

ACROSS the prairie

Summer Newsletter 2020 • Vol. 31 • Issue 2

ANFP KANSAS
Association of Nutrition & Foodservice Professionals

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Celebrating ANFP - our 60th year!

This is where we were hoping to share the 60th Anniversary of ANFP celebration but plans were changed due to the pandemic. Lets celebrate by reflecting with a few photos from former ACE meetings through the years (continues on to page 9).

Thank you, ANFP Nationals for the past years of knowledge, compassion, networking, and PAC. Kansas salutes you "Happy 60th", and many more to come.

Leonard Turpen,
Across the Prairie, Editor

Contacts

Leonard Turpen
newsletter editor
foodpaws@gmail.com

Matthew Schlagel
mschlage@mhsks.org

Donna Bateman
donna.bateman@LMH.org



KANSAS ANFP



President — KANSAS ANFP

Janice Hemel, CDM, CFPP

Hello Kansas ANFP members!! I hope this finds all of you well. I know things are not normal at this time but know you are using all your knowledge to make the best decisions for your clientele. This is the time our knowledge can shine for our patients. Leadership may not see it as a big deal but we are just as important as anyone else. Keep your chins up and smiles on as things will get better someday.

At this time, we are planning on having the fall state workshop in Lawrence in October. To help make up the difference of hours from the cancellation of the spring workshop, we are looking at doing some zoom type sessions for CEU's that you can watch and earn your credits. These will be short 1-2-hour sessions with proof for you to get your CEU's. Your executive board is working on getting this set up. We have had a couple of conference calls to keep the association on track for our state with you at the front of our minds.



President Elect

Mathew Schlagel, CDM/CFPP

Greetings Kansas ANFP members!

Iwant to thank all those who have continued to remain active in our chapter and look forward to seeing you all again later this year. It was disappointing that we have not been able to have a workshop this year; especially for those who count on the meetings for required CEU's. We are looking into other options to provide CEU opportunities for our chapter and are continuing to plan for a fall workshop in Lawrence.

It seems odd that I have just recently accepted the position as President Elect yet I am now looking for members to step up and serve as a chapter leader in the role of Secretary and President Elect. I know there are several of you who would already serve in districts and on various state committees that would do an awesome job serving on the state executive board. Remember that there are many benefits to serving, other than developing awesome relationships. Our state officers receive free registration to state meetings as thanks for their service and have the opportunity to represent Kansas at the Annual Conference and Expo. "ACE" or Nationals as we have come to know it. Please let me know if you are interested in running for either of these offices and if you have any questions about the requirements.

God bless you all and thank you for your continued service to each of the communities that you serve as HEROS!



Treasurer

Debra Lowry, CDM, CFPP

Treasurer's report

Garden Plains Bank

Now Account	\$4939.50
Commercial	\$243.88
Money Market	\$2783.24
	\$7966.62

Central National Bank

Checking	\$3067.74
Savings	\$1101.01
Scholarship	\$3100.00
	\$7169.07

Total for both accounts \$15,136.24



Beverly Kleisen, CDM/CFPP



Whew! Has this been a YEAR or what? Would love to be reporting a wonderful experience at ACE in Vegas but instead the discussion is all about temperatures, hand washing, infection control and oh yes let's not forget those **** masks we have to wear 8 hours a day. Yup, we're essential. Most of all my heart is breaking for our patients and residents who have to do this without their loved ones. It is so much more important that we, as managers, step up and be the family they are missing. I challenge each of you to pick at least one patient or resident a day and brighten their day in one way or another. Some ideas.... read their mail to them, paint a lady's nails, fix someone's hair, etc. I have even sat down and colored with some. Just a few minutes a day with personal attention/affection can mean so much. With the stress and depression, they are experiencing I add a snack and hydration with each encounter. My goal was to prevent an increase in weight loss. Proud to say we have none but the weight gain is off the charts...lol.

Looking forward to seeing everyone at the fall meeting providing Covid-19 calms down!

