

ACROSS

the prairie
ANFP | KANSAS
Association of Nutrition & Foodservice Professionals

Fall Newsletter 2019 • Vol. 30 • Issue 3

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Kansas has received the Platinum award for 54 years now, and we were one of the finalists for the Diamond Award.

Other awards received were; Membership- Dana Tinkler, State Spokesperson- Cindy Cothren, and Communications- Leonard Turpen & Matthew Schlagel. These are just a few of the volunteers that helped us receive these awards.

There are many committee members at all levels and members that helped the state win these awards.

Remember Kansas ANFP ROCKS!

~ Leonard Turpen, Past President, CDM, CFPP

A message from your National Political Action Committee Chairman:

Please read the article under States Spokesperson from Barbara Thomsen, CDM, CFPP RAC QCP, for this is important. We need to let the CMS know how hard we work and how important we are to each resident we work with for their nutritional needs. They have just instated the need for CDM's in all 50 states and expect all positions to be filled. You must be a person with passion for the job.

This takes a company willing to work with the CDM for not only the education but to support them through continuing education. They aren't lowering the education requirements for nursing staff. They should not lower the requirements for CDM's., Follow the instructions below: #CDMsMatter.

*Thank You for your support,
Leonard Turpen, CDM/CFPP
National PAC Chairman, Across the Prairie Editor*



President donna.bateman@LMH.org

Donna Bateman, CDM, CFPP

I would like to welcome our new members. Our State meeting is hosted by the Central District, being held in Wichita at the Drury Inn - Broadview Hotel in down town. October the 16, 17 and 18 please try to attend.

I want to let you all know that the ACE in St. Louis was wonderful. There was at least 12 in attendance from Kansas. I attended Chapter Best Practices on Friday the 28 and got lots of good information plus the Food show was great! I attended the many sessions and learned a lot, this refreshed the things I had forgotten. This conference stood out in my mind with the leadership groups. I met new CDM's and learned about their workplace and some of the challenges that they face every day. Knowing your Brand was a session that I thought had some helpful information. Most of all the Honors Gala was terrific!

ANFP/Kansas is Back Packing across Kansas to Feed the Hungry. Fill a backpack or two with non-perishable food items and bring to our state workshop in Wichita on October 16, 17, and 18 and as well to each district meeting. We are also saving "Cans for Cash" to send the Veterans to Washington DC.

I would like to attend each district meeting this year. President's please get me the dates, places and times so I can plan to attend. Remember to take pictures and send to me, or to Mandy Craig and Becky Robinson our historian's. **Looking forward to another Great Year!**



President Elect

Janice Hemel, CDM, CFPP

I am looking for candidates for President Elect and Treasurer. So far, I have Linda Paris for President Elect and Debra Lowry for Treasurer. I will be sending out ballots before the October 1, 2019. **Please vote and return the ballots before Oct. 12, 2019.**



Past President foodpaws@gmail.com

Leonard Turpen, CDM, CFPP

I want to thank everyone for sending the officers to nationals. We are very appreciative to represent Kansas and accept the awards on behalf of the volunteers and our state. Each year we spent time networking with other chapters, listening to great speakers. This helps bring us new ideas and speakers to Kansas, plus vital information.

Remember to go to anfponline.org to find the forms for of the year candidates. This is to show the Administrator that backs you, RD that helps with all of your nutrition questions, vendor's that you feel serves you best, employee's that stand out in your facility and a CDM that is outstanding and a mentor to you and others.

~ Always remember Kansas ANFP ROCKS!



Treasurer

Alberta Andrick, CDM, CFPP

Treasurer's report:

I have been waiting on the latest bank statement so that I can give an accurate report. We are changing banks to the Central National Bank. Our previous bank had only one bank in Wichita, and this will make banking more convenient for the treasures to come.



