



INDIANA ANFP STATE OFFICERS

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The Hoosier—Fall 2023

ANFP Association of
Nutrition & Foodservice
Professionals

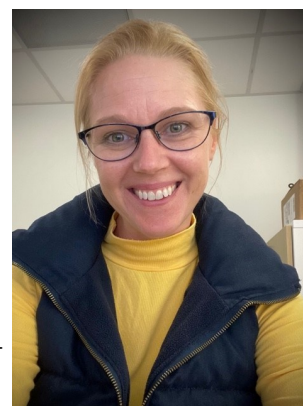
VOLUME 46 ISSUE 11

FALL 2023

Welcome Indiana ANFP—Andrea Armstrong, CDM, CFPP

Hello Friends and I hope you are all enjoying fall as much as I have been! It is beautiful here in South Central Indiana and my favorite time of year! As Fall is just getting to its best, I can only reflect on what a busy Spring and Summer we had since I saw you all last. We had a wonderful Spring Meeting celebrating 60 Years of Indiana ANFP down in Historic French Lick. The meeting had excellent topics, networking opportunities and I have to say we had fun too!

This past June I had the wonderful opportunity to attend the National ACE Conference in New Orleans, it was another well-planned event. The conference was a vast experience, it included diverse education sessions, networking opportunities and big focus on self-care and leadership. Shola Richards was our keynote speaker and his presentation on resilience in leadership was truly inspiring. We managed to have some fun along the way too, put on our dancing shoes and masks for a Masquerade Gala. During that Gala we had the proud opportunity to watch our very own, Bob Milligan, take his seat at on the National ANFP Board of Directors as the incoming 2023 Treasurer Elect! We are proud of you Bob and thank you for representing Indiana on the National stage! We also celebrated the Indiana tradition of bring home awards for our chapter and all the work you put in! This year Indiana received several awards including, Membership Award, Communications Award, Government Affairs Award and was a Diamond Award Nominee! Great job Indiana and keep up the great work, we are looking forward to continue the Indiana tradition!



Andrea Armstrong, CDM, CFPP
Indiana ANFP President

Speaking of Hoosier tradition, I would like to reach out to each of you and ask for your support and time to volunteer with the chapter. We have positions of President, President Elect, Secretary and Treasurer. We also have opportunities for individuals to join a committee that will help plan our conferences and help us achieve goals for the next year. In 2023 – 2024 the Hoosier chapter will focus on bringing diverse educational opportunities to the Indiana Conference in April, giving each of you a value added educational opportunity and networking experience while you earn your education credits. We are also connecting with the next generation of leaders for our organization, we are looking to our membership to help spread the word and encourage a great career opportunity for our youth. Here in Bloomington, IN I have been collaborating with the Hoosier Hills Career center, a high school based culinary program and Ivy Tech School of Culinary Arts and Hospitality Management. We are in the initial stages, planning time for in class presentations each of the schools to speak about what we as CDMs do and why it is a career path they should consider. I have to thank my predecessors in the Indiana Chapter for being the best mentors in my career, had it not been for and organization like the ANFP and dedicated leaders I may have found myself on a different career path all together. I am looking forward to the opportunity to connect with the youth and I need your help! Please contact us to see how you can help reach out to High Schools and community colleges in your area.

Save the Date—Indiana ANFP Spring Meeting

April 3-5, 2024

Madison Park Church, Anderson, Indiana

Indiana ANFP will be hosting it's 2024 annual spring beginning Wednesday, April 3 to Friday, April 5 at the Madison Park Church in Anderson, Indiana. The three day meeting will be offering a diverse agenda with up to 16 CE's available.