Past President

Donna Bateman, CDM, CFPP



Wow I can't believe it's already June. I would like to start off by congratulating ANFP/Kansas for receiving the Gold chapter achievement award and the finalist as the Diamond award. I would also like to extend the great congratulations to the following award recipients, Dana Tinkler Membership, Leonard Turpen & Matthew Schlagle Communications plus, Cindy Cothren State Spokesperson. I know it's hard right now with all of us being away from each other, we all need to stay safe. A special thank you to all of the board members that served on the board when I was president. I look forward to my last year as past president. I'm looking forward to the fall conference in Lawrence at the Douglas County Fairground. Everyone stay safe and hope to see you in the fall.

State Spokesperson

Cindy Cothren, CDM, CFPP clcothren@yahoo.com



Hello everyone! Hello everyone. I hope everyone is staying safe and well. On March 10 we held our Day at the Capitol in Topeka. I want to thank Jennifer Turner for setting up the appointments for us.

Joining me that day was Jennifer Turner, Donna Bateman, and Leonard Turpen. I believe the day was a success even though we were unable to meet with everyone planned. Somehow the Governor's office lost our request so we were unable to meet with Gov. Kelly.

In the afternoon we visited with the new CEO and President of KHCA, Linda Mowbray. We enjoyed a nice discussion with her and she assured us we will have a good working relationship with her as well. Although we will still miss Cindy Luxem, we wish her the very best in her well-deserved retirement.

To end a successful day, we met with Rachel Monger from Leading Age. Rachel is their Government Affairs representative. Her concern is also with our elders and has agreed to call upon us when issues arise that we can help with.

I am trying to set up a debate at our fall workshop between those running for office and Linda Mowbray has agreed to be the moderator. However, I am not having a lot of luck in this area. I will continue to work on this.

God bless each of you for all the prayers, cards, flowers etc. through the horrible time of my husband's illness and passing. Please know I love you all and these made his passing a little easier.





Membership

Dana Tinkler, CDM, CFPP

**Since 12/30/19,
I have sent -**

10 letters to Professional members
5 letters to Pre-Professional members
1 letter to Allied Professional

**As of 5/25/20, member
count is -**

12 Allied Professionals
20 Pre-Professionals
421 Professionals
2 Retired Professionals

Total of 455



PAULA

Sales

Paula Bradley, CDM, CFPP paulaspoppersdma@yahoo.com

Diana Riner, CDM, CFPP driner@comanchech.com

Our sales have still been on hold due to trying to get all of our ducks in a row. We got our Ks sales tax number. When we get to have our next meeting, we plan to bring what we have.

However, National's is still not sure about how Kansas sets up sales tax. They are working with Janice on the details.

Breaking News! Our ducks are in a row! Thank you to all that have worked to make this happen.

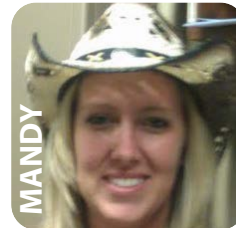


DIANA

Historians

Mandy Craig, CDM, CFPP

Becky Robinson, CDM, CFPP



MANDY



BECKY

We are still working on getting pictures together & more on Zip drives or thumb drives. This has been a crazy time, but planning on going thru some papers & notebooks we were given so to possibly have new history to show.

Big thank you to all for helping send what you can. Love you all, stay safe and God Bless. Send to beckrobinson@outlook.com

Parliamentarian

Janice Hemel, CDM, CFPP

I have the new policies and procedures done and ready for board approval. Remember policies can be changed upon board approval. By laws need membership approval. They will be posted on our website when approved.



KANSAS ANFP



Communications



Leonard Turpen, CDM/CFPP newsletter editor foodpaws@gmail.com

Mathew Schlage, CDM/CFPP mschlage@mhsks.org



We will be collecting pictures for each Newsletter of past national events this year. If you have a favorite photo you would like to share from a national event please send it to foodpaws@gmail.com.

Please remember to thank you purveyors. This is an extra hard time to keep the food and supplies coming through this pandemic.