Don't forget to bring these to meetings so we can turn them in for great door prizes!! Snap a picture of them and email to foodpaws@gmail.com

Secretary

Beverly Kleisen, CDM/CFPP

ACE 2019 in St. Louis has come and gone. Kansas had a great turnout this year. Another great experience. Union Station was packed with history and charm. Great speakers and interesting topics with an emphasis on MOTIVATION! ACE 2020 will be in Las Vegas next June. Start saving now. You won't want to miss it. Make sure you attend the Fall State Workshop for a chance to win a trip to Vegas. *See you then.*

The wait is over and my husband received a new liver. He is on the road to recovery. Thank you all for your support and prayers.

Membership

Dana Tinkler, CDM, CFPP

Since our April meeting, I have sent:

1 letter to Allied Professional
4 letters to Pre-Professionals
5 letters to Professionals

As of July 16, 2019, member count is:

11	Allied Professionals
27	Pre-Professionals
436	Professionals
3	Retired Professionals
477 Total	

5 letters to schools offering the CDM course asking them to forward the student letter to their Kansas students that tells them that KS will pay their student membership dues

Auburn University - responded back that they also have scholarships available

Barton Comm College

Univ of Florida

Univ of North Dakota

Johnson County Community College

It was noted that at the time of our rebate they only counted for about 413 members. This may be due to out of state professional members.

Hospitality

Suanne Hoffman, CDM, CFPP

I am ready with this year's crop of sunflowers to present to our new professional members. I really enjoyed our last meeting in Lawrence it is wonderful meeting the pre-professionals, new members, and salute the years of service each member has given.

I enjoyed seeing you all at the meeting in Lawrence, and plan to see more in Wichita October 16-18. *Thank you, all you make me smile - Suanne*

PAULA



Sales

Paula Bradley, CDM, CFPP paulaspoppersdma@yahoo.com

Diana Riner, CDM, CFPP driner@comanchech.com

No sales report at this time. We still have to get the National requirements completed before we do any more sales. We are still taking ideas for new items.

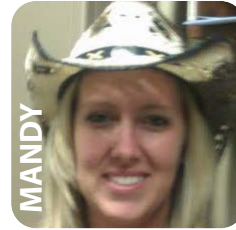
DIANA



Historians

Mandy Craig, CDM, CFPP

Becky Robinson, CDM, CFPP



Looking for more history, pictures and working to collect everything on stick to archive.

Parliamentarian

Janice Hemel, CDM, CFPP



I have the tax policy and procedure on hold until all work is complete. This way I do not have to redo it. I also am waiting on the Food Show policy and procedure to finalize until we know how this setup works. Paula has the original to work from and is making adaptations as she goes. Just to the timeline, etc. Not the whole thing will be changed from what the committee wanted.

I feel we need a meeting to go over the policies and procedures totally to see if all is current and that all are in the book.

There was discussion on the need to change many of the policies which still mention five state districts and noted that the scholarship accounts are now combined.

Discussion was made on the need to increase scholarship amounts since school and testing fees have increased since the policies were written.

State Spokesperson

Cindy Cothorn, CDM, CFPP clcothorn@yahoo.com



What a great time we had in St. Louis. It was great to connect with people again. We had great education sessions. There were a lot of good food and good people.

I visited with Barbara Thomson while there. They had not filled my position on the government affairs committee so I rejoined. I had previously resigned the position when I had questions about my ability to fill the requirements. Steven McCoy is now assisting with government affairs when needed.

My plans for the next few months include visiting with students in culinary classes in the area and giving information about CDM career.

We are signed up for a booth at KHCA convention on Wichita in the fall. I am in process of ordering items for the booth.

Debbie Lowry & Steven McCoy stated that they planned to assist with the KHCA booth; the convention is scheduled for September 26th. It was mentioned that there is a goal to have two "Day at the Capital" visits scheduled because there were no visits last year.





Communications

Leonard Turpen, CDM/CFPP newsletter editor foodpaws@gmail.com

Mathew Schlage, CDM/CFPP mschlage@mhsks.org



Remember, send your information for meeting and pictures of events to the communications team. We will post it on Facebook and national's web page.

The next newsletter information needs to be in by November 15, 2019!!

