

CONTENTS

Officer Comments ... 2-5

District Officers 6

Events 7

Birthdays 8

Class of 2023 9

Election Bios - Ballot
..... 10,11

Spring Workshop &
Registration 12,13

Contacts

Leonard Turpen, CDM,
CFPP
newsletter editor
foodpaws@gmail.com



Starting out our 61st year in Pratt, Kansas!

West District decided to have our Spring Workshop 2024 in Pratt, KS. Join us and check out this interesting town located west of Wichita in the south central part of the state.

Some History about Pratt, KS: The City of Pratt was founded in 1884 and became a city of the second class in 1908. The City of Pratt operates under a Commission-Manager form of government. The City Manager is appointed by the City Commission and is charged with the administration of the city. Agriculture and oil production along with wholesale and retail merchandising are important to the community. Please check out the things going on in Pratt - <https://www.cityofprattks.com>

See you all there and lets celebrate "A Healthier You with ANFP Kansas"!

Attention Members!

Beginning *June 1, 2024*, your newsletter and all ANFP Kansas emails will be arriving through our outlook account. I would like for all members to send a email to: KansasAFNP@outlook.com and in the subject header input "add my name". This will add your email address to our ANFP Kansas data base and will not send our e-mails to your junk folder. This is a secure website and will help us with future communications.



President

Donna Bateman, CDM, CFPP dbateman@usd341.org

This year is flying by. I have sent in the Bi-Annual achievement award and will be working on getting the Diamond Award application in. I will also send out the Membership Award Application, Communication Application and Legislative Application to the committee chair. Huge Thank you to all Members for being a part of such a wonderful association. Hope to see you all in Pratt, KS for our Spring Workshop April 10, 11, & 12, 2024.



President Elect

Linda Paris, CDM, CFPP lparis@lrmutual.com

Greetings to all! Hope this finds you all Excited and ready for our Spring Workshop in Pratt, KS. I'm still looking for a volunteer for President Elect for our State Board. I have one, Sue Newcome. Contact me at lparis@lrmutual.com if you are interested in joining our State Board. We have 2 volunteers for State Treasurer, Mary Lang and Andie Randall. Hope I'll see you at the Workshop!



Past President

Jennifer Harris, CDM, CFPP jenniferfaye1983@hotmail.com

I am enjoying my new job with Health Technologies as a traveling consultant. I am also working on the "Years of Service Awards" that will be posted in this newsletter and if you don't see your name, please contact me or Leonard.



Treasurer *Debra Lowry, CDM, CFPP*

Treasurer's report - Balances as of 12/31/2023

Central National Bank

| | |
|--------------|----------------|
| Checking | 3165.76 |
| Savings | 406.15 |
| Scholarships | |
| Total | 3572.10 |

Garden Plains

| |
|----------------|
| 2427.72 |
| 3652.02 |
| 543.88 |
| 6623.62 |

Balance both Accounts

| | |
|--------------|------------------|
| Checking | 5,593.48 |
| Savings | 4,058.36 |
| Scholarships | 543.88 |
| Total | 10,195.72 |

Checks written & paid:
11/17 Credit Card 187.48
11/30 Credit Card 33.00
Checks - 200.00





Brand Ambassador

Cindy Cothorn, CDM, CFPP clcothorn@yahoo.com

Hello everyone! I'm currently working on day at the capital. Legislative committee wants us to come up with ideas for more fund raisers for PAC.

As always I work for you so if you have any questions or comments please contact me at clcothorn@yahoo.com. God bless and take care.



Secretary

Brenda Dole, CDM, CFPP

Hello, I am the new secretary for Kansas ANFP and have been in foodservice for most of my life. I am from Norton, KS and work at Norton County Hospital. I will do my best to fulfill the secretary position.