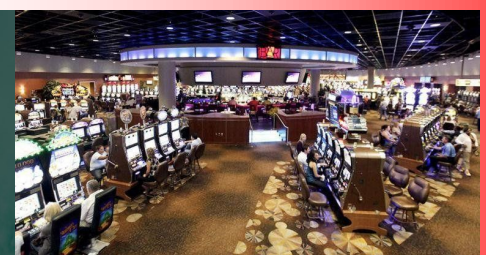
For the last two years, the three day meeting format in the spring has proven popular with our Indiana chapter. Conference fees will be based on one, two or three day attendance with a three day attendance discounted. For this meeting, hotel accommodations will be at the member's preference. Anderson, Indiana is home to the very popular Hoosier Park and Casino and there are many options to select from. A list of hotels close to the both the casino and the Madison Park Church will be sent out in the coming weeks.

Indiana ANFP state meetings always offer a robust agenda of nutrition, sanitation and culinary presentations. The spring meeting is also a great time to obtain necessary CE's before the May 31st deadline.

Additional information will be sent out in the next several months on speakers, lodging and meeting reservation contact information. Mark your calendars and we hope to see you then!!!



TownMapsUSA.com



The Benefits of Volunteering by Thomas Thaman, CDM, CFPP

Where would we be without volunteers?

Without volunteers, Meals on Wheels could not deliver meals to the homebound. Food pantries could not operate to provide nourishing food to the food insecure. Youth sports teams would be without coaches or umpires. Churches would not have a choir ministry and the Association of Nutrition and Foodservice Professional could not operate to enhance the professional experience for the advancement of your career.

Indiana ANFP is celebrating their 62nd year of existence and that would not be possible without the hundreds of CDM, CFPP volunteers who enthusiastically led the chapters, planned the meetings, provided speakers and financial support and represented our chapter at ACE.

Volunteering also has many benefits personally and professionally.

- Volunteering connects you to others and provides a network of professionals that you can learn and share knowledge. When you network through volunteering especially in your professional organization, you can stay abreast to the latest trends in the industry.



- Volunteering builds self confidence. If you are a volunteer leader, you can be creative and as visionary as you can be. What a great way promote self esteem. Too often, our employers have structured procedures and strategic goals. As a volunteer leader, you are given the chance to create your own strategic plan. A successful volunteer leader creates self confidence that can translate to your job. It allows one to step out of their comfort zone which can be scary but worthwhile.
- Volunteering can be important to your career. Not only does being a volunteer leader look great on a resume, being involved in your professional organization provides job possibilities and leads you may not be aware of.
- Volunteering can be good for both your physical and mental health. It can be an escape from the pressures of your job even only for a few hours. A volunteer can meet new people and can develop lifelong friendships.
- Volunteering can also provide you a sense of purpose because you are contributing to your profession or community. When you volunteer, you are giving to your time and talents which can be worthwhile and meaningful.

Please consider volunteering for Indiana ANFP. It is a benefit you will love. Your skills and talents are appreciated and you will be continuing our long tradition. For more information on becoming an Indiana ANFP volunteer, please reach out to one of our Indiana ANFP leaders!

Continuing Competency versus Continuing Education

A Lifelong Journey By Thomas Thaman, CDM, CFPP

If you were a CDM, CFPP who began a new three year CE cycle on May 31st, you were asked to complete a competency self- assessment on-line to determine where there are opportunities for you as a CDM, CFPP to grow professionally. This assessment tool is part of phase one of two phases that will move the credential from a continuing education model to a continuing competency model. This self assessment tool will be available for the next three years at the beginning of the education cycle.

Continuing competency is a model is commonly used in most healthcare including licensures for nursing and registered dietitians and many more. A continuing competency model helps you guide your own career journey.

Continuing education allows the CDM, CFPP to meet or maintain knowledge on professional trends. Continuing education also meets certification on licensure requirements. Continuing education does not require planning. The thought process is usually to obtain the



CBDM ● ● ●
continuing competence
 where education advances performance

CE's regardless to whether it is pertinent to the CDM, CFPP's job or not. However the CE hours are logged and allows the CDM, CFPP to maintain their credential.

A CDM, CFPP has five domains of competencies and all continuing education is built around one of those domains: Nutrition, Foodservice, Personnel and Communication, Sanitation and Safety and Business Operations. All ANFP approved course work are categorized in three different competency levels with 3 being the most advanced.