A message from - Barbara Thomsen CDM, CFPP RAC QCP

Hello All – #CDMsMatter

On July 16, 2019, CMS posted a document of PROPOSED changes to the Long-Term Care CoP's Conditions of Participation/Medicare and Medicaid Programs Requirements for Long-Term Care Facilities. One of the items CMS is proposing changes to is the education requirement for Director of Food and Nutrition Services. Their rationale is that stakeholders are ... "concerned about a workforce shortage of certified dietary managers and the financial costs imposed on existing experienced staff to obtain specialized training". CMS acknowledges that set standards for the person leading the department is important and are putting forth suggestions for how to better reduce the burden by revising the standards to increase flexibility, the specifics being that a minimum standard be set.

It is important for everyone to understand that the current rules are still in effect and this is only a proposal that is open for comments. Once the comment period is over, CMS will review and thoroughly vet them before any decisions and rule changes will be made. This is a common political process.

Please know that ANFP is actively reviewing this proposal and will be submitting comments in support of the current requirements and the CDM, CFPP credential. In our comments we will be sharing data to address their financial concerns. This comes from both our LTC Benchmarking Program and the data we analyze from the CMS Database that ANFP leases, and from which we develop dashboards to help navigate this large database. Additionally, we will address the CDM, CFPP Scope of Practice, which demonstrates the ability of the CDM, CFPP to participate in the IDT when the RDN is not available. We feel confident that our comments will resonate with CMS, much like our comments submitted during the original Rules comment period.

What can you do as a CDM, CFPP or industry stakeholder? Comment on the regulations page (<https://www.regulations.gov/document?D=CMS-2019-0105-0001>)

POST a story of how your credentials have improved residents' lives or how your community values your CDM.

- Share how hard you work to stay up to date attending Continuing Education trainings to be able to contribute more to your communities and be current with the latest in food safety.
- The importance of being a healthcare professional that can participate in the Care planning team working in tandem with your Dietitian and Nursing staff to support the residents personalized care goals
- Having the knowledge base to serve quality food that is safe and protect your communities from a food borne illness event.
- Share the pride you have in being Certified and how it a healthcare career that improves lives through good food management and safety!
- Unite as a community by adding at the end of your comments - hashtag **#CDMsMatter**

DISTRICT NEWS



WEST
DISTRICT

CENTRAL
DISTRICT

EAST
DISTRICT



East District

Donna Bateman, CDM, CFPP

The next East District meeting in Girard, at the hospital. September 13th, 10:00am. President elections at this meeting.

Spring meeting will be at US Foods in Lenexa date to be announced. We have started working on the Fall 2020 Workshop/Food show October in Lawrence.



Central District

Steven McCoy, CDM, CFPP

I've been working on the fall workshop with other members with the central and state officers. Central district does not have any district meetings scheduled at this time.

Central district officers are:

*Steven McCoy: President
Debra Lowry: Past President
Heather Hayes: President Elect
Connie Cook: Treasurer
Linda Paris: Secretary*



West District

Shay Johnson, CDM, CFPP

We have a change in Officers. Current as of March 2019

*Past President: Renita Mesa
Current President: Shaylei Johnson
Vice President: N/A
Secretary: Lisa Votapka
Treasurer: Belinda Katz*

Our meetings have been tentatively scheduled as follows: Linda Saliado will Host the Fall West District meeting (Date to be determined) The Spring 2020 District Meeting will be in Lakin with Michael, Renita and Noretta Hosting. (Date to be determined)

Our most recent district meeting was held in Protection Kansas with Paula and Diana Hosting. There was a good turn out and everyone had a great time. We look forward to the Fall state and district meetings coming up soon.

Trip to nationals was interesting and there were a lot of phenomenal speakers. My favorite session as was last years is the Spark sessions. You receive a lot of useful information in a short and sweet timeframe. The Gala was above and beyond expectations this year and the food was a nice change. I look forward to our district and state meeting in the fall. *If you need anything else please let me know.*



Upcoming ANFP National Events 2019

EVENTS



For more details on these events go to: anfponline.org

Sept. 11, 2019

ANFP Member Benefit Webinar: Office Depot Discount Program

[Learn More](#)

Sept. 11, 2019

ANFP Fall Regional Meeting - Saratoga Springs, NY

[Learn More](#)

Dec. 12, 2019

Are you Ready to Become a CDM, CFPP?