Membership

Dana Tinkler, CDM, CFPP

Since the Fall board meeting in Salina, KS 2023

I have sent 74 letters to inactive members -

Responses back:

- 1 - career change
- 2 - retired
- 2 - paid dues late
- 1 - unable to record CEU's-liked the previous way better
- 1 - letter returned
- 5 - letters to Pre-Professionals
- 12 - letters to Professionals
- 3 - letters to Allied Professionals
- 27 - letters to Administrators-asking for their support of their CDMs

Member count as of January 17, 2024:

- 13 - Allied Professionals
- 18 - Pre-Professionals
- 339 - Professionals
- 1 - Retired Professional
- Total 371**





Hospitality

Debra Gohl, CDM, CFPP

Hello everyone! Sunflowers have been planted and are ready to be passed out at the Spring workshop 2024. **Everything is coming up Sunflowers!**



Historian

Kristi Dodds, CDM, CFPP kdodds@kumc.edu

I am looking forward to serving on the Board as your Chair of Historian! This will be my 3rd year with KS/ANFP and 4th year as a CDM in the acute-care setting. I have been in the foodservice and hospitality business my entire career, previously working in the restaurant industry. Food and travel are my passion and I'm excited to see all of you in Pratt, Kansas. If you have any photos or and history to share please send them to me at the email above.



Ways and Means

Janice Hemel, CDM, CFPP jancdm@yahoo.com

I have been working on the policy for going to Slate Ballot. I have also looked at the bylaws and there will need to be a change there as well. We can do the policy as a board but the bylaw change will have to be voted on by the membership. This will be voted on at the April board meeting when more can be in attendance.



Sunshine Committee

Cindy Cothorn, CDM, CFPP clcothorn@yahoo.com

I have sent out approximately 80 cards this quarter and 1 birthday card returned. Please update your birthday online so we can include you on our list for cards and posting on the newsletter. Thank you and see you in Pratt, KS!




<https://wck.org>

Communications

Leonard Turpen, CDM, CFPP foodpaws@gmail.com

I want to welcome the new members to our board and committees, Sue Newcome - Membership, Brenda Dole - Secretary, Kristi Dodd - Historian.

Napanee Powell and I will be working together on the future newsletters and she will be taking over the Communications position this June 2024.

The summer newsletter will be out mid August and hope to see you in Pratt, Kansas for the Spring Workshop 2024.



PAULA

Fundraising, Donations, Food Show committee

Paula Bradley, CDM, CFPP paulaspoppersdma@yahoo.com

Diana Riner, CDM, CFPP driner@comanchech.com



DIANA

Anyone with vendors wanting to be our next vendor show in Lawrence, KS please send us information. Silent auctions items for future fundraisers.

Please remember to thank your vendors for supporting ANFP- KS!

COMPETENCY -

"The ability to do something successfully or efficiently."

Everyone seems to dread this word. It was one of the topics presented at the Spring Workshop 2023, by Ken Hansen, CDM, CFPP.

Check out the Competency Template for employees online:
<https://www.cbdomonline.org> - click tab on continuing competence



DISTRICT NEWS



WEST
DISTRICT

CENTRAL
DISTRICT

EAST
DISTRICT



East District

Cindy Cothorn, CDM, CFPP clcothorn@yahoo.com

We are working on our Spring East district meeting. Date is to be May 8, 2024, 10:00 am Mediocalodges, Paola KS. The theme and place for our fall Chapter workshop and food show October 16-18, 2024 will be announced at Pratt, KS!



Central District

Linda Paris, CDM, CFPP lparis@lrmutual.co

Central District held a meeting on December 8th, 2023 at Mennonite Manor in South Hutchinson and it is hosted by Tracy Myers. we held a meeting on March 8, 2024 at 9:00am to noon, it was a good meeting and have a new president elect, Napenee Powell. Thank you, Napenee for volunteering your time. Our next district meeting will be held at *Wesley Towers in Hutchinson*, hosted by Napenee Powell on Sept. 10, 2024. Hope to see you at the Spring State Workshop 2024 in Pratt, Kansas.



West District

Connie Esquivel, CDM, CFPP connieesquivel42@yahoo.com

West district is having their spring district meeting March 22, 2024 in Dodge City, KS at Sunporch facility. State workshop is April 10-12, 2024 in Pratt, Ks at the fairgrounds. Thank you, Leonard for everything you do!!