Stay safe, wear your mask, wash your hands, and practice social distancing. This is not over as we are finding out. You are not only responsible for you family, but also your co-workers and residents/patients. It does not stop at the county/state line.

- Thanks, Leonard

The next newsletter will be out around mid-August. If you have any questions for Mathew please email him.

Years of Membership recipients *Class of 2019* in 5 year intervals Awards will be given out at the Fall Workshop in Lawrence, KS. *Congratulations to everyone!*

5 years 2014

Steven Barnes
Kristina Carter
Roshelle Cordray
Terria DeSilva
Ranea DeShazer
Patricia Donley
Noretta Hesslink
Michele Hixenbaugh
Kim Johnson
Shaylei Johnson
Jarvis Kemper
Katrina Koehn
Tynisha Mays
Samantha Munding
Richard Ndirangu
Anne Oppeman
Lisa Quested
Stella Rudaya
Shannon Russ
Tammy Sahr
Theresa Schmidt
Timothy Sullivan
Edna Tomlin
Napanee Towery

Jennifer Turner
Heather Turner
JohnathanWatts

10 years 2009

Lisa Barron
Barbara Cody
Kristi Deeder
Emily Dunn
John Geiger
Ruth Hale
Meagan Howard
Robert Kidd
Beverly Kilesen
Christine Metzinger
Anna Molina
Amy O'Grady
Emily Ramsdell
Mary Smith
Teresa Williams

15 years 2004

David Cherry
Lucinda Cluchey
Carolyn Coulter
Hormero Cruz

Debbra Harris
Joseph KILLSHEK
Patrick Ludwig
Mark Nenadov
Helen Riley
Dawn Ropson
Desiree Shelite

20 years 1999

Donna Bateman
Debra Lowry
Mary Letterman

25 years 1994

Robert Fisher
Linda Johnson
Jolene Snyder

30 years 1989

Tina Browning
Rebecca Robinson

35 years 1984

Callie Thomasson

DISTRICT NEWS



WEST
DISTRICT

CENTRAL
DISTRICT

EAST
DISTRICT

East District

Clinton Litherland, CDM, CFPP

We are going ahead with plans to have a fall workshop/food show in Lawrence on October 21-23, 2020. We will have all of the agenda and registration in the August newsletter or before. This will be at the Douglas County Fairgrounds 2120 Harper St. Bldg. #21, Lawrence, Kansas.

Host Hotel: Country Inn & Suites 2176 E 23rd St. Lawrence Kansas.
1-785-749-6010 • \$89.00 per night 2/Queens or a King (under ANFP workshop)
This is a new hotel East side of Lawrence on 23rd Street (old K-10).
Contact hotel for more information on hotel safety regulations.

Central District

Debra Lowry, CDM, CFPP

We are having a Central District board meeting on July 24, 2020. It will be at Orchard Gardens in Wichita at 10 am. We are having the Central District fall meeting on August 28, 2020. More details to come. We need volunteers to run for president elect this fall. If you know someone or if you think you would like to try. Please contact me at dlowry56@yahoo.com. Hope to see you all in August. Have a great summer and please stay safe and well.

West District

Shay Johnson, CDM, CFPP

Current as of March 2019:

<i>President:</i>	<i>Shay Johnson</i>
<i>President Elect:</i>	<i>Connie Quimbly</i>
<i>Secretary:</i>	<i>Lisa Votapka</i>
<i>Treasurer:</i>	<i>Belinda Katz</i>

*Our Fall workshop is being hosted by Shay in Norton. September 18 or the 25.
More information to follow.*

Upcoming ANFP National Events 2020

EVENTS



For more details on these events go to: anfponline.org

Jul 08

***Webinar: From Gen Z to Baby Boomers:
Managing Multiple Generations in the Workforce***

[Learn More](#)

Aug 13

Are You Ready to Become a CDM, CFPP?