When evaluating your continuing education log at the end of your three year cycle, was it effective and did you learn anything new or were you just glad to get your 45 hours in?

Continuing competency takes a different approach because it allows the CDM, CFPP to plan their own education journey based on their own specific needs or where they hope to see their career. IF a CDM, CFPP whose current role is managing the kitchen and reports to a Director or Manager may have the ultimate goal of managing the department. They may want to take courses related to business operations or personnel management. To continue to grow their clinical skills which would be beneficial to a department leader, nutrition courses would be ideal.

The ANFP Marketplace provides a very diverse selection of educational courses at all three competency levels. Start today by selecting those courses which you feel will meet your goals.



2024 ANFP Awards



Since 2014, ANFP established the annual ANFP Awards which are presented each year at the Annual Conference and Exhibition (ACE). The awards celebrate the best of innovation, creativity, service and dedication of our nearly 15,000 ANFP members. Indiana is always well represented at the awards including 3 Spotlight Award Winners, Tom Thaman, 2017, Brad Hayden, 2019 and Maggie Rowlands, 2020. In addition, Indiana members have been recognized with Innovation and Distinguished Service Awards.

Professional Recognition can be a very important milestone in a CDM,CFPP's career journey. An ANFP award can provide national recognition for both the CDM,CFPP, their staff and facility they represent. Members can self nominate or can be nominated by another member. Applying for an award is easy, just visit the ANFP Awards page, select the award and complete the survey.. The following awards are available for nominations.

Ambassador Award	Partnership Award
CDM, CFPP Spotlight Award	Legacy Award
Innovation Award	Horizon Award
Distinguished Service Award	Distinguished Dining Award



Pulaski Memorial Hospital Staff, Winamac, Indiana honoring Maggie Rowlands, CDM, CFPP as the 2020 ANFP Spotlight Award Recipient

2023 Indiana ANFP Chapter Member Count

Member Type	Not Certified	Certified	Total
Allied Professional	7	0	7
Pre-Professional	8	0	8
Professional	4	335	339
Total	19	335	354



Indiana ANFP Treasurer Report



Submitted by Maggie Rowlands, CDM, CFPP

January 27, 2023 to September 30, 2023

Balance as of January 31, 2023	23,821.51
February statement	23,821.51
MARCH 2023 French Lick Meeting.	
Income	3223.14
Registrations for spring meeting	1295.00
Registrations for spring meeting	1928.14
Expenses	5478.00
4-14 ck 6182 NFEF donation to national	500.00
4-17 ck 6183 Maggie Rowlands- Speaker gifts	175.00
4-17 ck 6184 Rowlands credit card reimbursed.	4800.00
April, May, and June balance	21,569.65
7-28 Rebate deposit from National	1365.00
July 31, 2023 Ending balance	22,934.65
Expenses	
8-8-23 ck 6185 deposit for 2024 spring meeting	3000.00
August 31, 2023 checking balance	19,934.65
September 30, 2023 Checking balance	19,934.65
 Savings balance	 500.03
Total Balance	20,434.68

ANFP Government Affairs Update



LATEST NEWS FROM THE ANFP GOVERNMENT AFFAIRS & POLITICAL ACTION COMMITTEES

Effective October 1, 2023, the Centers for Medicare & Medicaid Services (CMS) will no longer acknowledge Option E as qualification for Director of Food and Nutrition Services in Long Term Care Regulations 483.60

THE GOOD NEWS IS:

The CDM, CFPP remains listed as the first staffing qualification (Option A), and is the only one that has a defined Scope of Practice. Only professionals with a Scope of Practice (CDM, CFPPs, NDTRs, and RDNs) are able to participate in the care planning process/IDT process.

This is a tremendous asset to the Care Communities we serve, so let's be sure to advocate for our credentials and the value we bring to the table every day.

For more information, see below for definitions in the regulation and access the link to the guidance to surveyors for LTC facilities below.

CMS State Operations Manual Appendix PP Guidance to Surveyors for Long Term Care Facilities (Rev. 211, 02-03-23) F-801

ACCESS

§483.60(a)(2) If a qualified dietitian or other clinically qualified nutrition professional is not employed full-time, the facility must designate a person to serve as the director of food and nutrition services.