Upcoming ANFP National Events 2024

EVENTS



For more details on these events go to: anfponline.org

2024 Spring Hybrid Leadership Institute

February - March 2024

[Learn More](#)

ANFP Town Hall Meeting

April 29, 2024

[Learn More](#)

Member Appreciation Week

April 1-5, 2024

[Learn More](#)

2024 Annual Conference & Expo (ACE)

June 10-13, 2024 | Reno, NV

[Learn More](#)

2024 Spring Regional Meeting

April 18-19, 2024 | Cleveland, OH

[Learn More](#)

KANSAS ANFP

FOR YOUR INFORMATION!

BENEFITS

A membership in ANFP marks a stepping stone in professional growth.

Did you ever look up the benefits that come with being a member?

Go to <https://www.anfponline.org/anfp-membership/benefits/> and put benefits in the search to find out more.

NEW - LIG Health Insurance

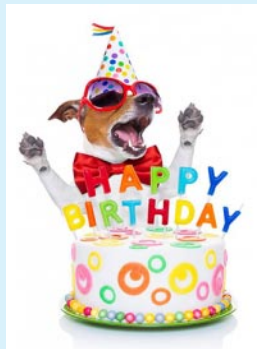
- Major medical
- Medicare
- Short-term health plans
- Vision
- Dental plans
- Critical care coverage
- Disability
- LIG Rx Pharmacy Program
- Life
- Additional supplemental health and wellness options

Member Discounts

- Theme Parks & Attractions (Walt Disney, Universal Studios, SeaWorld and more)
- Hotels
- Movie Tickets
- Shows & Events
- Rental Cars



Happy Birthday everyone!



*Happy Birthday
to you - Happy Birthday
to you - Happy Birthday
dear ANFP Member*

*Happy Birthday to you -
and many more!*

*If you don't see your
name listed, let us know!
- Cheers*

February

Sandra Tate
Katherine Hauck
Desiree Shelite
Vickie Combes
Krstin Haimowitz
Virginia Ohnesorge
Tim Sullivan
Jennifer Harris
Nancy Pate
Cecilia Bell
Steve Achord
Jessica Goodwin
Arletta Nightingale
Cheryl Poston
Sara Horinek
Christina Smith
George Dupree
Debra Lowry
Kristi Dodds
Candice Beach
Tammy Simpson
Pamela Brach
Audrey Owens

March

Theresa Meade
Kacy Fairhurst
Mary Lang
William S Smith

Tracy Myers
Katrina Reed
Melissa Kenyon
Teresa Austin
Darcy Weninger
Kamee Freer
Crystal Collins
Heather Hayes
Jeff Higgins
Hannah McBeth
Lisa Wold
April Kadel
Jessica Norton
Amanda Logan
Mary Dunn
Linda Salcido
Melissa Love

April

Denise Hartle
Lori Foster
Theresa Schmidt
Jamie Collister
Jaime Priddy
Christina Cole
Carla Hattendorf
Allen Rachel
Courtney Thurston
Robert Williams
Janice Hemel

Phillip Domann
Diana O'Hara
Deborah Harris
Heather Turner
Ashley Barnett
Cynthia Woodruff
John Hoyt
Lynda Burse
John Geiger

May

Christy Gonzales
Lisa Votapka
Eagan Patrick
Jodie Wapp
Carl Hobi
Debra Gohl
Homero Cruz
Steven Barnes
Lynette Delaney
Kristen Kaufman
Johnathon Ricketts
Brenda Dole
Julie Raffa
Toni Pommier
Kyle Coppola
Nathan Pollina
Jennifer Holt
Michael Tryon
Christa Brown

Jeremy Beecher
Shawn Meier
Sheila Jones
Vicki Frank
John Tadlock
Teresa McComb
Johnathan Watts
Noretta Hesslink
Evan Straub
Dana Robb

ANFP Kansas Mission

ANFP Kansas

• Purpose •

The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

• Mission •

Position the Certified Dietary Manager as the expert in food service management and food safety.

KANSAS ANFP



Years of Membership recipients *Class of 2023* in 5 year intervals.
Awards will be emailed out, look in your inbox.
Congratulations to everyone!