[Learn More](#)

Jun28

Annual Conference & Expo 2021

[Learn More](#)

Jun 27

Annual Conference & Expo 2022

[Learn More](#)

KANSAS ANFP

OTHER NEWS



Don't forget to bring these to meetings so we can turn them in for great door prizes!!

Snap a picture of them and email to foodpaws@gmail.com

Changing e-mails or moving? Please remember to update your ANFP profile. We need to keep in touch!

CDMs Cultivating Roots
Rallying Organizations & Officials in Training Standards



**SAFE FOOD FOR
SENIORS
INITIATIVES**



Association of
Nutrition & Foodservice
Professionals

**CLICK ON
BANNER FOR
INFO**



Happy Birthday everyone!

May

Eileen Sutherland
John Tadlock
Renita Mesa
Christy Gonzales
Michael Leach
Yvette Savage
Lisa Votapka
Teresa McComb
Zella Johnson
Emily Berns
Jacqueline Kent
Denise Parrish
Patrick Eagan
Jonathan Watts
Crystal Williams
Lyn Reeves
Marlys Yarnell
Michelle Cunningham
Katherine Bohnert
Rosemary Martins
Grant Klover
Juanita Rodriguez
Noretta Hesslink
Carolyn Clark
Carl Hobi
Marlene Wilson
Peggy Peterson
Anne Opperman
Sharon Wiley
Regina Warren

Homero Cruz
Evan Straub
Joyce Karlin
Maria Moreno
LaShelle Tyson
Steven Barns
Dalene Babcock
Kristen McWorter
Tammy Raney
Kristen Hughes

June

Linda Belisle
Michael Darling
Callie Thomasson
Lisa Bruner
Lynette Lewis
Nancy Rehmer
Michael Golom
Kristen Kaufman
Patrick Fromm
Benja Linnebur
Jonathan Ricketts
Emily Berns
Deanna Shepard
Carol Shurtz
Linda Paris
Johnna Herndon
Lois Stradley
Tina Pass-Tacha
David Elsen

Toni Pommier
Kim Johnson
Pamela Hardman
Jackie Williams
Barbara Rice
Linda Barnes
Nathan Pollina
Mary Weiser
Marcia Wolfrum
Jennifer Holt
Sue Nash
Connie Quimby
Kathy Hageman
Peggy Neel
Bonnie Wolf
Michael Tryon
Margaret Blanton
Christa Brown
Karen Wilkerson
Jenifer Renaud
Shannon Russ
Michael Smith
Blair Harvey
Shawn Meier
Jean Yanda
Barbara Cody
Sheila Jones
Mary Potter
Julie Breinig
Vickie Frank

July

Sally Adee
Alberta Andrick
Thomas Basore
Elizabeth Coldwater
Michael Davis
Sarah DePiesse
Emily Dunn
Carol Henry
Heather Huffman
Joseph Kilishek
Beverly Kliesen
Paula Koch
Sueann Hoffman
Kathleen Long
Julie McCoy
Lisa McMullen
Carrie Mellecker
Tina Mingenback
Michelle Patterson
Denarae Pecha
JoAnn Powers
Lisa Qusted
Ronda Rivers
Renee Stickney
Erin Strum
Cynthia Wellington
Michelle Wilkens

*Happy Birthday
to you - Happy Birthday
to you - Happy Birthday
dear ANFP Member*

*Happy Birthday to you -
and many more!*

*If you don't see your
name listed, let us know!
- Cheers*



Sunshine Committee, *Diana Riner, CDM/CFPP*

30 Birthday cards were mailed in April, in May I mailed out 46 Birthday cards. I have mailed 42 Birthday cards for our June babies. One Get Well, 3 Sympathy cards and one Encouragement card were also mailed.