(i) The director of food and nutrition services must at a minimum meet one of the following qualifications —

**** (A) A certified dietary manager; or (CDM, CFPP credentials)**

(B) A certified food service manager; or

(C) Has similar national certification for food service management and safety from a national certifying body; or

D) Has an associate's or higher degree in food service management or in hospitality, if the course study includes food service or restaurant management, from an accredited institution of higher learning; or

* (E) Has 2 or more years of experience in the position of director of food and nutrition services in a nursing facility setting and has completed a course of study in food safety and management, by no later than October 1, 2023, that includes topics integral to managing dietary operations including, but not limited to, foodborne illness, sanitation procedures, and food purchasing/receiving; and

(ii) In States that have established standards for food service managers or dietary managers, meets State requirements for food service managers or dietary managers, and

(iii) Receives frequently scheduled consultations from a qualified dietitian or other clinically qualified nutrition professional.

*Option E expired on October 1, 2023, so no longer will be an accepted qualifier.

**** (A) CDM, CFPP is the only option with a defined Scope of Practice which qualifies credential holders to participate in the care planning process, which meets the requirement for a FNS representative; a valuable asset in Long Term Care!**

Indiana ANFP Minutes—April 13, 2023

Submitted by Stephanie James, CDM, CFPP



ANFP Business Meeting April 13, 2023, French Lick Indiana

Call to Order: 11:35am

Roll Call Officers: Maggie Rowlands, Andrea Armstrong, Bob Milligan, Stephanie James

Absent: Tom Thaman

Secretary Report (minutes from last meeting):

Approved by 1st: Lawrence Davis

2nd: Beth Summers

Treasurer Report (Balance): See attached handout. Maggie presented a bill for speaker gifts. Will have updated total at the end of the event. Account information is as of April 11, 2023

Current Balance Checking: \$25,116.51

Savings Account Balance: \$500.30

Approved by 1st: John Thomas

2nd: Lawrence Davis

Bob discussed the opportunities for Fund Raising to generate income so that we can continue to hold great meetings at low costs as we have been losing money in the last few meetings.

Sponsorship: What will they get out of it-advertisements in newsletter-other chapters do this

Silent auction??-Set a minimum.

Other officer reports-none

Possibly get back to a state one-day regional meetings and hold them at local facilities to reduce costs-see if our members are interested in hosting. Suggestion from members to hold closer to home since some can't travel to attend at times or companies won't let them

Old Business: In our best interest to keep the finance committee for Indiana-good check and balance.

Slated state officers: Bob has agreed to step up for President elect. Maggie will be willing to step into treasurer position or others can move positions if we have any member's volunteer. Stephanie will continue as secretary unless we have a volunteer interested. Please volunteer!!

New Business:

Potential for fall meeting?? If we continue to do large spring meetings and put our resources into having a great meeting that still meets the needed CEU's for the membership, then no need for a fall meeting. Members suggested rotating the one large meeting each time from fall to spring and north to south. Great ideas! Motion was made by board.

What committees are needed to help with sponsorships and fundraisers to support large meeting: Fundraising committee- Lisa Decker, Tammy Long, John Thomas, Andy Tygart have agreed to participate

New process that starts June 1: Competencies- be honest about it-tell your strengths and weaknesses Don't forget to do it! Swearing in of Officers:

Andrea Armstrong -President

Bob Milligan-President-elect

Maggie Rowlands-Treasurer

Stephanie James-Secretary

New committees and chairs: Due April 30th-Please volunteer!!

Program committee

Fund raiser committee

Sponsorship committee

Government affairs committee

Ace is coming up in June in New Orleans. We hope some can attend.

Meeting/Discussion

Adjournment

12:15pm

Motion made by

1st Beth Summers

2nd Andy Tygart

Welcome Indiana's New CDM's!!