[Learn More](#)

OTHER NEWS



Don't forget to bring these to meetings so we can turn them in for great door prizes!!

Snap a picture of them and email to foodpaws@gmail.com

CDMs Cultivating Roots

Rallying Organizations & Officials in Training Standards



SAFE FOOD FOR
SENIORS
INITIATIVES



Association of
Nutrition & Foodservice
Professionals

**CLICK ON
BANNER FOR
INFO**

WINNER OF RAFFLE FOR ST. LOUIS, MO



I had a really good time at ACE in St. Louis, I met some new CDM's and thoroughly enjoyed the time with my Kansas chapter members, winning the raffle was so cool. I would not have had the opportunity to attend.

Thanks again ANFP/Kansas
Shelly Solverns CDM, CFPP



KANSAS ANFP IN ST. LOUIS, MO FOR THE 59TH CONFERENCE EVENT!



Recipe Corner

Keto Chili *by Leonard Turpen*

Ingredients

- 1 ½ pounds ground beef
- 1 yellow onion, diced
- 1 green pepper, diced
- 1 jalapeno, minced
- 1 clove garlic, minced
- ¼ cup tomato paste
- 15 oz. canned diced tomatoes
- 2 cups beef broth
- 2 tablespoon chili powder
- 1 teaspoon cumin
- 1 teaspoon salt

Notes

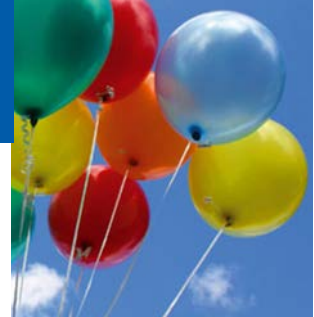
Simmer for at least 20 minutes before serving. The longer the chili simmers, the better the flavor will be. I recommend one hour or more for the best taste and texture. Add additional broth if too much cooks off during the simmering process.

Instructions:

1. Add the ground beef, onion, and bell pepper to a large deep pot and cook over medium heat, breaking up the meat as it cooks. When meat is cooked through, drain fat from pan.
2. Add the jalapeno, garlic, tomato paste, diced tomatoes, beef broth, chili powder, cumin, and salt and stir.
3. Bring to a boil and reduce to a simmer. Simmer for at least 20 minutes, preferably an hour for the best taste and texture.
Serve with sour cream and shredded cheddar, as desired.



Happy Birthday everyone!



August

Melessa Bables
Kathy Corcoran
Dorothea Daniels
Kathy Darosett
Tierra DaSilva
Jennifer Eptig-Williams
Robert Fisher
Ineva Fitzgerald
Dawn Gipson
Sonya Gillespie
Carol Hires
Sharon Huber
Patrick Ludwig
Rebecca Merklein
Christine Metzinger
Mark Nenadov
Tammy Sahr
Mary Smitg
Shelley Soversn
Betty Taylor
Joyce Weinbrenner

Linda Black
Ladeena Burke
Lucinda Cluchey
Shannon Diemart
Kristi Feeder
Ruth Haile
Rosie Hammerschmidt
Geraldine Jacobs
Rosie Laney
Lea Hart-Leighty
Norma Lester
Jennie Noches
Sven Ohlund
Sherri Page
Lisa Radi
Stephaney Scott
Kathy Tells
Virginia Wallace
Carol Wells
Nathan Wood
Andre Yusuf

James Evans
Amber Fullhart
Patricia Gallentine-Johnson
Donna Huff
Lori Irwin
Daniel Johnson Jr
Linda Johnson
Robert Kidd
Kendra Leonard
Mary Letterman
Debra Leuthold
Tynisha Mays
Lori McGuire
Peter Pelas
Lisa Piersall
Jessica Simmons
Elizabeth Smith
Lois St.Clair
Leonard Turpen
Teresa Williams
Aaron Wurtz

