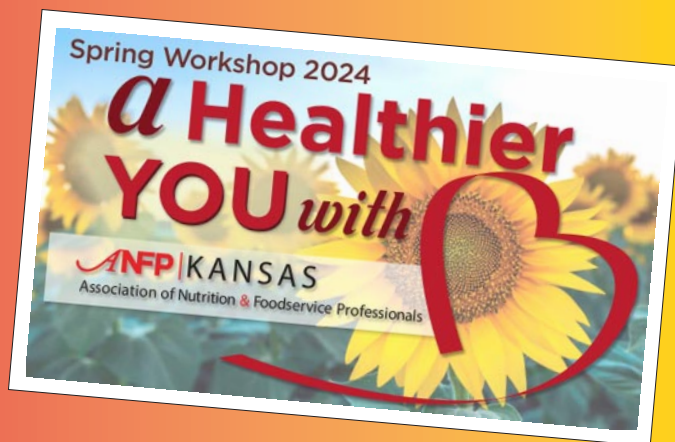


West District Spring Workshop

April 10 -12, 2024

Pratt County Fairgrounds • 81 Lake Rd.
Pratt, Kansas 67124 • (812) 760-7770



AGENDA

Wednesday (2 GENERAL CEU's)

4:00-5:00

Cindy Cothorn CDM, CFPP - Brand Ambassador

5:00-6:00

Janice Hemel CDM, CFPP - Board Protocol

6:00-6:30

Dinner

6:30-

Board Meeting

Thursday (1 SANITATION - 5 GENERAL CEU's)

8:00-8:15

Opening Announcements and Welcome

8:15-9:15

Sherriff Jimmy White - "Personal Protection"

9:15-9:30

Break

9:30-10:30

Melanie Dunn ANRP-CNP - "Health and Wellness Starts in the Gut"

10:30-10:45

Break

10:45-11:45

Jodi Drake County Extension Agent - "Med instead of Meds"

11:45-12:30

Lunch provided by Ben E. Keith and group photo

12:30-1:15

Membership Meeting

1:15-2:15

LuAnn Soliah Ph.D, R.D. - "Reducing Saturated Fats and Health"

2:15-2:30

Break

2:30-3:30

Beth Akins Horizon Health - "Mental Health 101"

3:30-3:45

Break

3:45-4:45

Beth Akins Horizon Health - "Taking Care Of Yourself in This Hectic World"

4:45

Closing Announcements

7:00

Game Night

Friday (1 SANITATION - 1 ETHIC - 1 GENERAL CEU's)

8:00-9:00

Tammy Smith Administrator - "Leadership and Ethics"

9:00-9:15

Break

9:15-10:15

Lisa Votapka CDM, CFPP - "Focus on Food Safety"

10:15-10:30

Break

10:30-11:30

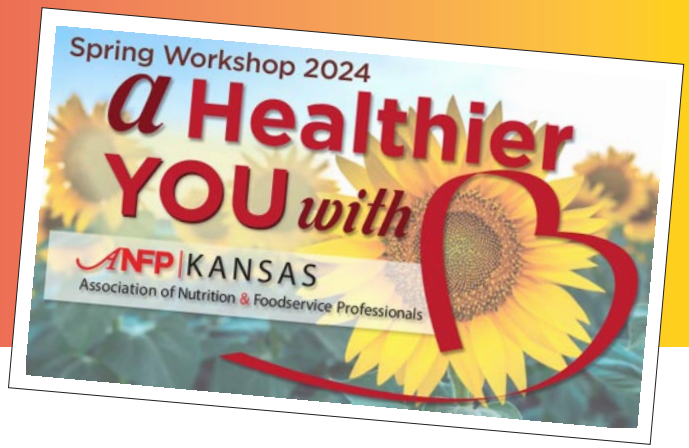
Janice Hemel and others - "Round Table Hot Topics"

11:30

Closing and Clean Up



Fall Workshop Information & Registration Form



Members	Retired	Non-Members	Guest Non-CEU'S
2 day's - \$ 75.00 CEU's total 9	2 day's \$45.00 CEU's 10	2 day's - \$80.00 CEU's 10	2 day's - \$ 15.00
Thursday Only 50.00 - 5 Gen. 1 Sanitation	Thursday Only 35.00 - 5 Gen. 1 Sanitation	Thursday Only 60.00 - 5 Gen. 1 Sanitation	Thursday Only 10.00
Friday 40.00 - 1 Gen. 1 Ethics 1 Sanitation	Friday 25.00- 1 Gen. 1 Ethics 1 Sanitation	Friday 50.00 - 1 Gen. 1 Ethics 1 Sanitation	Friday 10.00

We are donating to the Pratt County Food Bank
They are in need of non - perishable food items only

**Please RSVP to Debra Lowry by April 07, 2024 so we can
get a better count of attendees for the workshop.**
Thank you!

Host Hotel
Holiday Inn Express
1903 Pauline Place, Pratt KS 67124
Phone: 620-508-6350 ext. 500
Fax: 620-508-6351
99.00 + tax (Single or Double)
Last Day for discount: 03/28/24

www.ihg.com

Student – FREE with ID _____ Member of Honor \$10 (No CEU's) _____

Name: _____

E-mail: _____

Address: _____

Phone: _____

City: _____ **State:** _____ **Zip:** _____

District (circle one): EAST CENTRAL WEST

Years of Membership: _____

First Meeting: YES / NO – I need a Sunflower: YES / NO

Credit Card Authorization Form

**We accept Credit/Debit Cards at the door
or Check Payable
to: Kansas DMA/ANFP**

Pre-registration contact - Debra Lowry

Phone: (217) 720-8142

E-mail: dlowry56@yahoo.com

**Mail: Debra Lowry
932 Cedar Brook Circle
Mulvane, KS 67110**

Please complete all fields. You may cancel this authorization at any time by contacting us. This authorization will remain in effect until cancelled.

Credit Card Information
Card Type: <input type="checkbox"/> MasterCard <input type="checkbox"/> VISA <input type="checkbox"/> Discover <input type="checkbox"/> AMEX <input type="checkbox"/> Other _____
Cardholder Name (as shown on card): _____
Card Number: _____
Expiration Date (mm/yy): _____
Cardholder ZIP Code (from credit card billing address): _____

I, _____, authorize _____ to charge my credit card above for agreed upon purchases. I understand that my information will be saved to file for future transactions on my account.

Contacts:

Janice Hemel
jancdm@yahoo.com

Debra Lowry
dlowry56@yahoo.com

Customer Signature

Date

