



## **What Really Matters**

The three most important strategies for moving our food and nutrition programs forward in senior care

#### FREE WEBINAR WITH CONTINUING EDUCATION

Date: Thursday, March 18, 2021

Time: 1:00 pm – 2:15 pm CENTRAL TIME

1 hour Continuing Education (Dietitians & Dietary Managers), 15 minutes chat with sponsors

## **CLICK HERE TO SIGN UP**

### Overview

Our mental and physical health has been challenged this past year and we want to check in with you. Now more than ever, dining leaders need a breath of fresh air when it comes to moving forward. Now is not the time for ambitious new initiatives rather, a time to re-set and focus on what really matters. Get practical, focused strategies that help dining leaders thrive during this COVID era.

## **Learning Objectives**

- 1. Take inventory of how COVID has impacted us as individuals and leaders.
- 2. Identify how great leaders manage through crisis by leaning on best practices.
- 3. Learn the critical role that dining leaders have in addressing malnutrition from the pandemic.
- 4. Gain three practical, focused strategies that help dining leaders move forward during this COVID era.

# PRESENTERS #+



#### Margaret Roche MS, RD, CSG, CDE, FADA

Margaret Roche, is the founder of Roche Dietitians and a nationally recognized leader in nutrition consulting.

Maggie and her team at Roche Dietitians create strategies that help health care organizations distinguish themselves through food and nutrition. Most recently Maggie has created IDDSI training programs that simplify IDDSI implementation, improve food quality and promote safety.

Maggie is a registered dietitian with a master's degree in clinical nutrition. She has advanced credentials as a certified diabetes educator, is board certified as a specialist in gerontological nutrition and is distinguished as a Fellow of the Academy of Nutrition and Dietetics.



#### Suzanne Quiring, CDM, RD

Suzanne Quiring is a Certified Dietary Manager (ANFP), and Registered Dietitian both in Canada and USA, and has personally worked in all levels of care in the Senior Living for ~30 years. She is also the inventor of the SuzyQ cart System, and has assisted over 1,000+ Health Care Communities throughout North America in improving their dining experience. In 2020, she was awarded the National ANFP Dining Distinction Award.