*Happy Birthday
to you - Happy Birthday
to you - Happy Birthday
dear ANFP Member*

*Happy Birthday to you -
and many more!*

*If you don't see your
name listed, let us know!
- Cheers*

September

Glenda Arellano
Anthony Backer
Bruce Link

October

Barbra Berry
Randy Cimino
Mandy Craig
Ranea DeShazer
Pat Dumcum



Sunshine Committee, *Diana Riner, CDM/CFPP*

I mailed 30 Birthday cards in April, with five returned.
May, I mailed 37 Birthday cards with one being returned.
June, I mailed 31 Birthday cards.
July, I mailed 23 Birthday cards.

ANFP Kansas

• Purpose •

The Certified Dietary Manager is the cornerstone of the collaborative Dietetics profession.

• Mission •

Position the Certified Dietary Manager as the expert in foodservice management and food safety.



SCHEDULE

PLANES over the Plains to Nutrition



Contacts:

Alberta Andrick
139 N. 4th St.
New Strawn, Kansas 66839
albertasaccounts@gmail.com

Donna Bateman
785-505-3058
donna.bateman@LMH.org

Debbie Lowry
217-720-8142
Dlowry56@yahoo.com



Don't forget to bring these to meetings so we can turn them in for great door prizes!!
Snap a picture of them and email to foodpaws@gmail.com

We will have raffles and door prizes!
Win a free trip to ?
(rules apply ask officers)

Times and speakers are subject to change.

Please remember to fill out evaluations.

Please respect speakers and other members around you during meetings. Thank you!

Wednesday October 16 Drury Plaza Broadview Wichita

AVI Private dining room

4:30pm - 4:50pm

Impact Update - Cindy Cothorn, CDM/CFPP

5:00pm - 6:00pm

Leadership training 1hr CEU'S - Janice Hemel, CDM/CFPP. Objective, "District and Committee Leaders will have a better understanding of what the duties of the office and committees."

6:00 pm - ?

Dinner Board Meeting - Donna Bateman, CDM/CFPP

• 1 pre-workshop CEU

Thursday October 17 Drury Plaza Broadview Wichita

7:00am - 7:45 am.

Registration

7:45am - 8:00 am

Welcome

8:00am - 9:00am

Better Sanitation - Josh Davison, Eco Lab Chemical Specialist

9:00am - 10:00 am

"Crack or Crack up" Devin Henderson

10:00am - 10:15 am

BREAK

10:15am - 11:15 am

"Where do we go from here?" - Devin Henderson

11:15 am - 12:15pm

Hospice and Homecare - Tara Dahlstorm

12:15pm - 1:15pm

Lunch on Your Own

1:15pm - 2:15 pm

Lab Values and Relationship to Nutrition, Kim Freemont, MEd RD LDN

2:15pm - 3:15 pm

Vendor Food Show

3:15pm - 4:15 pm

Pharmacy impact on Nutrition Kate Niemann

Friday October 18th Drury Plaza Broadview Wichita

7:00am - 7:30pm

Registration

7:30am - 8:30 am

Employee Retention- Aaron Kelley Administrator of Pretty Prairie

8:30am - 8:45 am

BREAK

8:45am - 9:45 am

Membership Meeting / District Reports

9:45am - 10:00 am

BREAK

10:00am - 11:00 am

Developing Your Business Ethics - Ginger Carter, CDM/CFPP

11:00am - 12:00 noon

Sunflowers for Everyone - Cindy Luxem, President of KHCA

12:00 noon - 12:15 pm

Final announcements

• 8 General - 1 Food Show - 1 Sanitation

- Thursday will be business casual
- Friday please wear your ANFP Shirt
- Remember we are ANFP Kansas is Back Packing across Kansas to Feed the Hungry. Fill a backpack or two with non-perishable food items and bring to our state workshop in Wichita on October 16, 17, and 18 as well as each district meeting.