**Beth Atkinson, CDM, CFPP**

South Bend, Indiana

beth.r.atkinson@gmail.com

Jarod Anthony Bowser, CDM, CFPP,

Noblesville Indiana

jarod.bowser@gmail.com

Peter Charles Brutsman, CDM, CFPP

Lafayette, Indiana

Barbara Ferguson, CDM, CFPP

Gosport, Indiana

shellybean729@gmail.com

Donovan Holle, CDM, CFPP

Fort Wayne, Indiana

donovanholle0399@gmail.com

Susan Johnson, CDM, CFPP

Kokomo, Indiana

susanj1969@aol.com

Angela Koontz, CDM, CFPP

Newburgh, Indiana

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Terry Leedy, CDM, CFPP

Angola, Indiana

terri8404@gmail.com

Jeff Rodgers, CDM, CFPP

Hobart, Indiana

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Tirra Sha-Neal Shelton, CDM, CFPP

Indianapolis, Indiana

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Rachel Sullivan, CDM, CFPP

New Albany, Indiana

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Anita Sullivan, CDM, CFPP

Indianapolis, Indiana

Anitasutton210@gmail.com

Madeline Dawn Williams, CDM, CFPP

Muncie, Indiana

madelinewilliams271@gmail.com

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THE CORNERSTONE OF YOUR CAREER.



Indiana ANFP was established in 1962 and is now in its 60th year. With over 400 CDM's statewide, Indiana is one of the largest chapters in the country. The chapter has recently undergone major changes and leadership comes from our a central board consisting of the President, President Elect, Immediate Past President, Secretary, Treasurer, State Spokesman and Newsletter Editor. Currently, we have two State Meetings per year, one in the Spring held in central Indiana and one in the Fall, which will be rotated between northern and southern Indiana. Our state meetings have varied programs and offer a minimum of 12 CE's per meeting. Meetings are also a great networking opportunity to meet members and share ideas and possibly find a future leader for your own team. Volunteer opportunities are available. Please consider getting involved with Indiana ANFP and help keep our 56 year tradition alive.

Upcoming ANFP Events and CE Opportunities

Indiana ANFP Spring Meeting

April 3-5, 2024

Anderson Park Church

Anderson, Indiana

ANFP Spring Regional Meeting

April 3-4, 2024

Hospitality Management Center

at the Public Square

Cuyahoga Community College

Cleveland, Ohio

ANFP Annual Conference and Expo

June 10-13, 2024

Reno, Nevada



**Virtual
Continuing Education
Courses and Webinars
Available in the
ANFP Marketplace**

<https://anfp.org>

ADMINISTRATOR OF THE YEAR AWARD APPLICATION

In an effort to promote Dietary Managers and Indiana ANFP to administrators, the Administrator of the Year Award is given each year. All administrators who are nominated by their dietary managers that qualify for the award will be considered and voted on that will be presented at the fall state meeting. (In the event that an Administrator changes employment from the Dietary Manager that nominated the administrator the award will be given d/t the administrator deserved the award to have been nominated.)

Please complete the application. Completed and legible applications should be mailed to the State President by March 1st to be reviewed by the Board of Directors at the Spring State Board Meeting.

Criteria used to select candidates will:

- Candidates who demonstrate an interest in and support of the association
- Candidates who encourage and/or support the member to attend their district, state and/or national meetings for current and continuing education.
- Candidates who support the member in his/her endeavor to be active in the association.

Upon receipt of the application the State Board of Directors shall select the Administrator of the Year and the IANFP member who nominated him/her will be notified and asked to send a brief resume of the winning candidate and invite the Administrator to the Fall State ANFP Meeting to accept the award. (In the event the Administrator cannot attend the Fall IANFP Meeting the award will be mailed to the Administrator.)