Congratulations

Class of 2023 “of The Year Awards”

5 yrs

Crystal Beck
Mary Bremerman
Andrea Davidson
Michael Davis
James Duhigg
Christy Gonzales
Felisa Haxton
Sharee Jantz
Paula Koch
Virginia LaVergne
Terea McComb
Lindsey Perdue
Jeana Poulter
Megan Schmidt
Ike Walker
Michelle Wilkens
Susana Zacharias

10yrs

Margaret Blanton
Patrick Eagan
Belinda Katz
Amanda McCune
Carrie Mellecker
Kelli Willis
Marcia Wolfrum

15yrs

Lisa Bruner
Inez Fitzgerald
Geraldine Jacobs
Jennie Kocher
Connie Esquivel
Evan Straub
Rhonda Rivers

20yrs

Barbara Berry
Lynette Delaney
Lori Foster

25yrs

Edwin Beye
Norma Kester
Mary Lang

30yrs

Kathleen Lewis
Peggy Neel
Virginia Ohnesorge

35yrs

Carol Grant
Carol Henry



**Join us at
ACE 2024 in
Reno, NV!
June 10-13, 2024**

<https://www.visitrenotahoe.com>





Election Bios

For the office of - PRESIDENT ELECT

Barbara (Sue) Newcome, CDM,CFPP



I started in my foodservice career in 1988. Working in a LTC nursing home, my mom was my supervisor. With the sponsorship of the owner I took the challenge to become a Certified Dietary Manager in 1992, completing it via long distance learning through University of Florida (real mail) June 1993. I became a student member and sat for the test in 1995 to become an active member. I have held many board positions serving Jayhawk (now East) district. I even trained Leonard a bit. I earned the Sunshine award during that time. I currently work for Medicalodges of Paola a level 2 mental health facility. I have worked in the nursing home for most of my career. My motto has always been "people will always need to eat". I enjoy being able to provide nutritious meals. ANFP has helped me to do so, with the continued education we must do, constantly learning and remaining certified.

I am married 42 years and a mother of 2 and grandmother of 6. All keep me on my toes and busy following their activities. Softball, wrestling, demolition derby driving etc. In my spare time I like to grow flowers, crochet and help my 92 year old momma. I am ready to lead the Kansas ANFP chapter to the next level if elected as President. Remaining educated and providing others a better understanding of the importance of our jobs and roles as CDM, CFPP.

For the office of - TREASURER

Mary Lang, CDM,CFPP



I began my foodservice career in 1990 while attending the University of Minnesota with the plan to becoming a Registered Dietitian. In 1993 my husband and I were blessed with our first of two children, thus changing the course of my career path. I completed my Dietary Manager training from Rice Lake, Wisconsin. November marks my 25th Anniversary with ANFP. Throughout my career as a Dietary Manager, I have worked in Hospitals, Skilled Nursing Facilities, Schools, and a Rehab Center. I utilized my expertise while working concessions at my beloved Royal's & Chief's games! I am currently a Dining Services Supervisor at The University of Kansas Health System, Bell Hospital. With 20+ years as an active Girl Scout and almost half of that time as the Product Sales Manager for SU 635's Cookie Sales, I discovered how much I enjoy spreadsheets! I look forward to serving as Treasurer and ask for your vote.

Andie Randall, CDM,CFPP



Hello everyone! My name is Andie Randall CDM/CFPP and I am running for State Treasurer. I am originally from Washington State and in 1998 I moved to Kansas and currently live in the very small town of Dexter but work in Winfield, KS at Winfield Rest Haven where I started in 2010 as a cook. In 2015 I was given the opportunity to attend CDM/CFPP classes online through the University of North Dakota and was promoted to manager of the kitchen while attending classes. I received my certification in 2017 and have been an ANFP member since then. I have worked in food service all my life starting out as a dishwasher/busser at 14 working in the café on the backside of the horse racing track where at the time my mom was a horse trainer. After that I waitressed and bartended and for a short time in the late 90's I owned my own café in Dexter Kansas. I started working in long-term care when I moved to Kansas and worked at the Dexter Nursing home and have worked in several LTC facilities in south central Kansas but now call Rest Haven my home away from home.

I'm married and have 3 grown children. The baby is in his first year of college, so we have been trying to adjust to the empty house. My hobbies include watching the Seattle Seahawks play football and going on cruises or traveling in general and love time spent with my family. I'm looking forward to committing more time to my career and would be honored to serve as your State Treasurer.