Planes over the Plains to Nutrition

Fall Workshop 2019 - Registration Form

We accept Credit/Debit Cards at the door or Check Payable to: Kansas DMA/ANFP

Pre-registration POC: Alberta Andrick

Cell: (620) 203-0023

E-mail: albertasaccounts@gmail.com

Mail: Alberta Andrick

139 N. 4th Street • New Strawn, KS 66839

Members	Retired	Non-Members
2 Days - \$65 (10 CEU's)	2 Days - \$45 (10 CEU's)	2 Days - \$75 (10 CEU's)
Thursday Only - \$45 (7 CEU's)	Thursday Only - \$35 (7 CEU's)	Thursday Only - \$50 (7 CEU's)
Friday Only - \$25 (3 CEU's)	Friday Only - \$15 (3 CEU's)	Friday Only - \$30 (3 CEU's)

Student - FREE _____ Member of Honor \$10 (No CEU's) _____

Name: _____ E-mail: _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

District: EAST CENTRAL WEST

Years of Membership: _____

First Meeting: YES / NO

I need a Sunflower: YES / NO

Thank you to vendors for your support!

Volunteers are always needed! Go to the ANFP Kansas Chapter website and fill out the "I will serve" form. It is very important we as a chapter to stay strong in our membership support. Plus, you'll learn how to improve your budgeting skills, agenda skills, as well as learning from each other.

Contacts:

Alberta Andrick

139 N. 4th St.

New Strawn, Kansas 66839

albertasaccounts@gmail.com

Donna Bateman

785-505-3058

donna.bateman@LMH.org

Debbie Lowry

217-720-8142

Dlowry56@yahoo.com

Host Hotel:

Drury Plaza Broadview

400 Douglas Avenue

Wichita, Kansas 67202

Reservations 1-316-262-5000

\$115.00 per night 2/Queens or 1 King (up to 4 to room)

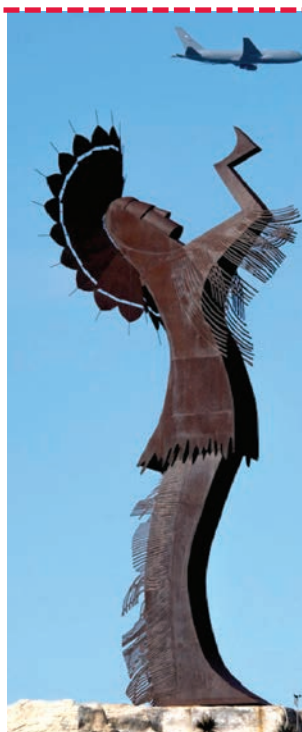
Cut off date for discount is 9-15-2019

KS ASSOCIATION OF NUTRITION & FOODSERVICE PROFESSIONALS

Please RSVP Contacts by ? 2019, so we can get a better count of attendees.

Central District

announces FALL 2019 WORKSHOP



PLANES^{over the} PLAINS to NUTRITION

**Please Join Us
for the our Fall 2019
ANFP KANSAS
Workshop**

**Oct. 16 - 18th, 2019
Drury Plaza Hotel Broadview
Wichita, KS**





Print this page and fill out your vote!

**Mail it in or bring it to the Fall Workshop in Wichita, KS
October 16 -18, 2019**

Mail to:
Janice Hemel
PO Box 387 • 145 S. 6th
Dighton, Kansas 67839

Please follow the directions below and exercise your right to vote. The candidate's information is in this newsletter. Read the candidates bio's and make your choice for each of- fice on the ballot. Instructions for completing the ballot:

1. Mark must appear on the line – Using a ✓ or X.
2. If writing in a candidate, their name must be placed under the title of the office for which the voter wishes the vote to be cast.
3. Place completed ballot in an envelope and address it to the chairman of the Teller's committee at the address below.
4. On OUTSIDE of sealed envelope there must be voters name and return address along with their membership number. This is so we will know who voted and that no one voted twice. Standard voting procedures are followed. If you're mailing in your vote please have them mailed back by October 12, 2019. Or cast your vote at the fall workshop in Wichita.

