rate 89.00

**The Best Western @ 506 N. 14th Ave* – 620-225-7378, will be where the Wednesday night Leadership and board meeting will take place. Room rate 89.00*

Reserve Rate Discount - KS Dietary Managers/ANFP

There are many other choice hotels in Dodge City if you wish to stay somewhere else.

**Please RSVP to Alberta Andrick by 4-16, 2020
so we can get a better count
of attendees.**

I love finding great recipes from across Kansas and have picked a few from each restaurant that you may be familiar with. I hope you enjoy them, they are some old favorites and these restaurants are known for their fried chicken.

1. Yoder House Restaurant in Yoder Kansas. Chocolate pie, close to the same recipe my mother prepared.

2. Hays House in Council Grove (Oldest hotel in Kansas) pasta salad made with Eagle brand milk my residents love.

3. Brookville Hotel in Abline. Cole slaw made with heavy cream.

I have picked three recipes from each - hope you enjoy. Look for new recipes in the future or submit some of your favorites - **Leonard Turpen CDM, CFPP**

BROOKVILLE (KANSAS) HOTEL COLESLAW

Printed from COOKS.COM <https://cooks.com/ir4mr7gd>

- 1 (2 lb.) head cabbage, chilled & shredded
- 1 c. whipping cream
- 2/3 c. sugar
- 1 tsp. salt
- 1/3 c. cider vinegar



Best Ever Macaroni Salad

- Cook, cool and drain 1 pound macaroni
Add: 1 large green pepper, chopped
1 medium onion, chopped
4 carrots, shredded
Combine: one 14 ounce can sweetened condensed milk
1 cup vinegar
1 cup sugar
2 cups mayonnaise
1 teaspoon salt
1/4 teaspoon pepper
Chill at least 4 hours

The Amish Cook: Yoder's Chocolate Pie

Prep time: 10 mins
Cook time: 10 mins
Total time: 20 mins



Ingredients

- 1 cup sugar
- 2 1/2 tablespoons flour
- 2 tablespoons cocoa
- 1 1/2 cups milk
- 2 egg yolks
- 1 teaspoon vanilla
- 3 tablespoons butter

Instructions

1. Mix first three ingredients.
2. Beat egg yolk and milk together and add to dry ingredients.
3. Then add vanilla and butter.
4. Cook on medium heat to rolling boil for 1 minute until thickened then pour into an 8" baked pie shell.
5. Cool, spread whipped cream on top.
6. (you may shave pieces of a milk chocolate bar on top of the whipped cream for added garnish and appearance)