VOTING BALLOT

KANSAS ANFP

Instructions for completing the ballot:

1. Read the bio for each candidate to make a wise choice.
2. Mark an "X" or a check mark on line in front of your candidate choice.
3. If writing in a candidate, name must be written on line under appropriate office and box checked.
4. Place ballot in sealed envelope.
5. On the OUTSIDE of the envelope, place name and member ID.

Please mail or email by April 5, 2024. Return this ballot to:
jancdm@yahoo.com with Member ID# _____ on outside of envelope

Mail to: Janice Hemel, CDM, CFPP
 PO Box 387
 Dighton, Kansas 67839

President Elect:

_____ Barbara (Sue) Newcome CDM, CFPP

_____ Write in Candidate _____

Treasurer:

_____ Mary Lang CDM,CFPP _____ Andie Randall, CDM,CFPP

_____ Write in Candidate _____



Association of
Nutrition & Foodservice
Professionals



Real Rewards Cafe allows foodservice operators like you to earn free rewards from qualifying food and equipment purchases to enhance your operations. There is no charge to you, and it is incredibly easy to participate! Here are the steps:

1. Purchase qualifying products as listed at www.RealRewardsCafe.com and in printed product guides.
2. Submit the distributor purchase verification to Real Rewards Cafe.
3. Real Rewards Cafe will deposit the points earned into your online account.
4. Redeem your points for relevant items and experiences to enhance your operation.

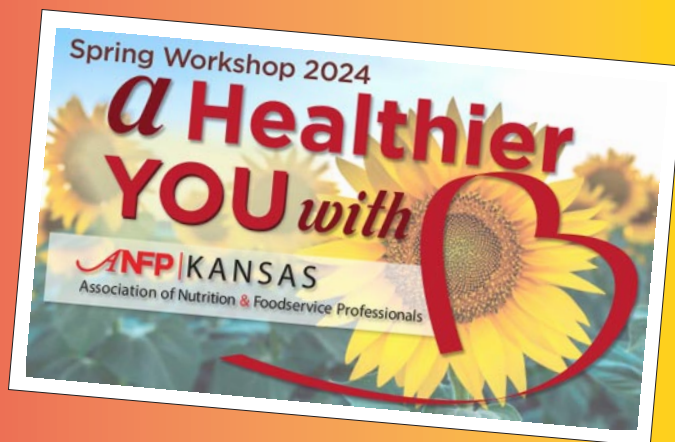
You can also redeem Real Rewards Cafe points for your annual ANFP membership!



West District Spring Workshop

April 10 -12, 2024

Pratt County Fairgrounds • 81 Lake Rd.
Pratt, Kansas 67124 • (812) 760-7770



AGENDA

Wednesday (2 GENERAL CEU's)

4:00-5:00

Cindy Cothorn CDM, CFPP - Brand Ambassador

5:00-6:00

Janice Hemel CDM, CFPP - Board Protocol

6:00-6:30

Dinner

6:30-

Board Meeting

Thursday (1 SANITATION - 5 GENERAL CEU's)

8:00-8:15

Opening Announcements and Welcome

8:15-9:15

Sherriff Jimmy White - "Personal Protection"

9:15-9:30

Break

9:30-10:30

Melanie Dunn ANRP-CNP - "Health and Wellness

Starts in the Gut"

10:30-10:45

Break

10:45-11:45

Jodi Drake County Extension Agent - "Med instead of Meds"

11:45-12:30

Lunch provided by Ben E. Keith and group photo

12:30-1:15

Membership Meeting

1:15-2:15

LuAnn Soliah Ph.D, R.D. - "Reducing Saturated Fats and Health"

2:15-2:30

Break

2:30-3:30

Beth Akins Horizon Health - "Mental Health 101"

3:30-3:45

Break

3:45-4:45

*Beth Akins Horizon Health - "Taking Care Of Yourself
in This Hectic World"*

4:45

Closing Announcements

7:00

Game Night

Friday

(1 SANITATION - 1 ETHIC - 1 GENERAL CEU's)

8:00-9:00

Tammy Smith Administrator - "Leadership and Ethics"