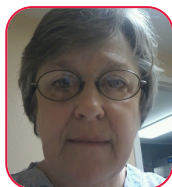
Matt Schlagel CDM, CFPP



I am currently the Director of Food and Nutritional Services at Abilene Memorial where I have been servicing since 2010. Prior to becoming a Certified Dietary Manager I was a Food Service Sergeant in the United States Army where I served 20 years before retiring out of Fort Riley Kansas. While in the military I worked in all facets of Food Service throughout the US and overseas including Panama, Kuwait, Egypt, Guam, Korea, and two combat tours in Iraq. While in the military I studied to become a Chaplain and earned a masters degree in religious education however decided to remain in food service and serve my community.

Although I am originally from Wisconsin I now consider Abilene Kansas my home. I have lived in Kansas since 2001; I was also at Fort Riley from 1996-98 before being stationed in Alaska. I have been married since 1992 years and have three adult children. My wife is a 5th grade teacher. Our oldest daughter graduated high school in 2015 then served two years with AmeriCorps, one year with Quaker Service League and is now attending college in Washington State. Our younger daughter is a college sophomore studying elementary education at Friends University and planning her July wedding. My son is our last at home where he hangs out with his dog and friends

Linda Paris, CDM, CFPP



Greetings to all! My name is Linda Paris. I have been a CDM, CFPP for 18 years. I work at Sandstone Heights in the small town of Little River. I have two children, a daughter and a son, and 8 grandchildren that I adore! I have been at Sandstone for 19 years. I also work a second job as a waitress in the evenings. What can I say I love to work. My favorite past-time is taking my family on vacations whenever I can. My hobby's are sewing, working in the yard and baking. I attend

while working toward his high school diploma and looking forward to joining the workforce.

I have served as the State Secretary and Central District Secretary and Treasurer. In addition to the ANFP board I also serve on the Board of directors for the HOPE center in Dickinson County and CASA board of directors for the 8th judicial district; I also volunteer at the Salina Rescue Mission. This year I look forward to serving as a Guardian for a Vietnam Veteran on a Kansas Honor Flight, I also look forward to continuing to work with Eight Days of Hope which is a mission group I serve with; it is my long term goal to serve as a full time missionary with this organization.

As State President Elect I plan to build upon the work our current and prior leaders have done. I will utilize my commitment to service by working to grow our organization into the future. I believe that communication is essential and thrive on keeping people informed by communicating well and ensuring our members stay current and up to date. I believe the biggest challenge we have is providing quality educational opportunities and ensuring that Certified Dietary Managers remain the cornerstone of foodservice professionals. I will do my very best to work at learning all that I need to in order to be the best President Elect that I can for our members.

the Methodist Church in Little River. My goal is to continue to improve our meals at my facility, make it as home-like as possible and continue to get our community involved in any aspect possible with our home. We host community meals, provide free coffee once a week at our local grocery store, then invite our community to as many functions as possible to keep our communication open between us. I love my job and plan on working as long as I can.

Belinda Katz, CDM, CFPP, LPN



I started my career in LTC as a CNA in April of 2003. And worked as a CNA while going to nursing school. I became a LPN in July of 2004 and worked as a charge nurse until the CDM job became available in November of 2011 I have worked at Hill Top House in Bucklin for my whole career. I have served as the treasure for the West District for 3 years. I hated to leave nursing. But felt that as a

supervisor I would have more control over my schedule. I have 3 children that are very involved in several activities. And I believed that a more flexible schedule would allow for me to spend more time with them. I also love to cook. My goal as a CDM is to provide appealing and nutritious meals to me residents. I have been a CDM for 8 years and have seen many changes to improve the lives of our residents. Everything from open dining to liberalized diets.

Debbie Lowry, CDM, CFPP



I have been a Dietary manager since 1983. And a CDM, CFPP since 1999. I am from the state of Michigan and have lived in several states over the years. A have been Central district treasurer and am now past president of central district. I have a associate degree in nutrition from the University of Florida and a advance certificate in nutrition from the University of North Dakota.

President Elect

Treasurer

**Print this page and fill out your vote!
Mail it in or bring it to the Fall Workshop in Wichita, KS
October 16 -18, 2019**