If you have not received a Birthday Wish or know of someone that needs a little encouragement. Please contact me, I do get a few returned cards, if you have changed your mailing address please update with Nationals. driner@comanchech.com. Work: (620) 582-2144 Cell: (620) 582-2338

ANFP Kansas

• Purpose •

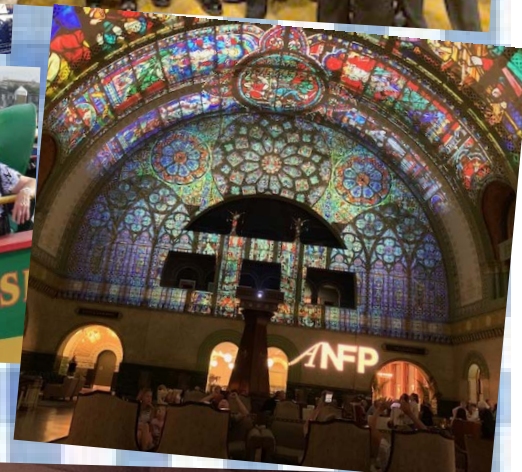
The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

• Mission •

Position the Certified Dietary Manager as the expert in foodservice management and food safety.

Kansas ANFP Photos at EXPO's

ORLANDO • SAVANNAH • SAN DIEGO • LAS VEGAS • ST. LOUIS • INDIANAPOLIS



Sun-sational Executive Board of 2020 and state awards

KANSAS ANFP

New Officers:

The installation service of Kansas state ANFP officers has taken place over the internet. The following officers were installed. **Leonard, Thank you so much! - Janice**

Janice Hemel - *President*
Matthew Schlagle - *President Elect*
Donna Bateman - *Immediate Past President*
Beverly Kliesen - *Secretary*
Debra Lowry - *Treasurer*
Cindy Cothren - *State Spokesperson*

Kansas ANFP is honored to announce our 2019 "Of the Year" awards.

CDM of the Year - *Diana Riner CDM, CFPP*
Dietitian of the Year - *Julie Wolfe RD*
Administrator of the Year - *Tonya Johnson*
Vendor of the Year - *Debbie Harris, Sysco*
Food Service Employee of the Year - *Gail Harrington by Diana Riner CDM, CFPP*

Congratulations to everyone!

I love finding great recipes from across Kansas and have picked a few that you may be familiar with. I hope you enjoy them, they are some old favorites.

1. JACK STACK CHEESY CORN BAKE
2. PUTSCH'S FRESH SPINACH SALAD
3. OLD AMISH RECIPE FOR HAM SALAD

Look for new recipes in the future or submit some of your favorites - **Leonard Turpen CDM, CFPP**

PUTSCH'S Spinach Salad

1 lb. spinach (fresh, rinsed and dried, torn into sm. pieces)
2 hard boiled eggs, chopped
1/4 c. chopped onion
1/2 c. chopped celery
1 c. sm. pieces cheddar cheese
1/4 tsp. vinegar
1/2 c. mayonnaise
2 tbsps. horseradish

Mix well and serve chilled.

JACK STACK Cheesy Corn Bake

Yield: 10-12 servings

2 tablespoons butter or margarine
4 teaspoons all purpose flour
1/8 teaspoons garlic powder
3/4 cup milk
6oz sharp cheddar cheese
1 (3oz) pkg cream cheese, cubed
3 (10oz) pkgs frozen whole kernel corn, thawed
3oz ham, diced

In a large saucepan, melt margarine or butter Stir in flour and garlic powder Add milk all at once Cook, stirring constantly, over medium heat until thickened and bubbly Stir in cheese Cook, stirring constantly, over low heat until melted Stir in corn and ham Transfer mixture to a 2 quart casserole dish Bake at 350 degrees for 45 minutes.

Old Amish Recipe For Homemade Ham Salad

1½ cups ham, cooked and ground
6 hard cooked eggs, cut-fine
1/2 cup celery, diced fine
1/2 cup pickle relish
⅓ cup mayonnaise
2 tablespoons prepared mustard
1 tablespoon lemon juice

Instructions

Combine ham, eggs, celery.
Blend in mayonnaise, relish, mustard, and lemon juice.
Add to ham mixture.
Toss lightly.
Season to taste with salt and pepper.
Chill.

Wordpress Recipe Plugin by EasyRecipe