Administrator: _____ Title: _____
Home address: _____ Phone number: (H) _____ (W) _____
Dietary Manager: _____ District: _____
Facility: _____ Address: _____
City, State, Zip Code: _____ Phone: _____

1. How does your administrator support you in attending IANFP meetings and as a manager?

2. How does your administrator demonstrate awareness of IANFP education programs?

3. How is your administrator receptive to new ideas?

4. How does your administrator support you in your endeavors to be active in the association?

Accepted: Yes No

Administrator notified? Yes No

Will attend Fall Meeting for Acceptance: Yes No

Dietary Manager notified? Yes No

VENDOR OF THE YEAR AWARD APPLICATION

In an effort to thank vendors for the support of Dietary Managers and Indiana ANFP, a Vendor of the Year Award is given each year. All vendors who are nominated by the committees for planning state spring and fall meetings will qualify for the award that will be presented annually at the fall state meeting.

Please complete the application. Completed and legible applications should be mailed to the State President-Elect by March 1st to be reviewed by the Board of Directors at the Spring State Board Meeting.

Criteria used to select candidates will:

- Candidates who demonstrate an interest in and support of the association
- Candidates who encourage and/or support the member continuing education financially with gifts
- Candidates who purchase advertising in the State Newsletter or Website
- Candidates who support and recognize the members as professionals in the food service industry

Upon receipt of the application the State Board of Directors shall select and notify the Vendor of the Year and the IANFP DISTRICT who nominated him/her will be notified.

Vendor: _____ Contact Person: _____
Dietary Manager: _____ District: _____
Facility: _____ Address: _____
City, State, Zip Code: _____ Phone: _____

1. How does the vendor support IANFP meetings and managers?

2. How does the vendor demonstrate awareness of IANFP education programs?

3. Does the vendor support IANFP State Newsletter or Website?

4. How does the vendor support you in your endeavors to be active in the association?

Accepted: Yes No, reason _____

Vendor notified? Yes No, Who _____

Will attend Spring Meeting for Acceptance: Yes No

Manager notified? _____

Indiana

APPLICATION FOR "DISTINGUISHED MEMBER OF THE YEAR" AWARD

NAME: _____ PHONE: _____

ADDRESS: _____

Has been a member of DMA for _____ YEARS.

Has served in the following state or District offices or committees:

1. _____ 5. _____

2. _____ 6. _____

3. _____ 7. _____

4. _____ Other: _____

How has the member demonstrated:

1. Enthusiasm: _____

2. Leadership Capability: _____

3. Loyalty: _____

4. Good rapport with members: _____

5. Willingness to cooperate with state/ district
leadership: _____

Outstanding contribution this member has made toward the profession and/or the
association: Please use reverse side or another sheet of paper.

Indiana ANFP...I WILL SERVE APPLICATION

Indiana Association of Nutrition and Foodservice Professionals needs dedicated volunteers who are willing to serve as officers and committee members. Please indicate below in which capacity you are willing to help serve your professional association.

As an Officer:

_____ **President-Elect** – A 4 year commitment. (2 years as President Elect and Program Chair and 2 years as President and serves as Chapter Leader and Membership Chairman

_____ **Recording Secretary** – A 2 year commitment. On State Board 2 years.

Records minutes of all state meetings. Contacts new and dropped members, new students and enrollees, and any other correspondence deemed necessary by the Board

_____ **Treasurer** – A 2 year commitment. On State Board 2 years. Will be bonded per ANFP. Records all financial transactions, audited yearly, must be bonded

_____ **Newsletter Editor**—Creates at least two electronic newsletters per year. Provides information on current state and national ANFP events and legislative activities, provides necessary information on maintaining Continuing Education.

As a Committee Member:

_____ **Program Committee**

Assist President-Elect with speakers for state meetings

_____ **Membership** - Reaching new members, students, promote ANFP

_____ **Legislative Committee and Liaison**—works with ANFP to promote CDM, CFPP Recognition at both a state and federal level

The future of our organization depends on volunteers. Please consider joining our leadership team. ANFP leadership is a valuable competency for a CDM which will not only benefit ANFP but will benefit your career journey.

If interested, please fill out form above and return to current State President or any member of the Board Executive Board. See addresses on the front of the newsletter.

Your Name _____ ANFP # _____

Street Address _____

City, State, Zip Code _____

Work phone _____ Home Phone _____

Email: _____