9:00-9:15

Break

9:15-10:15

Lisa Votapka CDM, CFPP - "Focus on Food Safety"

10:15-10:30

Break

10:30-11:30

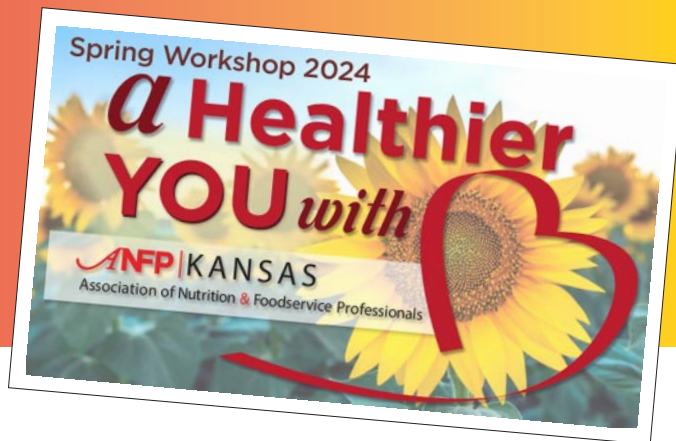
Janice Hemel and others - "Round Table Hot Topics"

11:30

Closing and Clean Up



Fall Workshop Information & Registration Form



| Members | Retired | Non-Members | Guest Non-CEU'S |
|--|--|--|------------------------|
| 2 day's - \$ 75.00 CEU's total 9 | 2 day's \$45.00 CEU's 10 | 2 day's - \$80.00 CEU's 10 | 2 day's - \$ 15.00 |
| Thursday Only 50.00 - 5 Gen. 1 Sanitation | Thursday Only 35.00 - 5 Gen. 1 Sanitation | Thursday Only 60.00 - 5 Gen. 1 Sanitation | Thursday Only 10.00 |
| Friday 40.00 - 1 Gen. 1 Ethics 1 Sanitation | Friday 25.00 - 1 Gen. 1 Ethics 1 Sanitation | Friday 50.00 - 1 Gen. 1 Ethics 1 Sanitation | Friday 10.00 |

We are donating to the Pratt County Food Bank
*They are in need of **non - perishable food items only***

**Please RSVP to Debra Lowry by April 07, 2024 so we can
get a better count of attendees for the workshop.**
Thank you!

Host Hotel

Holiday Inn Express

1903 Pauline Place, Pratt KS 67124

Phone: 620-508-6350 ext. 500

Fax: 620-508-6351

99.00 + tax (Single or Double)

Last Day for discount: 03/28/24

www.ihg.com

Student – FREE with ID _____ Member of Honor \$10 (No CEU's) _____

Name: _____

E-mail: _____

Address: _____

Phone: _____

City: _____ **State:** _____ **Zip:** _____

District (circle one): EAST CENTRAL WEST

Years of Membership: _____

First Meeting: YES / NO – I need a Sunflower: YES / NO

Credit Card Authorization Form

**We accept Credit/Debit Cards at the door
or Check Payable
to: Kansas DMA/ANFP**

Pre-registration contact - Debra Lowry

Phone: (217) 720-8142

E-mail: dlowry56@yahoo.com

**Mail: Debra Lowry
932 Cedar Brook Circle
Mulvane, KS 67110**

Please complete all fields. You may cancel this authorization at any time by contacting us. This authorization will remain in effect until cancelled.

| Credit Card Information | | | |
|---|--------------------------------------|-------------------------------|---|
| Card Type: | <input type="checkbox"/> MasterCard | <input type="checkbox"/> VISA | <input type="checkbox"/> Discover <input type="checkbox"/> AMEX |
| | <input type="checkbox"/> Other _____ | | |
| Cardholder Name (as shown on card): _____ | | | |
| Card Number: _____ | | | |
| Expiration Date (mm/yy): _____ | | | |
| Cardholder ZIP Code (from credit card billing address): _____ | | | |

I, _____, authorize _____ to charge my credit card above for agreed upon purchases. I understand that my information will be saved to file for future transactions on my account.

Contacts:

Janice Hemel

jancdm@yahoo.com

Debra Lowry

dlowry56@yahoo.com

Customer Signature _____

Date _____

